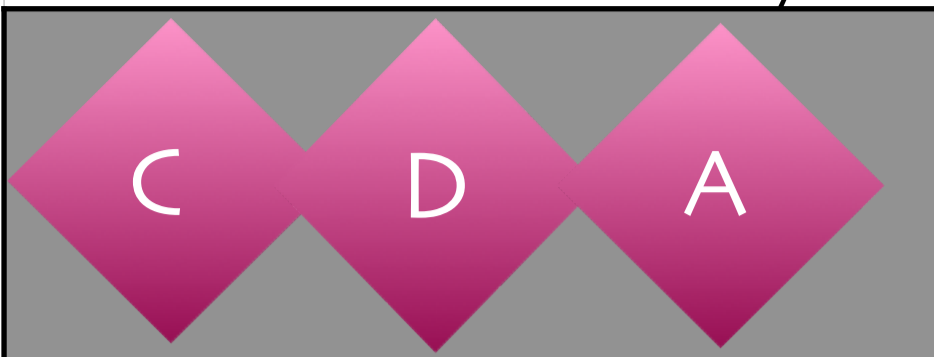


Cabarrus Dance Academy



Classes Offered By Age/Grade

Find the age of your dancer then follow that column down to see classes offered for their age.

			2.5 years before Sept 1, 2023	3 years before Sept 1, 2023	4 years before Sept 1, 2023	Kindergarten 2023-2024 School Year	First Grade 2023-2024 School Year
Ballet							
Wiggle & Whirl 45 minute class	Creative movement for tiny tots	Wed 9:30 AM Wed 4:45 PM	✓				
Pre-Dance 45 minute class	Basic ballet technique through creative movement and fun.	Tues 6:15 PM Wed 10:15 AM Wed 5:30 PM Thurs 4:00 PM Thurs 5:30 PM		✓			
Pre-Ballet 45 minute class	Pre-Ballet Class including barre, center work and across the floor exercise.	Mon 4:45 PM Tues 5:30 PM Wed 4:00 PM Thurs 4:45 PM			✓		
Hip Hop/Tumble							
Twist & Tumble 45 minute class	Upbeat music and movement including mat work	Mon 4:00 PM			✓		
Ballet/Tap Combination Class							
Kindergarten Combo 1 Hour Class	This class will take a 30 minute ballet class and 30 minute tap class.	Tues 4:30 PM Wed 6:15 PM Thurs 4:30 PM				✓	
First Grade Combo 1 Hour Class	This class will take a 30 minute ballet class and 30 minute tap class.	Tues 4:30 PM Wed 6:15 PM Thurs 6:15 PM					✓
Acrobatics							
Acro & Tumble I 45 minute class	Acrobatic floor work and strength training using mats	Thurs 5:30 Wed 4:00				✓	✓
Acro & Tumble II 45 minute class.	Invitation Only	Wed 4:00				✓	✓
Hip Hop							
Hippity Hop 45 minute class	FUNdamentals of Hip Hop with kid friendly music	Tues 5:30 PM Wed 4:45 PM				✓	✓

Cabarrus Dance Academy



Classes Offered By Grade 2nd-5th

Grade level of dancer during 2023-2024 school year

Dance disciplines are color coded and offered by grade level.
Make sure you meet class requirements to enroll.

Ballet Classes	Requirements for class	Times Offered	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Ballet I Elementary 45 minutes	New to ballet OR catching up from time off	Mon 4:45	✓	✓	✓	✓
Ballet II Elementary 45 minutes	Completed a Combo Class/ or Ballet I	Mon 4:45 Tues 6:15	✓	✓	✓	✓
Ballet III Elementary 45 minutes	Class designed for 4th & 5th graders that have experience in Ballet	Mon 4:45 Tues 6:15			✓	✓
Tap Classes	Requirements for class	Times Offered	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Tap I Elementary 45 minutes	New to tap OR catching up from time off from tap	Mon 4:00	✓	✓	✓	✓
Tap II Elementary 45 minutes	Completed a Combo Class/ or Tap I	Mon 4:00 Tues 7:00	✓	✓	✓	✓
Tap III Elementary 45 minutes	Tap Experience 4th/5th Grade	Mon 4:00 Tues 7:00			✓	✓
Jazz Classes	Requirements for class	Times Offered	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Jazz I Elementary 45 minutes	New to Jazz OR catching up from time off from Jazz	Mon 5:30 Tues 4:45	✓	✓	✓	✓
Jazz II/III Elementary 45 minutes	Completed Jazz I	Mon 5:30 Tues 4:45		✓	✓	✓
Hip Hop Classes	Requirements for class	Times Offered	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Hip Hop I Elementary 45 minutes	New to Hip Hop OR catching up from time off from Hip Hop	Tues 5:30	✓	✓	✓	✓
Hip Hop II Elementary 45 minutes	Completed Hippy Hop or Hip Hop I	Mon 6:15	✓	✓	✓	✓
Hip Hop II/III Elementary 45 minutes	Completed Hippy Hop or Hip Hop I	Tues 4:00	✓	✓	✓	✓
Hip Hop III Elementary 45 minutes	Hip Hop Experience 4th/5th Grade	Mon 6:15			✓	✓
Acrobatics Classes	Requirements for class	Times Offered	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Acro I Elementary 45 minutes	Beginning Acro	Thurs 4:00	✓	✓	✓	✓
Acro II Elementary 45 minutes	Enrollment pending skill assessment	Wed 4:45 Thurs 4:45	✓	✓	✓	✓
Acro III Elementary 45 minutes	Enrollment pending skill assessment	Thurs 6:15	✓	✓	✓	✓
Sacred Class	Requirements for class	Times Offered	Second Grade	Third Grade	Fourth Grade	Fifth Grade
Sacred Elementary 45 minutes	Worship Dance	Tues 4:00	✓	✓	✓	✓

