

Edition 104 | JULY 2023

ECRWSS JS POSTAGE PAID EDDM-RETAIL



CAUGHT IN THE ACT **OF KINDNESS!** Pg. 3

CALDWELL, THEN AND NOW! Pg. 5

CALDWELL OPTOMIST JR DISTRICT QUALIFYING GOLF TOURNAMENT! Pg. 6

HONORING OLD GLORY! Pg. 8

CALDWELL CENTENNIAL BAND SHINES THROUGH ANY KIND OF WEATHER by Valerie Christensen, Caldwell Perspective

bandshell at Memorial Park was set for an unforgettable evening as Caldwell Centennial Band gathered to celebrate our nation's independence with their annual patriotic concert. However, the start time, clouds overhead became discouragingly ominous. As gusty winds picked up, large raindrops began falling from above.

band The members knew they faced an uphill battle with Mother Nature, who seemed intent on destroying their anticipated performance. Instead of succumbing to less-thanperfect circumstances, the band, under the direction of Bob Armstrong, embraced challenge head-on. the

On June 26, 2023, The With an earlier start time, they began playing the Star Spangled Banner Audience members, huddled under umbrellas and blankets, rose momentarily to place hands over hearts.

As the rain poured, pain the minutes leading up to triotic music resonated from the soaked bandshell. At times using makeshift clothespins to keep their music in place, the band masterfully performed beloved classics and modern pieces that celebrated our nation's heritage. With each note and crescendo rising above the storm, all in attendance experienced the unifying power of music and patriotism.

Attendees were quick to express their appreciation for the band and the way

they infused the spirit of the community into their performance. Band associate and event organizer Leora Summers was grateful for those who stayed to hear the concert. "Great Patriotic Concert last night by our Caldwell Centennial Band," she posted via Facebook, "Neither rain nor wind stopped our dedicated fans from coming out! We thank you for your bravery!"

Caldwell Centennial Band has a history of inspiring and bringing the community together since its inception in 1990. Volunteer musicians throughout the Treasure Valley first gathered to share their talents during the Idaho State Centennial. Since then, they have traditionally played several



seasonal concerts in selected venues throughout Caldwell. June 26th was the first date of this summer's park series. Additional performances at Memorial Park will be on July 10th, July 24th, August 7th, and August 21st. There is no cost for the performances, with attendees simply being

asked to bring a lawn chair and friends.

Whether playing under the impressive backdrop of organ pipes in the Jewett Auditorium or a rain-soaked bandshell, the unwavering dedication of The Caldwell Centennial Band leaves an indelible mark on all who attend their uplifting concerts.

Meet Sean and Audra McKissen: Vitalize Juice Co.

Vitalize is an Idaho-based and overall health. company founded by the

Seeing and feeling the husband-and-wife team of benefits wasn't enough, Sean and Audra McKissen, however — they decided to provide the best-quality ingredients to anyone who needed or wanted to improve their health or boost their already-healthy lifestyle. That's how Vitalize Juice was born.

provide the freshest and best ingredients possible. After extensive research, they decided to grow their own greens. It's just one of the many ways that sets Vitalize's products above the rest.



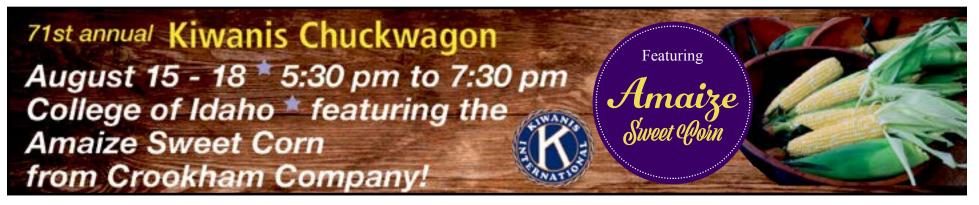
Sean and Audra have a passion for herbs, juicing, and all things detox. For years, they have been sharing this passion with friends, family, and strangers, and witnessing how small. everyday changes such as fresh-pressed juices and herbs can make a huge difference in nutrition

Once Audra and Sean decided to share their juices and herbs on a larger scale, they knew they needed to

Learn more at their website: https://vitalizejuiceco. com/

Caldwell Farmer's Market is every Tuesday from 5 p.m. to 8 p.m. on the Indian Creek Plaza.

Sean and Audra McKissen at the Caldwell Farm to Fork Farmers' Market



Page 2 CALDWELL PERSPECTIVE

July 2023

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16	17	18	19	20	21	22
23	24	25	28	29	30	31

July 1

ALL DAY: Last day to sign your family up for the Independence Day 1K and 5K Fun Runs! See link on on cityofcaldwell.org calendar event. <u>July 3</u>

10:30 AM: Baby Storytime (ages 0-2), Library, 1010 Dearborn. 11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn. July 4

6:30 AM: Walkway of Heroes at Caldwell Memorial Park. 7 AM: Independence Day Celebration, 1K and 5K run at Fairview Golf Course. Sign up deadline July 1. See City of Caldwell Events calendar to sign up. 7-10 AM: Pancake Breakfast, Cecil Andrus Park. see www.cvmh-vets.org for more information. 9 AM: Independence Day Parade. Kimball Avenue down Cleveland Blvd to 18th, Blaine and ends on 5th ave. 5-8 PM: Caldwell Farm to Fork Farmers' Market, Caldwell is home to Idaho's most diverse crop base, and we are proud of our roots, literally! **5 PM:** Indian Creek Plaza Fun on the Fourth, Experience the 4th of July, where Independence Day is one gigantic community celebration of the good Ole U.S. of A! Cool off at Indian Creek Plaza. 6 PM: 'Tuesdays on the Creek' in

downtown Caldwell! Enjoy the music, grab a bite to eat and something to drink, then get ready to dance the night away!

DUSK: Fireworks at Brother's Park. July 5

11 AM: Summer Reading Special (all ages), "Idaho Reptile Zoo", Library, 1010 Dearborn. 6-9 PM: Caldwell City Council Meeting, Caldwell Police Department Community Room, 110 S. 5th Ave.

July 6

July 7 (continued) 10 AM: Tai Chi & Qigong (Hubler Airport Terminal) (ages 18+). 6-11 PM: Brave Hearts Night at Indian Creek Steakhouse.

July 10 10:30 AM: Baby Storytime (ages 0-2), Library, 1010 Dearborn. 11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn. 1-2:30 PM: Knitting & Crochet Social (ages 18+), Caldwell Library, 1010 Dearborn. 6 PM: Summer Reading Evening Special with West Valley Humane Society (all ages). 6-8 PM: Urban Renewal Agency Meeting, Caldwell Police Department Community Room, 110 S. 5th Ave. 7:30 PM: Caldwell Centennial Band Concert at Memorial Park, 710 Irving (Corner of Kimball/Grant St), Caldwell. Bring your chairs and your friends! FREE!

