



submitted photo

Manny Albares

**CALDWELL THEN & NOW:
 CALDWELL FIRE DEPARTMENT**
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**IDAHO IRRIGATION AWARDS
 \$12,100 IN SCHOLARSHIPS**
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BAD DOG!
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In Memory of Manny: Silver Belt Boxing Tournament Lives On

by Valerie Christensen, Caldwell Perspective

In the heart of Caldwell, Idaho, the legacy of Manny Albares continues to shine brightly even after his passing in 2021. A man who dedicated his life to boxing and mentoring at-risk youth, Manny's story is a testament to the power of resilience, compassion, and the human spirit. On September 30th, 2023, this year's Silver Belt Boxing Tournament will take place in Caldwell as a result of his unwavering commitment to making a difference in the lives of others.

As a 19-year-old Army paratrooper, Manny Albares was saved by a comrade who gave his life protecting him from enemy fire in the dense jungles of Vietnam. Finding solace and strength in the world of boxing upon his return, his experiences on the battlefield translated to the sport's values of discipline and the spirit of survival. These very principles would come to shape his coaching philosophy as he embarked on a journey to inspire young lives as his friend in Vietnam wanted to do had he lived.

Throughout the 1970s, Manny carried his dream and vision of providing a constructive outlet for at-risk youth. He founded The Silver Belt Amateur Boxing Tournament in 1979, an event that drew boxers from all over the Western U.S. and Canada. In the mid-1980s, his expertise came to Caldwell as the Police Athletic League (PAL) helped him house the first

gym devoted to teaching his beloved sport. From the beginning, Manny wanted his gym to be uplifting and all-inclusive. His tournaments, presented by the Caldwell Optimist Club, were always open to female and male boxers.

With continued help from PAL, Caldwell service clubs, business sponsors, and volunteers, Manny schooled generations of young people to not just be better boxers, but better citizens. Partnering with the community ensured the sport would remain relevant for generations. For fifty devoted years, he worked with thousands of youths in his gym and welcomed visitors from near and far to the Silver Belt Tournament - the event where participants could earn a coveted Silver Belt for winning their weight division. The tournament participants typically weigh between 40 - 200 pounds and ages 8 to 34 are allowed to compete. It not only showcases the raw talent of young boxers but also instills in them the values of hard work, perseverance, and sportsmanship. Manny often compared the boxing ring to life's arena, where battles are fought and won not just with physical ability but also with strength of character. He would often tell young boxers to "first be good at home, then school, then you can box."

Manny was a trainer who taught his student boxers that challenges are oppor-

tunities for growth, and setbacks are simply learning opportunities. However, the final round of his life was one he couldn't have predicted. In 2021, as the world grappled with the COVID-19 pandemic, Manny himself fell victim to the virus. His fight against the disease mirrored his boxing matches - fierce, unrelenting, and marked by his trademark determination. As he drew his last breath, Manny's legacy seemed to transcend the boundaries of life and death, continuing to inspire those who knew him.

Manny's family, still grieving his loss, remains devoted to carrying out his mission. His daughter, Marisol said her father called the Silver Belt "his baby" and is pleased the tournament tradition lives on. The annual event organizers acknowledge and appreciate the continued support from the Caldwell Community. "The tournament relies heavily on sponsorship to keep the tournament going," they said. "Over the years many community businesses have given graciously. The tournament organizers appreciate all the contributions from volunteers and sponsors."

This year's Silver Belt Invitational boxing tournament will continue, just as it has in years past, at the O'Connor Field House, 315 South, 22nd Street in Caldwell. On September 30th, determined young boxers will report for weigh-ins beginning at 8:30 a.m. The doors to the pub-



Manny Albares dedicated his time to our youth. Many were impacted by his dedication.



Throughout the years Manny helped shape many lives. He is greatly missed, but his legacy lives on!

lic will open at 5:00 p.m. to watch the 20-30 bouts.

The anticipation of the match is mixed with bitter-sweet nostalgia. Manny may not be physically present, but his presence will always be palpable in every corner of the gym he built and in the determination of each young athlete who steps into the

ring. The Silver Belt tournament stands as a celebration of Manny's life - a symbol of the unbreakable spirit he ignited in the young people privileged enough to call him their mentor and trainer.

SEPTEMBER 2023

To promote your September event on this page contact Chantele Hensel 208-899-6374 or email advertising@caldwellperspective.com

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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September 1
10 AM: Tai chi & Qigong (ages 18+), Hubler Airport Terminal.
6-11 PM: Brave Hearts Night at Indian Creek Steakhouse, 711 Main St.
7 PM: Yote Womens Volleyball vs. Southern Oregon, Caldwell.

September 2
8 AM-7 PM: JeFito's Car Festival, car show and DJ with live band. Memorial Park, 619 Irving St.
1 PM: YOTE FOOTBALL vs. Southern Oregon.
2:30 PM: Kids Connect (ages 7-15), Caldwell Library, 1010 Dearborn.
7 PM: Yote Womens Volleyball vs. Oregon Tech, Caldwell.

September 3
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn St.

September 5
10 AM-12 PM: WiCap at the Library, 1010 Dearborn.
10 AM-3 PM: Department of Labor at the Caldwell Library, 1010 Dearborn.
10:30 AM: Spanish and English Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
1-4 PM: WiCap at the Library, 1010 Dearborn.
5-9 PM: Farm to Fork Farmer's Market/Tuesday on the Creek Concert Series, Indian Creek Plaza, downtown Caldwell.

September 6
10:30 AM: Music and Movement (ages 2-6), Library, 1010 Dearborn.
3:30 PM: After School Fun: Paper Craft (ages 5-12), Library, 1010 Dearborn.

September 7
10:30 AM: Toddler Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
11-11:30 AM: Laundromat Storytime: Get the funk out (ages 0-5), 4702 Beacon Ln. #100.
12 PM: Yote Womens Soccer vs. Eastern Oregon vs. Hope International, Caldwell.
4:30 PM: Teen Thursday: No Sew Bag (ages 13-17), participants need to bring an old t-shirt to use. Caldwell Library, 1010 Dearborn.
9 AM-2:30 PM: Mobile Mammography Bus at the Caldwell Library, call 208-367-4482 to make an appointment.

September 8
10 AM: Tai chi & Qigong (ages 18+), Hubler Airport Terminal.
10 AM-4 PM: Quilts of Valor Sew Day. Bring your sewing machine, cutter, mat, light gray thread, and sack lunch. Pleasant Ridge Grange 18514 Upper Pleasant Ridge Road, Caldwell (Green building on the corner of Weitz Rd and Upper Pleasant Ridge Rd).
7 PM: Yote Womens Volleyball vs. Warner Pacific, Caldwell.

September 9
9 AM: Yote Womens Soccer vs. Hope International, Caldwell.
1 PM: Yote Football vs. Montana Western, Caldwell.
1-5 PM: Hops & Crops Festival, Indian Creek Plaza.
7 PM: Yote Womens Volleyball vs. Mulnomah, Caldwell.

September 10
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn St.
12 PM: Yote Womens Soccer vs. Pacific, Caldwell.
1-2:30 PM: Knitting & Crochet Social (18+). Bring a project and make a friend at our monthly knitting and crochet meetup. All skill levels welcome. Library, 1010 Dearborn.

September 11
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
1 PM: Knitting & Crochet Social (ages 18+), Library, 1010 Dearborn.
6-8 PM: Urban Renewal Agency Meeting, Caldwell Police Department Community Center, 110 S. 5th

September 12
10 AM-12 PM: WiCap at the Library, 1010 Dearborn.
10 AM-3 PM: Department of Labor at the Caldwell Library, 1010 Dearborn.
10:30 AM: Spanish and English Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
1-4 PM: WiCap at the Library, 1010 Dearborn.
5-9 PM: Farm to Fork Farmer's Market/Tuesday on the Creek Concert Series, Indian Creek Plaza, downtown Caldwell.

September 13
10 AM-12 PM: Tech Lab (ages 18+). Get help with all of your technology questions. Drop in anytime during the program, Library, 1010 Dearborn.

September 13
10:30 AM: Music & Movement (ages 2-6), Caldwell Library, 1010 Dearborn.
3:30 PM: Afterschool Fun: Fall Tree Luminaries (ages 5-12), Caldwell Library, 1010 Dearborn.
6:30-9 PM: Caldwell Historic Preservation Commission, Community Development Services, 621 Cleveland Blvd.

September 14
10:30 AM: Toddler Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
2 PM: Thursday Read Book Club: "The Dreamers" by Karen Thompson Walker (ages 18+), Caldwell Library, 1010 Dearborn.

4:30 PM: Teen Thursday: Board Games & Snacks (ages 13-17), Caldwell Library, 1010 Dearborn.
5-7 PM: Valley Regional Transit Open House and Public Hearing, Caldwell Police Department Community Center, 110 S. 5th Ave.
7 PM: SIBA Meeting, Deer Flat NWR Visitor's Center, 13751 Upper Embankment Rd.
7-8 PM: Gardening: Landscaping Strategies That Save Water (ages 18+), Caldwell Library, 1010 Dearborn.

