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Rim Country Senior Center
 2171 B Street / PO Box 193
 Overgaard, AZ 85933

Website:
RimCountrySeniorCenter.org

Facebook:
 Rim Country Senior Center

May 2024

Open Mon-Fri 9am – 1pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Don't forget, Open Renewal for begins June 1st!</p>		<p>1 8:15AM LIFT 9AM-1PM ADDIES OPEN 9AM LIFT 9:30AM EXERCISE 10AM EXERCISE 11AM-NOON LUNCH 1-4PM BRIDGE</p>	<p>2 8:15AM LIFT 9AM-1PM ADDIES OPEN 11AM-NOON LUNCH 12PM-3:00 PAINTING AND CRAFTS</p>	<p>3 7-9AM MEN'S COFFEE 9AM-1PM ADDIES OPEN 9AM-EXERCISE 10AM-EXERCISE 11AM-NOON LUNCH 1-3PM CARD GAMES</p>	<p>4 9AM-1PM ADDIES OPEN</p>
<p>6 ADDIES CLOSED 8:15 AM-LIFT 9:00 EXERCISE 10AM-EXERCISE 11AM-NOON LUNCH 2-3PM LINE DANCING 3:4PM IMPROVER LINE DANCING 6-8PM the CHURCH Community group (Bible study)</p>	<p>7 ADDIES CLOSED 8:15AM LIFT 9:00AM LIFT 11:00AM-NOON LUNCH 11:30 AM Site Council 1-3PM CARD GAMES 6-8PM the CHURCH Community group (Bible study)</p>	<p>8 9AM-1PM ADDIES OPEN 8:15 AM LIFT 8:50AM LIFT 9:30AM EXERCISE 10AM EXERCISE 11AM-12PM LUNCH 12-1PM LADIES'S TEA 1-4PM BRIDGE</p>	<p>9 8:15 AM LIFT 9AM LIFT 9AM-1PM ADDIES OPEN 11AM-NOON LUNCH 12PM-3:00 PAINTING AND CRAFTS 5PM Lyons Board Mtg.</p>	<p>10 7-9AM MEN'S COFFEE 9AM-1PM ADDIES OPEN 9AM-EXERCISE 10AM-EXERCISE 11AM-12 PM LUNCH 5-7PM Mother's Day Gala</p>	<p>11 9AM-1PM ADDIES OPEN</p> 
<p>13 ADDIES CLOSED 8:15 AM LIFT 9AM EXERCISE 10AM-EXERCISE 11AM-NOON LUNCH 2-3PM LINE DANCING 3:4PM IMPROVER LINE DANCING 6-8PM the CHURCH Community group (Bible study)</p>	<p>14 7:00AM LIONS MEETING ADDIES CLOSED 8:15 AM LIFT 9:00AM LIFT 11:00AM-12 LUNCH 11:30 AM PAYSON CARE. 1-3PM CARD GAMES 6-8PM the CHURCH Community group (Bible study)</p>	<p>15 9AM-1PM ADDIES OPEN 8:15AM LIFT 8:50AM LIFT 9:30AM EXERCISE 10AM EXERCISE 11AM-12 LUNCH. 1-4PM BRIDGE</p>	<p>16 NO LIFT CLASS 8:30 AM BOARD MEETING 9AM-1PM ADDIES OPEN 11AM-NOON LUNCH 12PM-3:00 PAINTING AND CRAFTS</p>	<p>17 7-9AM MEN'S COFFEE 9AM-1PM ADDIES OPEN 9AM CAN SORTING 9AM-EXERCISE 10AM-EXERCISE 11AM-12PM LUNCH 1-3PM CARD GAMES</p>	<p>18 9AM-1PM ADDIES OPEN</p> <p>1PM-3PM Spaghetti Dinner Fundraiser</p>
<p>20 ADDIES CLOSED 8:15AM-LIFT 9AM EXERCISE 10AM-EXERCISE 11AM-NOON LUNCH 2-3PM LINE DANCING 3-4PM IMPROVER LINE DANCING 6-8PM the CHURCH Community group (Bible study)</p>	<p>21 ADDIES CLOSED 8:15AM LIFT 9:00AM LIFT 11:00AM-NOON LUNCH 1-3PM CARD GAMES 6-8PM the CHURCH Community group (Bible study)</p>	<p>22 9AM-1PM ADDIES OPEN 8:15 AM LIFT 9:50 AM LIFT 9:30AM EXERCISE 10AM EXERCISE 11AM-12 LUNCH. 1-4PM BRIDGE</p>	<p>23 8:15AM LIFT 9AM Driver's Meeting 9AM-1PM ADDIES OPEN 11AM-NOON LUNCH 12PM-3:00 PAINTING AND CRAFTS</p>	<p>24 7-9AM MEN'S COFFEE 9AM-1PM ADDIES OPEN 9AM-EXERCISE 10AM-EXERCISE 11AM-12PM LUNCH 1-3PM CARD GAMES</p>	<p>25 9AM-1PM ADDIES OPEN</p>
<p>27 CLOSED MEMORIAL DAY</p> 	<p>28 ADDIES CLOSED 8:15AM LIFT 9:00AM LIFT 11:00AM-NOON LUNCH 1-3PM CARD GAMES</p>	<p>29 9AM-1PM ADDIES OPEN 8:15 AM LIFT 9:50 AM LIFT 9:30AM EXERCISE 10AM EXERCISE 11AM-12 LUNCH. 1-4PM BRIDGE</p>	<p>30 8:15AM LIFT 9AM LIFT 9AM-1PM ADDIES OPEN 11AM-NOON LUNCH 12PM-3:00 PAINTING AND CRAFTS</p>	<p>31 7-9AM MEN'S COFFEE 9AM-1PM ADDIES OPEN 9AM-EXERCISE 10AM-EXERCISE 11AM-12PM LUNCH 1-3PM CARD GAMES</p>	

