

STUDENT/PARENT HANDBOOK

2023-24 Dance Season



D C A B A R R U S
Dance
A C A D E M Y

www.cabarrusdance.com

Front office: 704-782-1915

Contact us: info@cabarrusdance.com

Visit the Dance Shoppe



704-782-1919

Welcome to Cabarrus Dance Academy!

This handbook will serve as your guide to Cabarrus Dance Academy and its philosophy of dance education. For seventy-seven seasons our school has been a leader in dance education. We believe that our success is the result of providing solid training and quality service, as well as our underlying belief in the strength of our organization.

Our Philosophy

Cabarrus Dance Academy exists to serve God and the community. The school is committed to providing high-quality dance classes to enhance the overall development of the child. We provide a safe and child-centered environment to encourage our students to explore dance with qualified, nurturing teachers.

We believe that dance training encourages young people to develop a positive self-image as they increase awareness of their physical being. Along with improving coordination skills and developing muscular awareness, dance classes give children the freedom to express themselves through movement.

The highest educational standards are expected from all Cabarrus Dance Academy faculty members. They are lifelong learners who continue to educate themselves through certification programs, teacher-training schools, conferences, and other learning opportunities.

Where We Started

The school began as Peggé Lee School of Dance in the fall of 1946, under the direction of Peggé Lee Haywood. It was located in downtown Concord and moved to the basement of her home on Glendale Avenue. In 1970, the school moved to the basement of Haywood Richmond Hardware on Davidson Drive. “Miss Peggé” directed the school for three generations and sold the school when she retired in 1986 to Tammy Jordan. “Miss Tammy” was a former student and faculty member of the school. She took a giant leap of faith in 2007, moving into a new facility, and changing the name of the school – a marketing strategy that has taken the school to new heights! The fifth generation of dancers enrolled in the school in the fall of 2020! Today, Miss Tammy’s daughters, Laurie and Jennifer, are taking the lead in the studio as Co-Directors. Miss Debbie is our Office Manager.



Miss Tammy



Miss Laurie



Miss Jennifer



Miss Debbie

How Do We Place Students?

Placement decisions are derived from many years of teaching experience. Often a child is placed in a particular group or class where he or she will feel confident to promote the development of self-esteem. Some students who are placed in a higher level become discouraged, only to lose their passion for dance. Others respond to the challenge of being in a class with students who are more proficient by pushing themselves to work harder. Placement is highly individual and the factors that go into the decision are complex. Ultimately, dance should be fun! We are not a competition studio or a strict conservatory. At CDA, we want your child to develop a passion for dance that lasts a lifetime!

We Believe

Children learn important lessons from their teachers and parents, acquiring behavior patterns through their example. Our school's faculty takes that responsibility seriously. Our philosophy is to encourage our students to feel, think, and act respectfully toward their peers, the adults in their lives, and themselves. Our dance family is diverse, inclusive, and caring.

If you have questions or concerns about your child's dance education (such as progress or class placement), please discuss them with your child's teacher or the director. Talking only to other parents can lead to misinformation and confusion. Kindly contact the school office to set up an appointment.

Our Facility and Operations to Keep Your Child Safe

Our studio is equipped with injury prevention floating hardwood floors. We want to maintain order and provide the best educational experience for our dancers. Our lobby is now open to parents and visitors. We must insist that all who enter be seated in a chair or stand. Families should not gather and sit on the floor of the lobby areas. Your child's dance experience will be enhanced by fewer distractions and less crowding when changing classes. Parents of school age dancers are encouraged to drop off their students for class. An explanation of our drop off and pick up system will be given prior to the dance season. Parents will be informed when it becomes necessary to change our protocols.

How To Contact Us?

- **Email** – info@cabarrusdance.com
- **Phone** – 704-782-1915
- **Website** – www.cabarrusdance.com

Wiggle & Whirl is a playful creative movement class for children between ages 2.5-3. This class will stress the important skills of learning to move to different tempos, sequencing, and gaining confidence in one's own imagination through dance and music. (45 minutes)

Pre-Dance is designed for students ages 3-4 with no/little prior experience. The Pre-Dance class meets once a week for 45 minutes. Students will learn (1) the basic elements of movement and dance (2) musical rhythm, time, beat, (3) basic ballet barre terminology, (4) opposites and directions, (5) seasonal songs and dance games. (45 minutes)

Pre-Ballet This is a 45-minute class for four-year-olds including ballet barre, across the floor exercises, and center work. Students will begin building a stronger classical ballet foundation. Pre-Dance and Pre-Ballet are sometimes combined for scheduling purposes. (45 minutes)