September 15
10 AM: Tai Chi & Qigong (18+), Hubler Airport Terminal.
4 PM: Indian Creek Festival, downtown Caldwell.

September 16
12-4 PM: Depot & Interpretive Center Open House. Come one, come all to the Caldwell Train Depot Interpretive Center, and take a walk through the rail history of our area. In conjunction with the Indian Creek Festival today, the Caldwell Model Railroad Club will host the open house and have a model railroad display, Caldwell Train Depot, 701 Main St.
6 PM: Indian Creek Festival, downtown Caldwell.
 September 18

September 19
10 AM-12 PM: WiCap at the Library, 1010 Dearborn.
10 AM-3 PM: Department of Labor at the Caldwell Library, 1010 Dearborn.
10:30 AM: Spanish and English Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.

September 20
10 AM-12 PM: WiCap at the Library, 1010 Dearborn.
10 AM-3 PM: Department of Labor at the Caldwell Library, 1010 Dearborn.
10:30 AM: Spanish and English Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
1-4 PM: WiCap at the Library, 1010 Dearborn.

September 21
10:30 AM: Music & Movement (ages 2-6), Caldwell Library, 1010 Dearborn.
3:30 PM: Afterschool Fun: Tissue Paper Leaf Suncatcher (ages 5-12), Caldwell Library, 1010 Dearborn.
September 22
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.

September 23
2 PM: Optimist Family Movie: The Little Mermaid (all ages), Caldwell Library, 1010 Dearborn.
5-9 PM: Advocates Against Family Violence Hope Down, 711 Cleveland Blvd.
September 24
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn St.
11 AM: Yote Mens Soccer vs. Rocky Mountain, Caldwell.
1:30 PM: Yote Womens Soccer vs. Rocky Mountain, Caldwell.
September 25
9 AM-2:30 PM: Mobile Mammography Bus at the Caldwell Library, 1010 Dearborn. Make appointment by calling 208-367-4482.
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
September 26
10 AM-12 PM: WiCap at the Library, 1010 Dearborn.

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September 16

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September 23

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September 20 (continued)
12 PM: Caldwell Library Board Meeting, 1010 Dearborn.
4:30 PM: Teen Thursday: Easy Wood Working (ages 13-17), Caldwell Library, 1010 Dearborn.
6:30 PM: Thursday Read Book Club: "Dreamers" by Karen Thompson Walker (ages 18+), Caldwell Library, 1010 Dearborn.

September 22
10 AM: Tai Chi & Qigong (18+), Hubler Airport Terminal.
4 PM: Yote Mens Soccer vs. Walla Walla, Caldwell.
7 PM: Yote Womens Volleyball vs. Lewis-Clark State, Caldwell.

September 23
2 PM: Optimist Family Movie: The Little Mermaid (all ages), Caldwell Library, 1010 Dearborn.
5-9 PM: Advocates Against Family Violence Hope Down, 711 Cleveland Blvd.
6 PM: BINGO (doors open at 6 p.m. with Early Bird game starting at 6:45pm Pleasant Ridge Grange 18514 Upper Pleasant Ridge Road, Caldwell (Green building on the corner of Weitz Rd and Upper Pleasant Ridge Rd).
8 PM: Yote Womens Volleyball vs. Walla Walla, Caldwell.

September 24
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn St.
11 AM: Yote Mens Soccer vs. Rocky Mountain, Caldwell.
1:30 PM: Yote Womens Soccer vs. Rocky Mountain, Caldwell.

September 25
9 AM-2:30 PM: Mobile Mammography Bus at the Caldwell Library, 1010 Dearborn. Make appointment by calling 208-367-4482.
10:30 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
11 AM: Baby Storytime (ages 0-2), Caldwell Library, 1010 Dearborn.
September 26
10 AM-12 PM: WiCap at the Library, 1010 Dearborn.

September 26 (continued)
10 AM-3 PM: Department of Labor at the Caldwell Library, 1010 Dearborn.
10:30 AM: Spanish and English Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
12-2 PM: Design Review Commission, CDS, 621 Cleveland Blvd.
1-4 PM: WiCap at the Library.
5-9 PM: LAST CHANCE Farm to Fork Farmer's Market/Tuesday on the Creek Concert Series, Indian Creek Plaza, downtown Caldwell.

September 27
10:30 AM: Music & Movement (ages 2-6), Caldwell Library, 1010 Dearborn.
3:30 PM: Afterschool Fun: Rubber Band Powered Car (ages 5-12), Caldwell Library, 1010 Dearborn.
6:30-8:30 PM: Caldwell Historic Preservation Commission, CDS 621 Cleveland Blvd.
7-9 PM: Planning & Zoning Commission Meeting, CPD Community Room, 110 S. 5th Ave.

September 28
10:30 AM: Toddler Storytime (ages 2-6), Caldwell Library, 1010 Dearborn.
4:30 PM: Teen Thursday: Planting Vegetables (ages 13-17), Library.
September 29
10 AM: Tai Chi & Qigong (18+), Hubler Airport Terminal.
4 PM: Yote Mens Soccer vs. Southern Oregon, Caldwell.
6:30 PM: Yote Womens Soccer vs. Southern Oregon, Caldwell.

September 30
9 AM: Yote Womens Swim vs Alumni Meet, Caldwell.
9 AM: Yote Mens vs Alumni Meet, Caldwell.
1 PM: Yote Football vs. Rocky Mountain, Caldwell.
5-8 PM: Tast of Caldwell Harvest Festival, Indian Creek Plaza, downtown Caldwell.
5:30 PM: Yote Mens Soccer vs. Oregon Tech, Caldwell.
8 PM: Yote Womens Soccer vs. Oregon Tech, Caldwell.

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Caught in the Act of Kindness

by Valerie Christensen, Caldwell Perspective



I would like to thank the person who found my money clip wallet and bike lock on the bike path from the Manchester Park area. Thank you for your honesty and for returning it to the police department in Caldwell. Yes, I got it back. Everything was there! Again, thank you.

Robert Robinson

To my community, my neighbors, and my friends... I am so grateful for each and every one of you. Thank you for helping me keep the memories of our old barns alive. People's Choice Award is far beyond what I ever thought I would be awarded with. I'm over the moon!

Dianne Ekstrom

To my community, my neighbors, my friends ... I am so grateful for each and every one of you! Thank you for helping me keep the memories of our old barns alive. People's Choice Award is far beyond what I ever thought I would be awarded with. I'm over the moon!

Dianne G.



Dianne G.

Thank You! And All A Good Night!

by Leora Summers



Final Concert on August 28! And to all a good night!

Caldwell Centennial Band thanks Stacey Lenz, his work crew and our Caldwell Parks and Recreation Department for all their help this summer getting the band shell ready for our summer concerts for all of you. We had one canceled concert due to bad weather and a postponed concert due to predicted bad weather and they rolled with the changes! We could not have done it without all their help!

We also thank our devoted audience for supporting our band with their at-

tendance, come rain, wind or heat. Thanks also goes out to the Caldwell School District, Jefferson Middle School and Mark Tripp for their yearlong support in allowing us a place to practice.

We take a break for the month of September and begin our practices in October for a Christmas concert in Jewett Auditorium to be held on December 18th at 7:30 p.m. See you in December! You can also "friend" Caldwell Centennial Band (facebook.com/caldwellcentennialband) on Facebook for more



information about band events!

If anyone is interested in joining our band, please email me (Leora Summers) at: Lzsummers@aol.com and provide your name, phone number, address and instrument you play and I will send you our practice information in a reply.

Idaho Power Proposes Changes

by Harold Jackson

For those of us that have solar power, time is running out to comment on Idaho Powers proposed changes to net metering. All comments must be received by October 12, 2023.

Also, the Idaho Public Utilities Commission (case IPC- E-23-14) decided not

to hold public hearings, instead the commission staff is having two Virtual Public Workshops. The first workshop is on September 6, 2023 from 6 pm (MDT) to 9 pm or until all customers questions have been answered, whichever comes first. The second workshop is on September 7,

2023 from 12 pm (MDT) to 3 pm until all customers questions have been answered, whichever comes first. Contact Jan Noriyuki, the Commission Secretary at (208) 334-0338 for more information.



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Veteran's Corner

Sponsored by the Caldwell Veterans Council



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Donations can be made In memory of Thomas Segel Robertson at www.cvmh-vets.org.

Thank you for your support!

Events

- September 9:** Sporting Clay Shoot at Idaho Clays, 5040 Sage Rd., Homedale.
- November 11:** Veterans Day Celebration, 11 a.m. at Caldwell Veterans Memorial Hall, 1101 Cleveland Blvd.
- December 16:** Wreaths Across America, wreathscrossamerica.org/pages/175366
- December 24:** Christmas Eve Dinner for the Homeless, 1-5 p.m., at Caldwell Veterans Memorial Hall, 1101 Cleveland Blvd.