<u>July 11</u> 10 AM-4 PM: Saint Alphonsus Mobile Health Clinic at the Library. 10 AM-12 PM: WICAP at the Library, 1010 Dearborn. 10 AM-3:30 PM: Department of Labor at the Library, 1010 Dearborn. 10:30 AM: Toddler Storytime (ages 2-6), Library, 1010 Dearborn. 11:30 AM-12:30 PM: Caldwell Chamber of Commerce Noon Break Luncheon, see caldwellchamber.org for more information. 1-4 PM: WICAP at the Library. **3 PM:** Family Storytime with Project Launch (ages 0-8), Caldwell Library, 1010 Dearborn. 5-8 PM: Caldwell Farm to Fork Farmers' Market, Caldwell is home

to Idaho's most diverse crop base, and we are proud of our roots, literally! 6 PM: 'Tuesdays on the Creek' in

downtown Caldwell! Enjoy the music,

To promote your August event on this page contact Chantele Hensel 208-899-6374 or email advertising@caldwellperspective.com

July 13

2 PM: Thursday Read Book Club-We will be reading and discussing "Life Is So Good" by George Dawson (ages 18+), Caldwell Library, 1010 Dearborn.

4:30-5:30 PM: Farmway Afterschool Program (22730 Farmway Rd). 4:30 PM: Teen Thursday (ages 13-17), "Cement Stepping Stones", Caldwell Library, 1010 Dearborn. 7 PM: Southwestern Idaho Birders Association monthly meeting, "Raptors on the Tropic Island of Madagascar", by Russell Thorstrom, Deer Flat NWR Visitor's Center, 13751 Upper Embankment Rd. 7-8 PM: Gardening: Basics of Soil Science (ages 18+), Caldwell Library, 1010 Dearborn. <u>July 14</u>

10 AM-12 PM: Mobile Makerspace at Aspen Creek Senior Living. 10 AM: Plaza Storytime, "ABC's", (Indian Creek Plaza) (all ages).

10 AM: Tai Chi & Qigong (Hubler Airport Terminal) (ages 18+). <u>July 15</u>

11 AM-3 PM: Wagons Ho at the Depot, Caldwell Train Depot, 701 Main St. This is a Historical Free Family Fun Event with an Open House Museum open to public and Free Hot Dogs 3 PM: Community Baby Shower, 619 Irving St.

<u>July 17</u> 10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.

11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.

<u>July 18</u> 10 AM-12 PM: WICAP at the Library, 1010 Dearborn. 10 AM-3:30 PM: Department of Labor at the Library, 1010 Dearborn. 10:30 AM: Toddler Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.

1-4 PM: WICAP at the Library, 1010 Dearborn. 3 PM: Family Storytime with Project

Launch (ages 0-8), Library, 1010 Dearborn.

5-8 PM: Caldwell Farm to Fork Farmers' Market, Caldwell is home to Idaho's most diverse crop base, and we are proud of our roots, literally!

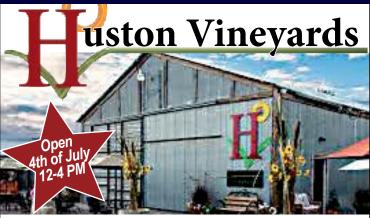
6 PM: 'Tuesdays on the Creek' in downtown Caldwell! Enjoy the music, grab a bite to eat and something to drink, then get ready to dance the night away!

6-9 PM: Caldwell City Council Meeting, Caldwell Police Department Community Room, 110 S. 5th Ave.

<u>July 19</u>

11 AM: Summer Reading Special (all ages), "Slime", Caldwell Library, 1010 Dearborn. 11 AM-1 PM: Super Soaker Showdown, Indian Creek Plaza. For more details visit www. indiancreekplaza.com July 20 **11 AM:** Caldwell Public Library at the Caldwell Senior Center. 12 PM: Board Meeting, Caldwell Library, 1010 Dearborn, 4:30 PM: Teen Thursday (ages 13-17), "Build A Kite", Caldwell Library.

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July 20 (continued) 6:30 PM: Thursday Read Book Club- We will be reading and discussing "Life Is So Good" by George Dawson (ages 18+), Caldwell Library, 1010 Dearborn. <u>July 21</u>

10 AM-4 PM: Friends of the Caldwell Public Library Book Sale, Caldwell Library, 1010 Dearborn. 10 AM: Plaza Storytime, "Dogs", (Indian Creek Plaza) (all

ages). 10 AM: Tai Chi & Qigong (Hubler Airport Terminal) (ages 18+).

July 22

10 AM-4 PM: Friends of the Caldwell Public Library Book Sale, Caldwell Library, 1010 Dearborn. 12-5 PM: Hustle Hope Not Dope Ride & Event Event with Caldwell Recovery Center, Indian Creek Plaza.

<u>July 24</u>

10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.

11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn. 6 PM: Summer Reading Evening Special: Water Block Party (all ages), Caldwell Library, 1010 Dearborn. 7:30 PM: Caldwell Centennial Band Concert at Memorial Park, 710 Irving (Corner of Kimball/Grant St), Caldwell. Bring your chairs and your friends! FREE!

July 25

10 AM-12 PM: WICAP at the Library, 1010 Dearborn 10 AM-3:30 PM: Department of Labor at the Library, 1010 Dearborn. 10:30 AM: Toddler Storytime (ages 2-6), Caldwell Library, 1010 Dearborn. 12-2 PM: Design Review Commission, Community Development Services, 621 Cleveland Blvd. 1-4 PM: WICAP at the Library. 3 PM: Family Storytime with Project Launch (ages 0-8), Caldwell Library.

July 25 (continued)

5-8 PM: Caldwell Farm to Fork Farmers' Market, Caldwell is home to Idaho's most diverse crop base, and we are proud of our roots, literally!

6 PM: 'Tuesdays on the Creek' in downtown Caldwell! Enjoy the music, grab a bite to eat and something to drink, then get ready to dance the night away!

<u>July 26</u>

9 AM-2:30 PM: Saint Alphonsus Mammography Bus at the library, Caldwell Library, 1010 Dearborn. 11 AM: Summer Reading Special (all ages), "DIY Ice Cream and Slush", Caldwell Library, 1010 Dearborn.

11 AM-8 PM: Community Baby Shower-JustServe Caldwell. Caldwell Train Depot, 701 Main St. 6 PM: Planning and Zoning Commission Meeting, Caldwell Police Department, 110 S. 5th Ave. 6:30-8:30 PM: Caldwell Historic Preservation Commission, Community Development Services, 621 Cleveland Blvd.

