

Ingredients

3 packets Gravy Mix
1 pouch instant Mashed Potatoes
2 cans Corn, drained
2 cans Peas, drained
2 cans Carrots, drained
Minced Onions (optional)



Directions

1. Preheat oven to 350 degrees
2. Cook mashed potatoes according to package directions
3. Prepare gravy packets according to package directions
4. Add drained vegetables to gravy and heat thoroughly
5. Pour into a casserole dish
6. Top with the prepared mashed potatoes
7. Bake for 25 minutes
8. Let stand for 10 minutes before serving

Variations

*Top mashed potatoes with grated cheese
Add cooked ground beef, drained
Use fresh ingredients, when available
Substitute gravy packets with jar or canned gravy
Substitute individual cans of vegetables with mixed vegetables*

Servings: 6

WHERE IS THE LOVE?



IT'S IN THE MOMENTS THAT YOU SHARE
A MEAL WITH YOUR FAMILY & FRIENDS

In 2017, I started volunteering with Adopt-a-Block at **Pensacola Dream Center** through my church. I loved the idea of different churches coming together and serving Pensacola and surrounding communities. Upon retiring in 2020, I stepped up to spend more time with PDC, along with my husband, John. (He would always respond when asked why he served, "Suzy has a passion for serving, and I have a passion for Suzy.")

Volunteering in the food pantry fit my organizational skills perfectly. Since I'm not a cook by nature, my go-to has always been to follow recipes. That's why I love the meal kits! My favorite was, and still is, shepherd's pie. On a cool, Pensacola night, my husband and I would make a double batch of this and invite friends over for a warm meal and games afterwards, then send them home with leftovers. What great memories I'll always have!

In April of 2022, we moved back to Kansas City, Missouri where there is a Dream Center. Because of all our experiences of serving with **Pensacola Dream Center** through the years, there was no thought of volunteering anywhere else but the Dream Center network. It will always be like family to us.

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Suzy, PDC Volunteer from 2017-22
Currently Serving with
Kansas City Dream Center



"Meal Kit Moments" Table Topics

Have you ever done any type of volunteer work or community service hours? Describe your experiences or discuss what type of service projects you would be interested in doing. (Check out the "How We Serve" tab on our website for ideas.)

Game night is a great way to bring family and friends closer together. Plan for it!