**Suggested Donation for
DINE-IN \$6.00
To Go - \$11.00 Charge**

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**Website:
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*Partially funded by:
DES & AAA-NACOG*

May 2024

**Lunch Served Mon-Fri 11am – 12pm
Open to the Public**



**Ph: (928) 535-5525
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>*** <u>Please call the day before to reserve your spot, seating is limited.</u></p> <p>*** <u>Substitutions may occur without notice.</u></p> <p>*** <u>Due to supply issues some foods may run out, so be early.</u></p>				
<p>1 Cheeseburger Lettuce, tomato, onion, pickles Potato Salad Carrot Sticks Mixed Fruit Jello</p>	<p>2 Salisbury Steak & Gravy Sweet Potato Peas & Pearl Onion WW Roll Apple Slices</p>	<p>3 Orange Chicken Brown Rice Stir Fry Vegetables Veg. & Pork Egg Roll Mandarin Oranges</p>	<p>6 Chicken Salad Sandwich Cucumber Salad Glazed Carrots Applesauce Cookie</p>	<p>7 Pulled Pork Sandwich Coleslaw Chuckwagon Corn Pineapple Fruit Cocktail</p>
<p>13 French Dip Sub Vegetable Soup Green Salad Peaches Cookie</p>	<p>14 Chicken Pasta Salad Raw Veg Tomatoes, Cucumbers & Celery Chateau Blend Veg. Tropical Fruit</p>	<p>15 Grilled Cheese Hearty Tomato Soup Boiled Egg 3 Bean Salad Pineapple Jello</p>	<p>16 Lasagna Squash Medley Caesar Salad WG Garlic Bread Fruit Cocktail</p>	<p>10 Ruben Sandwich Sauerkraut French Fries Vegetable Dippers Fresh Strawberry & Jello Cake</p> 
<p>20 Chili Mac & Cheese Chateau Blend Salad W/Tomato Pears WG Roll Cookie</p>	<p>21 BBQ Chicken Capri Blend Veg. Au gratin Potatoes WG Roll Pineapple</p>	<p>22 Turkey Wrap W/Lettuce & Cheese Fried Potato W/Onion & Peppers Fruit Salad Pudding</p>	<p>23 Brats on Bun Sauerkraut Baked Beans Spinach Orange Slices</p>	<p>17 Fish Chips Coleslaw Mixed Vegetables WG Roll Apricots</p>
<p>27 CLOSED MEMORIAL DAY</p> 	<p>28 Swiss Steak W/Gravy Mashed Potatoes Peas & Carrots WG Roll Fruit Cocktail</p>	<p>29 Chicken Alfredo CA Blend Vegetables Spinach Garlic Bread Tropical Fruit Jello</p>	<p>30 Swedish Meat Balls Egg Noodles Monte Carlo Blend Green Salad WG Roll Apricots</p>	<p>24 BBQ Beef Sweet Potato Fries Cauliflower WW Breadstick Applesauce</p>
				<p>31 Lemon Pepper Fish Mashed Butternut Squash Green Beans WW Bread Mandarin Oranges</p>

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request. Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.