

## 2023 Thousand Oaks Invite Time Schedule (TENTATIVE)

#	Event	Level	Time
1	Girls 1600	F/S	9:00am
2	Boys 1600	F/S	
3	Girls 4x100 Relay	F/S	
4	Boys 4x100 Relay	F/S	
5	Girls 4x100 Relay	Var	
6	Boys 4x100 Relay	Var	
7	Girls 1600	Var	
8	Boys 1600	Var	
11	Girls 100 H 30"	F/S	
12	Girls 100 H 33"	Var	
13	Boys 110 H 36"	F/S	
14	Boys 110 H 39"	Var	
15	Girls SMR	F/S	
16	Boys SMR	F/S	
17	Girls SMR	Var	
18	Boys SMR	Var	
19	Girls DMR	Open	
20	Boys DMR	Open	
21	Girls 400	F/S	
22	Boys 400	F/S	
23	Girls 400	Var	
24	Boys 400	Var	
25	Girls 100	F/S	
26	Boys 100	F/S	
27	Girls 100	Var	
28	Boys 100	Var	
29	Girls 4 x 800 Relay	Open	
30	Boys 4 x 800 Relay	Open	
31	Girls 300 H 30"	F/S	
32	Girls 300 H 30"	Var	
33	Boys 300 H 36"	F/S	
34	Boys 300 H 36"	Var	
35	Girls 200	F/S	
36	Boys 200	F/S	
37	Girls 200	Var	
38	Boys 200	Var	
39	Girls Throwers 4x100 R	Open	
40	Boys Throwers 4x100 R	Open	
41	Girls 4 x 400	F/S	
42	Boys 4 x 400	F/S	
42	Girls 4 x 400	Var	
44	Boys 4 x 400	Var	

Field Events				
45	Girls Long Jump	F/S	9:00am	P1
46	Boys Long Jump	F/S	9:00am	P2
47	Girls Long Jump	Var	Est 11:00	P1
48	Boys Long Jump	Var	Est 11:00	P2
49	Boys High Jump (start hei	F/S	9:00am	P1
50	Boys High Jump (start hei	Var	9:00am	P2
51	Girls High Jump (start hei	F/S	12:00	P1
52	Girls High Jump (start hei	Var	12:00	P2
53	Girls Pole Vault (start hei	Var	9:00am	
54	Boys Pole Vault (start hei	Var	Follow GV	
55	Girls Pole Vault (start hei	F/S	Follow BV	
56	Boys Pole Vault (start hei	F/S	Follow G F/S	
57	Girls Discus	Var	9:00am	
58	Boys Discus	Var	Est 10:30am	
59	Girls Discus	F/S	Est 1:00pm	
60	Boys Discus	F/S	Est 2:30pm	
61	Girls Shot Put	F/S	10:00am	P1
62	Boys Shot Put	F/S	10:00am	P2
63	Girls Shot Put	Var	Est 1:00pm	P1
64	Boys Shot Put	Var	Est 1:00pm	P2
65	Girls Triple Jump	F/S	Est 1:30pm	P1
66	Boys Triple Jump	F/S	Est 1:30pm	P2
67	Girls Triple Jump	Var	Est 3:00pm	P1
68	Boys Triple Jump	Var	Est 3:00pm	P2