



AHL MEETING MINUTES

Monday, April 11, 2022

Al Merritt Media and Cultural Center, 600 Market Street, 2nd Floor

* Zoom link available for guest speakers

Time: 9 am to 10 am Business Meeting; Networking &
Community Updates 10 to 10:30 am

Participants: Peg Sallade, Julie Greene, Phil Crawford, David Thomson, Chief Nick Secatore, Diane Courtney, Heather Day, Rob Lowell, Rob Dolan, Scott Formica, Reverend Nancy Rottman, Michelle Synder, Stacy Dahlstedt, Reverend Glenn Mortimer

Guests: Guests, Meg Valentine, ELL Director, LPS and Sheri Weeks, LMS AHL Youth Leadership Advisor

I: Introductions & Welcome to Guests/New Members

II: Coalition Business

A. Approve March Minutes

- a. A motion was made to approve March minutes. Minutes were approved.

B. Youth Program Updates

- a. [LMS Wellness Days and Project Updates](#) - Sheri Weeks via Zoom

- i. Sheri Weeks LMS Physical Education Teacher and LMS AHL Youth Leadership Club Adult Advisor provided a presentation and updates on LMS AHL Youth Leader work this year. See link.

1. [Red Ribbon Week](#) Red Ribbon Week is a National Prevention Week Event in October - AHL LMS Youth Leaders supported a school wide effort to promote Prevention Messaging through a themed spirit week
2. [Wellness Week](#) Wellness curriculum was implemented during Advisory time during this week; wellness week had a variety of school-wide activities including spirit week daily themes, and speaker Sammy Davis, BU Ice Hockey Alum, who spoke to the students on school life balance, asking for help, and self care
3. [Upcoming:](#)

- a. Mural: A mural contest was part of the Wellness Week. Students submitted drawings and the art work was reviewed. Two winners were 7th graders Emma

Wagon and Nino Jaliashvili. They combined their two images into one under the theme **“Mental Health is as Important as Physical Health”** The mural will be painted with support from Art Teacher Ms. Gordon.

- b. Health Expo: LMS AHL youth will participate in the May 14 Health Expo and provide information on stress management, coping skills, and substance use awareness and prevention
- c. Recruitment: 7th and 8th graders will start recruiting this spring in the 5th and 6th grade classrooms

C. Subcommittee Updates/Programs In-Progress

a. Health Expo Subcommittee-

- i. Health Expo Subcommittee- Saturday, May 14, 2022, 10 am to 1 pm. The event subcommittee gave an overview of the event [website](#) where sponsors and vendors are highlighted . Group is working on logistics-

- a. Marketing/ADs in the papers
- b. Need volunteers for Friday Night layout & Saturday morning set up
- c. Working on yard signs and banner for sponsors

- ii. Family Engagement Subcommittee - Meg Valentine, ESL Instructor & Program Coordinator and Olga Sanchez, Family Engagement Specialist, joined via zoom to give an update

- 1. Olga shared an overview of her work since she was hired last year to support multilingual families in the community

- a. Lynnfield on average has 2-3 families a year from another country; Olga works to support families with resources, connecting families to others who speak their language and to school supports; interpretation, supporting ESL students in the classroom with acclimation and interpretation; and connecting families to the newly developed Family Resource Center.

- b. Resource Center- Includes resources about how families can access school and community support.

- c. Upcoming goals for Meg and Olga and the family resource center: 1) provide immigrant families with necessary pertinent information on Lynnfield schools. 2) Create a presentation to welcome immigrant families and connect them to resources. For example other countries may not use language such as Freshman, Sophomore, Junior, Senior....This presentation will help with their onboard process.

b. AD Book Subcommittee

- i. The [“Inspiring Healthy Teens Guide”](#) is in the process of being printed and shipped to be an insert in both local newspapers. Thank you to everyone who supported this project, creating a true testament of a “community” coalition effort. So many members

participated in making it a success. Hard copies will be available in May for community distribution.

D. Program Updates

a. Community Pledge Results

- i. Letter went out before annual License Renewals were due. Business signed and returned the pledge to not sell alcohol to minors. Julie, Peg and SRO Alex Doto did additional outreach to the businesses and restaurants. Look for the AD recognizing participating businesses in the paper and social media post. This is an incentive for businesses to do the right thing and not sell to minors. With the support of School Resource Officer Alex Doto we had a successful 2nd Annual Community Pledge, we had 13 businesses participate. We provided every business a copy of the 2022 ID Book.
- ii. For future policy change discussion-explore the possibility to amend the liquor guidelines to require Servsafe/TIPS training for businesses that sell and serve (includes the training requirement for retail only shops/package stores). Currently package stores do not need to take the TIPS training per way the policy is worded.

b. April Drug Take Back Day

- i. Drug Take Back Day is scheduled for April 30th, 10 to 2 at the Lynnfield Police Department. Flyers and press release and information to come.
- ii. Requests made to this be sent out to the group so it can be included in Clergy newsletters.

c. NIDA Drug Facts Week

- i. The National Institute on Drug Abuse has a yearly event - National Drug & Alcohol Fact week - We participated in the Fact vs Myth event to present relevant drug and alcohol facts to our following.
- ii. Prom Prevention Programs / Messaging: We discussed and agreed to repurpose jointly written Prom/Graduation Safety letters from last year from school, law enforcement and the coalition.

E. Fiscal / Grant Updates

a. PFS & DFC

- i. Action Plan & Continuation Application for Year 4 was submitted for DFC on April 7, 2022.

b. Staffing Updates

- i. An offer has been made - stay tuned
- ii. A big thank you to everyone in the coalition who dedicated their time to be a part of the interview process to find the best candidates.

III: New Business

A. Alcohol Access and Prevention

a. Alcohol Policy Strategies - An Overview

The group reviewed the first handout on Effective Strategies to Reduce

Underage Drinking. A take away message is that “education alone” will not create long-term change in the community. Effective evidence-based policy change, alcohol law enforcement, and responsible beverage sales and training are effective strategies to reduce underage drinking. AHL should be looking toward policy change for comprehensive prevention work. It is what we are funded to do.

Social host policy was discussed, but without resolution. There seems to be a reluctance to move forward with this policy in the community. Peg asked everyone to review the materials and video for further discussion.

[Effective Strategies to Reduce Underage Drinking-Infographic](#)

[Social Host Ordinances-a video](#)

[Best Practice Guidance on Alcohol Sales and Delivery](#)

[Covid 19, Stress & Alcohol Infographic](#)

- b. Home Delivery Data Observations (not discussed)

Upcoming Meetings : May 9, 2022 , June 13, 2022 all in person at the Al Merrit Media and Cultural Center