July 27 4:30 PM: Teen Thursday (ages

13-17), "Domino Toppling", Caldwell Library, 1010 Dearborn. July 28 10 AM: Plaza Storytime, "Pizza", (Indian Creek Plaza) (all

ages). 10 AM: Tai Chi & Qigong (Hubler Airport Terminal) (ages 18+). <u>July 31</u>

9 AM-2:30 PM: Saint Alphonsus Mammography Bus at the library, 1010 Dearborn.

11-11:30 AM: Laundromat Storytime Get the Funk Out. 4:30 PM: Teen Thursday (ages 13-17), "Pizza (making pizza), Caldwell Library, 1010 Dearborn.

July 7

10 AM: Plaza Storytime, "Numbers", (Indian Creek Plaza) (all ages).

grab a bite to eat and something to drink, then get ready to dance the night away!

July 12

10 AM-12 PM: Tech Lab: Google -Drop in anytime during the program to get personalized help on all your technology questions. (ages 18+), Caldwell Library, 1010 Dearborn. 11 AM: Summer Reading Special (all ages), "Birds of Prey", Caldwell Library, 1010 Dearborn.

10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.

11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.



Our Community

Thanks to Graffiti-Busting

Family: Today I was coming

home from Walmart in Caldwell

and saw this wonderful family painting over graffiti on Lake

Over 39 Years of Satisfied Customers

"Since 1978"

by Valerie Christensen, Caldwell Perspective





Caught in the Act of Kindness

them for their service.

Curt's

I offered some water or asked if they were taking donations. They responded "no, we have everything we need" The Officer asked if I would take their

picture. It's really refreshing to see people in the community go out of their way. Good iob guys!! -Paul Needham



Teachers Can Now Apply For Caldwell Lions Club Grants

Knowing that teachers are integral to the education of our youth, The Caldwell Lions Club will be accepting applications for teacher's grants for the 2023-2024 school year.

The Caldwell Lions Club's "Supporting Caldwell Teachers Grant" was established in

order to support hardworking local teachers and students in Caldwell. From August 2023 through October 21, 2023, Caldwell Teachers may submit an application requesting funding for a specific classroom project. Sixteen applicants will be

chosen to receive grants of \$200 each. Checks will be awarded by the end of November and will be presented in classrooms by members of the Lion's Club. If you would like to apply, please scan the QR Code above or visit https://forms.gle/ qJgkcftmnLHon4Kw8.

Aidan Lorenz

Southwestern Idaho Birders Association

What do Madagascar and Idaho have in common? The Peregrine Fund and the conservation of raptors! Come to the monthly SIBA meeting on July 13, 2023, at 7pm, to hear Russell Thorstrom describe the conservation status of raptors on the tropical island of Madagascar. Over the last several decades, the Madagascar Program has been working successfully to protect critical habitat for threatened and endangered species by partnering with local communities to educate and train conservationists on the island. Many of Madagascar's over 260 species of birds are found nowhere else in the world, so it is certainly a special place of conservation concern.

You can join the meeting inperson at the Deer Flat NWR Visitor's Center, 13751 Upper Embankment Road, Nampa, ID 83686, or online via Zoom. Please email

sibainfo1@gmail.com to receive the Zoom meeting link and any additional information.

Summer is finally underway! The July field trip will be to the Second Fork of Squaw Creek and Sagehen Reservoir on July 19, 2023. Meet at the Triangle Cafe in Sweet, ID, at 7am. Several species of warblers, thrushes, and woodpeckers may be seen on the trip as we drive through Sweet,



Ola, and up into the mountain forests. This trip will last all day, so please plan to bring water, lunch, and your bird spotting gear! SIBA field trips are open for anyone to attend, but if you would like to come you must register with Wayne Smith via email at smithagconsulting1@ gmail.com.



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SONY

Our Community

Colleg of Idaho's Charles Elzie Named 2022-2023 Cascade Collegiate Conference/Rize Laboratory Male Athlete of the Year!

by Danny Kambel, C of I Director of Athletic Communications



College of Idaho junior guard Charles Elzie (Tacoma, Wash.) of the men's basketball team along with Southern Oregon University's Riley Donovan were named the 2022-23 Cascade Collegiate Conference/Rize Laboratory Athletes of the Year.

Elzie is the fourth College of Idaho male student-athlete to earn the annual honor, past honorees include Dan Bruce

(men's soccer) in 2000-01, Jimmt Kolyszko in 1995-96 and Kade Wilson in 1994-95. Past female honorees include Hillary Holt (cross country/track & field) in 2012-13 and in 2013-14 and Allyson Pinnock (women's basketball) in 2000-01.

The Tacoma, Wash. native has picked up multiple honors throughout the year for his dominant presence on the court. He received

the 2022-23 CCC Defensive Player of the Year honor as the Coyotes held opponents to 63.7 points per game - the sixth lowest in the nation. After the Championship, Elzie was named the NAIA Chuck Taylor MVP and to the All-Tournament Team.

receiving Upon the award, College of Idaho

head men's basketball coach Colby Blaine said, "Charles positively impacts everyone he encounters and has built a legacy that will last a lifetime. I am beyond proud of his growth and leadership, which we will reference in our program for years to come. However, Charles was much more

than an athlete. He thrived in the classroom, engaged with his fellow peers, and is loved by the entire Yote community. Charles is a true reflection of what loyalty, trust, and hard work can accomplish."

Elzie recently completed his bachelor's degree at The College of Idaho on May 27.

College of Idaho Finishes Year at No. 18 Nationally in All-Sport NAIA LEARFIELD Directors' Cup Standings



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College of Idaho ranked 18th in the final standings of the Learfield Directors' Cup for NAIA, the National Association of Collegiate Directors of America (NACDA) organization announced. The award and standings rank each school's athletic programs as a whole based on performances at the NAIA National Championships throughout the year.

The No. 18 finish by College of Idaho is highest since a No. 11 finish in 2018-19. In 2022-23. the Yotes earned 562.5 points: 100 points for men's basketball, 85 points for women's cross country, 72 points for men's cross country, 69.75 points for women's outdoor track & field, 57.9 points for women's indoor track & field, 57 points for women's soccer, 57 points for softball, 30 points for women's swimming, 29 points for men's swimming, 5 points for men's outdoor track & field.

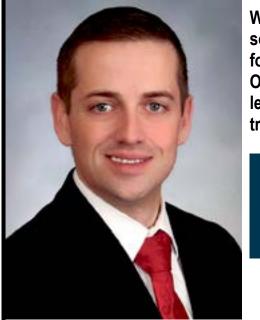
The Cascade Collegiate Conference proved to be one of the best NAIA conferences in the country with three teams inside the top-20. Southern Oregon was the top program in the CCC with 619 points at No. 13, followed by the Yotes and Eastern Oregon with 2009-10: No. 38 537.50 points at No. 19.

by Danny Kambel, C of I Director of Athletic Communications

The Learfield Sports Directors' Cup was developed as a joint effort between the National Association of Collegiate Directors of Athletics (NACDA) and USA Today. Points are awarded based on each institution's finish in up to 18 sports - nine women's and nine men's.

