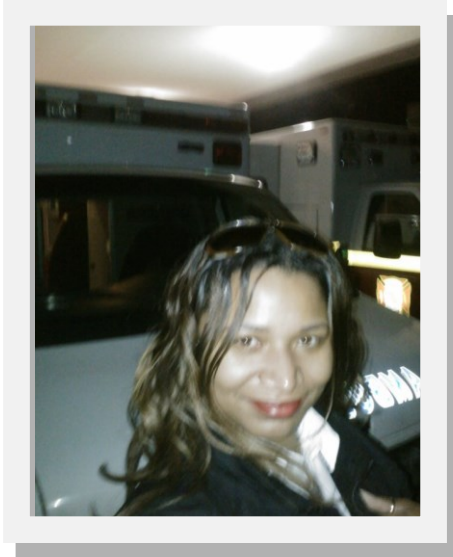


Total Sunshine Incorporated

Executive Director; Bio Information

Merilyn C. Holmes (Ms. Total Sunshine)



A native Washingtonian and product of DC Public Schools; Senior Class President and Cheerleading Captain at Cardozo High;

Lead Cadet at District of Columbia Fire and EMS Department trained as Emergency Medical Technician-Basic;

Two years later, further education in medicine to Paramedic level—Advanced Life Support provider;

At 19 years old—the youngest member of the DC Fire and EMS Department to become a Basic Life Support Instructor, CPR Instructor, and Emergency Medical Technician Instructor;

Program Director for 7 years at East Coast EMS Associates; Program Coordinator—has instructed adult and youth EMT students - in private institutions, public and chartered schools, also for the Community College of the District of Columbia;

EMT Program facilitation for Anacostia High and Friendship Collegiate Public Charter School in DC; A 12-year career with DC Fire and EMS Department on ambulances in DC—currently works for a private ambulance company;

6-year Membership of DC Emergency Medical Rapid Response Team;

DC MLK Holiday Committee Member for 8 years: PeaceWalk and Parade Media Committee Member that facilitates filming of the event, preparation activities, and interviews committee—for [more info](#)

Member/Producer-Public Access Corporation of the District of Columbia (DCTV) 2000-present;

Member-National Registry of EMT's 1996-present;

Television Show Host – HCM Productions "HCM Productions Talent Showcase" - DCTV, Washington DC 1997-2000;

Television Show Creator, Host, Executive Producer (Independent), and Editor: "Total Sunshine!" television show (broadcast bi-weekly on DCTV since 01/2001, and 3 times monthly on Fairfax Public Access), Washington DC 2000-present;

Panelist Speaker - "Youthspeak" Forum-National Conference of Black Political Women (NCBPW) - held during Congressional Black Caucus @ Hilton Hotel, Washington DC 09/30/2001;

Repeat Keynote Speaker for Black History Month Programs in Public Schools of the District of Columbia:

Guest Speaker - Annual Black History Month Program, Phelps Career Senior High School, Washington DC 2001-02;

Guest Speaker - Annual Black History Month Program, Spingarn Senior High School, Washington DC 2/2007;

Guest Speaker - Annual Black History Month Program, P. R. Harris Educational Center, Washington DC 2/2008;

Songwriter/vocalist, Washington DC – 1995-present;

News Media Press Pass Recipient, Washington DC 01/2002-present;

Real Estate Investor 12/1998-present;

A Featured DC Paramedic in Reality Television Show "Paramedics" when filmed by New York Television in District of Columbia for national and international television broadcast 1997;

The host of the charitable television show "Total Sunshine!" which facilitated her need for greater impact in the community- thus she became the Founder of Total Sunshine, Incorporated;

Now serves as "Executive Director" of Total Sunshine, Inc.

16 years of Total Sunshine = 125 episodes of inspirational TV broadcasts (edited and produced many herself);

Youth Advocate, Mentor, Role Model, Motivational Speaker, Model;

AWARDS/CERTIFICATES

Certificate of Appreciation for support of students from Theodore Roosevelt High School, Washington, DC - November 2015;

DCTV Viewers Choice Awards Winner – Best Community Focus: MLK PeaceWalk DC & Youth Category: Top Graduates Rewards Ceremony - June 22, 2013- [More Info](#);

"Angel of Healing" Award by "A Mother's Tea" Celebration of Unity at Willard Hotel, Washington DC - October 2013;

DCTV Viewers Choice Awards Winner – Community and Youth: MLK parade; 2011 School Grade Rewards Ceremony; and the Special recognition awards presented to DCTV producers- June 2, 2012 - [More Info](#);

Scholastic Award, DC Fire & EMS Department – 07/26/2006;

Certificate of Appreciation, First Graduating Class-East Coast EMS Associates – 05/31/1998;

Letter of Appreciation, EMS Director-DC Fire and EMS Department – 04/17/1997;

Certificate of Appreciation, DC Fire & EMS Department (Fire Chief)– 07/26/1996;

Certificate of Appreciation, EMS Cadet Class #2-DC Fire & EMS Department – 07/26/1996

Ms. Total Sunshine promotes anti-violence, high self-esteem, also other positive messages to youth and the public in general through seminars, television broadcasts and various outreach activities.

...With the background of leadership, service, and commitment Ms. Total Sunshine is DETERMINED to serve the public, and specifically youth, towards positive outcomes and a brighter day–

***"DC's Very own SUPERHERO MEDIC to SOCIETY"
Ms. Total Sunshine--- She "Promotes Smiles" in our community!***

