

What you can expect with a MnCHOICES Assessment

Minnesota Department of Human Services



What is a MnCHOICES Assessment?

- It is an in-person visit with a MnCHOICES assessor to learn about your needs, goals and preferences to determine what kinds of supports you might be able to receive.
- It usually occurs where you are living.
- There is no cost to you.
- The assessment will occur within 20 calendar days of your request.

Who may have an assessment?

- Minnesotans of any age with disabilities or chronic care needs can ask for an assessment.
- You do not need to be eligible for Medical Assistance (MA) or any other publicly funded program to receive an assessment. However, to receive many of the services available following an assessment, a person will need to be eligible for Medical Assistance or another publicly funded program.

How will a MnCHOICES Assessment help me?

- It may help you better understand your support needs and how to get services to meet those needs.
- These services can help you stay at home or move home from a hospital, nursing home or other institution.
- If you qualify for publicly funded programs, it helps you access programs such as MA Waivers, Personal Care Assistance (PCA) or other long-term services and supports.
- If you do not qualify for publicly funded programs, it helps you learn about and have help accessing other support options.

Who can attend my assessment?

- Family members, friends or other people who help you may attend the assessment. If a family member or a legal representative provides services to you, they may participate in the assessment.
- With your permission, a paid provider of services can share information, in writing or via phone, before and/or after the assessment.
- You can request an interpreter to attend your assessment.

What sort of information will I be asked to share?

- Where and how you want to live, work and participate in your community.
- How you like to spend your time and who you like to spend it with.
- How you take care of your day-to-day personal needs, such as dressing, eating, bathing and getting around.
- How you manage your home and your physical and emotional health.
- Whether you have concerns or other challenges that affect your ability to live as you choose.

What should I do to prepare for the assessment?

- If you are interested in receiving publicly funded services, you may call your county to see if you are eligible for Medical Assistance.
- Think about what is important to you, where and how you want to live or work and other activities you want to do. How do you like to spend your time and who do you like to spend your time with?
- Think about challenges, barriers and concerns you have in getting to do the things you like. What help do you feel you need? Does anyone help you now and, if yes, with what?
- Have a list of your medications or the medication bottles available to share with the assessor.
 - The assessor will come to the place you live and will need a place to sit and a table to work on with their computer.
 - Most visits require two hours.



What happens after the assessment?

When will I know the results?

- When the interview is completed, the assessor will summarize what they learned from you, share what they learned about you and explain the reasons why you did or did not meet eligibility criteria to receive publicly funded services.
- You will receive a copy of a planning worksheet at the assessment or in a follow-up visit that outlines what services and supports you may be eligible for.
- Within 40 days of the assessment visit, you will receive a written plan that will summarize your care needs and options for services and supports.

What rights do I have if I have a MnCHOICES Assessment?

- You have the right to privacy.
- You have a right not to be discriminated against.
- You have the right to appeal if you disagree with the results of the assessment.

Request a MnCHOICES Assessment

You or someone who knows you can call the county or tribe where you are.

You may also contact:

Senior Linkage Line
1-800-333-2433

Seniorlinkageline.com

Disability Hub MN
1-866-333-2466

disabilityhubmn.org

Attention. If you need free help interpreting this document, ask your worker or call the number below for your language.

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ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اطلب ذلك من مشرفك أو اتصل على الرقم 1-800-358-0377

သတိ။ ဤစာရွက်စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်း အကူအညီလိုအပ်ပါက၊ သင့်လူမှုရေးအလုပ်သမား အားမေးမြန်း ခြင်းသို့ မဟုတ် 1-844-217-3563 ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមសួរអ្នកកាន់សំណុំរឿង របស់អ្នក ឬហៅទូរស័ព្ទមកលេខ 1-888-468-3787 ។

請注意，如果您需要免費協助傳譯這份文件，請告訴您的工作人員或撥打1-844-217-3564。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, demandez à votre agent chargé du traitement de cas ou appelez le 1-844-217-3548.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces nug koj tus neeg lis dej num los sis hu rau 1-888-486-8377.

ဟ်သ့ဟ်သးဘၣ်တက့ၢ်. ဝဲန့ၢ်လိၣ်ဘၣ်တၢ်မၤစၢၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လံာ် တီလံာ်မိတခါအံၤန့ၢ်,သံက့ၢ်ဘၣ်ပုၤဂ့ၢ်ဝိအပုၤမၤစၢၤတၢ်လၢနီၢ်မ့တမ့ၢ်ကိးဘၣ် 1-844-217-3549 တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 담당자에게 문의하시거나 1-844-217-3565으로 연락하십시오.

ໄປຮດຊາບ. ຖ້າທ່ານ ທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພຣີ, ຈົ່ງຖາມພະນັກງານກາກັບການຊ່ວຍເຫຼືອຂອງທ່ານ ຫຼື ໂທໂປທີ່ 1-888-487-8251.

Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, hojjettoota kee gaafadhu ykn afaan ati dubbattuuf bilbili 1-888-234-3798.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, обратитесь к своему социальному работнику или позвоните по телефону 1-888-562-5877.

Digniin. Haddii aad u baahantahay caawimaad lacag-la'aan ah ee tarjumaadda qoraalkan, hawlwadeenkaaga weydiiso ama wac lambarka 1-888-547-8829.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, comuníquese con su trabajador o llame al 1-888-428-3438.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi nhân viên xã hội của quý vị hoặc gọi số 1-888-554-8759.

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For accessible formats of this information or additional assistance with equal access to human services, write to dsd.responsecenter@state.mn.us, call 651-431-2400, or use your preferred relay service. (ADA1 [2-18])