Meetings

- State Service Officer:** Mon.-Fri., 8 a.m.-5 p.m. by appointment at Caldwell Veterans Memorial Hall.
- Alcoholics Anonymous:** Every Thursday 6 p.m. at Caldwell Veterans Memorial Hall.
- Beyond the Yellow Ribbon Counseling:** Mon.-Fri., 8 a.m.- 5 p.m. by appointment at Caldwell Veterans Memorial Hall.
- VET Center Counseling:** Mon.-Fri, 8 a.m.- 5 p.m. by appointment at Caldwell Veterans Memorial Hall.
- Warriors at Peace Yoga:** Mon., Wed., Friday 7- 8 a.m. at Caldwell Veterans Memorial Hall.
- Coffee Klatch:** 1st and 3rd Thurs. of each month, 8 a.m.- 11 a.m. at the Caldwell Veterans Memorial Hall.
- DAV Meetings:** 2nd Tues. of each month at 6 p.m. at the Caldwell Veterans Memorial Hall.
- Marine Corps League:** 1st Mon. of each month at 6:30 p.m. at the Caldwell Veterans Memorial Hall.

The primary purpose of this corporation is to promote programs and activities that strengthen our community and thus contribute to the fostering of camaraderie, partnership of organizations prepared to provide a wide variety of programs and services to assist with education, employment and career development, counseling and health care issues, family programs, homelessness, addictions, abuse and humanitarian needs for a large group of people that are under served and limited at times because of handicaps, economic issues or ability to get through the often confusing complicated processes.

Caldwell Then & Now: "Caldwell Fire Department, 130 Years of Heroic Service"

by Valerie Christensen, Caldwell Perspective

Article Contributions and Photos: "Early Caldwell Through Photographs" by Elaine C. Leppert and Lorraine B. Thurston.
The City of Caldwell and Fire Department members: Sarah Lowe, Chase Jablonski, and Jake Ives.



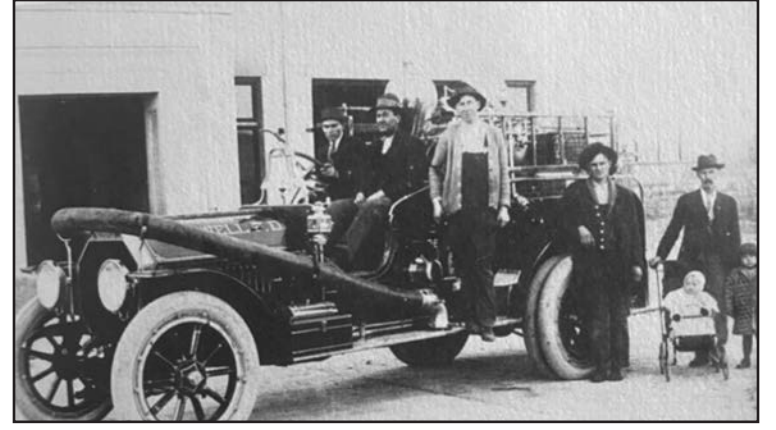
For well over a century, the Caldwell Fire Department was established as the guardian and protector of our city from the devastation of fire. The department was formally established in 1891 when fire-fighting ability was simplistic at best. All able-bodied men were required by law to report to a fire when the alarm sounded. Those early days were filled with selfless volunteers who extinguished flames with little more than rubber-lined linen hoses, buckets, and dedication. The fire department played a crucial role in shaping the city's growth and safe-



Caldwell Hook and Ladder Co. No. 1 and the Magic City Engine Co. No. 1 in the original firehouse.

ty. The firehouse itself became a focal point of the community; a place where clangs of bells and blaring sirens symbolized a rapid response to emergencies. In fact, \$5 was awarded to the volunteer who arrived first to haul the fire equipment.

The Caldwell Fire Department's history is filled with stories of bravery, camaraderie, and innovation as they evolved to meet the challenges of a growing city. In 1884, a devastating fire became too overwhelming for the volunteers, and an entire business block was reduced to ashes. In December of 1891, citizens of the community met at the athletic hall and proceeded to organize a fire company for the City of Caldwell. Rolls were then opened for volunteers and 39 members enlisted. They split into two companies, a Hose Company, and a Hook & Ladder. Each company met and elected permanent officers and determined that the Hose Company would be known as Magic City Engine Co. No.1 and the Hook and Ladder as Caldwell Hook & Ladder Co. No. 1. Once formally named, the department established



First motorized apparatus, a Webb Combination Fire Truck.

specific rules and regulations. Since Caldwell's first water system wasn't installed until 1905, many businesses along the train tracks used Union Pacific's water tower to protect their property from fire. There was also a pumping plant inside Memorial Park, which was run by a large, single-cylinder gas engine. Its sound

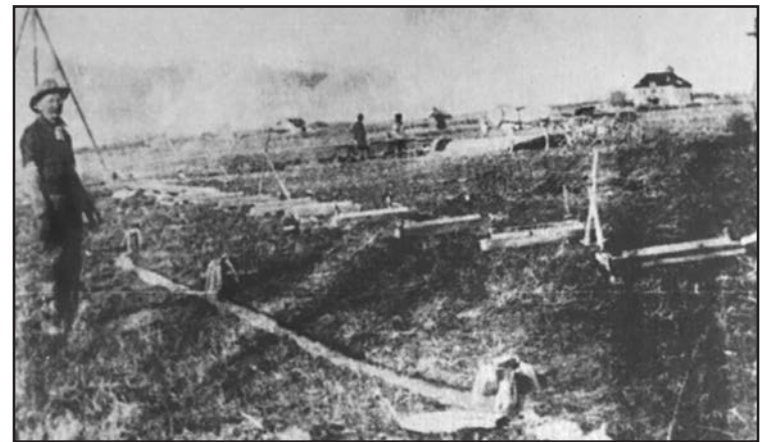
was so loud, most residents in Caldwell could hear its roar and feel shocks coming from the plant. On a fateful night in 1905, many thought the engine had exploded when it was, in actuality, the bomb that killed Governor Steunenberg. By 1908, the Original Fire Station & Caldwell City Hall building was completed at a

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View of new, wooden-pipe water line with Sam Hartkopf, the contractor. Lincoln School can be seen in the background.

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Ribbon Cutting at the current Caldwell Fire Station No. 1 in 1967.



Members of Caldwell Fire Department (2023).



A classic fire prevention slogan is displayed on a C.F.D. No. 5 Truck.



The new Caldwell Hook and Ladder Company, Truck 11.

cost of \$19,700 and was located in the middle of what is now 7th Avenue, between Blaine and Cleveland. This amazing building would become an icon of the city and was one of the first buildings to be seen when passengers off loaded at the train depot. It wouldn't be until 1913 that the department purchased its first motorized apparatus, a Webb combination fire truck. Current Station One is still located at 310 7th Avenue and was officially opened by Mayor NE Culley in 1967. In the early 1990s, the fire station was remodeled with personal

dorm rooms in order to accommodate more women who were entering the profession. Smoking also became banned at the station, and the "smoking room" was converted into usable living space.

Today, The Caldwell Fire Department has transformed into a modern force that has honored the past while shaping the future. This is accomplished with cutting-edge technology, specialized training, and a team of dedicated professionals. The Department currently employs a staff of 59 full-time firefighters and 6 personnel

in admin and fire prevention - all led by Fire Chief Richard "Rick" Frawley. The administrative staff keeps the department running smoothly as the whole team adapts to new challenges and innovations.

Caldwell Fire Department responds to approximately 7200 calls per year over a 147 square-mile area, making it the busiest per-station fire department in Idaho. Each 24-hour shift will take 20 calls between three city stations (a third station opened in 2021 to improve response times). As the population continues to grow, that number is only expected to increase.

Comprehensive training programs ensure our city's firefighters are prepared for any scenario. The department's services extend beyond fire fighting to include community outreach initiatives that emphasize prevention and safety education. In January 2021, The Caldwell Fire Department was selected by the National Fire Protection Association (NFPA) to participate in a pilot program to build a digital community risk assessment tool. The tool's dashboard helps community leaders gain insights and make informed, data-driven decisions around fire prevention.

It benefits the community as leaders are able to encourage risk-reduction strategies.

Now cemented into the fabric of our city, the rich history of the Caldwell Fire Department reminds all who serve of the sacrifices made by their predecessors. The department's evolution over 130 years reflects the changing landscape of fire fighting, as well as the commitment to safeguarding lives and property. With a strong foundation built over a century, the Caldwell Fire Department remains a pillar of heroism, dedication, and resilience for generations to come.