2008-09: No. 44





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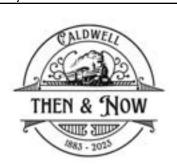
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Past rankings: 2021-22: No. 24 2020-21: No. 34 2019-20: No poll due to Co-**VID-19** 2018-19: No. 11 2017-18: No. 16 2016-17: No. 26 2015-16: No. 12 2014-15: No. 30 2013-14: No. 10 2012-13: No. 12 2011-12: No. 18 2010-11: No. 54

Our Community



Caldwell was once home to a legendary landmark — the only stoplight on the I-84 freeway from Portland to Salt Lake City. For decades, this humble traffic signal, notoriously dubbed "Red-Eye Pete," served as an iconic stop to travelers and locals alike before meeting its eventual demise in hilariously grandiose fashion.

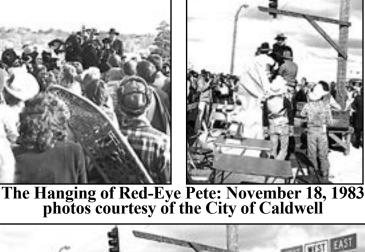
The story of Caldwell's famous stoplight began in the early 1950s when the town experienced a surge in population and witnessed the transformation of its rural landscape into a thriving community. With the increasing number of automobile owners at the time, the need for better traffic management became apparent. As a result, a new stoplight was installed as part of a multimillion, multiple-phase road construction project under the Eisenhower administration. The light, located on the corner of Caldwell's 5th Avenue overpass, served as a pause and fork in the road. While stopped, motorists could consider their options of an I-84/Highway 30 entrance heading West or access to the I-84 heading East. When it was first constructed, Caldwell's integral stoplight became more than just a traffic control device; it became a symbol of safety for residents and visitors to the community. As the town grew, so did the importance of the stoplight in maintaining order on the roads. However, as time marched on and technology advanced, Pete's fate would take an unexpected twist.

By the early '80s, advancements in traffic management systems had emerged; making Caldwell's stoplight terribly unexpected, inconvenient, and even dangerous. Travelers had come to expect increased greater efficiency and reduced congestion on their way to their destinations. By its very existence. Pete stood in the way of progress. Despite its historical significance, the once-revered stoplight faced mounting challenges to keep up with the demands of a modern transportation landscape. Caldwell's City Planners faced a difficult decision—either undergo costly upgrades to meet current traffic demands or bid farewell to an icon of the past. After

Caldwell Then & Now: The Demise of "Red-Eye Pete:" Stoplight Still Legendary After 40 Years

by Valerie Christensen, Caldwell Perspective

The City of Caldwell marks its 140th birthday this year, and it's a milestone worth celebrating! Since its founding in 1883, our town has grown much bigger and has once again evolved as the destination crossroads it was originally meant to be. With the help of local historians, we've pulled together "then and now" information and photos of popular buildings, people, and places in Caldwell. Residents of our great city will be able to see how we've changed - and how we've remained the same. Story ideas and photos can be submitted to editor@caldwellperspective.com.





careful deliberation and public input, the decision was made to remove the stoplight during Caldwell's 1983 Centennial year. The Mayor at the time, Al McCluskey, had a witty, outrageous sense of humor and decided to make the stoplight's demise into an entertaining community spectacle.

On a chilly November day in 1983, the mock trial, "un-hanging," and community funeral were all held for One-Eye Pete, the stoplight. "Judge" McCluskey presided over the events himself, and the citizens of Caldwell came out in droves for the occasion. According to an archived UPI article, the mayor read the charges against the antiquated stoplight. "One-Eye Pete," he said, "was the proper nomenclature for the notorious bandit who, for many years, has been hanging out on the corner of the old Oregon Trail in Caldwell - robbing motorists and truck drivers of time and fuel, fraying nerves, causing rear-enders and committing the horrendous crime of impersonating a Christmas tree." A City Council member at the time, Jim Dakan, remembers his role as Pete's public defender in the trial. "I was a public servant," he joked, recalling how poor Pete deserved a proper defense amid all the criticism.

guilty and "un-hanged," Dakan recalls placing Pete in a small, wooded coffin donated by his funeral chapel. Mourners, draped with black armbands, listened on as a lone drummer pounded a solemn funeral dirge. Pete was then placed on a horse-drawn hearse and marched to his final resting place near the transcontinental freeway. The exact spot in which the beleaguered traffic light lies today is still up for debate. Legend says he is buried under a memorial flag in what was the old City Council building. On Caldwell's 5th Avenue, alongside the bustling freeway, One-Eye Pete reportedly rests, entombed with a time capsule next to Lions Park.

While most of the city's population recognized the need for progress and the benefits of modern traffic management systems, the news of the stoplight's removal stirred quite a few mixed emotions at the time of its demise. Today, the story of Red-Eye Pete conjures up humorous memories of those who witnessed it - alongside a touch of nostalgia. The absence of Caldwell's stoplight by the freeway crossroads reminds us of Caldwell's evolving landscape and the constant march of time. While it may no longer guide vehicles along the freeway, Pete's legacy lives on through stories passed down by those who experienced its presence. Now immortalized in local folklore, Red-Eye Pete represents a bygone era when

life moved at a slower pace, and small-town charm held sway over populated efficiency.



After the stoplight was found





Youth

by Lynn Viner, Caldwell Optimist Golf Chair

Second Annual Caldwell Optimist Jr. District Qualifying Golf Tournament

Second Annual Caldwell Optimist Jr. District Qualifying Golf Tournament

The Second Annual Caldwell Optimist Jr. District Qualifying Golf Tournament was played Friday, June 2,2023 at the Purple Sage Golf Course. The tournament qualifies three boys and three girls to attend the Optimist International Jr. Golf Tournament at the Doral Resort in Miami Florida.

There were thirty-nine golfers from all over Idaho. Some of the state's best junior golfers took part in the tournament. Both the boys' and girl's winners had to shoot below par



District Qualifiers L to R: J. Anderson, B. Sahr, D. Rogers

to win the tournament. The Caldwell Optimist Club organized the tournament and with the help of their sponsors, UA 96 Plumbers and Pipefitters Union, Ripley and Doorn, Farm Bureau Insurance, Crookham Co., Blaisdell Dental, Caldwell Night Rodeo, Craig & Howard Insurance, Sunrise Restaurant, the winners will have their airfare and tournament fees paid. This is a great chance for Idaho golfers to experience playing against golfers from around the world.