Cabarrus Dance Academy

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Classes Offered for Dancers 6th-12th Grade

			*Grade level of dancer during 2023-2024 school year						
Ballet Classes	Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Ballet I Intermediate 45 min class	Completed Elementary Levels of Ballet. *If you are enrolled in this class and want to start the path to take pointe - <u>also enroll in Pre-Pointe</u>	Thurs 6:15	✓	✓	✓	✓	✓	✓	✓
Ballet II Intermediate 45 min class	Completed Intermediate Ballet I	Thurs 6:15		✓	✓	✓	✓	✓	✓
Ballet Proteges 30 min class	This is an ADDITIONAL Performance Class for serious 7th & 8th Grade Ballet Students. Audition required - held on May 24th	Thurs 7:30	Students enrolling in Ballet Intermediate II and in 7th/8th Grade are welcome to audition! Current Protege members are not required to audition again, IF they have met the attendance policy for the current season.						
Ballet High School 45 min class	Completed Intermediate Ballet I & II.	Mon 7:00 Tues 6:15				✓	✓	✓	✓
Ballet Company 45 min class	This is an ADDITIONAL Performance Class for serious High School Ballet Students. Audition required - held on May 24th	Thurs 7:30	Students enrolling in Ballet HS are welcome to audition! Current Company members are not required to audition again, IF they have met the attendance policy for the current season.						
Pointe Classes	Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Pre-Pointe 30 min class	Developing the muscles required for pointe work. (No pointe shoes for this class)	Thurs 7:00	✓	✓	✓				
Pointe I 30 min class	Beginning Pointe class. (Pre-pointe is a prerequisite if you are entering 7th or 8th Grade.)	Thurs 7:00		✓	✓	✓	✓	✓	✓
Pointe II 30 min class	Prerequisite - Pointe I	Thurs 7:00			✓	✓	✓	✓	✓
Pointe III 30 min class	Prerequisite - Pointe II	Mon 7:45 Tues 7:00				✓	✓	✓	✓
Tap Classes	Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Tap I Intermediate 45 min class	Completed Elementary Levels of Tap. *This tap class gets high heel tap shoes*	Mon 7:00	✓	✓	✓	✓	✓	✓	✓
Tap II Intermediate 45 min class	Completed Tap Intermediate I	Mon 7:00		✓	✓	✓	✓	✓	✓
Tap Protege 30 min class	This is an ADDITIONAL Performance Class for serious 7th & 8th Grade Tap Students. Audition required - held on May 24th	Mon 7:45	Students enrolling in Tap Intermediate II and in 7th/8th Grade are welcome to audition! Current Protege members are not required to audition again, IF they have met the attendance policy for the current season.						
Tap High School 45 min class	Completed Tap Intermediate I and II	Wed 6:15				✓	✓	✓	✓
Lee-ettes 1 Hour	HS Tap Class Selected by Audition.	Wed 6:15	Students enrolling in Tap HS may audition for Lee-ettes. Current Lee-ette members are not required to audition again, IF they have met the attendance policy for the current season.						
Jazz Classes	Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Jazz I/II Intermediate 45 min class	This is for all Middle School Dancers with jazz experience and High School students coming back to Jazz after time off.	Mon 6:15	✓	✓	✓	✓	✓	✓	✓
Jazz III High School 45 min class	This is for all HS dancers with jazz experience	Wed 5:30				✓	✓	✓	✓
Jazz IV High School 45 min class	Completed Jazz III HS	Wed 5:30						✓	✓

Hip Hop Classes		Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Hip Hop Basic MS/HS 45 min class	This is for all Middle School and High Dancers who are new to Hop Hop or coming back to Hip Hop after time off.	Mon 5:30	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Hip Hop Intermediate 45 min class	This is for all Middle School Dancers <u>with</u> Hip Hop Experience	Mon 5:30	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>					
Hip Hop High School 45 min class	This is for High School Dancers <u>with</u> Hip Hop Experience	Thurs 4:00 Thurs 5:30				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Acrobatic Classes		Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Acrobatics I Intermediate 45 min class.	Previous Acro experience required	Wed 5:30	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Acrobatics II Intermediate 45 min class	Previous Acro experience required <u>with</u> permission from Acro staff.	Wed 7:15	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Sacred Class		Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Sacred MS/HS 45 min class	Worship Dance - no experience needed	Wed 4:45	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Modern/Contemporary Classes		Requirements for Class	Times Offered	6th Grade	7th Grade	8th Grade	9th Grade	10th Grade	11th Grade	12th Grade
Modern/Contemporary Intermediate 45 min class	For all Middle School Dancers and High School Dancers	Thurs 5:30	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Modern/Contemporary High School 45 min class	For All High School Dancers with Modern Experience	Tues 5:30 Thurs 4:45				<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

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