

Become a Certified Coach!

A Matter of Balance is an evidence-based fall prevention program designed to help people manage their concerns about falls and increase

Make a difference in your community!

A Matter of Balance: Coach Training

The expectations for MOB Coaches are:

- Attend eight hours of coach training taught by a Master Trainer(s) and earn A Matter of Balance Coach Certification (this 2 day workshop)
- Attend 2.5 hours of coach training update annually
- Report quarterly to your master trainer when your classes will be held and how things are going
- Agree to coach at least 2 Matter of Balance classes within one year of certification



NORTHBAY™
Trauma Center



DATE:

Thursday
October 31, 2019
&
Friday
November 01, 2019
9:00am-3:30pm

LOCATION:

**NorthBay Green Valley
Administration**
Conference Rm. 3
4500 Business Center Dr.
Fairfield, CA 94534

REGISTER:

<https://www.facebook.com/events/2037730669615022>

Or

http://amatterofbalance_coachtrainingoctober2019.eventbrite.com