



How to....

Help Kids Who Struggle With Dinner Conversation



"At dinner, we're going to talk about what everyone's best part of the day was. Think about what you might want to share!"

"Let's roll this orange to the next person when we're done sharing. Then it can be their turn to talk!"

"It sounds like your brother is saying he felt his coach was being unfair today. Have you ever had a problem like that?"

"I think Sam was still thinking. Let's all enjoy our food for a minute while he gets ready to share his ideas."

"Anna wants to talk about dinosaurs for a few minutes. Let's all listen, then each of you can have a few minutes to talk about a special topic, too."

