

HAND PARTS (SANGBANSIN)



1. Back Fist (Dong Joomuk)



2. Side Fist (Yop Joomuk)



3. Arc-hand (Bandal son)



4. Knife-hand (Sonkal)



5. Under Fist (Mit Joomuk)



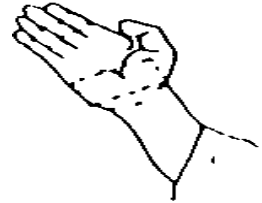
6. Reverse Knife-hand (Sonkaldung)



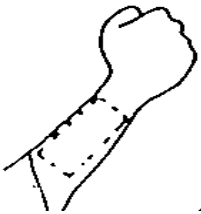
7. Straight fingertip (Sun Sonkut)



8. Back hand (Sondung)



9. Open fist (Pyun Joomuk)



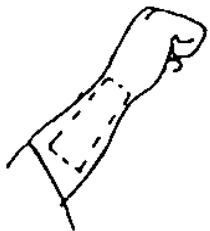
10. Forearm (Palmok)



11. Inner forearm (An Palmok)



12. Elbow (Palkup)



13. Outer forearm (Bakat Palmok)



14. Forefist (Ap Joomuk)



15. Under Forearm (Mitpalmok)