District Qualifiers L to R: E. Arnzen, C. Carter, C. Caven

Kelly Goulet 77 Maeve Fitzgerald 78 Katrina Von Behren 78 Ashley Von Behren 78 Margaret Smock 84 Ellie Stastny 84 Indie Taylor 84 Olivia Lammey 85 Jada Nguyen 86 Mady Riley 87 Maggie Urian 89 Alli Stastny 91 Lucy Hickey 96 **Boys Results:** Beau Sahr 67 Justin Anderson 71 Dylan Rodgers 71

Zach Shipp 72 Carter Williams 72 Tyce Helmick 73 Cade Dean 74 Jaxson Wright 74 William Comstock 75 Noah Radford 76 Hudson Reinke 76 Aidan Szentanai 76 David Chacon 77 Chad Gibbs 77 Aiden Meyer 77 Max Storey 77 Caden Ross 79 McCoy Klundt 83 Luke Olsen 83 Heath Dewhirst 87 Talmadge Stevens 108

Insurance, Sunrise Restaut the winners will have their fare and tournament fees p This is a great chance for lo golfers to experience pla against golfers from around world. **Girls Results:** Cara Carter 69 Ella Amzen 71 Cariline Caven 76 Emry Gibbs 76 Anna DaBell 77

Meet Mr. Ben Jackson, New Principal at Sacajawea Elementary

We are excited to announce that Mr. Ben Jackson will be the new principal for Sacajawea Elementary School (pending board approval). We are so grateful for Ben and for his commitment to the children of Caldwell.

Hello! My name is Ben Jackson and I am honored to serve as the next principal at Sacajawea Elementary. 15 years ago I began my education career as a substitute teacher in the Caldwell School District. Since then I have had the opportunities to work as a Title 1 ESP, a homeroom elementary school teacher, and an instructional coach all here in Caldwell. My family is my world. I love and appreciate my wonderful wife, Harmony, and my four great kids Clay, Charlotte, Caleb and Noah. I am excited for the chance to continue my career as a Caldwell educator and I look forward to working closely with the staff, students and families of Sacajawea El-



ementary to help our students grow and achieve academically, socially and emotionally.



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Peripheral neuropathy is a result of damage to the nerves, commonly caused by a lack of blood flow to the nerves in the hands and feet. This causes the nerves to begin to degenerate due to lack of nutrient flow. Most peripheral neuropathy sufferers experience a heightened sensitivity to touch, making it almost impossible for those diagnosed to even wear socks or shoes, much less, enjoy life.

"It was like walking on sharp river rocks. I barely left my recliner," shares David, whose experience is not uncommon for those diagnosed with Three months later, David is thrilled with his progress...

"I can enjoy walking my dog around the neighborhood with my wife and I feel more stable on the golf course."

Success stories like David's are not atypical at Meridian Family Acupuncture, "We have a 90% success rate-but only doctors care about the numbers. <u>How people feel and what improves</u> in their lives is what really matters," shares patient care coordinator, Susan.

The number of treatments needed to allow the

July 2023

tingling that comes with peripheral neuropathy. Neuropathy, a disease that was once classified as irreparable, is a disease tha comes with years of shooting, stabbing pain that gradually ends in severe numbness, balance problems and, in extreme cases, amputation.

David R. was facing such a fate:

"I stopped golfing. I wasn't taking walks with my wife. I was living on Gabapentin and antidepressants and everywhere I went, my doctor, neurologist, the pain clinic, told me there was no cure. How are you supposed to live your life knowing that everyday brings pain and feeling unstable on my feet?"

peripheral neuropathy.

Quality of life for David seemed uncertain. That is, until he found Dr. Kimberly Thompson at Meridian Family Acupuncture. Meridian Family Acupuncture has pioneered a cutting edge, medical solution to treat neuropathy; eliminate, or greatly reduce the symptoms of neuropathy, and give people their lives back. <u>And they're doing it without the use of</u> prescription medication or invasive surgeries.

"Acupuncture is incredible at restoring blood flow and stimulating damaged nerves, preventing them from dying off," tells Dr. Thompson. "We take our treatments a step further by integrating Frequency Specific Microcurrent" which targets specific nerves in the body using microcurrent. Frequency Specific Microcurrent is like watering a plant. This treatment will stimulate the blood vessels to grow back around the peripheral nerves and provide them with the proper nutrients to heal and repair.

nerves to fully recover will vary from person to person and can only be determined after a detailed neurological and vascular evaluation. Meridian Family Acupuncture offers hope for neuropathy where there once was none.

While David's neuropathy was idiopathic, meaning the cause is unknown, treatments at Meridian Family Acupuncture can also help people whose neuropathy is caused by diabetes or chemotherapy.

> "We have seen tremendous success in treating neuropathy of all types through very personalized treatments specifically tailored to treat each individual case."

Neuropathy discomfort should not be the trade off for enjoying your golden years! To schedule a consultation and complete evaluation, call Meridian Family Acupuncture at 208-965-3777.

www.MeridianFamilyAcupuncture.com

Bethel 8 Grand Session 2023



Bethany Hodges, Past Honored Queen to Bethel No. 8, Caldwell, and Past Junior **Miss Idaho Job's Daughters** was installed in the office of Grand Bethel Honored Queen for the state of Idaho for the 2023-24 year. Bethany is 17 and is the daughter of Jessica Hodges of Caldwell.

The Annual Grand Session of Idaho Job's Daughters International was held



Bethel No. 8 members at the Grand Session. Daughters: Honored Queen, Izabella Herrera, Bethany Hodges, and Nicole Campbell. Not in attendance: Katie Witt, Zoie Fulton, and Izabelle Goertzen.

Adults: Bethel Guardian, Maggie Tolman, Associate Bethel Guardian, Steve Zimmerman, Cindy Tolman, Cassandra Herrera, Kimberly Campbell, Jessica Hodges, Nicole Eyre, Samantha Tolman, and Kathie Zimmerman.

June 15-17 with a "Becoming Something Beautiful" theme. Eve Knudtsen, Guardian, Russ Grand Smith, Associate Grand Guardian, Tayley Jennings, Grand Bethel Honored

Queen, Cali laocolucci, Miss Idaho Job's Daughter and Bryley Jennings, Junior Miss Idaho Job's Daughter led the event. Bethel No. 8 of Caldwell

members took home sec-

Caldwell 4th of July: Patriotism and Family Traditions



The Fourth of July is a momentous occasion celebrated with great enthusiasm throughout the United States. It is a chance to make memories with family members and friends on an occasion that is rich with patriotism and tradition. In our neck of the woods, this national holiday takes on a unique flavor as residents come together to commemorate our nation's independence. As fireworks light up the night sky, and parades fill the streets, Caldwell embraces a rich tapestry of traditions that make the Fourth of July a cherished and unforgettable experience for families and our community.

