



Family Education Handout Post-Frenulectomy Care

Post-frenulectomy instructions:

- ❖ Your baby may be fussy on the day of the procedure. This is normal and will subside.
- ❖ If he/she is particularly fussy, it is ok to administer infant acetaminophen/infant Tylenol. **Do NOT administer ibuprofen to infants under the age of 6 months.**
- ❖ A small amount of bleeding on the day of the procedure is normal. If this occurs, apply pressure to the area.
- ❖ Stretching exercises to prevent reattachment should be initiated later on the day of the release. For the lip: pull up and evert the upper lip. For tongue: lift up the tongue while pushing down on the jaw gently.
- ❖ Expect the area where the incision was made to turn white over the period of 24 hours. This is normal and will become pink once fully healed.
- ❖ You will receive a call 2-3 days after the procedure as a follow up.
- ❖ If you have questions or concerns, please contact us at (630) 761-5531