



Minutes
A Healthy Lynnfield
December 12, 2022-600 Lynnfield Market Street

Present: Glen Davis, Nick Seccatore, Ron Block, Coral Hope, Rev Lori Wycoff, Tiffany Leyne, Rob Dolan, Linda Nacarra, Mia Muzion, Toni Rebelo, Peg Sallade, Diana DeLeo, Lydia Sweetser, Scott Formica, Heather Day, Natasha Sha

I: Introductions : Happy holidays to all. Please see the Holiday Survival Kit and Holiday Greeting card from A Healthy Lynnfield to you, our coalition volunteers. These were assembled by the youth council and will also be distributed to teachers this season. Please be sure to get yours!

II: Youth Council Updates:

Sophomore Lauren Lane and Senior Evy Georges zoomed in for an update on HS Youth Council projects. They are currently running a donation drive for Citizen's Inn which provides transitional housing for families impacted by Substance use disorders. The group met and made 5 fleece blankets to be donated with the other products. They are planning to send youth to an upcoming state conference on tobacco prevention in January. Finally, look for the coffee sleeves that advertise the Interface Help and Referral line at Christine's Cafe this December as holiday time is often a time when people need more support.

III: Coalition Business

- a) A Motion was made and seconded to approve November minutes. The motion was approved. w
- b) Sub Committee Updates/Programs In-Progress
 - i) FY 23 Health Expo Committee: Save the date for Saturday May 20th! A facilities form has been submitted for approval for Saturday May 20th, and the meeting house is confirmed through Kirk Mansfield. Planning will start in January. We need to form a subcommittee and have an event chair this year.
 - ii) Parent Advisory Committee: The group met twice in the evening and is proving very helpful in getting ideas of what parents think will work/not work for parent outreach in Lynnfield. The long-term goal is to have a Parent to Parent group that takes over the planning of speaking events for parents in the community, similar to the Winchester and North Andover model. The short term goal is to engage in this year's programs for parents, and to move toward evidence based curriculum.
 - iii) DEI Committee: We had two meetings this Nov/December, but have not identified a topic or speaker of interest to continue our Together in 2023 series in collaboration with the Library, Center Church, and Lynnfield for Love. We are exploring DEI from MassGeneral/Partners as well as a panel in last spring on supporting GLBTQ youth.
- c) Upcoming Programs/Action Items
 - i) Student Programs: Two student assemblies have been scheduled for January and March with TopYouth speakers. [Please see the flyer.](#) Both speakers are also scheduled for an evening community presentation.

- ii) Community Programs: Please see the flyer for our upcoming [Adolescent Health series: Healthy Kids, Healthy Conversations](#) featuring 4 virtual seminars this winter/spring. These were informed by our new PAC and YRBS data.
- iii) School Programs: Lynnfield Learns & Wellness Initiatives: Lynnfield learns is a district wide professional development day for educators. We are supporting the cost of the keynote on inclusive classrooms/students with disabilities. Our Youth Council will present, and we are coordinating with the district team other SEL and behavioral health sessions for teachers, eg, student anxiety. There is a school wellness committee on Tuesday this week.
- d) Press/Public Relations
 - i) Monthly Blogs: Calendar is out with member duties assigned for writing a 300 word article. Diana and Dave will help write/edit your theme for the month. First up is National Impaired Driving Month (December) with Police. Deadline is this Friday. YMCA is up for New Year's resolutions.
 - ii) Coaster Campaign: We distributed over 20,000 coasters with 4 businesses with a "Mindful consumption: enjoy a non-alcohol drink before you drive" holiday safety message. 2 articles were printed. Businesses used this as an opportunity to talk to their staff about save serving.
 - iii) Interface Marketing: Two weeks of paid ads will be out around holiday time in the newspaper. An article on accessing help during holiday time was submitted to the press. The Youth Council has their coffee cup promotion of Interface running simultaneously.
- e) Fiscal/Grant Updates
 - i) BI Lahey Application/Restorative Justice-we are waiting to hear if this will be funded or not.
 - ii) State MassCall3B Regional Grant-site visit coming up with the state and regional partners later this month.
 - iii) Discussion-how do we better prepare for future collaborative grant opportunities?
 - (1) Our AHL team offers a competitive advantage for community partners seeking grant funding because of our cross sector collaboration. However, grants are often time sensitive and we would like to have a list of strategic priorities of each agency/department so when opportunities arise, we know how to place them. A municipal department team would also be helpful.

IV: New Business

1. AHL 501c3 Charitable Organization Updates-The Board met in early December and the town attorney is not updating the documents. 3 New Board members have been identified.
2. Approve Funds for Community Service: We request up to \$1,000 be approved to be spent from the funds originally donated to the town when AHL was formed. We proposed gift cards/warm clothing supplies to Kelly's House-a recovery home in neighboring Wakefield, and/or to Citizen Inn families. A motion was made to approve the expense of up to \$1,000 for these charitable items linked with our mission. The motion was seconded and passed unanimously. Police are donating to HAWK, a domestic violence service agency.

V: Other:

The group would like to run January and February Meetings in VIRTUAL format. Peg will check with Phil when he returns.

We will be looking at changing the format of our agenda for January to include more direct reports and discussion from coalition partners.

Adjourn Meeting

10-10:30 Optional Community Connections/Conversation Time

- Briefly discussed purchase of lock boxes for the Safe Homes project with Rotary and LFD. They are on backorder, but LFD is looking at alternate vendors.
- Congratulations to Police and Fire and town on a successful vote to approve the capital project of a new Fire and Police station.
- Linda reported that senior center programming is well attended and everyone is having Holiday fun!
- The Police Department ran personal training sessions with the Vault at the new state police training academy. AHL's Lydia Sweetser was there to share in the fun!
- Happy New Year to ALL!

2023 Meeting Dates

January 9, Feb 13, March 13, April 10, May 8, June 12, No July Meeting, Aug 14.

A Healthy Lynnfield's mission is to empower residents to make positive choices every day. Together, we work to prevent substance misuse, to improve the quality of life for those impacted, and to support programs that help all young people thrive.