## How to log in and Register for bikejournal.com

For those of you who are interested in participating in your bike club's efforts to track your miles, here are instructions on how register as a user and post your miles.

## 1. Log onto bikejournal.com

- 2. Existing Bike Journal members enter your **username** and **password** to sign else click on "**Sign-up**!" on the lower left to take you to the next screen where you will complete the **Create Profile** screen
- 3. Fill in your information to create a member account
- 4. Other members will identify you by your username, so it is suggested you **do not use your real name** in order to protect your privacy
- 5. On the line for Club Affiliation select "The Village Bicycle Club"
- 6. Click "Continue" at bottom of screen
- 7. Read information labeled What Should I Do First
- 8. Type in the miles you have ridden since Jan. 1st
- 9. Click on **Save**
- 10. To post miles for each daily ride, click on the word **Journal** found on grey border under the site name
- 11. In drop-down box, click on Add Ride
- 12. Enter your **distance** and **type of ride**
- 13. At lower right, click on **Add Ride**
- 14. The next screen will show you your rides for the current month
- 15. At bottom of chart, total miles for month and year to date will be listed
- 16. For questions or comments contact Pam Powell at powellpd@aol.com