



**A Healthy Lynnfield  
Coalition Meeting  
January 9, 2023  
Virtual Meeting**

**Present:** Diane, Lydia, Diana, Stacy, Phil Crawford, Rob Dolan, Ron Block, Natasha Shah, Lisa Costa, Tiffany Leyne, Linda, Scott Formica, Kyra Drescher, Coral Hope, Olga Sanchez, Cara Green, Nick Secatore, Rob Lowell, Abby Porter, Toni

December minutes approved  
Ron Block, 2nd Diane

- Discussed new meeting format
- Will share 12 month calendar

**Public Safety/ Public Health**

*Public Health - Coral*

- applied for a CHI Index Grant with Melrose, Wakefield, Lynnfield, Stoneham that will fund an assessment of town services for better health and racial equity, working with Senior Center,
- Youth Mental Health First Aid Training - February 15th and 22nd - 2 day training - 9am-1pm. Registrations need to be in by the end of January. Coral will get flyer out. Focused on police, fire, anyone that works with youth. Held at the new police training facility. 16 person capacity.

*Police - Nick*

- Narcan admin- None by LPD, maybe Fire (Glen wasn't available today)
- Continually being called for family incidents, drug-seeking behaviors
- 2 deaths this quarter, most likely due to substances - this is high for Lynnfield
- Rare that a tox screen pinpoints the drug, usually a mix of drugs and fentanyl accidentally
- Fake pills in circulation that look like adderall
- Mostly adults 25+ and could be those using party drugs and not necessarily someone with a substance use disorder

- What is the best way to deliver the message of dangers to parents?
- Some families have accepted their situations and have taken action by keeping narcan in the home
- We need to normalize Narcan like CPR. Discussion around a community training that includes AED, CPR, Heimlich, and Narcan - now may be a good time since the Damar Hamlin Cardiac Arrest in the NFL. Tie in Narcan and make it an overall safety class - "three ways to save a life?" Glen did a public narcan training and Nick thinks he would be open to doing it again.
- Public safety has always had narcan available if needed. It is also in the schools.
- Security camera - deferred to school department IT

#### *Schools - Toni*

- Narcan training and CPR training with nurses next month
- PD training with LMS, LHS and Toni on Substance Use updates, what is out there, signs and symptoms
- chats out thee
- Upcoming AHL Speaker Series - Are any being recorded?
- Health & Wellness series for 4th graders
- Toni spoke with Kristen on the rising issue of Eating Disorders popping up within the schools. Can we do something for kids? In-school, captive audience. AHL will connect with Walden. Is this a trend stemming from Tik tok? Social media? Can Walden address some of those potential influences? Kids not eating lunch, nurses seeing nutritional deficit related issues (dizziness, etc). - "not cool to eat"

#### *Clinical - Tiffany*

- Dual License, BSAS + Mental Health
- can open once fully staffed, Interviewing now all day, every day
- Hoping to take clients in Feb

#### *Community- Ron Block - Rotary*

- Writing a proposal for a donated AED for town meeting house
- Looking to then do a CPR and AED training for Rotary members
- Sat May 13, 9am- noon, Build a Bed Mkt. Street

#### *Kyra Drescher, Children's Friend and Family Services*

- 5 diff programs - will send details and Resources
- Paper by Insurance, covers Lynnfield Lynn Swampscott Nahant
- Teen programming - Trained in ARCA a substance use model for teens
- Monthly System of Care meeting 1/ month, 2nd Thursday 9-10:30am if anyone is interested

## ***Committee Updates***

### *Parent Advisory Group - Diana*

- Working on a parenting curriculum series with HHS and SSS PTO hopefully for March, April
- Working on a podcast/article review focused on middle school level with guidance staff, clinicians, Roberta and Lydia. In early planning stages for May for MHAM.
- Series starts next week

### *Heath Expo*

- May 20
- Peg reached out to last year's committee
- New members reach out if interested
- Plan it to grow this year and make it also a source of revenue for the 501c3
- Kyra would like to be a vendor
- Head of Rec wants to bring back town day/Geraniumfest, possibility beginning of May

### *Youth Councils - Lydia*

Middle School Group moved to after school meeting two times a week, made a January wellness calendar

High School Group photos shared, will be working on a Bathroom Stall Newsletter

### *Press + Communications*

● Ad Book - Price list shared, articles and ads due 2/24, plan to distribute before Prom  
Goal for each Coalition Member to get at least one ad - huge potential to grow

Kyra would like to be included

Abby and Tiffany volunteered to help organize

- Press calendar -meeting with Dave this week
- Blog update - Going great! Nick and Rob done. On website, in papers, on social media. Clergy is next for February. Diana will connect. Thank you to LPL for the book list we have been including relevant to the monthly topic.

Stacey and Diane– Discussion on Snowball and Prom breathalyzing as standard procedure for all high school students.

**Next meeting - virtual again, subcommittees will be meeting between now and then**