Many families turn out for the main event of the Fourth of July celebrations in Caldwellthe impressive Independence Day Parade. Spectators line the streets, eagerly await-ing the procession of floats, marching bands, and community groups. The parade showcases the community's participants adorned in vibrant red, white, and blue. Crowds gather to cheer on local heroes, vintage cars, and representatives from various organizations, all embodying the

spirit of unity and freedom.

Beyond the parade, Caldwell hosts an array of patriotic programs and events that pay homage to the nation's history. From flag-raising ceremonies to performances featuring patriotic music, residents can immerse themselves in the true essence of the Fourth of July. Flags lining the entrance to Memorial Park foster a deep appreciation for America's past and the sacrifices made for its independence. Inside the park, visitors can explore the many booths set up by local chefs and artisans.

The Fourth of July is synonymous with delicious food and outdoor gatherings, and many Caldwell residents take full advantage of this tradition. Community barbecues and picnics bring people together to enjoy mouthwatering grilled delicacies, potluck dishes, and refreshing beverages. Parks and recreational areas become lively hubs of activity, with families, friends, and neighbors bonding over shared meals, outdoor games, and happy conversations.

No Caldwell Fourth of July celebration would be complete without the breathtaking fireworks display at Brother's Park. And Caldwell rightfully boasts one of the most spectacular in the region. As the sun sets, the night sky transforms into a mesmerizing spectacle of colors and lights. Families and friends gather on

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Monday-Saturday 3 PM-6PM

We Also Offer Catering Services

by Valerie Christensen, Caldwell Perspective

blankets or set up lawn chairs to witness the dazzling fireworks show, accompanied by synchronized music that adds to the magical ambiance.

Caldwell's Fourth of July celebrations are made possible by the efforts of dedicated volunteers who work tirelessly behind the scenes. These selfless individuals contribute their time and energy to ensure the smooth execution of events, from organizing logistics to providing assistance during parades and festivities. The spirit of volunteerism runs deep within the community, fostering a sense of unity and camaraderie as residents come together to create a memorable experience for all.

The Fourth of July in Caldwell, Idaho, is a time of deep reflection, gratitude, and celebration. Through cherished traditions such as the Independence Day Parade, patriotic programs, community gatherings, and the grand fireworks extravaganza, Caldwell families and residents can demonstrate their unwavering love for their country and community in unique ways. The spirit of togetherness and volunteerism make this day truly special, reminding everyone of the values that define the nation and the importance of cherishing the freedoms they enjoy.

ond place in memory riutal work, second place in Bethel music with additional awards for individual competitions including instrumental music, Story of Job, and other memory ritual work. Awards were received by Bethany Hodges, Izabella Herrera and Nicole Campbell.

The installed officers for Grand Bethel Officers for 2023-24 were Grand Bethel Honored Queen, Bethany Hodges, Grand Bethel Musician, Nicole Campbell and Grand Bethel Senior Custodian, Izabella Herrera.

The adults installed to the Grand Council as Grand Officers for the 2023-2024 year are Grand Outer Guard, Steve Zimmerman, and Grand Third Messen-

Maggie Tolman, Bethel Guardian #8 ger, Cassandra Herrera.

Bethel 8 is currently seeking new members. Any girl between the ages of 10-20 are welcome to join! Job's Daughters International is where shy girls turn into confident young women. Our members grow alongside their peers and find their voice in a safe and supportive environment. The girls lead themselves and plan their own activities, learning teamwork and problem-solving along the way. To find out more and when our next fun event is, please contact Bethel Guardian, Maggie Tolman (208) 805-2869 or Guardian Secretary, Cindy Tolman (541) 216-8528 or email bethel8caldwell@ gmail.com



ARE YOU MAXIMIZING YOUR MEDICARE BENEFITS?







Please Have A Safe and Happy Independance Day!

Dakan Funeral Chapel would like to remind kids to celebrate Independence Day safely. Always have adult supervision when lighting fireworks and be sure to have a large supply of water on hand. Also, parents please be mindful that drinking and driving do not mix! We wish you a safe and Happy 4th of July!



<u>Entertainment</u>

"The Beat Goes On!"...neither rain nor wind could stop it!

Neither rain, nor wind, nor cold, kept them away! Our loyal fans showed up and stayed! They were truly remarkable. They even showed up early!

THRU

D&D

NIGHT

weather looked like we might have nice mild weather, but as it got closer to "show time," it took an ugly turn. The winds kicked up and the raindrops came

Earlier in the day, the intermittently, but the fans TUESDAY A Place for People THURSDAY Open Game **Room** 11 a.m. – 6 p.m. FRIDAY NIGHT Adventures Start In Your Mind! Magic the Fuel Up With A Good Book! Gathering and 5 p.m. – 9 p.m. SATURDAY BOOKS + GAMES + ART

314 S. 6th Avenue Caldwell, ID (208) 899-1988 Friday 11 a.m.- 9 p.m., stayed. Some sat out in the open with their umbrellas and some took shelter under the trees surrounding the band shell and some went to their cars with windows rolled down so they could enjoy the music out of the weather.

This was our pre-4th of July "Patriotic Concert." Actually, it was fairly exhilarating to play as the wind blew and the raindrops fell. The band played their hearts out and the sound boomed throughout the park. It was a great sound enjoyed by our hearty fans.

We have two concerts coming up in July with a great variety of great music for all to enjoy. There will be marches, standards and others and audience favor-



by Leora Summers, Centennial Band/Caldwell Perspective

ites with vocals by Jeannie Marie. There is plenty of shade for these warmer days to come, but feel free to bring some cool water, soft drinks and a picnic if you like.

July 10th and 24th, 7:30pm at Memorial Park (619 Irving St, corner of Grant/ Kimball, Caldwell). Bring your chair and your friends to these fun FREE concerts for you and our community to enjoy.

Mark your calendars for

Honoring Old Glory: A brief guide to flag etiquette

submitted by Caldwell Veterans Council, Caldwell Veterans Memorial Hall



The flag of our nation many different means things to our veterans. For some, it represents the solemn oath they took to defend the country and its citizens when they entered the military ranks. It can stand as a symbol of freedoms and privileges we enjoy as Americans and the sacrifices that have been made to ensure others have a chance to pursue the same. To others, it is a poingnant and sometimes painful reminder of those lost in battle, whether the flag be drapped over a casket or carefully folded and placed into the arms of a loved one. Even for those who may see the flag as mere fabric and thread, it is inexorably linked to the spirit of our country-a red, white and blue reflection of all that our country is, was and can be.

Flags should fly from sunrise to sunset and may be flown at night if properly illuminated. Fly the flag at half-mast during times of national mourning. Whether a flag is hung vertically or horizontally, the union (blue section) should always be in the upper left side.

