



**August 31st of every year!**

**Did you know that today is a legal holiday**

**across Missouri that originated in**

**Washington Co. called Random Acts of**

**Kindness day? It's in honor of**

**suicide/depression awareness.**

**Feel free to pass this good deed along  
to someone else!**

**Struggling? Check out the resources  
on the back! You are not alone!**

**WWW.SHAYLEYSANGELS.ORG**

**HAPPY**

**RANDOM ACTS**

**of Kindness**

**DAY**