Caldwell Fire Chief, Richard "Rick" Frawley



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Soroptimist International of Caldwell, Idaho

Annual Spaghetti Dinner

Autumn Garden Party
Silent & Live Auction



Friday, Oct. 20, 2023
Caldwell Elks Lodge
1015 N. Kimball, Caldwell
5:30-8:00 pm

Table of 8 Sponsorship \$400

Adult Ticket \$30 Children's Ticket \$20

Tickets and tables can be purchased from any Caldwell Soroptimist member or Erin Sullivan-Smith (208)284-0978
Limited tickets & tables available.

12 College of Idaho Starts Season with 37-7 Rout of Lincoln

by Danny Kambel, C of I Director of Athletic Communications

Get Your Tickets By Visiting YoteAthletics.com/FootballTickets

The No. 12 College of Idaho football team began the 2023 season with a 37-7 win over Lincoln (CA) University on Saturday afternoon. After a 54-minute weather delay to start the contest, sunny skies came out and so did the high flying Yotes offense that racked up 416 yards of total offense. The Yotes are 38-27-1 in season openers (dating back to the 1917 season), recording a 27-12-1 mark when playing in front of the home fans.

College of Idaho (1-0) quarterback Andy Peters, in his second year as the starter, accounted for a career high three touchdowns. Peters completed 20 of 37 passes for 214 yards and two touchdowns to go along with five rushes for a career-high 45 yards and a touchdown. The rushing touchdown by

Peters was the first of his career.

He had 10-different targets on the day with Jon Schofield hauling in a team-best five catches for 48 yards and another target, John Kreps had three catches for a team-high 82 yards.

After a scoreless first quarter, the two teams lit up the scoreboard for 24 points – 17 of them in favor of the host Yotes, who went into halftime with the 17-7 lead. College of Idaho culminated its first drive of the second quarter when Allamar Alexander scored from two yards out for the 7-0 lead. On the next drive, Peters called his own number for a 12-yard touchdown scamper after a seven play, 69-yard drive. With a 14-0 lead, Jacob DeMott converted on a 30-yard field goal as the

Yotes scored on its third-consecutive drive. Down 17-0 Lincoln spoiled the hopes of a shutout bid with a 32-yard touchdown pass by TJ Goodwin to Darius Maxwell.

The second half saw College of Idaho flex its muscle as a quick start offense when they scored on a 48-yard touchdown pass from Peters to John Kreps on the fourth play of the half. The fourth quarter saw the Yotes add to its lead when Peters connected with Brock Richardson for a 19-yard touchdown pass to extend the lead to 30-7. The final points

of the day when reserve quarterback Caden Young showed his prowess with his feet when he scored on an 18-yard touchdown run to culminate a 10 play, 80-yard drive late in the fourth quarter.

Defensively, College of Idaho linebacker Joey Calzaretta led the Yotes with 10 tackles. Tanner Leaf added eight including one for loss. The College of Idaho defense picked off a pair of passes, including one by defensive tackle Jordan McKean after a Goodwin pass ricocheted off the backside of his offensive lineman. The other



interception came from Chip Mitchell, who was making his C of I debut. The Yotes defense limited Lincoln to 328 yards and 3 of 14 efforts on third down.

Next, College of Idaho will host Southern Oregon at 1 p.m. as part of a White Out in a non-conference matchup at Simplot Stadium.

College of Idaho Volleyball Drops a Pair of Matches

by Danny Kambel, C of I Director of Athletic Communications

The College of Idaho volleyball team dropped a pair of matches in its final day of competition at the HIU Summer Slam on Saturday. In a matchup of a pair of teams who were receiving votes in the NAIA Pre-season Poll, Rocky Mountain defeated C of I, 25-22, 25-20, 25-15 and in the final match of the tournament to Vanguard, 25-19, 25-12, 18-25, 25-22.

College of Idaho (2-6) was paced by a 10-kill effort from Shelby Nichol in the loss to Rocky Mountain. Gabriella Rios added nine and Jade Warren provided seven in the defeat. Nichol had five kills in the second set.

The matchup against

Rocky Mountain saw the contest tied on 16 occasions and featured 10 lead changes.

Rocky Mountain (5-2) posted a .157 hitting percentage with a match-high 16 kills from Makenna Bushman, who had six kills in the first set and seven more in the second set. The Battlin' Bears recorded 10 service aces in the win, four of which came from Brooke Ark. Plus, Rocky Mountain racked up 10 blocks and Blythe Sealey posted a double double with 32 assists and 10 digs.

Against Vanguard, Haley McUne had eight kills, Jade Warren added seven and Shelby Nichol had six. College of Idaho picked

up six service aces in the defeat with two from Liza Montalbo in the defeat. Savannah Hutchins had a double double with 10 assists and 12 digs and Clair Hodge also had a double double with 14 assists and 13 digs.

Vanguard was paced by Morgan Cole and Delaney Hill, who had 21 and 10 kills, respectively. Cole also had 15 digs and Rachel Lim had 12 assists and seven services in the win.

Next, College of Idaho will start Cascade Collegiate Conference play with a matchup against No. 20 Southern Oregon for its home opener on Friday, Sept. 1 at 7 p.m.

Caldwell Swimming Pool

by Char Jackson, Caldwell Public Information Officer

At the city council meeting on August 15, the Caldwell City Council overwhelmingly authorized a bid from Beniton Construction for the restoration of the Caldwell Pool. The city will build a new mechanical room in addition to repairing the current pool. Early this fall, work will start on this restoration, with the goal of reopening the pool in 2024. The pool originally closed in 2021 after a routine inspection revealed an electrical problem, making it unsafe to operate, which also led to the discovery of

a significant water leak under the deep end of the pool. Due to the accelerating costs of construction and repair, the Caldwell Pool remained closed through the 2023 season. Funds for rehabbing the current pool were included in the 2023 budget; however, construction expenses outpaced the anticipated costs of the project by more than one million dollars. The city began investigating every possible avenue to raise the funding needed with the goal to have a new and improved pool open for our citizens as



soon as realistically possible. The city began accepting bids to repair the city pool last month. We fully understand what a valuable resource this is for our citizens and we thank the community for their patience.

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Idaho Irrigation Equipment Association awards \$12,100 in scholarships

by Cassidey Plum Idaho Irrigation Equipment Association

Since 1980, the Idaho Irrigation Equipment Association has awarded 862 scholarships totaling \$524,100. Recently, the IIEA has awarded

\$12,100 in scholarships to 20 students for the 2023-2024 school year. These students were selected because of academic accomplishments,

leadership, activities, and career goals. Some students are the children and grandchildren of IIEA Members. The IIEA scholarships are only possible

due to the generosity of IIEA members along with the profits made from the Idaho Irrigation Equipment Convention & Tradeshow.

Four recipients are related to IIEA Members. They are designated with a * next to their name.



Cooper Beene

Cooper Beene, son of Britt & Andrea Beene, Rupert, received a \$500 scholarship to pursue his Agriculture Business degree at Montana State University. Cooper is a recent high school graduate and is excited to move to Montana and begin his college education. Cooper was sponsored by Butte Irrigation.



Annalise DeVries

Annalise DeVries, daughter of John & Nicole DeVries, Midvale, received a \$800 scholarship to pursue her degree in Agricultural Economics at the University of Idaho. She is heading into her senior year and will graduate with her bachelor's degree this spring along with a certificate in Agricultural Commodity Risk Management. Annalise was sponsored by Agri-Lines Irrigation-Parma branch.



Jada Eldrige

*Jada Eldrige, daughter of Brooke & Timothy Eldrige, Idaho Falls, received a \$500 scholarship to pursue her degree in Nursing at Brigham Young University -Idaho. After college, Jada plans to work in either Dermatology or in Pediatrics with her BSN. Thank you to Rain for Rent for sponsoring Jada.



Jordan Eldridge

*Jordan Eldridge, daughter of Lance & Cathy Eldridge, Idaho Falls, received a \$500 scholarship to pursue her degree in Biology at Brigham Young University - Idaho. Jordan plans to become a Certified Nursing Assistant and get a degree in surgical technology. Rain for Rent sponsored Jordan.



Hannah Field

Hannah Field, daughter of Will & Heather Field, Grandview, received a \$700 scholarship to pursue her degree in Animal Science at Utah State University. Hannah is currently working as an intern doing research at the university. Her plans are to pursue a master's after her undergrad and work with animal nutrition. Hannah was sponsored by Agri-Lines Irrigation Inc.



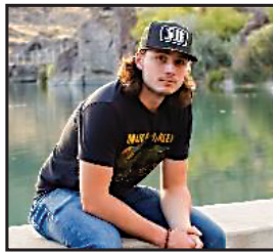
Elizabeth Jensen

*Elizabeth Jensen, daughter of Dallas & Ann Jensen, Caldwell, received a \$500 scholarship to pursue a degree in Pediatric Speech Pathology at Brigham Young University - Idaho. Elizabeth is a recent graduate from Vallivue High School and is excited to continue her hard work ethic in her college studies. Agri-Lines Irrigation Inc sponsored Elizabeth.



