

Focus Group: Hiking

Sally OGrady, Contact Person



- Mercer County Park , October 5, 2018
- Joanne Hanson, Chris Briggs, Charlie Webb, Sally O, Terri Carreno (prospective member) and two guests
- 5 Miles Walked
- Stress Relieved

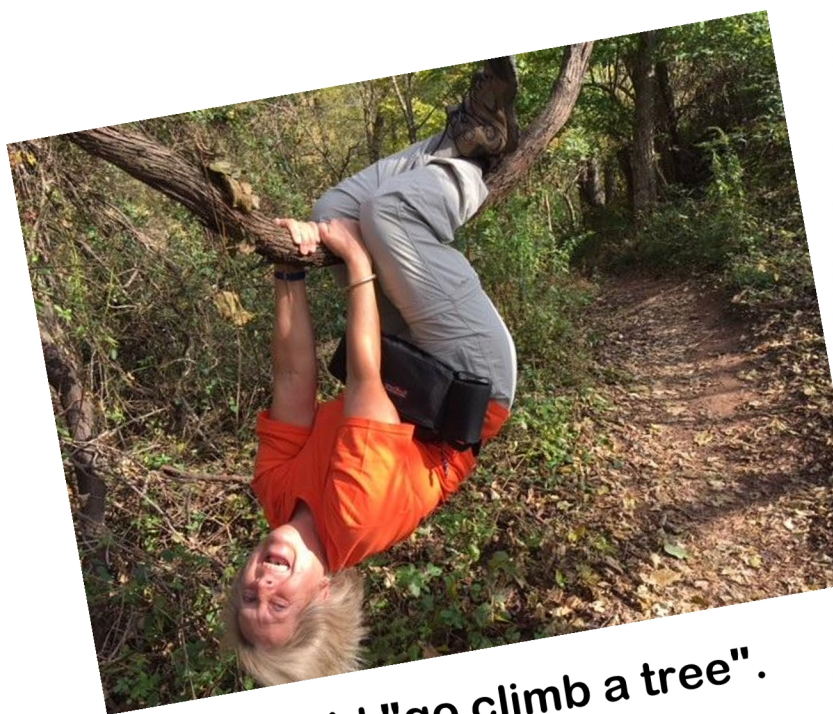


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- Thompson Park Conservation Area, October 17, 2018
- Katie Wise, Didi Cox, Sally O'Grady
- 3 Miles Walked
- 319 Calories Burned

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You said "go climb a tree".



Early Fall Colors

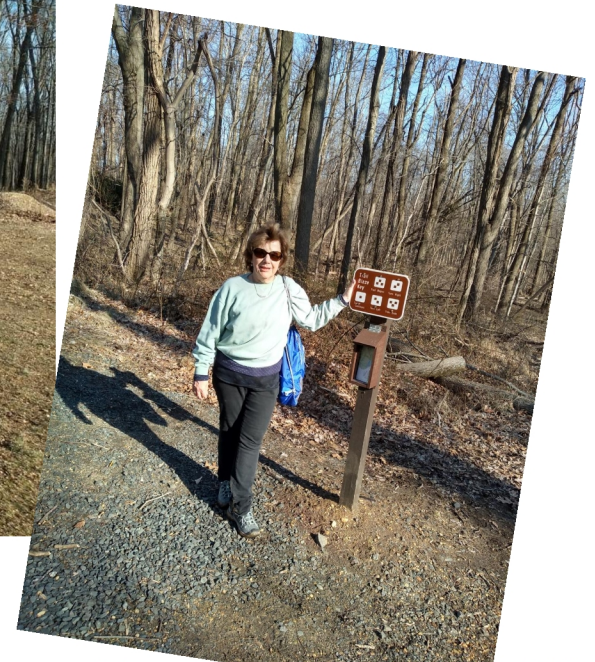


Careful where you step!

- Hike at Six Mile Run Reservoir in Somerset NJ, November 1, 2018
- Peggy B, Dorit K, ,Didi C, Sally O
- 3.5 miles

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3.2 mile hike within Thompson Park, Monroe Township. Seven members and one guest. 350 calories burned per person!!



Plus three cool pictures from December 6 hike.