



NIECY'S

WELLNESS & MEDICAL SPA

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(423)410-0072
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Vitamin B12 (Cyanocobalamin): The Spark- Injection Consent

NAME _____ DOB _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE (____) - ____ - ____ EMAIL _____

EMERGENCY CONTACT NAME _____ EMERGENCY CONTACT # _____

REFERRED BY: _____ REASON FOR APPT _____

Medical history? Please list below

Allergies: _____

Vitamin B12 injections are not intended to treat, cure or prevent any illness or condition. All medical conditions should be treated by a physician competent in treating that particular condition. Clearance from medical primary care doctor is required before receiving vitamin B12 injections at Niecy's Wellness and Medical Spa. Niecy's Wellness and Medical Spa assumes no responsibility for customers choosing to treat themselves.

The use of vitamin B12 injections are not intended to substitute for medical care or treatment. Do not stop your medication without first consulting with your doctor or medical professional. Vitamin B12 injections are NOT a substitute for any conventional medication or medical condition. The information contained herein is not intended to cover all possible uses, directions, precautions, warnings, drug interactions, allergic reactions, or adverse effects. If you have any questions regarding vitamin B12 injection use, or possible contraindications and or side effects, please consult with your physician or health professional.



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Description/Benefits:

B12 injections are typically used as a treatment for a certain type of anemia (pernicious anemia). In this type of anemia, people lack intrinsic factor in the stomach which is necessary for the absorption of the vitamin. People with chronic fatigue or anemia require weekly to monthly injections of vitamin B12 usually because the oral form is not dependable. Vitamin B12 shots are most effective when taken at regular intervals (usually weekly or monthly). A regular schedule to receive the injections can be customized to each individual. B12 injections can also increase energy levels and combat fatigue.

Possible side effects and Contraindications:

- A vitamin B12 shot is safe and generally has no side effects, even in higher doses.
- Some redness and swelling at the injection site may occur. This should start to get better within forty-eight (48) hours.
- In rare cases, B12 can cause diarrhea, peripheral vascular thrombosis, itching, transitory exanthema, urticaria, feelings of swelling of the whole body.
- Sensitivity to cobalt and/or cobalamin is a contraindication.
- People with chronic liver and/or kidney dysfunction should not take frequent B12 injections; therefore we ask that see clearance from primary care provider before treatment
- Interactions with drugs: Chloramphenicol can impede on the red blood cell producing properties of B12
- Other drugs that decrease or reduce absorption of B12: antibiotics, cobalt irradiation, colchicine, colestipol, H2-blockers, metformin, nicotine, birth control pills, potassium chloride, proton pump inhibitors such as Prevacid, Losec, Aciphex, Pantoloc, and Zidovudine.
- B12 is contraindicated in Leber's disease, a hereditary optic nerve atrophic condition

BY SIGNING THIS WAIVER I AGREE THAT:

- I understand the B12 injection procedure and I accept the risks, and possible side effects of the treatment.
- I understand that I may experience some redness and swelling at injection site. I understand that rare cases can cause: diarrhea, peripheral vascular thrombosis, itching, transitory exanthema,
- I understand that Leber's disease is a contraindication for B12 injection
- urticaria, feelings of swelling of the whole body.
- I grant Niecy's Wellness and Medical Spa permission to give me a vitamin B complex injection and I do not hold them responsible for any adverse health reactions.
- I am aware that the results are not guaranteed and I may require more treatments to achieve my desired results.
- I will make Niecy's Wellness and Medical Spa aware of any changes to my medical history before every subsequent treatment.
- I acknowledge that this consent will cover this treatment as well as subsequent treatments I may have.
- At Niecy's Wellness and Medical Spa, we ask that you obtain primary care physician clearance before any treatment



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LIMITATION OF LIABILITY: You agree, acknowledge, and voluntarily assume the risk of injury, accident or death which may arise from the use of B12 Injections. I and any of my heirs, executors, representatives, or assigns hereby release all claims or liabilities for personal injury or property damages of any kind sustained while on the premises, during the use of hot tub/sauna and from any advice provided by an employee, independent contractor, or any representative. I agree that this disclaimer and consent is in effect for all B12 Injection sessions and will not expire unless specifically requested by either party. I understand that if any new health conditions and/or medication changes are made, I will consult with my primary care doctor to be cleared again before further use. I further understand that the employees and practitioners at Niecy's Wellness and Medical Spa are not medical doctors and are not attempting to portray or conduct the activities of a medical doctor. I have carefully read the above safety instructions for using B12 Injections. I fully understand them and fully agree to comply with instructions. I will consult with the staff of Niecy's Wellness and Medical Spa if I have further questions.

NAME: _____
SIGNATURE: _____

DATE: _____
DATE: _____

If under the age of 18- PARENT GUARDIAN

SIGNATURE: _____

DATE: _____

PRACTITIONER NAME: _____

DATE: _____

SIGNATURE: _____

DATE: _____



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MEDICAL DIRECTOR NAME: _____ DATE: _____

SIGNATURE: _____ DATE: _____