Sayger Kidd

*Sayger Kidd, son of Kent & Kimberley Kidd, Declo, received a \$500 scholarship to pursue a degree in History Education at Brigham Young University -Idaho. Sayger has gained a love for teaching after serving a mission for The Church of Jesus Christ of Latter-day Saints and is excited to start his career in teaching and coaching. Valmont Ind sponsored Jada.



Riley Klimes

Riley Klimes, son of Kelly & Danae Klimes, Kimberly, received a \$500 scholarship to pursue degrees in Agricultural Business and Business Marketing at the University of Idaho. Riley is a recent high school graduate and is excited to continue being an involved student in Moscow. Idaho Power Company sponsored Riley.



Mackenzie Malson

Mackenzie Malson, daughter of Josh & Maggie Malson, Parma, received a \$600 scholarship to pursue her degree in Agricultural Economics at Kansas State University. After completing her bachelor's degree Malson plans on pursuing a career in agricultural policy. Ferguson Enterprises & Robertson Supply sponsored Malson.



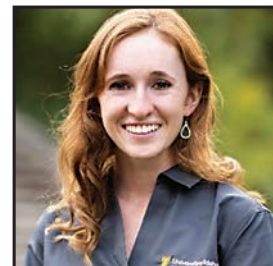
Hallee Miller

Hallee Miller, daughter of Zakery & Marcy Miller, Rigby, received a \$500 scholarship to pursue a degree in Agribusiness at Brigham Young University - Idaho. Hallee's future plans are to complete college with her bachelor's degree and take over the family farm. Golden West Irrigation sponsored Hallee.



Jarret Mink

Jarret Mink, son of Justin & Jodie Mink, Cambridge, received a \$500 scholarship to pursue degrees in Agricultural Business and Pre Law at Vulfes-Stockton College in Canton, Missouri. Mink recently graduated from Blue Mountain Community College and is now headed to Missouri to continue his college education and his time as a collegiate baseball athlete. Jarret was sponsored by Agri-Lines Irrigation-Parma branch.



EmmaRae Parsons

EmmaRae Parsons, daughter of Thomas & Amanda Darland, Arco, received a \$1,000 scholarship to pursue degrees in Biotechnology & Plant Genomics and Agricultural Economics at the University of Idaho. EmmaRae will be starting her senior year this fall. After graduation, she plans to enter a career in crop insurance or agronomy. Double M Ag & Irrigation sponsored EmmaRae.

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Idaho Irrigation Equipment Association awards \$12,100 in scholarships (Continued from Page 7)



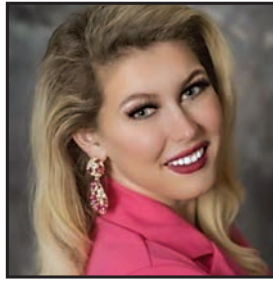
Kendra Murray

Kendra Murray, daughter of James & Tonya Murray, Genesee, received a \$600 scholarship to pursue her degree in Agricultural Economics at the University of Idaho. Kendra is excited to finish her senior year and graduate this fall with plans to travel for a few months and then come back and get a job in the agricultural industry. Ferguson Enterprises & Robertson Supply sponsored Murray.



Hana Pfeiffer

Hana Pfeiffer, daughter of Jerry & Jana Pfeiffer, Rupert, received a \$500 scholarship to pursue her degrees in Accounting and Political Economy at The College of Idaho. Hana is a junior with the hopes of working in agriculture business management after graduation. The Sprinkler Shop sponsored Hana.



Taylor Ann Skramstad

Taylor Ann Skramstad Walgamott, daughter of Scott & Kelly Skramstad, Nampa, received a \$500 scholarship to pursue her Juris Doctor Degree at the University of Idaho College of Law. Taylor Ann is entering her final year at the University of Idaho College of Law in Boise. After graduation, Taylor will be an agriculture and water law attorney in the PNW. B.A. Fischer Sales sponsored Taylor Ann.



Regan Stansell

Regan Stansell, daughter of Wendy Swenson & Eric Stansell, Marsing, received a \$700 scholarship to pursue degrees in Biotechnology and Plant Genomics at the University of Idaho. Regan is a sophomore with career goals of becoming a plant geneticist. Aqua Irrigation sponsored Regan.



Kaycie Theurer

Kaycie Theurer, daughter of Mitch & Shannon Theurer, Buhl, received a \$500 scholarship to pursue a degree in Agricultural Education at the College of Southern Idaho. Kaycie will be a sophomore this fall, and is excited to continue to work towards her goal of becoming an agricultural educator. Layne Pump sponsored Kaycie.



Travis Wells

Travis Wells, son of Todd & Genaura Wells, Castleford, received a \$800 scholarship to pursue a degree in Agricultural Systems Management at the University of Idaho. EmmaRae will be starting her senior year this fall. After graduation, Travis plans on pursuing a job in the agricultural industry. However, one day he hopes to return to his family's farm in Castleford, Idaho. Komet Irrigation Corp. sponsored Travis.



Kaylee Whiteley

Kaylee Whiteley, daughter of Scott & Christina Whiteley, Oakley, received a \$600 scholarship to pursue a degree in Agribusiness at the College of Southern Idaho. Kaylee will finish her associate degree this year and hopes to continue her career in the agriculture industry. Butte Irrigation sponsored Kaylee.



Kinley Whitmarsh

Kinley Whitmarsh, daughter of Bryan & Kristy Whitmarsh, Hagerman, received a \$800 scholarship to pursue a degree in Animal and Veterinary Sciences at the University of Idaho. Kinley aspires to attend vet school at Washington State University after obtaining her bachelor's degree. Idaho Power sponsored Kinley.

Security in Chaos: How to Recognize Stress and Ease a Child's Fears

by Valerie Christensen

"Mommy, I'm scared," is a phrase that is spoken frequently by today's children, who are becoming increasingly inundated with stories (and actual experiences) of natural disasters and distressing events. They seemingly come in rapid-fire succession, and it can be increasingly difficult for parents to limit their exposure to a child's impressionable young mind. Such occurrences can trigger extreme anxiety, making it essential for parents to provide a secure environment that fosters emotional well-being. According to recent CDC studies, 9.4% of children aged 3-17 years (approximately 5.8 million) had a diagnosable anxiety disorder. Many more experience high or low-level stressful events on a near-daily basis. Thankfully, there is good research and tips to help parents raise emotionally resilient children.

Understand Stress Signs and Encourage Open Dialogue:

The U.S. National Library of Medicine notes that children may not even realize they are stressed. That's why parents need to learn to recognize the warning signs, as stress can manifest itself both physically and emotionally.

The physical symptoms of stress can be similar to other conditions and not all children and teens respond to stressors in the same way. However, some physical indicators may be warning signs that a child is stressed:

- Decreased appetite or other changes in eating habits
- Unexplained headaches or body pain
- New or recurrent bedwetting
- Nightmares
- Sleep disturbances
- Upset stomach or vague stomach pain

Behavioral symptoms of stress are often mirrored, in part, by what they see from the adults around them. If they see parents responding in a panic to current news events, their reaction could be affecting their children's behavior. Some of the behavioral symptoms to look for include:

- Excessive worry or sadness
- An inability to relax
- New or recurring fears, such as fear of the dark, fear of being alone or fear of strangers
- Clinging behaviors, such as an unwillingness to let their parents out of sight
- Anger, crying, or whining

Continued on page 9

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Security in Chaos: How to Recognize Stress and Ease a Child's Fears (continued from page 8)



- Inability to control emotions
- Aggressive or stubborn behavior
- Going back to behaviors present at a younger age
- Avoidance of things enjoyed in the past, including family or school activities
- Irritability or acting out, especially among teens
- Difficulties with attention and concentration

your child's concerns effectively. However, exercise caution when discussing these matters in front of your child. You may need to carefully filter material that impressionable ears are hearing on the news and ensure the media they are consuming is age-appropriate. They should be protected from

graphic, violent, or scary images that may be too intense or overwhelming for their age. If a child is exposed to fearful news or images, encourage them to express their feelings and thoughts openly. Never shame or tease them for being afraid; rather, regularly engage in calming conversations about their worries. Answer their questions honestly but sensitively. Children need to realize their emotions are valid—even negative ones. Sometimes all it takes is reassurance from a parent to build security and trust!

Teach Coping Strategies and Get Help When Necessary:

Luckily, parents have many tools to empower their children with coping mechanisms to manage their anxiety. Many books and apps can help teach children mindfulness or cognitive behavioral thera-

py techniques to calm and redirect negative thoughts. Sports and hobbies can be helpful tools to engage the body and mind during stressful times. Negative news stories can be replaced with positive ones that highlight service, acts of kindness, hope, and resilience. Dr. Emily Collins, a child psychologist, says, "Balancing out the negative with positive stories can help counteract the emotional impact of distressing events." Set healthy boundaries and limit screen time, especially during times of crisis. Outdoor activities with the family in nature can help to divert their attention.

