



**AHL Minutes
August 12, 2019**

Present: Phil Crawford, Rob Dolan, Glen Davis, Peg Sallade, Ron Block, Diane Courtney, Carmela Dalton, Christine Healy, Kristin McRae, Linda Naccara, Ryan Rivard, Mary Stewart, Victoria Torres-Vega, Jane Tremblay

Guests: Margaret Hannah and Tanya Snyder, William James College, Interface Program, Dan Tomasello, Lynnfield Villager, Lydia Rundel Gjerde, Roberta Keane, LPS Student Services, Natasha Shat, Resident

I: Introductions and Brief Community Round Table

-Chief Davis, Fire Department discussed two important public safety recognition events in September.

- A Mass for First Responders being hosted by Saint Maria Gorretti Church. It is being held on **Sunday September 8th at 10:00**. Donna Hegan is organizing the event and is looking for volunteers to participate in the Mass. Please contact her at donna.hegan1@verizon.net. This will be open to all first responders of all faiths and religious beliefs.
- First Responders Day, supported by Rotary, to be held on the Lynnfield Common on **Wednesday September 11th at 1800**. Ceremony with BBQ to follow.
- He also described a safety survey the Fire Department will be doing with seniors as part of community outreach.

-Kevin Cyr, LPS, updated the group with a sneak preview on many school-based initiatives that AHL is collaborating with LPS this upcoming year

- Community/Parent presentation: ANGST, an Indie Film screening on Anxiety is scheduled for the evening of October 3. John Mattelman will speak on Nov. 14 at 6:30.
- The YRBS is scheduled to launch in October. A team at LMS and LHS are working to review questions.
- The school will implement Signs of Suicide curriculum and screening at LHS this November.

-Ron Block, Rotary, indicated the Senior Lock Box initiative is well underway.

-Ryan Rivard, Riverside indicated a new tele-health option for counseling that will be rolled out later this year. Riverside will attend the Night of Hope and participate on the ANGST panel of clinical experts on Anxiety.

-SRO Alex Doto informed the group that he and Peg will have an information table at Back to School Nights at LMS and LHS. In the spring, a Mock Car Crash is planned before prom time.

II: Coalition Business

- a. Approval of Minutes: July minutes were reviewed and approved.
 - b. Committee Updates
- Night of Hope Event Updates

Carmella gave brief updates. The event planning committee has been meeting on Sunday evening. The next and final two meetings are Sunday August 25, and Sunday, September 15 at 600 Market Street, Media Center. An event flyer and Facebook posting will be available soon. Please share widely with the community. Guest speaker is Alex Costa from Lynnfield. Thank you to the Council on Aging for all the bows made so far. Please get a corporate team together or come with your family and neighbors and participate in this event. Please wear purple Friday 9/20 and put purple bows in your place of

business. The common will be decorated with purple on Saturday, 9/21 prior to the event. Any specific volunteer help needed will be outlined in the September meeting.

III: Back to School & Other Upcoming Events/Communications

- Peg distributed copies of AHL's first annual report that reviews activities from July 1, 2018-June 30, 2019. Copies will be distributed electronically as well. Please share widely. (Handout/AHL Website)
- Ministry and Mental Health Workshop is scheduled for Saturday Sept 7 at 5 pm at Our Lady of Assumption (Handout)
- AHL has multiple back to school communications going out with the Superintendent's newsletter.
- Other upcoming activities are listed in the Report to Community document and will be reviewed in September.

IV: Schedule of Fall Meetings

Please see the handout for all AHL monthly meeting dates for this year. (Handout)

Interface Service Launch-open to public for comments

I: Overview of INTERFACE

Margaret Hannah, Executive Director, Freedman Center for Child and Family Development, William James College & Tanya Snyder, Clinical Supervisor, INTERFACE Referral Service gave a brief presentation of the Help Line available to all Lynnfield Residents.

II: Interface Material Distribution

- Thank you to all who participated in the marketing video to describe the INTERFACE service. You can view the video here <https://vimeo.com/352965500>, or on the AHL website or the Town's Website.
- Wallet cards and post cards are available for people to take back and share with staff and within their organizations.
- Peg will be doing 3 trainings with school district staff in September.

Thank you to the Lynnfield Villager for covering this meeting for us.

Finding help doesn't have to be hard.
INTERFACE Resource and Referral Helpline
1-888-244-6843

INTERFACE will assist you in finding the right outpatient counseling and mental health services.

Office of Prevention-Town of Lynnfield
A Healthy Lynnfield: www.ahealthylynnfield.org
781-334-5820



Feeling Depressed or isolated?
Family Issues?
Need counseling support for your child?
Working through a divorce?
Feeling overwhelmed with anxiety?

Call the INTERFACE Mental Health Resource and Referral Helpline. INTERFACE will match your insurance, your schedule and your need with an available outpatient Mental Health Professional in your area.

A free service for Lynnfield residents in partnership with William James College.