



COLOR MASTERY JOURNEY (CMJ) OIL PAINT SUPPLY LIST

Go on a Color Mastery “Genius” Date:

Make gathering your supplies a fun appointment this week with your Genius Self.

The Palette
The Brushes (and Palette Knife)
Cleaning Agent and Container
The Paint

THE PALETTE:

The palette is an unsung hero of painting. It's where you'll mix all those great hues for the CMJ class and then to create wondrous works of art. Although the variations of this tool might seem the same, not all palettes are created equal. I've listed my personal favorites with links below.

For oil paints: You'll be mixing them with a palette knife, you'll want to look for larger flat surfaces that will give you enough space to move the palette knife back and forth with ease.

In my studio at home, I actually use a big (18 x 30), heavy piece of glass laid over gray-painted cardboard (you'll learn why in this course). But for travel and for keeping your oil paints from drying out, I've used the below for over 25 years! I still have at least 10 of them. Lol.

MASTERSON ART PRODUCTS MAS100 Artist Palette Seal 16X12, White.

On sale right now for \$18.57 (normally \$25.50)

<https://amzn.to/2ZFvu3D>

Strathmore 300 Series Paper STR-365-12 40 Sheet Disposable Palette, 12 by 16", 12"x16", White. \$12.06. (to fit inside the sealable box above).

<https://amzn.to/3blpani>

OIL PAINT BRUSHES and PALETTE KNIFE FOR CMJ:

Even though I use “natural brushes” when I’m doing oil paintings; these brushes are synthetic, but have all the shape-styles. This is a great price for the variety of brushes and can be used for oils, acrylics or watercolors. They will work just fine for what we are doing in CMJ ...and will allow you to get familiar with all the brush shapes:

Paint Brush - Set of 15 Art Brushes for Watercolor, Acrylic & Oil Painting - Short Handles.

\$19.97. These brushes are synthetic, but have all the shape-styles, and again is a great price for what we are doing... and can be used for oils, acrylics or watercolors.

<https://amzn.to/3unNv4T>

You’re going to need a palette knife to mix the paint with. Below is a photo of my favorite size and shape. I’ve been using it my whole artist life. (I also use it to paint with on the canvas for a more impasto look). I laid it by my pencil for size comparison. I DON’T recommend the long, skinny ones. I found a great deal on Amazon! Though you only need ONE of these, you can get all five for almost the price of what I have paid for just one!



CONDA Palette Knife Painting Stainless Steel Spatula Palette Knife Oil Paint Metal Knives Wood Handle (Red 5 Piece) \$6.98

<https://amzn.to/2ZBAAtCH>

OIL PAINT MEDIUM (AND DRYER):

This is my very favorite, been using it for decades! It speeds up the drying of oil paint to almost overnight sometimes!

Winsor & Newton 3239751 Liquin Original, 250ml, Multicolor \$16.00

<https://amzn.to/2NLdous>

- general purpose semi-gloss medium
- speeds drying, improves flow and reduces brush stroke retention
- Resists yellowing

CLEANING AGENT:

When using oils, I would use Turpenoid if you can afford it... or any good quality (and fresh) odorless turpentine or mineral spirits from a hardware store (the problem if not fresh: not odorless either—but *considerably* cheaper!)

And then a **sealable** container (for the sake of fumes and protect from accidental spills). There are some good stainless steel sealables (you will use these to go plein air painting -which I will highly recommend down the road). Another cheap option I've used is to go to a thrift store, and in the kitchen department you will often find crock-like containers that have a flip-up sealable lid for anywhere from \$2- \$5. (Make sure it has the seal ring still on it!) Those work for at home use just fine.

Weber Odorless Turpenoid, Artist Paint Thinner and Cleaner, 946ml (36 Fl Oz) Bottle, 1 Each. \$24.90

<https://amzn.to/3ukK4Me>

US Art Supply Stainless Steel Leak-Proof Deluxe Brush Washer. \$17.00. Not very big, but great for travel or "plein air" oil painting.

<https://amzn.to/3kaRNru>

THE PAINT:

One of the biggest differences between acrylic and oil paint is the cost. Due to the use of pure pigments, you'll find that oil paints are priced higher. In fact, you'll quickly notice differences in the prices of tubes depending on which pigment—and how much of it—is inside. When speaking of artist grade paints, manufacturers will often label their colors on a number or letter scale, with a higher number or letter signifying a higher price due to the type of pigment used.

If you are looking to save on money, student grade oil paints will give significant savings, but at a cost: in order to cut costs, fillers and stabilizers are incorporated with the pigment and oil. In general, student grade oil paints use synthetic hues instead of pure pigment, which can lead to discrepancies in color.

Artist grade oil paints are created to be as vibrant and permanent as possible, with the purest paints made solely of pigment and linseed—or poppy—oil. While they can be more costly, starting with smaller tubes or a limited color palette (which is what we will do) will allow you to experiment with professional quality paints without overspending. And because the pigment load is higher, you'll need less paint to get the vibrant colors you're after.

Certain colors can have longer drying times. For instance, whites tend to take longer to dry, as they are mixed with poppy oils. This slower drying oil is used as an alternative to linseed oil, which can yellow over time.

GRUMBACHER AND WINDSOR NEWTON have been the two favorites for most oil art students. Grumbacher is a favorite paint brand as each tube provides a considerable amount of pigment and tint, especially at its low cost.

Winsor & Newton's Winton Oil Colour is the best student grade oil paint. They are priced well for the amount of pigment and also make a great choice if you need a high volume of color.

More information midrange: Gamblin is an American paint manufacturer known for its high-quality oils with a focus on safety. For instance, they don't use lead in their white and have a line of solvent-free mediums, which makes it safer to work in the studio.

I also have been told that Bob Ross oil paints aren't just a novelty paint named after *The Joy of Painting* master, they're also a great mid-price oil paint option. The pigment load isn't as high as some other artist grade paints, but they are priced well and available in large, 150 ml tubes.

The set below are considered “Artist Grade”. If you get the small tube set below, you will need to also get the two colors (Ultramarine Blue and Cadmium Yellow immediately below, missing from the set); plus one large tube of white.

**Grumbacher Pre-Tested Oil Paint, 24ml/0.81 oz Tube, 10-Color Set (P1030G).
\$54.26 (professional brand)**

<https://amzn.to/3qMMJvW>

Grumbacher Academy Oil Paint, 37 ml/1.25 oz, French Ultramarine Blue \$9.14

<https://amzn.to/2ZGcl86>

Winsor & Newton Artists' Oil Color Paint, 37-ml Tube, Cadmium Yellow. \$15.95

<https://amzn.to/3dAYB0c>

The set below is student grade, it's much cheaper and will work, if funds are very low. You will need to also get the color immediately below (missing from the set); plus one large tube of white.

Winsor & Newton Winton Oil Colour Paint Basic Set, Ten 21ml Tubes. \$30.98

(Student brand, but pretty darn good really... and exceptional deal—it's also selling on Amazon for \$69!)

<https://amzn.to/3dlsNGG>

Winsor & Newton 1414468 Winton Oil Color Paint, 37-ml Tube, Permanent Alizarin Crimson \$6.99

<https://amzn.to/3bocBYy>

GET A LARGE TUBE OF WHITE! Winsor & Newton 1437644 Winton Oil Color Paint, 200-ml Tube, Titanium White \$16.19

<https://amzn.to/3qJXezZ>

“If you don’t understand color, you are a traveler who left your luggage at home. Sooner or later you’ll have to go back and get it, if you want to go very far. So begin your travels now in the world of color~ and have a great trip.” ~Nita Leland