In a world of constant change, children can find invaluable comfort in constants. Keeping a predictable structure as much as possible can offer a sense of predictability and stability. During the worldwide pandemic, life changed seemingly overnight, causing a plethora of unforeseen consequences that people are still confronting years later. There were, however, many positive things that happened in families during that time. Many parents took the opportunity to slow

down and spend more time with their children as they created a "new normal" together. Multiple households discovered that it was the new, simple routines at home that gave them a sense of normality when regular life seemed to come to a standstill. When they couldn't be at school with their friends, children could find comfort in learning new skills with their parents. Some even emerged from the pandemic knowing how to care for sourdough starts or how to fix a flat tire! Predictable routines like having a set bedtime routine can help children feel safe even in uncertain times.

If your child's anxiety continues or worsens, consider seeking professional help. Child therapists and counselors specialize in

providing therapy tailored to a child's individual needs. By implementing these strategies, you'll be nurturing your child's emotional resilience in the face of fear and adversity.

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BAD DOG! Remembering Bill Rankin

by Leora Summers, Caldwell Perspective

I have played in our Caldwell Centennial Band, a concert band, from day one in 1990 along with another charter member, Bill Rankin. Now Bill Rankin was an exceptional clarinetist, and through the years had played in the Army Band and numerous other area bands and swing bands playing either clarinet or saxophone.

I on the other hand began my band experience in the 4th grade in New Jersey and continued to play through college and

never really at an accomplished level. I simply enjoyed the social experience of playing in a group to make great music together. I learned not to "hurt" the band by little tricks I learned along the way, like playing the first note of each measure so I could end at the same time as the rest of the band if the music was too complicated for me. Then as I would get better, I could fill in the other notes in the measures. Later as Bill got older, he played the bass clarinet in our band. Eventually

he dropped out as it became too difficult for him to get around.

After Bill left the band, Gini Rosandick, a local high school orchestra teacher requested some help from our band members to fill in some missing instrumentation for the upcoming musical, "Wicked." One of the instruments that she needed was a bass clarinet, so I contacted Bill and asked him if I could borrow his, since he had let me use it before for one of our playing seasons. Bill told me that because it was me and nobody else, he knew that I would take good care of it and he lent it to me. I picked up the music that I would be playing and a sound track and was excited to begin practicing for the musical.

After I picked up Bill's bass clarinet, I prepared to practice. I put the case on my living room floor, opened it and put the bass clarinet together. I went outside to my patio and began to practice. When I came back into the house, I froze! To my horror, I saw that the open bass clarinet case's sections that held the instrument's separate parts were pulled out of the case and strewn on my floor. Oh my God! And Bill's swab for cleaning the bass clarinet was gone and when I saw that, I knew that my dog had been busy while I was outside practicing. It never crossed my mind that something so sinister would be happening while I was practicing. I even looked out in my back yard days later to see if my dog had "recycled" Bill's swab, but to no avail did I see it.

What to do now? My dog basically destroyed the case and ate the swab and also chewed a little on one of the extra mouthpieces. Well, I got out my Elmer's Glue and went to work on the case. It looked pretty much back to normal when I was



Bill Rankin with his bass Clarinet

through with it. I took a little crazy glue and repaired the mouthpiece and then went to the store to buy some material and proper cording to make a couple new swabs. I made a couple for Bill and a couple for myself with the left over material.

Now the worst part was coming. I finished playing with the orchestra for the musical and now it was time to return Bill's bass clarinet to him. I was really sweating bullets now because remember when he lent it to me? He had said, "because it is you, I know you will take really good care of it." I guess I did not do a very good job of taking care of it did I? Who would have ever figured that my dog would try to ruin my life by destroying Bill's case, chewing on his extra mouthpiece and eating his cleaning swab? Obviously not me.

I went to his retirement center with my tail between my legs and knocked on his door. He looked delighted to see me which made it even worse. Then came the moment when I had to tell him about his mouthpiece and swab. The case looked none for the wear after I got it glued and all put back together, so I didn't need to mention that.



Her name was "Katydidit" for a reason!


When I told him about my dog eating his swab, even though I made him two new ones, he replied, "I hope your dog dies!" OUCH! I did feel like killing my dog, but doesn't everyone feel that way once in a while?

We left on good terms though as I was a good friend to Bill, taking him to different places when he wanted to go and bringing him back home. The last time I brought him back to his retirement center in Boise after a Rotary Club meeting in Caldwell on a Wednesday, he told me that he was really worried. He said that just before his wife had passed away, she slept an awful lot and that he was sleeping an awful lot now. After that we shared more stories and I took him up to his room and we said goodbye. Little did I know that would be our last goodbye. He passed away two days later on September 29, 2012.

Bill made a huge impact in our area's music culture. Many musicians remember Bill and will always highly regard him. I know I do and always will. And I will never forget what my "BAD DOG" did! That would have struck terror in any musician that had to face Bill in the aftermath of that!

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Just a Thought....Mass Media Can Provide Interpersonal Relationships

Hello friends. Just a little update. I hope you have had a wonderful summer. I can sure feel fall in the air. It is my favorite season, but just simply does not last long enough. I do enjoy sitting on the deck in the morning watching the steam rise from my coffee cup.

This August came with some changes, some good and others not ideal. Michael had another scan and we found out he had growth in a tumor in his lungs. He just completed three and a half weeks of radiation. Chemotherapy every day, infusions every four weeks

and then radiation. I admire his strength and feel his love through the dedication that takes. I know there are days he would rather throw in the towel. I reflect often on the emails and cards we receive expressing your care.

On another note, at 46 years old, I am a full-time college student learning to navigate this internet era. Between my business class, communications class and ethics class there is not much time for anything else. I do really appreciate that my classes are applicable in my day-to-day life. This



week we really focused on the five types of communication. So far, I am most appreciative learning that all my self-talk is not because I'm going crazy it really is a communication type. As the publisher of the Caldwell Perspective, My ultimate goal is to share the incredible things that the people, places, businesses and organizations are doing in Caldwell. I wanted to do something a little different than other mass communication vehicles, I wanted to encourage feedback.

I am currently working to perfect my time management skills as mom, wife, grandmother, funeral director and friend.

Through the newspaper I have had the great pleasure of building some lifelong relationships. I appreciate all of you for your support. I hope you know without any doubt that I am not trying to overwhelm you with my thoughts and feelings, but I think of this as my side of a very personal relationship with all of you.

Well, wish me luck as I trudge on. Your friend,
Chantele Hensel

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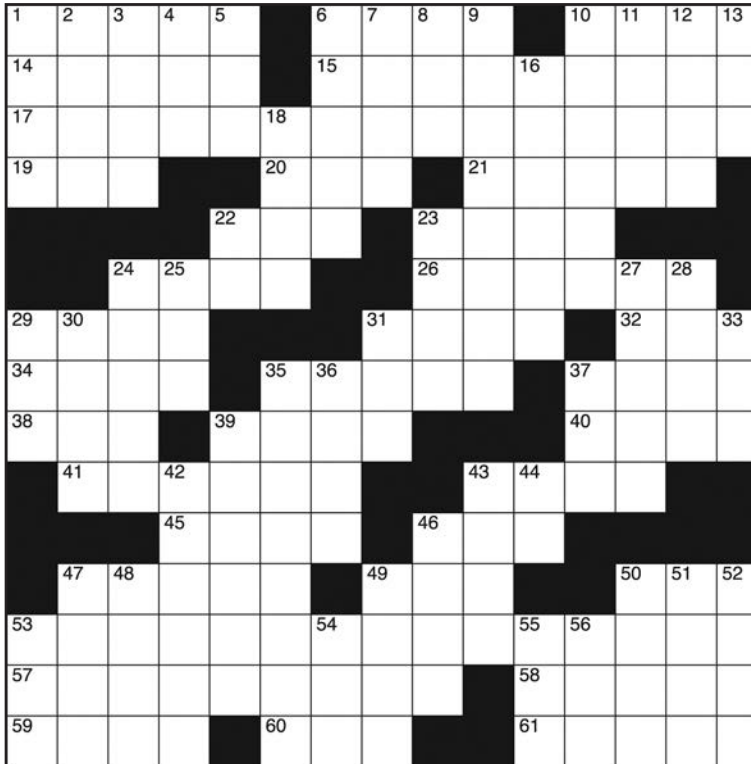
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by Dave McCormick



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- 1. Type of cat
- 6. Weaponry
- 10. Western Christian Church service
- 14. Significant eruption of pustules
- 15. Baltic nation
- 17. Start of American holiday season
- 19. Unhappy

CLUES DOWN

- 1. Body art
- 2. Middle East military title
- 3. Actor Pitt
- 4. Container
- 5. Speak incessantly
- 6. Relating to algae
- 7. Jacob __, journalist
- 8. Rock TV channel
- 9. Boat's cargo
- 20. Maintains possession of
- 21. Metrical foot of one long and three short syllables
- 22. Mountain pass
- 23. Vestments
- 24. Type of dish
- 26. Escaped quickly
- 29. Zoroastrian concept of holy fire

- 31. Wings
- 32. Political action committee
- 34. Touches lightly
- 35. Stood back from
- 37. Philippine Island
- 38. Popular winter activity
- 39. Type of amine
- 40. Small freshwater duck
- 41. Filled with love
- 43. Without (French)
- 45. Vetch
- 46. Swiss river
- 47. Describes a sound
- 49. Sign language
- 50. Hair product
- 53. Have surgery
- 57. Quality of being imaginary
- 58. Far-right German party
- 59. Drove
- 60. Former French coin of low value
- 61. Hard, durable timbers

- 10. Most wise
- 11. Within
- 12. Chinese industrial city
- 13. Scotland's longest river
- 16. Not capable
- 18. Footwear
- 22. Savings account
- 23. Capable
- 24. Vaccine developer
- 25. Tax collector
- 27. Fencing swords
- 28. Native religion in China
- 29. Promotional materials
- 30. A shot in a film production
- 31. Afflict in mind or body
- 33. A passage with access only at one end
- 35. Breathing devices
- 36. Employ for wages
- 37. Kids' TV channel (abbr.)