Reminders: Bring the flag indoors if you're expecting inclement weather (unless you have an all-weather flag). The flag should never rest on the ground. Flags shouldn't be used as clothing. On single flagpoles, the American flag should be on top, and no other flag should be larger.

Storing and maintaining the flag: a flag should be kept dry and folded properly into a triangle with the union visible. When a flag becomes tattered, damaged or otherwise worn out, it should be reitred and



properly disposed of.

Basic color guard protocols: The color guard will announce, "Ladies and gentlemen, please rise for the presentation of colors and remain standing for the singing of or playing of the national anthem, followed by the Pledge of Allegiance." When the color guard brings the U.S. flag into a venue, whether you are seated in an audience or at the head table, stand and face the colors. In the U.S. military, individuals or units passing or being passed by uncased (unfurled) colors render honors when outdoors. Individuals who are not part of any formation begin the hand salute when the colors are six paces distant and hold the salute until they have passed six paces beyond the colors. The color guard posts the colors, and then the national anthem is played. Immediately place your hand over your heart (if it wasn't already there) and keep it there until the anthem is completed. If the Pledge of Allegiance is said after the anthem, keep your hand over your heart until completion. After, the speaker should give you permission to "be seated."



GET YOUR RAFFLE TICKETS TODAY

All tickets can be purchased online at www.cvmh-vets.org until the tickets are sold out

- Precision Rifle Raffle \$20 per ticket
- Crappie Fishing Trip Raffle \$5 per ticket
- Combo Grill Raffle \$10 per ticket

4th of July Events

6:30 AM: Walkway of Heroes, at the Caldwell Memorial Park. 7 AM: Independence Day Celebration, 1K and 5K run at Fairview Golf Course. 7-10 AM: Pancake Breakfast, Cecil Andrus Park. See our website cvmh-vets.org for more information.

9 AM: Independence Day Parade, 9 a.m., downtown Caldwell. DUSK: Fireworks at Brother's Park.

Volunteers Needed!

All Volunteer Signups are linked on cvmh-vets.org Volunteers needed to help with the Fun Run (6-9 a.m.), Parade (7:30-10:30 a.m.) and Memorial Park Festivities (anytime between 6 a.m.-3 p.m.). Pancake Breakfast Volunteers-The Veterans Entrepreneur Alliance (VEA) will facilitate the 4th of July Pancake Breakfast. Albertsons is donating all of the food and VEA will be the benefactor of any proceeds. Volunteers needed 7-10 a.m. at Cecil Andrus Park.

Meetings

State Service Officer: Mon.-Fri., 8 a.m.-5 p.m. by appointment at Caldwell Veterans Memorial Hall. Alcoholics Anonymous: Every Thursday 6 p.m. at Caldwell

Veterans Memorial Hall.

Beyond the Yellow Ribbon Counseling: Mon.-Fri., 8 a.m.- 5 p.m. by appointment at Caldwell Veterans Memorial Hall.

VET Center Counseling: Mon.-Fri, 8 a.m.- 5 p.m.by appointment at Caldwell Veterans Memorial Hall.

Warriors at Peace Yoga: Mon., Wed., Friday 7-8 a.m. at Caldwell Veterans Memorial Hall.

Coffee Klatch: 1st and 3rd Thurs. of each month, 8 a.m.- 11 a.m. at the Caldwell Veterans Memorial Hall



by Pat King

Aaaahhh what a most spectacular June we've had. I've never been able to leave my windows open at night and then need blankets in the month of June. Will July be cooler and thunderstorms be possible? Last year, not a drop of rain in June, July or August. So it's a guess and no one controls it.

I've had so many situations come up this year that I'm going to write about some of the many sprinkler issues I've come across thus far. As some may know, I've decided to greatly reduce my lawn maintenance business to almost nothing, (steady income is still needed), and expand my sprinkler repair side of my business.

So I've shown others who use mini paws or impact sprinklers

that because they only pop up 2.5 inches and splash water on everything that replacing them with a rotor that pops up 4 inches and has a clean stream is a better more efficient use of water and less stuck heads from debris. The performance of a rotor is far superior to impacts because we have cleaner ditch water because of filtration so an impact head is no longer needed unless you're irrigating pastures or farms like I do. But those sit on post five feet up and are designed to operate at lower pressure ratings. So if you have impacts in the ground for turf, consider swapping out for rotors. They are also much quieter.

Another situation is mixed heads on the same zone. I Local Dirt Perspective

found on a call, 4 different types of heads and 3 different rotor brands, oh and the range of nozzles used was baffling. Please don't do this. Don't mix brands of rotor types of sprinklers on the same zone and please know what each nozzle does. This person had 6 gallon a minute nozzles where 2 gal noz. should've been, and then on top of that, they drove the set screw down so far that it only covered 12 of 30 feet it was supposed to cover. Rotors are designed mostly to cover 30 foot radius give or take. Rotor nozzles range from 1gpm. to 8gpm. For example a half at 30 foot throw may need a 3gpm. noz and a full on the same zone will need a 6gpm to match the water put down of the half circle.

Dave's Big Backyard

by Dave McCormick



Got a slow start fishing this spring but late May I turned that around. A trip to Owyhee reservoir yielded more crappie than most households could eat in a year. Later a trip to CJ Strike did not produce the numbers that Owyhee did, but Strike crappie are truly slabs 12 to 14 inches. We started fishing like most people do 1/32 to 1/8 jig near shore, that produced a couple of fish, but by the second evening we tried trolling crank baits our fortunes changed. The following morning with our new found tactic we put about 15 slabbers in the boat. A gold shad rap seemed to work the best trolling about 1.5 miles an hour in 8 to 15 feet of water. Cottonwood camp ground has changed a bunch since the 70's. The old cotton woods I am assuming gave the campground its name are largely



Mountain View Rainbow Neil MacCleod

gone. Today a more apt name would be Russian olive campground. In the 70's the predominate bass was the large mouth. Today small mouth are far more common. Strike is a great fishery there is a species for any fisher persons taste the launch has been improved and there are slips to tie your boat up the road is a little rough the only drawback.

June 5th Neil Macleod called me and said he and his wife Linda were headed south to Duck Valley. Karen and I decided to join, I began digging out fly rods unused for several years. We departed Caldwell Tuesday June 6th. Took highway 78 east to highway 51 south. I must mention the Mormon cricket swarms they were so thick in places that it looked like the road had been paved with red cinder, almost creepy. In Owyhee Nevada we bought licenses and camping permits and established base camp. There was still time before sundown to fish but skies in the southeast looked as foreboding as an unhappy mother-in-law. Our fears were soon realized hail rain and wind. Next morning was cold and my wife soon froze out even though she was wearing six layers. More squalls and wind came in that afternoon and hampered fishing. Everybody caught fish on that trip, but Neil caught five to one over everybody else even though we were all using the exact same red and black wooly-booger in the same

boat, go figure. It was a fun trip despite the severe inequity in the catching department. As an ancillary benefit on the way home we encountered another thunderstorm south of Bruneau which washed off most of the cricket guts spattered on my boat and trailer, Happy Fourth of July.

