

# “THE TRUTH” NEWSLETTER

## (CAN YOU HANDLE THE TRUTH?)



May 2018

### What are You Thinking?

With the internet at our finger tips, we don't have to think much. We can ask Siri, Google or Echo and the answer comes instantly.

Has the easy access to information hindered our creativity? Even when it comes to spelling, auto correction just takes over. How do you THINK you would function without the assistance of these electronic devices? Take a moment to sit down and hand write a note to someone you love. You will be amazed at the thought process required and the rewarding feeling when completed. The feeling will be even greater for the recipient.

You know the old saying “Use it or lose it”. It is your choice!

As you plan your summer events, don't forget the entertainment. Book Comedienne Carla “**The Truth**” for your corporate and women events, birthday & anniversary parties, baby showers and more.

*The Truth*

### CULTIVATING YOUR IMAGINATION

(<https://mailchi.mp/stagecoachventures/the-weekend-reader-how-to-become-more-imaginative?e=632c89fbf8> )

### 3 PRINCIPLES OF IMAGINATION

1. **Overload is the enemy of imagination:** “Overload” is a mindstate where you have too much information coming at you to think creatively
2. **Ideas are, at the root, combinatorial:** New ideas are combinations of two or more old ideas
3. **Ideas happen when you aren't thinking:** The experience of new ideas happen when you aren't trying to make it happen

**--Given these principles, how you cultivate your imagination?**

1. Clear your mind
2. Feed your mind
3. Free your Mind

### Upcoming Events

**May 11<sup>th</sup> – May 27<sup>th</sup>** – Smokey Joe's Cafe – Red Mountain Theater

**May 19<sup>th</sup>** – Do Dah Day - Rhodes and Caldwell Park

**May 19<sup>th</sup>** – Willie Nelson – Oak Mountain Amphitheater

**May 21<sup>st</sup>** – David Bromberg Quintet – WorkPlay

**May 25<sup>th</sup>** – Willie Clayton – WorkPlay

**June 8<sup>th</sup>** – Brickhampton – Iron City Birmingham

## CONTACT US

Carla "The Truth" Youngblood  
P. O. Box 11870  
Birmingham, AL 35202  
thetruthcy@gmail.com  
www.KeepYouLaughing.com



## FINANCIAL UPDATE

5 Things you need that are cheaper than your next takeout order

([www.finance.yahoo.com](http://www.finance.yahoo.com))

1. For renters, renter's insurance policy is essential.
2. Download a receipt scanning app for a few dollars.
3. Invest in a shredder.
4. Ramp up your digital security.
5. You need a solid set of headphones.

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*"Men are what their mothers made them"*

-Ralph Waldo Emerson

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## JOKE OF THE MONTH

Q. Can February March?

A. No, but April May.

[www.jokes4us.com](http://www.jokes4us.com)



## Books from Oprah's Book Club

[The Heart of a Woman](#) by Maya Angelou

[Ellen Foster](#) by Kaye Gibbons

[The Book of Ruth](#) by Jane Hamilton

[Here on Earth](#) by Alice Hoffman

[The Deep end of the Ocean](#) by Jacquelyn Mitchard

[Songs of Solomon](#) by Toni Morrison