Twist & Tumble *New this Season* An upbeat and fast paced class for the active four-year-old! Twist + Tumble will include fun music, movement, and mat work to increase motor skills, coordination, and strength through dance. (45 minutes)

Hippity Hop Based on our regular Hip Hop classes, Hippity Hop is geared for the energetic Kindergarten and First Grade student. These youngsters will learn the basic hip hop, and pop moves to age-appropriate music. This class is great for boys and girls! (45 minutes)

Combo Classes These classes are suited for young students in Kindergarten & First Grade. They are one-hour classes that introduce students to two types of dance disciplines, Ballet & Tap. **Kindergarten Combo** is for those dancers enrolled in Kindergarten (not pre-K). **FIRST GRADE COMBO** is a Ballet & Tap combination for the dancer entering 1st grade. (One hour)

Sacred Dance This class explores dance as a form of worship. The class will focus on dancing from the heart to inspirational music, hymns, and contemporary Christian songs. The class is non-denominational and is open to dancers and non-dancers, 2nd grade and older. (45 minutes)

Acrobatics These classes are designed to increase both strength and flexibility in the dancer while teaching progressions from forward rolls and basic balances to advanced tumbling, including walkovers and aerials. Acrobatics differs from gymnastics in that it focuses on the artistic side of floor work. It is a wonderful supplement to advance other dance disciplines. We offer classes for dancers in Kindergarten to High School. Acrobatic students will be placed according to skill level each dance season. (45 minutes)

Ballet, Pointe & Pre-pointe We offer lessons in classical ballet beginning at age five. (Between ages 5-6 Ballet is taught in our combo classes). These classes meet once a week for 45 minutes. Students will learn the Cecchetti Method of ballet positions and follow the curriculum outlined by Dance Masters of America for classical ballet. Pre-pointe and Pointe lessons are offered to the serious ballet student (minimum age 11 and permission of instructor required). These classes meet for 30 minutes immediately after or prior to ballet class.

Tap Tap lessons are offered to students beginning in Kindergarten in our Combo classes and later in 45-minute classes focusing on tap skills. Tap students will learn the techniques of both rhythm and contemporary styles of tap dancing. We follow the syllabus outlined by Dance Masters of America. (45 minutes)

Jazz Jazz classes will be offered to students in 2nd grade and up. Jazz students will learn the basic techniques by jazz pioneers Luigi, Jerome Robbins, Gus Giordanno, and Frank Hatchett, to name a few. Our students will be introduced to traditional, lyrical, and Broadway styles of jazz dancing. (45 minutes)

Hip Hop These classes teach the latest in street style and pop moves to today's upbeat music. We use "clean edit" versions of the latest hip hop music. The Hip Hop classes will be taught in four age levels: Hippity hop, Elementary, Intermediate and High school. (45 minutes)

Modern/Contemporary is offered to Middle & High school dancers. A ballet background is recommended. Modern Dance is based on the teachings of Graham, Duncan, and Horton as well as others. It is abstract and uses both jazz parallel and classical ballet positions as well as improvisation and lyrical movement. This class will be offered to dancers in middle and high school. (45 minutes)

Dance Tuition

2023-24 Dance Season

Pricing Policies

Enrollment Fee

\$36/Student

The Enrollment fee holds your child's place in class that is limited in size, depending upon age, classroom, and dance discipline. The fee is due annually for every student who enrolls for the dance season.

Tuition for the 78th Dance Season is based on the entire dance season, not the individual month or class. The dance season will run from August 21, 2023 and conclude with the spring recital which is targeted for May 2024, date tba. Tuition for this season is divided in 9 monthly installments. Families who participate in the AUTODRAFT with BANK ACCOUNT (ACH) will receive 5% off tuition. Those who elect to pay by CREDIT CARD will receive 2% off tuition. The AUTODRAFT occurs on the 15th of each month beginning 8/15/2023.

The Dance Season Tuition includes scheduled holidays. The tuition rate is the same regardless of the number of classes in any given month. Tuition is not prorated for missed classes for any reason. (See our studio calendar for holiday closings.) A thirty-day notice of withdrawal is required to discontinue monthly fees.

Late Fees – A \$10 late fee will be applied to all accounts not paid in full by the 15th of each month.

Please refer to the CDA Handbook for more information and policies.

