

BENEFITS OF COMMUTING BY BIKE TO WORK



MIT STUDY FOUND THAT IN LARGE CONGESTED CITIES, BIKING IS 50% FASTER THAN CARS DURING RUSH HOUR TRAFFIC

80% INCREASE

(NATIONAL AVERAGE 47%)

SINCE 2000, BICYCLE COMMUTING RATES INCREASED IN LARGE BICYCLE FRIENDLY COMMUNITIES



13 POUNDS

AVERAGE WEIGHT LOST THEIR FIRST YEAR BIKING TO WORK



MORE CORPORATIONS ARE MIGRATING TOWARDS A MORE RELAXED DRESS CODE, SO RIDE IN WHAT YOU'D WEAR TO WORK



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AVG. COST OF OPERATION PER YEAR
(52.2 CENTS PER MILE)

TAX FREE SUBSIDY

THE FEDERAL BIKE COMMUTER BENEFIT ([HTTP://WWW.IRS.GOV/PUB/IRS-PDF/P15B.PDF](http://www.irs.gov/pub/irs-pdf/p15b.pdf)) AWARDS BIKE COMMUTERS A TAX-FREE SUBSIDY FOR BIKING TO WORK



\$9,641



\$120



4 MILE

BICYCLE TRIP KEEPS ABOUT 15 POUNDS OF POLLUTANTS OUT OF THE AIR

IF 1 OF 10 COMMUTERS SWITCHED TO BIKING, WE'D SAVE



2 BILLION

GALLONS OF GAS PER YEAR.



USE CLEANING WIPES WHEN YOU ARRIVE AT WORK. A PTA BATH CAN BE A SPIRITUAL CLEANSING



ZERO EMISSIONS INTO ENVIRONMENT



FREE 2-WHEELED GYM MEMBERSHIP

3.5%

OF MINNEAPOLIS, MN RESIDENTS BIKE TO WORK, 3RD HIGHEST IN U.S. (PORTLAND 6%, SEATTLE 3.6%)