- 39. Popular Boston song
- 42. Made amends
- 43. Selling at specially reduced prices
- 44. Atomic #18
- 46. With fireplace residue
- 47. Unleavened cornbread
- 48. Draw out
- 49. Southwestern Alaska island
- 50. Where the Pyramids are
- 51. People of Nigeria
- 52. Smaller quantity
- 53. Destroy the inside of
- 54. City
- 55. Chivalrous figure (abbr.)
- 56. No (Scottish)



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Harvest Beef Stew (makes 6 servings)

- 1 tablespoon olive oil
 - 1 1/2 pounds beef for stew
 - 1 quart canned or stewed tomatoes, undrained
 - 6 carrots, cut into 1-inch pieces
 - 3 medium potatoes, cut into 1-inch pieces
 - 3 celery stalks, chopped (about 1 cup)
 - 1 medium onion, sliced
 - 1 cup apple juice
 - 2 tablespoons dried parsley flakes
 - 1 tablespoon dried basil
 - 2 teaspoons salt
 - 1 garlic clove, minced
 - 1/2 teaspoon black pepper
 - 2 bay leaves
 - 1/4 cup all-purpose flour (optional)
 - 1/2 cup warm water (optional)
- Heat oil in a large skillet over medium-low heat. Brown stew meat on all sides. Drain excess fat.
- Placed browned meat and



remaining ingredients except flour and water in Crock-Pot® slow cooker. Mix well. Cover; cook on high 6 to 7 hours.

Before serving, thicken gravy, if desired. Combine flour and warm water in small bowl, stirring well until all lumps are gone. Add mixture to liquid in Crock-Pot slow cooker; mix well. Cook 10 to 20 minutes, or until sauce thickens. Remove and discard bay leaves before serving.

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September Southwest Idaho Birders Association

Alas, the end of summer is here. Although it may be a sad season for some, for bird watchers it is the beginning of an exciting fall migration! You never know when or where a rare bird might show up, like the immature Ruddy Turnstone that made an appearance at Lake Lowell in the middle of August. Generally, Ruddy Turnstones stick close to coastal shorelines, except

for when they are migrating from a far northern coastline to a more southerly one for the winter. Speaking of Lake Lowell, this month's SIBA meeting will be an outdoor potluck on September 14th at 7 p.m. at the Deer Flat NWR Visitor's Center, 13751 Upper Embankment Road, Nampa, ID 83686. Anyone is welcome to come and enjoy swapping bird and wildlife stories during

dinner at the lake, but if you do come, please bring a dish to share.

September's field trip will be a joint adventure with the Golden Eagle Audubon Society to the Lake Walcott/Minidoka NWR area near Burley on September 16th at 7 a.m. Rare shorebirds and waterfowl may be seen on this trip, so make plans to attend! The outing will last all

day, so please plan to bring water, lunch, and your bird spotting gear! SIBA field trips are open for anyone to attend, but if you would like to come you must register with Wayne Smith via email at smithagconsulting1@gmail.com. If you would like to carpool on the field trip, please meet at the liquor store, 6584 S Federal Way, Boise, ID 83716, at 7 a.m.

by Aidan Lorenz



Ruddy Turnstone

by Aidan Lorenz

I was moving into the 7th grade in the mid 60's and one of the "set in stone" projects was making an insect collection for Mr. Tieschert's science class. Everyone with an older sibling knew of this and either looked forward to it or dreaded it. Since insects are seasonal we were encouraged to spend our summer getting a good start on gathering them which had a 0% chance of even being a thought in my head. I figured I could outdo anybody's work in short order with the exotics from the Owyhee country.

The insects that live there are supercharged versions of their valley cousins and are acces-

sorized with wings and an extra color or two. Most of them sting or bite. Just how I was going to capture the really mean ones, I hadn't thought through but like a lot of things at that age, I figured the solution would present itself in time. It didn't and most of the really interesting specimens either got away or were preserved as gooey smudges of wings and legs from a handy board or other makeshift swatter. As usual there was work to do at the cabin so the bug safari could be attended to at that time.

The ants there live in large piles of needles and twigs about 3 feet across and 2 feet high.

Bugs of the West

They come in both black and red varieties and both have the same nasty disposition when annoyed. Catching a few of these was easy enough as long as you don't linger more than a few seconds. Any longer and they will be up your leg biting whatever suits their bad mood. When they start in, the victim will immediately begin to disrobe to find the attacker which usually invites more of them aboard so you should suffer the bites long enough to move away from the source before trying to remove them.

By the fall there is not much water running in Soldier creek but usually enough to support a few water skippers in the slack pools. Some have wings and can sting but I've never encountered one that did. One of their food sources, the mosquito has usually cleared out by the end of the summer except for the larger mutants and none of those were showing themselves either.

The wasps are also hard to find as the weather cools off but if you really need one just warm up the bunkhouse and a couple dozen will literally come out of the woodwork to accommodate you. Just be ready to vacate the building as they are the most unreasonable pests next to hornets and the occasional supersized Great Black Wasp. I met up with one of these while

cleaning a room and it has to be the most intimidating bug I ever encountered. At about 2" long I couldn't shoo it out without taking the chance that I'd be injected with paralyzing venom. Turns out a bite is supposedly not that bad but I certainly never want to test it so it became the aforementioned gooey smudge with legs and wings sticking out.

Flies seem always to be plentiful since there is an outhouse on site. Again they come in several sizes and hostility from "just annoying" to the nasty bite of a horsefly. They can be pestering you all day but when you want one in one piece, they disappear like kids when its time to do dishes.

Grasshoppers are pretty common and some years can be found in quantity at the cabin. In one of the drought years of the 90's there were so many of them that a walk through the dry grass was like wading into water with them as they fanned out in waves before your footsteps.

Though not technically an insect this story would not be complete without saying something about ticks. The tick is a parasite that is hard to stay clear of at the cabin and once acquired there are several ways to get rid of it, all of them unpleasant. When Dad said he needed a couple matches to remove one from my brother I had a visual of him being lit on fire. It wasn't that drastic since the match is blown out and just the heat on the back end of the bug is supposed to make it back out. Of the many times I've heard of this being tried, I've only seen it work for Dad. I wind up killing the pest and having to pull it out with tweezers or digging it out. As far as including one in



by Stan Soran

an insect collection, I don't think you could drive a pin through one without a hammer and Mr T would surely have deducted rather than added extra credit.

The due date for the collection approached and like most of these school projects in my life it would be a thrash to get the minimum number. With the few specimens from the cabin I still had to get most of them from around the neighborhood. I found that the dead June bugs left over and laying around on the front step were always missing a piece or two and wouldn't work. Nothing from Danise's collection would do as her penmanship was far better than mine and again a missing head or leg was a dead give away that it was less than a fresh specimen. Moths were plentiful but difficult to get without breaking them.

As I remember I came in with a few less than the minimum and scored something

like a "C" on it, a grade that was beginning to appear more and more on my report cards. Dad was able to instill some higher motivation in me by tying a higher GPA to possible future car ownership. As far as the world of insects and me went, they returned to their rightful place as gooey smudges with wings and legs sticking out.

