

# Colourful Greys Workshop May 2024

## Supplies:

Please bring your oil or acrylic supplies as well as at least 4 canvases in a variety of sizes (min 8"x10", max 14"x18"). Some will be used for exercises, others for studies. Feel free to use loose gessoed canvas if you prefer. Lalita will provide photo reference images, and encourages you to use these because they have been selected as appropriate for the exercises and time frame. However, you do have the option of using your own images instead or as well.

As far as colours, you are encouraged to use what you already have and are familiar with! If you do not own very many tubes, Lalita suggests you bring: 3 yellows, 3 reds, 3 blues, titanium white, any black, and burnt sienna or burnt umber. It is helpful to use colours that are more pure primaries. For example:

- Yellows (please ensure you bring at least 1 light and 1 medium or dark)
  - Light: Cadmium yellow light, Hansa yellow, or lemon yellow
  - Medium: Cadmium yellow medium
  - Dark: Yellow Ochre, Cadmium yellow deep
- Reds (please ensure you bring at least 1 light and 1 medium or dark)
  - Cadmium red light
  - Cadmium red medium, Naphthol red
  - Alizarin Crimson
- Blues (please ensure you bring at least 1 light and 1 medium or dark)
  - Cerulean blue
  - Cobalt blue, Winsor blue
  - Ultramarine blue, Prussian blue

## *Recommended:*

1 large palette or 2 small ones

1 small/medium palette knife for mixing paint

Table easel

Variety of brushes you are familiar with (especially a variety of sizes)

Oil painters must use odourless mineral spirits and keep the lid on when not in use (Lalita uses Gamsol). No turpentine please.

Acrylic painters are recommended to have a small bottle of Golden Acrylic Glazing Liquid (see image below - matte, satin or gloss) because it has retarder in it and enhances viscosity and the creation of soft edges and long gestures.



Some kind of a 'blender' brush is optional. Lalita prefers the series 444 1" blender brush from Rosemary & Co in the UK. <https://www.rosemaryandco.com/oil-brushes/blender-brushes>



Note: there is an Opus art store right beside the workshop space!

If you bring photos of your own, you will need to bring them in both colour and greyscale (printed or on a tablet or laptop, but a phone is too small).

Questions? Feel free to contact Lalita [www.lalitahamill.com](http://www.lalitahamill.com) or [lalitahamill@gmail.com](mailto:lalitahamill@gmail.com) or 778-551-0530 (text)