The half makes two passes to the one pass of the full. Now that's 9gpm in two heads and calculating the water availability is crucial to proper operation of the zone. When a one inch valves max output is 18gpm you only have 9 gallons available left so putting smaller nozzles in each affords more heads to a zone. So when repairing a sprinkler system you must consider all factors to properly repair it or things just don't cover. Gallons available per minute, how many



you with a little practice. As always contact this paper if you have questions.

Until next time, Pat.

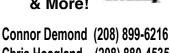




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Place of Grace

JULY IS FOR BABIES & JUSTSERVE!

by Kelli G. Jenkins, Caldwell JustServe

July 2023



Abundance of Baby Shower Gifts

On July 26th, join us for the "4th Annual Caldwell Community Baby Shower" and help shower the smallest community members with needed baby essentials. Start now! Gather your family, friends, neighbors, co-workers, church congregations, and civic/service organizations and begin collecting baby items. Then, visit the baby shower at the Caldwell Train Depot, enjoy some refreshments, and drop off baby gifts for new moms and their babies to thrive and feel the love from the "village" we call community.

Those benefiting from your generosity are local babies supported through Canyon County Branch of Assistance League of Boise, Southwest District Health Nurse-Family Partnership, Hand in Hand Family Mentorship, Marsing HUB, El-Ada Homedale, The Salvation Army's Baby Haven, Teen Parent programs at local high schools and others. Look for donation information and more details, including online donations through Amazon, by visiting JustServe.org and/ or the Facebook event page "Caldwell Community Baby Shower."

Baby Shower Wish List: Unisex colors and patterns preferred

 Package of 3-6 long or shortsleeved newborn onesies (0-3 months)

• Package of 2 sleepers (0-3 months)

• Disposable diapers (all sizes) Baby Wipes (unscented)

· Package of 4 flannel blankets (these can also be handmade, two-sided flannel blankets)

· Bottle of baby wash/shampoo (about 15 fl. oz.)

· Bottle of baby lotion (about 13.5 fl. oz.)

· Diaper Rash Ointment (Desitin)

Digital Thermometer

 Towel and washcloth · Burp Cloths (can be hand-

made) · Small beanie caps (can be

crocheted/hand-made) NEW or gently-used chil-

dren's books

 NEW or gently-used baby clothing (0-24 months)

Would you like to know more about JustServe?

Well it is a free website and app used by faith, nonprofit, community, and government organizations to post and share service opportunities that allow the entire community to find volunteer opportunities to assist those in need of a lift up.

You can volunteer remotely

or locally, it is as easy as 1, 2, 3:

1. Download the JustServe app or visit JustServe.org and look for the "Sign In/Register" link

2. Type your zip code into the search bar

3. Choose a project or need that speaks to your heart and GO SERVE!

Here are some of the organizations that have partnered with JustServe:

AAFV-Hope's Door, Caldwell Meals on Wheels, Caldwell Police Department, Caldwell Public Library, Caldwell School district, Canyon County Branch of the Assistance League of Boise, City of Caldwell, CASA of Southwest Idaho, Hand in Hand Family Mentorship, Idaho Department of Corrections-2C Kids Succeed, Idaho Youth Ranch, Indian Creek Plaza, One by One Foundation, Putt Putt Grow, Ride for Joy Therapeutic Riding Program, Snake River Stampede, Southwest District Health, The Salvation Army, Vallivue School District, West Valley Humane Society, West Valley Medical Center, Western Idaho Action Partnership-WICAP, Western Idaho Community Crisis Center, and more.

We currently have many volunteer opportunities for youth so tell your children, grandchildren, and any youth in your life about JustServe. In addition to the JustServe app and website, youth can follow JustServetreasurevalley on Instagram for more ideas on how to give back to their hometown and make their community better. For example, Advocates Against Family Violence is hosting a series of free family events this summer. They need volunteers 14 and older to help set-up, clean-up, organize raffles and prizes and help the youth with the activities and crafts from 3:30 to

shirts; July 26th make sensory jars; August 9th is Bingo night.

Additionally, youth can volunteer to assist the following organizations too. Ride For Joy...

Cake 4 Kids...

Make happy notes/cards for Meals on Wheels...

Caldwell's 4th of July celebration...

Community Baby Shower...

Billiongraves...

Sockeyes game for free when you donate food for The Salvation Army.

Idaho BMX Gem State Nationals...

Lasagna Love..

Help at the WICAP food pantry...

JustServe makes it easy and quick to find volunteer opportunities that suit your interests, abilities, and time. Help strengthen our community by joining the JustServe movement today!

Kim's Corner

"To plant a garden is to believe in tomorrow."

As a new season starts it's such a wonderful time to draw inspiration from the world around us, seeing new gardens being planted, the flowers blooming, growing toward the sun. We are all tending to our gardens, nourishing them for beautiful foliage and lots of yummy vegetation for our nourishment.

In much the same way, our advocates were tirelessly and endlessly creating a safe place for individuals to grow and thrive in their journey to freedom from abuse and sexual assault.

This newsletter has a lot to cover as we have had a very busy quarter. April was Sexu-



Many of you have been able to support us and our mission by attending our events, collecting and donating items for our clients, or just simply taking the time to read and share our updates through social media. No matter what kind of support it has been, the support makes a tremendous difference and we are so very grateful.

This edition of our newsletter is full of exciting news on



Kimberly Deugan, AAFV Executive Director

helped share the many services available through our programs, and the wonderful celebration of our 20 years of serving the Treasure Valley.

As always, we hope that this newsletter finds you in good health and that the messages within truly convey our gratitude to you. We are all advocates working together to end violence in our communities.

Please share in our excitement and hope as you read through this newsletter. We truly wish all to be empowered and encouraged in this journey of life. With a grateful heart. Kimberly



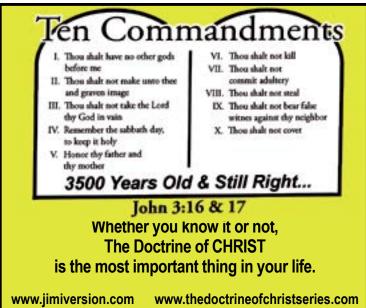


Baby Shower Volunteers

Tye-Dye Fun! 6:00pm. July 12th tie-dyed T-



the completion of the renovation of our west wing at Hope's Door shelter, community events that have



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99TH ANNUAL CALDWELL NIGHT RODEO WHERE THE COWBOYS ARE THE STARS AUGUST 15 - 19D&B SUPPLY ARENA