Monthly Pricing

Wiggle & Whirl, Pre-Dance,

Pre-Ballet, or Twist &

Tumble

\$69/monthly 45min. classes

All Other 45 Minute

Classes

\$79/monthly

Multiple Class/Sibling Discounts

for 45 Minute Classes

Classes	Rate	Month
2nd	49	128
3rd	40	168
4th	37	205
5th	34	239
6th	34	273

Each additional class is \$34/month

Lee-ette Class (1 Hour)

\$89 Monthly

Additional Classes use rates above.

Combo Classes (1 Hour)

\$89 Monthly

2nd Combo Class \$63 Monthly

One Combo + (1) 45 Min. Class is

\$138/monthly

CDA Ballet (Company)

Ballet Protégés

Tap Protégés

These classes are charged at the

2nd tier, \$49/month

Pre-Pointe and Pointe Classes

These specialty classes are 30 minutes and are charged as a 2nd class.

Regularly Scheduled Solo

Lessons*

1/hour	Month
Solo	66
Duet	49/per person
Trio	49/per person

*Solo, Duet, and Trio Lessons are scheduled for graduating Seniors first, and for underclassmen according to availability. Scheduled Solo, Duet, and Trio Lessons are 30 minutes and meet twice each month. Make-up classes for these lessons will be given only when the studio is notified 24 hours in advance that the student will be absent.

Rate for All Other Private

Lessons

\$39.50 per half hour

Limited Term Classes

These are classes that meet in sessions and are payable up front in one lump sum. There is no Registration Fee. There may be multiple sessions in one dance season.

Fees for Performances*

Christmas Ballet Fee: \$55

\$25 for 2nd child in same family

(Includes video link of performance)

Costumes are provided by CDA

Spring Recital Fee - \$75 (first child)

\$25 (each additional child)

(Includes one printed program per family, and video link of performance)

Costumes for the Spring Recital are NOT included in the Recital Fees above.

All Accounts must be current to participate in any performance.

Policies, Procedures, and Performances 2023-24

How to Register and Enroll (Enrollment fee \$36 Per Student) This fee is non-refundable and is due annually prior to enrollment. Families may enroll online or by phone with a credit card, or in person at the school. The enrollment fee holds your child's place in a class that is limited in size depending on the classroom. Enrollment will open to returning students first through our parent portal. A credit or debit card will be required to use the parent portal system.

Tuition Fees: (See Dance Tuition for Complete List of Tuition Prices including pricing for Term Classes) All tuition is based on an entire season, not by the individual month or class. There are no deductions for missed lessons. Tuition is paid in nine monthly installments (August – April). Tuition is the same regardless of the number of lessons in the month. Tuition is due on the 15th of each month. An additional \$10 is applied to any account not paid by the 15th, even if the due date falls on a weekend. Classes end with DANCE RECITAL. The school sends out monthly E-statements to all families as a reminder. Limited Term Classes are paid in one flat rate in advance.

Making Payments

We accept cash, checks, Visa, Mastercard, and Discover for payment of fees. Families who register online and who enter credit card/banking info will automatically be enrolled in the E-Payment Autodraft System. Existing customers who normally pay by cash or check may enroll in the system by visiting the Customer Portal and entering your payment information. *Families who are enrolled in the autodraft system with a valid CREDIT CARD will receive a 2% discount on tuition fees. Families who enroll in the autodraft system with a valid BANK DRAFT (ACH) will receive 5% discount tuition fees.* **THE AUTODRAFT OCCURS ON THE 15TH OF THE MONTH.**

Tuition fees must be paid separately from purchases in the Dance Shoppe. Students and parents may use the “drop box” outside the office door for checks. Receipts will be written for cash payments only, unless requested.

Attendance

In order to take full advantage of the instruction offered, regular attendance is necessary. **Make up lessons are not available when a student misses a class.** Attendance records will be considered when placing students each season. Lee-ettes who have more than 6 absences during the season must audition again to keep their place in the class and may lose the privilege of walking down the aisles at recital. Dancers whose attendance falls below 50% may not be allowed to perform in the end of season recital, regardless whether a costume has been ordered, and recital fee paid. Dancers must be dedicated enough to attend class regularly and learn the choreography in order to perform. When attendance becomes an issue, performing with the group will be at the Directors' discretion. Faculty will not be available to “catch up” dancers who miss repeatedly due to sports or other activities.

Classroom Behavior

No food, gum, or drinks will be allowed in the teaching studios. Students should use the restroom before class time. Disruptive students will be given a verbal warning. Repetitive disruptive students will be given “time out.”

Student CELL PHONES, are a distraction, and must be left in a cubby/bag in the lobby ... not in the classroom.

