

# Custom Sizing Request Form



## EMPLOYEE INFORMATION

Name \_\_\_\_\_

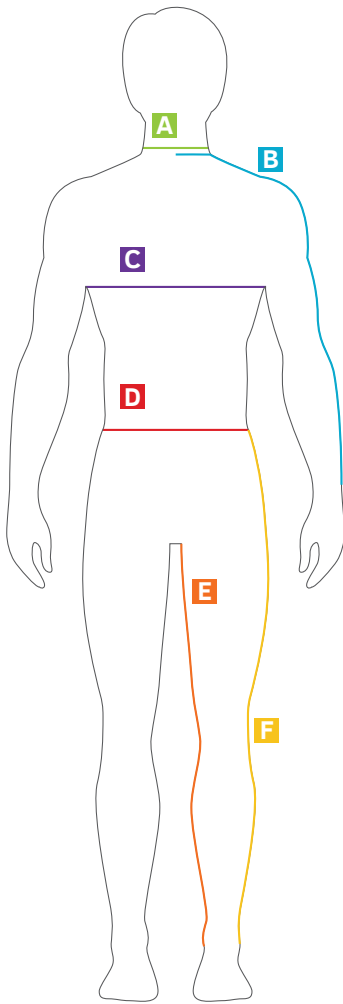
Height \_\_\_\_\_

Measurement Unit  IN  CM

## MEASUREMENT PERFORMED BY

Name \_\_\_\_\_

Signature \_\_\_\_\_



## MEASURING FOR ARC FLASH CLOTHING

### STARTING TIPS

1. It is difficult to measure yourself. Ask a coworker or supervisor to do it for you.
2. It is generally easier to measure with a tape measure than a ruler. If you do not have one, contact Oberon Customer Service.
3. Follow the instructions below. If you have any questions, contact Oberon Customer Service.

## EMPLOYEE MEASUREMENTS

### A NECK

Wrap the tape measure around the broadest point of the neck. You can also measure the neck of your favorite shirt.

Employee Neck Measurement \_\_\_\_\_

### B SLEEVE LENGTH

Holding the tape measure at the center of the back of your neck, draw the tape measure over the point of your shoulder down to your wrist.

Employee Sleeve Length Measurement \_\_\_\_\_

### C CHEST

Wrap the tape measure around the broadest part of your chest, about 2 inches (5 cm) under your underarm.

Employee Chest Measurement \_\_\_\_\_

### D WAIST

Wrap the tape measure around your waist roughly at the point of your belly button. If your belly is larger than your waist, and you wear your pants UNDER your belly, measure where you comfortably wear your pants. If you are purchasing coveralls or bib-overalls, measure at the broadest part of your belly.

Employee Waist Measurement \_\_\_\_\_

### E INSEAM

Hold the end of the tape measure in the crotch of your jeans or pants and measure down the length of the leg to the ankle or the hem of your pants.

Employee Inseam Measurement \_\_\_\_\_

### F OUTSEAM

When sizing pants, hold the end of the tape measure just below the waist of your pants where you would wear your belt. Measure down the length of the leg to the ankle or the hem of your pants. When sizing for coveralls, measure down from the point parallel from your belly button, where the elastic of the coveralls will lie.

Employee Outseam Measurement \_\_\_\_\_

Please return form to Oberon by email at [safety@oberoncompany.com](mailto:safety@oberoncompany.com). For questions or measuring assistance, please contact Oberon Customer Service.