



Cultivating Psychological Safety

The What:

This 1/2 day in person interactive workshop is all about Cultivating Psychological Safety where people feel able to show up as their true authentic selves, have a voice to share ideas, innovations and concerns and frustrations.

If you are not aware of the term Psychological Safety, you will still probably understand what it is as I'm sure you would have experienced a lack of it. So if you have ever been in a room full of people, had an idea, or concern but didn't raise it and stayed silent, that would have been because there was a lack of Psychological Safety.

This workshop will explain the 4 stages of developing Psychological Safety and the tangible things you can do to create this in your teams.

The Who:

- Anyone who works in a team setting, whether your team is 5 people or 500 people.
- Business owners and Leaders and anyone who sets people to work.

- Equally if you are client or customer facing then this would also be useful

The Why:

This is a global trend and the best, biggest and innovate businesses such as Apple, Google and Amazon are all embracing this philosophy within their teams to develop a Psychological Safe environment so they can get the best from their people, create, innovate and solve challenges, make better decisions and learn along the way, all because their people feel empowered to have a voice.

The Numbers:

- 1/2 day - 4hr workshops
- number of attendees of 5 - 20
- each workshop is £1250 + VAT
- includes 6 weeks of digital handouts with self reflection prompts to keeps the key messages alive long after the workshop finishes.

