

TRYOUTS -

- ❖ Monday, February 26th Friday, March 1st
 - o First cuts will be made on Wednesday, February 28th.
 - o Final cuts will be made after the practice on Friday, March 1st.
- ❖ Physicals and Concussion Forms: There has been a change to the way physical forms and other forms are handled at Olathe South. They are all done by online submission. There are 5 forms that need to be completed to tryout. Without these forms completed you will not be able to take part in any activities. If you have already played a sport at OS in the fall or winter, your forms are already in. If you have not participated in a sport yet, please make sure your forms have been submitted.
- ❖ <u>Transportation</u> There will be an <u>ONE-WAY</u> bus that takes non-drivers to ODAC. The bus will leave at 3:06 from the front of the building. It will not wait on you. I do not have the number of the bus yet, there will be people in the front of the building helping you get to the correct bus. <u>Players will be able to change at ODAC in the restrooms</u>. Players need to get their equipment and get on the bus before changing.
- ❖ Players Equipment Storage During tryouts, players may keep their bags in their cars, sports lockers in the varsity locker room or in the closet behind the training room. The closet behind the training room will open at 7:50 am and close at 7:58 am. After school, the room will be open for them to get their bags and get to the bus stop. Another choice is for you to talk to your last teacher of the day and see if they have a place that they can store it. Once players are selected for the team, you will be given a locker in the varsity locker room to store your equipment. For players that will be on the shuttle bus, there will not be time to change at school. You will need to grab your equipment bag and school backpack and get on the bus. There are bathrooms at ODAC for players to change before practice.

Practice Plan – Monday: Freshmen– at ODAC 3:30-5:00

Sen.-Soph. – at ODAC 4:45-6:30

Evening (Indoors at OS): <u>Freshmen</u> and <u>Sophomore</u> pitchers and catchers only (Freshmen at 7:30, Sophomores at 8:30)

Tuesday: Freshmen– at ODAC 3:30-5:00

Sen.-Soph. – at ODAC 4:45-6:30

Wednesday: Freshmen– at ODAC 3:30-5:00

Sen.-Soph. – at ODAC 4:45-6:30

*****First cuts will take place at the field after each practice*****

Thursday: Freshmen– at ODAC 3:30-5:00

Sen.-Soph. – at ODAC 4:45-6:30

(Depending on Weather) Evening: Juniors and Seniors pitchers and catchers from 7:30pm - TBA

Friday: Freshmen– at ODAC 3:30-5:00

Sen.-Soph. – at ODAC 4:45-6:30

*If weather prevents us from going outside, we will practice indoors at Natural Baseball Academy. The times are below. The message will be posted on the school baseball website as well as the Booster Clubs social media pages.

Senior-Sophomores: 3:30 – 5:00

Freshmen: 5:30-7:00

SPRING BREAK -

For players making the team, spring break is from March 11th March 15th. The players will not practice on Friday, March 8th. We will have <u>optional</u> practices on Monday, Tuesday, and Wednesday for players in town. There will be no practice for sub-varsity players Thursday through Sunday. <u>Varsity players only</u> will need to meet on Thursday, March 14th. This year the Varsity is taking a trip to Rogers, AR Thursday through Saturday. All players will return to practice on March 18th.

COMMUNICATION -

- The first line of communication is from **coach to player** and then player to parent. The parent needs to talk to the son first before talking to a coach about baseball related situations that come up during the season. Please have your son talk to the coach about issues that involve that player. If there is a situation where the parent needs to contact a coach, please make sure that the following guidelines are understood:
 - O Coaches will not talk about with parents:
 - Playing time
 - Players other than your son
 - After tryouts, a coach will not communicate with a parent for 24 hours after the cut has been made.

EXPECTATIONS IN THE CLASSROOM – A reminder that all players will be expected to be always passing ALL classes. The administration is checking grades and sends out a grade update every two weeks. The first time a player is on the list they will be on a "monitoring period". After two weeks, if the grade is not passing then the player will be suspended from games until the grade is passing. After 2 more weeks, if the grade is not passing the player will be expected to go and work with that teacher after school before coming to practice.

SUBSTANCE ABUSE POLICY – I will follow the district's substance abuse policy. This policy includes the use of tobacco, alcohol and illegal substances used at any location, not just on school grounds. The first offense is a 2-week suspension from games. The player may still practice, but they cannot compete in games at any level. The second offense will result in the suspension of the player for the rest of the season, the player will be removed from the team. A third offense is a 365-day suspension from ALL sports associated with the school.

If you have questions, please do not hesitate to ask. Listed below is my email address and phone number for the school.

Josh Perkins jperkinsos@olatheschools.org 913-780-7160