



## Lynnfield Substance Abuse Prevention Committee Minutes: August 13, 2023

**Present: Phil Crawford, Coral Hope, Glen Davis, Scott Formica, Heather Day, Diane Courtney, Carmela Dalton, Marita, Kate DePrizio, Diana DeLeo, Peg Sallade**

**I:** Chairman Phil Crawford called the meeting to order. Introductions were made. We welcomed Kate Deprizio as a new representative of the School Committee to our AHL committee. She will share this with Stacey Dahlstedt. Several folks responded that they are out on vacation: Nick Secatore, Mia Muzzio, Toni Rebelo, Linda Nacara, Ron Block all sent their regrets.

**II:** Approval of Minutes: A motion was made to approve June 2023 minutes. The motion was seconded and approved by all.

### **III: Coalition Business**

- **Award Nominations:** If you have not already, please respond to the Google survey and nominate an individual and also a organization for our annual volunteer awards. [Award Nominees](#) Descriptions of each are in the survey link. **Action:** Coral, Kate and Phil volunteered for the selection Committee. A meeting will be scheduled for later this month to review nominees and select awardees.
- **Evaluation & Grant Updates**
  - Scott Formica, SSRE spoke about the 3 main surveys we will release this year, our 5<sup>th</sup> and final year of funding. The YRBS survey done by John Snow Incorporated, to measure health outcomes, slated for November, pending timeline from new high school administrators. In December we will launch the Parent/Caregiver survey and in September/August next year, the final Coalition Assessment survey.
  - Peg reported that the DFC annual progress report was submitted, and that the PFS report is due in October. Reports are extensive and cover a year's worth of work.
  - The DFC Year 5 Notice of Award has been received (official contract) and we are waiting on Partnerships for Success and Mass CALL regional state contract.
- **Meeting Dates:** Please review the [2023-24 Meeting Dates](#) linked here. Glen asked if we could send out a calendar invite. Action: AHL staff to send calendar invites for all meetings..
- **Interface Metrics:** A summary report was distributed and discussed. We agreed that we need continued advertising. Not everyone thinks to use it during a crisis. Discussion ensued about ways to advertise this with National 988 and Mass Behavioral Health Helpline. Recovery month, National Suicide Prevention Month, Narcan Kits, suggested.
- **Family Engagement Specialist Position Update:** AHL is in the process of interviewing candidates for a 12 hour/week position through the end of the school year (grant funded). Scott's team conducted a series of informational interviews to evaluate the role which focuses on an additional layer of support for immigrant families and students in support of positive youth/family outcomes. More to come.

### **IV: School (5)**

**YRBS:** Peg and Toni are reviewing questions set and determining next steps. Had 2 meetings with JSI evaluation team. Cost between \$5 and 8k. Need to loop in the HS administration.

**Mia/Diana:** Coaches Suicide Prevention Training with the NAN project moved to November, instead of August.

Kate: School committee will review district strategy in September meeting. Focus on equitable learning opportunities for all students. Kate presented need to work with parents around school refusal. Discussion ensued about places to connect this with our current plan.

**V: Treatment/Recovery (5)**

**Riverside:** Groups going well. Have hired an adolescent specialist to be able to add more high school groups. Heather provided flyers for the sessions available. Action: AHL will send to school student support team.

**MCAW:** Peg reported in Tiffany's absence that they have received their Mental Health License and are now treating both SUD and mental health diagnoses for adolescents in IOP. They hope to get approved for partial hospitalization by winter. They have a new medical director from MassGeneral.

**VI: Public Safety/Public Health**

- Thank you to LPD for collaborating on National Night Out. It was a great first-time community building event!
- Coral Hope reported that flu clinics are scheduled for the fall for Sept 8 and Oct 17. Look for more information soon. The group discussed the health departments recent inspections for tobacco retail compliance with state law and data collection. Coral also reported that their has been distribution of the free Narcan Kits since they were implemented in May.
- Glen Davis reported Public Safety Day is Sept 9 and updated on Fire Department Activities.

**VII: Community (10)**

- **Night of Hope Recovery Month Event:** Carmela asked everyone to save the date for Sunday September 17<sup>th</sup>. It is on the school calendar and administrators are aware. We will have purple ribbons on the poles between MS and town common up for the whole month of September. More to come.
- **National Night Out:** Phil thanked everyone who volunteered for the National Night Out with the Police and AHL. It was a good community-building event.

**VIII: New Business (10)**

- A committee was formed to help plan the annual meeting. Natasha and Kate volunteered to assist Alessandra Petrucelli from our charitable board as well.
  - a. Save the date for October 4 at Spinelli at 6:00 p.m. Our Keynote is Robert Sege, PhD Tufts University, [Healthy Outcomes through Positive Childhood Experiences](#).
  - b. AHL queried the group about goals/strategies for this coming year. Responses included focusing information on school refusal and how parents can manage this, as well as concerns about vaping in the school bathrooms.

**Adjourn Meeting**

**Next Meeting is Sept 11, 2023 9 am at Market Street**