



## PURE FOCUS & ENERGY

Mental energy, clarity and performance

Item #2540 30 packets - 0.2oz (5.6g)

### Directions:

Empty one packet into 8-12 oz. of water and enjoy. Best taken before noon as it contains the caffeine comparable to 2 cups of black tea.

### Supplement Facts

Serving Size: 1 Packet (5.6g)

Servings per Container: 30

Amount Per Serving	% Daily Value**	
<b>Calories</b>	15	<b>0%</b>
<b>Total Carbohydrate</b>	3 g	<b>1%</b>
Sugar	0 g	<1 g
Vitamin B6 (as pyridoxal-5-phosphate)	1 mg	59%
Vitamin B12 (as methylcobalamin)	100 mcg	1,666%
Folate (as Quatrefolic® (6S)-5-methyltetrahydrofolic acid)	50 mcg	13%
Choline (as choline bitartrate)	100 mg	18%
Proprietary Pure Focus & Energy Blend	1,050 mg	
Acetyl-L-Carnitine HCl	-	†
L-Carnitine	-	†
InnovaTea® (95% caffeine) (tea leaf)	-	†
L-Theanine	-	†
DMAE (bitartrate)	-	†
Rhodiola Rosea (3% rosavins) (root)	-	†
Bacopin Extract	-	†
Green Tea Extract (80% polyphenols/30% EGCG)	-	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily value not established

Other Ingredients: Non-GMO Maltodextrin, Natural Flavors, Citric Acid, Beet Root (for color), Stevia (from Rebaudioside extract).

### Key Benefits:

- Enhanced focus
- Greater energy
- Mental clarity and performance

### What is it?

Pure Focus & Energy is more than an energy drink. It's brain fuel. This all-natural product was created to give you the mental clarity, focus and energy you need to take on your day fully alert and engaged.

### Nutrition for Your Brain

This unique formula will help you focus on the task at hand with the mental and physical energy to accomplish more in your busy day. All without feeling overly stimulated or jittery. This delicious, berry-flavored drink contains these brain health nutrients:

**Acetyl-L-Carnitine** – This amino acid crosses the blood-brain barrier to boost production of acetylcholine and supports healthy blood flow to the brain. Acetylcholine plays a critical role in maintaining healthy memory, learning, and other cognitive functions.

**L-Carnitine** – This amino acid helps transport fatty acids into the energy factory of the cells. Research shows that L-Carnitine plays a role in brain health and supplementation has been shown to improve memory.

**L-Theanine** – This amino acid balances caffeine by providing a relaxing effect. It supports levels of the neurotransmitters serotonin, dopamine and GABA for focused relaxation and a positive mood.

**DMAE** – This natural compound has been shown to boost brain function by supporting the production of acetylcholine, a neurotransmitter responsible for carrying messages between brain cells.

**Active B vitamins** – This formula contains the active, methylated forms of B12, B6, and folate. These vitamins create energy at a cellular level and have been shown to support optimal brain health.

**InnovaTea®** – Natural caffeine derived from organic, non-GMO certified tea leaves. Caffeine and L-Theanine work synergistically to help you perform cognitively demanding tasks.

**Rhodiola Rosea** – An adaptogenic herb that promotes energy, enhances mental clarity and supports our stress handling system.

**Green Tea Extract** – Considered one of the healthiest Superfoods in the world, green tea has been shown to enhance mental acuity.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.