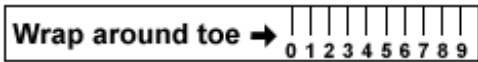




Although you may size your toe with the methods listed below you may wish to try on a few styles before buying. Sweetfoot will come to you if you are inside the DFW area. Sweetfoot will also exchange new rings for a different size to ensure you get your perfect fit toe ring when ordering online. Also, when placing your order, please indicate both toe tip and mid toe measurements in the Special Instructions box at check out. Thanks!



Sizing option 1

Print page and cut out the sizing strip above (Make sure your printer is not scaling the page to fit, **page scaling must be set to NONE or UNCHECK BOX "Fit to Page"** in the pop-up print options window). The strip should measure just a bit under 2.5 inches (2.442") to be accurate. Using a small piece of tape to secure left end of the strip on your toe, wrap the loose end around to indicate the size. Measure the tip of your toe around the toe pad area and then measure the mid part of the toe where the toe ring will lay.



Sizing option 2

Instead of cutting out sizing strip, use non stretchy string or ribbon to wrap your toe marking where the two ends intersect with a pen. Then lay the string or ribbon against the printed sizing tool above to get your ring size. Measure the tip of your toe around the toe pad area and then measure the mid part of the toe where the toe ring will lay just as instructed above.

Sizing option 3

If you do not have the option of printing the sizing strip then you may get those two measurements needed by using a piece of string, dental floss or ribbon in place of the sizing strip. Simply mark the string where the two ends intersect and then measure it with a ruler in millimeters. On page 2 is a chart for converting the millimeter measurements into ring sizes (use 2nd column labeled Inside Circumference for the mm measurements and the 4th column labeled U.S. for ring sizes).

Selecting a Size

Tip measurement - Middle measurement = Difference (____ - ____ = ____)

If the difference is less than 1.5 sizes, then your ring size is equal to the measurement you got for the middle of your toe.

If the difference is more than 1.5 sizes then subtract 1.5 from the tip measurement for your size.

Here are some examples:

Example 1:

The Tip of your toe measures 5.25

The Middle of your toe measures 3.75

$5.25 - 3.75 = 1.5$ According to this difference your ring size is 3.75.

Example 2:

The Tip of your toe measures 6

The Middle of your toe measures 3.25

$6 - 4.25 = 1.75$ since the difference is more than 1.5 sizes we will need to subtract 1.5 from the from the tip measurement for your proper size. $6 - 1.5 = 4.5$

Why is that the rule for Example 2 you ask? Because the ring will need to be large enough to shimmy over the pad at the tip of your toe.

How to put on your new toe ring

When you receive your toe ring you will need to use a slippery substance to lube the toe. We use Windex because it is soapy and will not muck up the gold or silver's shine like a lotion or oil will. When your toe is lubed, place the ring on the tip at an angle and wiggle it over the toe pad. Once the ring gets past the toe pad it should rest at the midpoint of the toe and be able to spin around your toe with some ease. That is a perfect fit toe ring!