Withdrawal

All students must give 30 days notice of withdrawal and a withdrawal form must be submitted to our office. Tuition paid on a monthly installment plan will be due until proper notification of withdrawal is given. PHONE MESSAGES ARE NOT CONSIDERED A VALID FORM OF WITHDRAWAL.

Private Instruction

A few private and semi-private lessons are available each dance season, for the serious intermediate/advanced student. A semi-private may consist of 2-3 dancers of the same age and ability level. High School Seniors are given the first priority of solo times. Underclassmen will only be scheduled if time allows. Only Seniors who takesolo/semi-private lessons may perform a solo/duet in the spring recital. Regularly scheduled private and semi-private lessons should be paid monthly. All incidental solo lessons must be paid by the lesson. Missed private lessons can only be rescheduled when the dancer gives 24 hours notice when the student will be absent.

Performances Opportunities

Christmas Ballet (Performance Fee \$55, 2nd child \$25) Date and location to be Announced

Participation in the Christmas Ballet is voluntary. Dancers must be at least 7 years old, presently enrolled in Ballet, with ballet training. Dancers are chosen by audition. All dancers are given a part. The audition fee helps defray the cost of rehearsals and stage rental for performance. Rehearsals are conducted on weekends. Parents may be asked to make accessories for the ballet, but students are not required to purchase a costume. Admission to the ballet is by donation to a charity. Please check the school calendar for audition dates.

Spring Recital - May 2024 All students are invited but not required to perform in the spring recital. Each participating student will be responsible for paying a recital fee to defray the costs of production, and purchase a costume for each class he/she takes. (Pointe and Sacred students do not purchase an extra costume). Costumes must be paid in full by October 20. Costume prices will be announced in the fall when we are given updated pricing from our vendors. The additional RECITAL FEE will be due February 20, 2024. **All accounts must be current to participate in any performance.**

The Recital Fee is bundled this year at \$75 (\$25 for additional child) which includes:

- 1 printed program per family
- Video links to all performances

Recital FAQ

- A Recital Pictorial Handout will be available later in the dance season

Are dancers required to participate in the recital? No

Will my child's attendance affect her/his ability to participate? Yes! Dancers whose attendance falls below 50% may not be allowed to perform in the dance recital, regardless whether a recital costume has been ordered. Faculty will not be available to "catch up" dancers whose attendance falls behind due to other after-school activities.

Who picks out the costumes? The faculty is given the choice of picking out a costume for the class. The costume must not exceed the price quoted above and must be approved by the director. Parents will measure their children at home. Staff will order a costume that best matches your child's measurements. The costumes are not custom made to fit. Parents are responsible for alterations.

Who are the Lee-ettes? The Company? Proteges? The Lee-ettes are a high school tap line chosen by audition. The Lee-ettes have specific attendance requirements outlined in the audition agreement. The Lee-ettes open and close the recital each year, as well as perform at the Christmas Ballet. They are named after the school's founder, Peggé Lee Haywood, who directed the school until 1986. The CDA Ballet (Company) is a high school performing group chosen by audition to represent our school in local performances. The Protégés are our middle school performance groups chosen by audition. These groups also participate in community service events.

Dance Pictures are arranged with a professional photographer. Participation is voluntary. Photos taken during Picture Weekend are the only photos we display in our lobby.

Notice to High School Students- Traditionally, the high school students dance at the evening performance of the recital. High school classes may be asked to dance in more than one show. Being asked to dance in multiple shows is a privilege. All dancers who commit to dancing with their class for recital, must be able to commit to performing each time her/his class performs. The faculty reserves the right to exclude from performance any dancer who cannot commit to participating at each recital performance; whether the performance be in the morning, afternoon, or evening. Only Seniors taking solo lessons are eligible to perform a solo in the recital.

Dance Calendar 2023-24 School Term

Updated 7/20/2023

July 29	Fall Open House & Dancewear Sales 10AM-1PM
Aug 8, 10, 15, 17	Dancewear Days
August 21	First Day of Classes for 2023-24 Dance Season
September 24	Christmas Ballet Audition at CDA
September 30	Christmas Ballet Audition at CDA
Oct. 20	Spring Recital Costume Fees/Measurements Due
Nov. 22-24	*Closed for Thanksgiving Holiday
December 9	Christmas Ballet Performance - Kannapolis Middle School
Dec. 19-Jan 2	*Closed for Winter Break
February 20	Spring Recital Fees Due
March 4-7	*Closed for Spring Break
TBA	Dance Pictures with Irresistible Portraits at CDA
April 1	*Closed for Easter Monday Holiday
April 29	*Closed – Staff Workday
April 30 & May 1	Dress Rehearsal Days at KPAC
May 4	Spring Recital Showcase at KPAC

Take Note:

- ❖ We do not follow the exact same schedule as the academic schools.
- ❖ There are no “make ups” for missed lessons unless the studio closes for inclement weather.
- ❖ * Tuition includes these scheduled holidays in addition to Dress Rehearsals & Staff Development for the Spring Recital Performance.



