



Lynnfield Substance Abuse Prevention Committee Minutes: October 10, 2023

Present: Lydia Sweetser, Phil Crawford, Peg Sallade, Tiffany Leyne, Chris DeCarlo, Nick Secatore, Glenn Davis, Coral Hope, Toni Rebelo, Diana DeLeo, Kate DePrizio, Diane Courtney, Cara Green, Ron Block, Jessica Tortola, Stacy Dahlstedt, Rob Dolan

I: Chair Phil Crawford called the meeting to order. Introductions were made.

II: Approval of Minutes: A motion was made to approve September 2023 minutes. The motion was seconded and approved by all.

III: Coalition Business

● **Upcoming Programs:**

○ [Healthy Conversations](#), [Healthy Kids](#) series begins this month with Dr. Englander on October 18th on digital safety, cell phone and technology use, etc. Targeted for elementary parents, as requested by parents, community members, and elementary PTOs. Registration is required. Childcare is being provided by the high school youth council.

○ **Parent Advisory Committee** meeting October 11th, discussion on family mealtime as a social norms campaign this year

● **October Theme and Activities**

○ **Red Ribbon Week/Bullying Prevention:** All schools will have Red Ribbon Week related activities during RRW **October 23rd -31st**. Middle School youth will sign a pledge; HS football game for RRW is October 20th. Educational activities and announcements regarding drug prevention and bullying prevention will happen throughout the week.

● **Youth Program Updates:** Open leader spots for 2 freshmen and 1 junior. Middle school students are planning activities for the LHS Volleyball Mental Health Awareness game for LHS volleyball on October 17th with MCAW.

● **Wizards Fundraising Event:** For this event, we are looking for *new-to-us businesses* to sponsor the event, so we are not overlapping our ask with Health Expo in May. [See Sponsorship Sheet](#). We need volunteers! Email Diana at deleod@lynnfield.k12.ma.us if interested in helping on the day-of 5pm-9pm.

● **Follow Up from Annual Meeting/Annual Prevention Plan:** Positive feedback from coalition on Dr. Sege's keynote. Congratulations to our annual award winners and thank you for all the volunteer support!

IV: Public Safety/Public Health (5)

● **Police Assisted Community Outreach Team (LCOT); Discussion with Captain Chris DeCarlo:** LPd has been researching and benchmarking jail diversion models across multiple communities and is now officially a mentee of Winthrop's federal program, COSSUP(Comprehensive Opioid, Stimulant and Substance Use Program). LPD is piloting an outreach program in Lynnfield. It is a program that supports a post-incident follow-up with individuals and offers access to a variety of behavioral health and community wrap-around services. There will be a team, two officers and one behavioral health coordinator. This is a referral program where police will address the immediate needs, and then follow-up with the

person and/or family involved post incident with an offer for referral to appropriate resources and/or contacts. This addresses barriers to care as well as improves response to crises when there are repeated incidents that are tracked and followed by LPD. The LPD applied for a DMH grant, and is waiting to hear about funding. This will allow LPD to work on a regional initiative with Swampscott and pool resources for a part time (20 hours) contracted Licensed Mental Health Clinician for service referral and navigation to work with the LPD team. The contract for services will be through Eliot, an experienced provider that has this model in place in several communities working with police departments.

- **Public Health:** 800 COVID tests at town hall, available if you need. October 17th and November 14th are two vaccine clinics offering the flu shot, covid vaccine, RSV vaccine, Shingles vaccine, and Tdap vaccine.

V: School (5)

- **Toni:** Behavioral Emergency response plans are in development for all schools on how to best respond like any medical emergency. [National bullying prevention month– all schools celebrating Unity Day October 18th \(wear orange\).](#)
- **YRBS:** Schools will implement in early November. Finalizing survey Q's now, with support from John Snow, Inc, professional evaluation firm. The emphasis will be on training staff who implement the survey to support anonymity of the survey. There was follow up discussion about supporting the cohesive narrative that this data is standardized, valid and accurate and helpful to the community in terms of priorities student health needs.
- **Discussion with Jessica Tortola, Family Engagement Specialist:** in LMS Tuesday, Wednesday, Thursdays from 10am-2pm, 12 hours per week. Supported by AHL PFS grant per our equity goals. Jessica will help multilingual families, bridge school-community activities, help teachers engage parents in parent teacher conferences of special meetings, develop a welcome packet and more. She provides an added layer of support between families and the school/community. Reach out with any questions! tortolaj@lynnfield.k12.ma.us

VI: Treatment/Recovery

- **MCAW:** Bilingual therapist starting this week. Psych NP needed to start partial programming.

VII: Community (10)

- **Rotary:** November 19th Turkey Trot with Lynnfield Mom's Group. [Sign-up on Rotary Website or see AHL social media](#)
- **YMCA:** [Trunk or Treat October 26th](#)
- **Town Meeting Monday October 16th at the Middle School, 7pm**

VIII: New Business (10)

- **Discussion of Structure/Quarterly Meeting and Work Groups**
 - Discussed an option to change meeting structure as we have grown. LCOT will require monthly/quarterly HUB meetings with clinical stakeholders. We could move to a working committee structure that reports out at quarterly coalition meetings (i.e. Ad Book committee, Health Expo Committee, Police Outreach Team, Parent Advisory Committee, etc).
 - Feedback received: coalition members like to meet monthly and would like to keep it that way so everyone can stay up-to-date on town events, organizational happenings, etc.

Adjourn Meeting

Next Meeting is Monday, November 13th, 2023, 9 am at Market Street