Inside Diameter	Inside Circumference	Ring Size Equivalent			
		European Standard	U.S.	British	German
12.78 / .503	40.20 / 1.580	40 & 1/2	1 & 1/2	C	12 & 3/4
13.10 / .514	41.00 / 1.614	—	1 & 3/4	C & 1/2	—
13.21 / .520	41.50 / 1.634	41 & 1/2	2	D	13 1/4
13.50 / .530	42.30 / 1.664	42 & 1/8	2 & 1/4	D & 1/2	13 1/2
13.61 / .536	42.70 / 1.684	42 & 3/4	2 & 1/2	E	13 3/4
13.90 / .546	43.50 / 1.714	43 & 3/8	2 & 3/4	E & 1/2	—
14.04 / .553	44.00 / 1.739	44	3	F	14
14.30 / .562	44.80 / 1.765	44 & 5/8	3 & 1/4	F & 1/2	14 & 1/4
14.45 / .569	45.20 / 1.788	45 & 1/4	3 & 1/2	G	14 & 1/2
14.70 / .578	46.10 / 1.815	45 & 7/8	3 & 3/4	G & 1/2	14 & 3/4
14.86 / .585	46.50 / 1.836	46 & 1/2	4	H	15
15.10 / .594	47.40 / 1.865	47 & 1/8	4 & 1/4	I	15 & 1/4
15.30 / .602	48.00 / 1.890	47 & 3/4	4 & 1/2	I & 1/2	15 & 1/2
15.50 / .610	48.70 / 1.915	48 & 3/8	4 & 3/4	J	—
15.70 / .618	49.00 / 1.941	49	5	J & 1/2	15 & 3/4
15.90 / .625	49.90 / 1.966	49 & 5/8	5 & 1/4	K	16
16.10 / .634	50.20 / 1.992	50 & 1/4	5 & 1/2	K & 1/2	16 & 1/4
16.30 / .642	51.20 / 2.016	50 & 7/8	5 & 3/4	L	—
16.51 / .650	51.50 / 2.042	51 & 1/2	6	L & 1/2	16 & 1/2
16.70 / .658	52.50 / 2.066	52 & 1/8	6 & 1/4	M	16 & 3/4
16.90 / .666	53.10 / 2.091	52 & 3/4	6 & 1/2	M & 1/2	17
17.10 / .674	53.80 / 2.116	53 & 3/8	6 & 3/4	N	—
17.35 / .683	54.00 / 2.146	54	7	N & 1/2	17 & 1/4
17.50 / .690	55.00 / 2.167	54 & 5/8	7 & 1/4	O	—
17.63 / .699	55.30 / 2.196	55 & 1/2	7 & 1/2	O & 1/2	17 & 1/2
17.90 / .706	56.30 / 2.217	55 & 7/8	7 & 3/4	P	—
18.19 / .716	56.60 / 2.249	56 & 3/4	8	P & 1/2	18
18.30 / .722	57.60 / 2.267	57 & 1/8	8 & 1/4	Q	18 & 1/4
18.59 / .732	57.80 / 2.292	58	8 & 1/2	Q & 1/2	18 & 1/2
18.70 / .738	58.90 / 2.317	58 & 3/8	8 & 3/4	R	18 & 3/4
18.90 / .746	59.50 / 2.342	59	9	R & 1/2	19
19.20 / .754	60.10 / 2.368	59 & 5/8	9 & 1/4	S	19 & 1/4
19.40 / .762	60.80 / 2.393	60 & 1/4	9 & 1/2	S & 1/2	19 & 1/2
19.60 / .770	61.40 / 2.418	60 & 7/8	9 & 3/4	T	19 & 3/4
19.80 / .778	62.10 / 2.442	61 & 1/2	10	T & 1/2	20
20.00 / .786	62.70 / 2.468	62 & 1/8	10 & 1/4	U	20 & 1/4
20.20 / .794	63.30 / 2.493	62 & 3/4	10 & 1/2	U & 1/2	20 & 1/2
20.40 / .802	64.00 / 2.518	63 & 3/8	10 & 3/4	V	—
20.60 / .810	64.60 / 2.543	64	11	V & 1/2	20 & 3/4
20.80 / .818	65.20 / 2.569	64 & 5/8	11 & 1/4	W	—
21.00 / .826	65.90 / 2.594	65 & 1/4	11 & 1/2	W & 1/2	—
21.20 / .834	66.50 / 2.619	65 & 7/8	11 & 3/4	X	—
21.40 / .842	67.20 / 2.644	66 & 1/2	12	X & 1/2	—
21.60 / .850	67.80 / 2.669	67 & 1/8	12 & 1/4	Y	—
21.80 / .858	68.40 / 2.694	67 & 3/4	12 & 1/2	Z	—
22.00 / .866	69.10 / 2.719	68 & 3/8	12 & 3/4	Z & 1/2	—
22.20 / .874	69.70 / 2.744	69	13	—	—