Inclement Weather Policy: A decision will be made by 1:00PM when inclement weather occurs. Announcements will be made by email, social media, and our website www.cabarrusdance.com. For more information, contact our office at 704-782-1915.

What Do Our Dancers Wear to Class? Dressing the part is part of the discipline!

Midriff leotards, tutus, and costumes are not allowed in the classroom. **HAIR** must be secured back from the face and off the neck. Ballet students must wear hair in a bun! No loose jewelry. No visible tattoos. All dancers may opt to wear legwarmers, a matching dance sweater, or CDA logo jacket during warm ups.

<p>Pre-Dance, Pre-Ballet, Wiggle</p> <p>Solid BLACK or PINK Leotard with short or long sleeves</p> <p>Ballet Pink Tights</p> <p>Pink Ballet Shoes</p>  <p>Optional Items: Matching Ballet Skirt</p>	<p>Kindergarten & First Grade Combo</p> <p>Solid BLACK or PINK Leotard with short or long sleeves</p>  <p>Ballet Pink or Caramel Tights</p> <p><i>Both will be needed for Performance</i></p> <p>Pink Ballet & Caramel Tap Shoes</p> 	<p>Ballet, Pointe, CDA Company</p> <p>Solid Black Leotard of Any Style</p> <p><i>Elementary Dancers must have sleeves</i></p> <p>Ballet Pink Tights & Pink Ballet Shoes</p> <p>Pointe: Pink Satin Shoes/Narrow Ribbon</p> <p>Ouch Pouch or Lambswool</p> <p>Pre-Pointe: Bare Feet & Exercise Band</p>
<p>Jazz</p> <p>Solid Black Leotard of Any Style</p> <p><i>Elementary Dancers must have sleeves</i></p>  <p>Caramel Tights</p> <p>Caramel Jazz Shoe</p> <p>Black Dance Boy Shorts are Optional</p>	<p>Hip Hop & Hippy Hop</p> <p>Black Fitted Shirt or Leotard</p> <p><i>Black Shirts with friendly designs or CDA Logo will be allowed in Hip Hop</i></p> <p>Black Dance Capri, Leggings, or Boy Short</p>  <p>Black Capezio Dansneakers sold in the Dance Shoppe</p> <p>Optional Items: Knee Pads</p>	<p>Twist & Tumble</p> <p>Solid BLACK or PINK Leotard with short or long sleeves</p>  <p>Tights: Pink or Caramel</p> <p>Transition tights</p> <p>Bare Feet</p>
<p>MS/HS Tap & Lee-ettes</p> <p>Solid Black Leotard</p> <p>Caramel Tights</p> <p><i>Caramel Fishnets (seamless) for Lee-ettes only</i></p>  <p>Caramel Tap Shoe 1 ½ inch high heel</p>	<p>Elementary Tap</p> <p>Solid Black Leotard with Sleeves</p> <p>Caramel Tights</p> <p>Caramel Capezio Shuffle Tap or Mary Jane Tap Shoe</p>  <p>Optional Items: Black Dance Boy Shorts</p>	<p>Acro/Tumble & Acrobatics</p> <p>Solid Black Leotard of any Style</p> <p><i>Elementary Dancers must have sleeves</i></p> <p>Caramel or Pink Transition Tights</p> <p>Bare Feet</p> <p>Black Dance Boy Shorts are optional</p> 
<p>Sacred</p> <p>Solid Black Leotard</p> <p><i>Elementary Sacred must have sleeves</i></p>  <p>Elementary— Black Pull On Skirt</p> <p>MS/HS - Black Wrap Skirt</p> <p>Black Footless Tights</p> <p>Bare Feet or Foot Undeez™</p>	<p>For Boys Only</p>  <p>Solid White or Black Tee Shirt</p> <p>Black Shorts or Pants</p> <p>Appropriate Black Dance Shoes</p> <p>The Dance Shoppe does not stock all male attire, but can order items for male students</p>	<p>Modern/Contemporary</p> <p>Solid Black Fitted Shirt or Solid Leotard</p> <p>Black Dance Capri, Leggings, or Boy Short</p> <p>Bare Feet or Foot Undeez™</p> <p><i>Tights will be needed for performance</i></p> 