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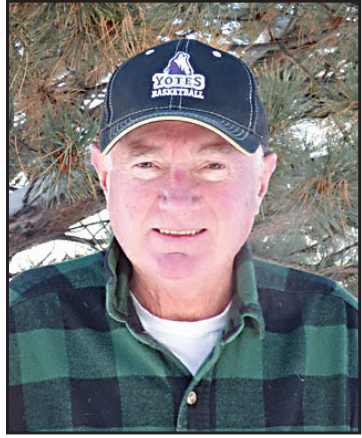
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The hot dusty days of August fade like a hazy memory, as the days grow shorter, and the nights cool a bit, we bid adieu to the dog days of summer. The origin of the phrase dog days goes back to the

ancient Romans when the dog star Sirius would rise ahead of the summer sun July through August. I had always assumed dog days probably had its genesis in the south when it was so hot a possum hunter could not coax his redbone hound from the shade of the porch. As fall approaches there is another saying: Indian summer the origin of this phrase is more uncertain, but it became widely used in New England around 1778. A warm autumn gave the Native Americans more time to harvest and gather stores for the winter. Indian summer is also associated with a summer like

Dave's Big Back Yard

warm up after a cold spell or frost.

Anyway, after that brief history lesson, many of us look forward to the many outdoor activities September affords. Dove season opens on September first. These little speedsters are a ton fun to shoot with a small bore shotgun. I prefer a 4:10, but any scatter gun will work depending on your efficiency, you might fancy yourself a decent shot, maybe even revered by your peers and buddies at your favorite sporting clay range. Trust me these little feathered air-foils can leave you with a sack full of empties and a handful of feathers blowing in

the wind. A pair is headed your way there in gun range, make sure you get the first one, cuz a double is near impossible. After the report from ground fire the second bird takes evasive action and becomes as elusive as a house fly who has been sucking on a day-old donut all day. I know you can't resist and you dump the second barrel, not only did you miss you were not even close, only to do it all over again. Doves like three things: food, water and loafing areas. Do some scouting, acquire permission and challenge your skills, shoot 50% good 25% average 15% or less, buy

some bicycle pants and a helmet. Doves are not the only game in town, forest grouse opens on the 30th of August, quail, chukar and huns open on the 17th of September. September is one of my favorite months to fish. Pressure is less due to the opening of the shooting sports, and fish are hungry, last year near the end of the month my wife and I had some great days on Brownlee fishing for smallmouth bass, all the while those chukars were constantly calling me up the slopes.

Burn some gun powder wet a line and if REI'S cycle sales go through the roof that is fine too.

by Dave McCormick

LOCAL DIRT PERSPECTIVE



Well you can smell it in the air, cool air wafting with touches of bbq's, tailgating, football starting and baseball winding down. It's time to start thinking about the fall projects of putting away pools and outdoor furniture along with lawn equipment and landscapes. Oh yes, you do have to put away your gardens, planter beds and lawns properly for winter. A couple questions were asked of me recently 1) how do you prune shrubbery for winter? and 2) how do you prevent squash bugs? Let's take 2 first. You'll never totally prevent bugs in and around your house and garden, but you can cut them way back by not giving them safe harbor in the winter.

Most bugs need a place to hibernate during the winter so they can live on, and one of the best ways to cut their numbers down is by doing a thorough fall cleanup of garden and

planter beds. When your squash plants and tomato vines die, remove them, burn them, compost them or put into the trash. Work your soil to incorporate any debris left, to breakdown over the winter, you could even throw in some granular insecticide if you've had real problems. Hose down evergreen shrubbery especially near house walls. Cut and keep your lawn as short as possible for winter also. The cleaner your landscape, the less places critters can hide.

First question: Heavy pruning or just cut back? My rule is, if you're not certain what a plant can tolerate during a cold winter, then just do a little trim back for tidiness and, it makes it easier to put all your decorations on. You'll never go wrong by waiting till mid February early March to do the major cutting back, but you don't want to put that off until April either because it could hurt the new growth, except roses, don't do major pruning until mid April. Lots of shrubs like, lilac's, red and yellow twig dogwood's are okay with cutting shorter but they also need to have older more woody branches completely removed to make room for more vibrant new growth which comes out of the roots. But some shrubs like butterfly bushes and arctic willows like to be completely cut

to the ground but again not until late winter early spring. Ornamental grasses should be reduced down to 6-12 inches in the spring, but only in the fall remove all plumes to prevent seeding everywhere with those grasses. Doing too much pruning on most shrubs in the fall, removes the protective canopy protecting the roots from a harsh winter. Really cold temps can dry freeze branches killing them. Tree pruning; first and foremost, prune for safety; visual safety for cars pedestrians and bike riders, to prevent getting

hit in the head while mowing, or causing damage to structures or people. Prune for shape or weight reduction. Some trees looking for sunlight might throw a branch way out there and get too heavy then breaks,

stripping the protective bark off the trees trunk. That damage is an open wound and can let disease and bugs in killing the tree. Until next time, Pat.

by Pat King



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by Kelly G. Jenkins, JustServe Caldwell

Join together on that solemn day of September 11th for a National Day of Service and Remembrance to honor and commemorate the many sacrifices made by remembering the immeasurable acts of service that happened that day to protect our nation's freedom. Americans of all ages, backgrounds, and ideologies will be honoring the lives our country lost by serving in communities, joining with others, or leading community service projects.

We all have the ability to touch lives beyond the walls of our homes. Let's come together in unity, collaboration and service to make life better for people around us and become a strength in our community. Together, we can build bridges in our community when we cross differences and divides and engage in service on this sacred day or the days preceding and surrounding 9/11. Make a commitment now to



unite in service and "Never Forget."

Visit JustServe.org to check out service opportunities in our community where love and kindness are needed. JustServe is designed as a community resource to help individuals, families and groups find community service opportunities to extend compassion to strangers.



Within 10 miles of Caldwell, there are over 115 volunteer opportunities posted on JustServe. Additionally, we are constantly in search of new JustServe organizations to give volunteers community service opportunities. If you are a faith-based, nonprofit, community, and government entity needing volunteers, JustServe is for you. Please reach out by sending an email to: kelligjenkins@gmail.com.

If you're unable to serve on September 11th, no worries! Again, the days preceding and/or surrounding September 11th are other opportunities to serve, honor and remember that solemn day. At a high-level glance, here are a few community service opportunities:

State Hospital

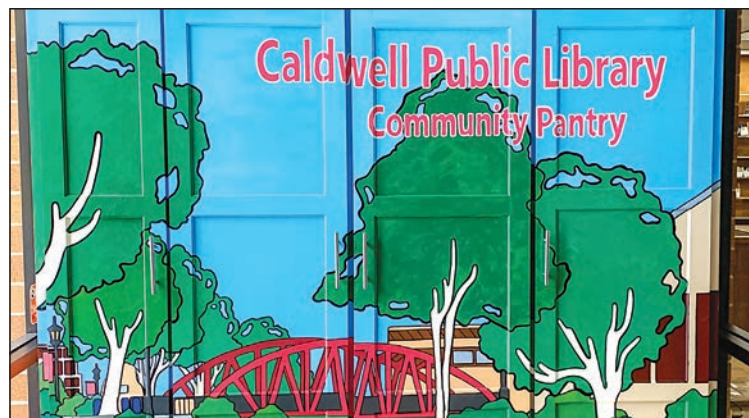
Ongoing-4th Tuesdays (set your own schedule)

Volunteer to teach teens art, music, sports, hobbies, etc. Must be 18 & older to work with adolescents who struggle with a mental illness.

Hope's Door/Advocates Against Family Violence

September 22: Volunteers are needed to set up, help out with parking, and clean up after their annual Hope Down fundraiser. Set up and decorating shift will be from 3-5 p.m.; parking shift will be from 5-6 p.m.; and, clean up will be from 9-9:30 p.m.

Nurse Family Partnership Program



September 28: Help supply a simple graduation pizza party for moms, babies and families. These moms have incredible stories of hard work and strength to achieve better opportunities for themselves and their families. There will be 8 families (20-25 people).

Caldwell Library - Community Pantry

Ongoing-Help keep our Community Pantry stocked for those in need. Right now, they are in need of donations of the following items (and more): protein bars & shakes, crackers, small boxes of breakfast cereal, canned soup & chili, instant noodles, packaged tuna, bottled water, socks, toothbrushes & toothpaste, laundry pods, etc.

St. Vincent de Paul Thrift Store

Ongoing-Volunteers are needed to help sort, organize, and tag incoming donations. Help with floor display and cleaning, as needed.

Southwest District Health Fit & Fall Proof Class Leads

Help adults over 65 reduce the risk of falls by volunteering to lead Fit & Fall Proof classes. Not only can you help others improve their physical and mental health, it will improve yours too. You will receive free training and lots of support.



Genesis Community Health

Ongoing-Volunteer to be part of a team of people to help low income, uninsured neighbors get high-quality, FREE comprehensive healthcare. Providers (MD, DO, NP, and PAs), Nurses (RNs & LPNs), Community Health Workers, and Front Desk Assistants are needed for their new Caldwell Clinic.

In addition to these JustServe organizations, there are endless community service opportunities to lend a hand, make a direct impact in the lives of others, and lift up a stranger. As we come together in unity and service, we will honor and commemorate the solemn day of 9/11 plus generate a spirit of love that transcends differences and unites us as ONE. Visit JustServe.org for more details and to start volunteering today.

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