



# NIECY'S

## WELLNESS & MEDICAL SPA

128 Princeton Rd Ste. #3  
Johnson City, TN 37601  
(423) 410-0772  
[office@niecyswellnessandmedicalsps.com](mailto:office@niecyswellnessandmedicalsps.com)

### Salt Room Therapy Waiver Form:

NAME \_\_\_\_\_ DOB \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_) - \_\_\_\_ - \_\_\_\_ EMAIL \_\_\_\_\_

EMERGENCY CONTACT NAME \_\_\_\_\_ EMERGENCY CONTACT # \_\_\_\_\_

REFERRED BY: \_\_\_\_\_ REASON FOR APPT \_\_\_\_\_

Medical history? Please list below

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Allergies: \_\_\_\_\_

The use of halotherapy is not intended to substitute for medical care or treatment. Do not stop your medication without first consulting with your doctor or medical professional. Halotherapy is NOT a substitute for any conventional medication. The information contained herein is not intended to cover all possible uses, directions, precautions, warnings, drug interactions, allergic reactions, or adverse effects. If you have any questions about dry salt/Halotherapy or possible contraindications, please consult with your physician or health professional. I understand that any new medical conditions arise or medication changes are made, I will consult with my primary care doctor before further use.

The information contained both herein and on our website is designed to disseminate general information. It is not intended to give medical or pharmacological advice, and as such, should not be relied upon as a substitute for professional medical advice. I understand and acknowledge that by entering the premises and employing any of the services offered by Niecy's Wellness and Medical Spa.



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### **Description/Benefits:**

Dry Salt Therapy, also known as Halotherapy, benefits adults and children alike. It is safe and natural with no harmful side effects. Halotherapy is beneficial for overall wellness by removing any toxicity from the respiratory system. For general respiratory hygiene, a once or twice a week visit will enhance lung capacity, boost your immune system, reduce stress, and aid better sleep.

**How does it work?** A machine called a Halogenerator intakes air and is comprised of a salt feeder, and a grinder or blade cutting mechanism that transforms pure-grade sodium chloride into micro-sized salt particles that then disperses the dry salt aerosol via a fan into the designated salt therapy treatment room.

Benefits include but are not limited to:

- Asthma/Allergies
- Bronchitis
- COPD
- Cystic fibrosis
- Sinusitis
- Ear Infections
- Common Cold
- Psoriasis
- Eczema
- Swelling and Inflammation
- Dermatitis
- Dry and Flaky Skin
- Acne
- Rosacea
- Rashes or Itching

My participation at Niecy's Wellness and Medical Spa is purely voluntarily and no warranties or representations were made to me by its management to induce me to participate

- I shall assume full responsibility for myself and any of my guests and/or invitees
- I understand that Niecy's Wellness and Medical Spa does not evaluate or diagnose my health and I have received medical clearance prior to engaging in salt room use activities;
- I have been advised of the following possible side effects: Dry or itchy throat, nasal drip, and increased coughing at the beginning. This is a natural part of the cleaning process of the respiratory system, during which the pollution, accumulated over time, and now loosened up by the salt, is expelled from even the deepest regions of the lungs. Such side effects should cease with the removal of pollution and pathogens. Skin irritation and dermal sensitivity may occur. In such cases, decrease the frequency of sessions.
- Niecy's Wellness and Medical Spa has neither applied for or received approval by the Food and Drug Administration or any other consumer protection group
- The use of the rooms at Niecy's Wellness and Medical Spa has not been evaluated by the Food and Drug Administration or any other agency



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- The use of salt therapy is not intended to treat, cure or prevent any illness or condition. All medical conditions should be treated by a physician competent in treating that particular condition. Niecy's Wellness and Medical Spa assumes no responsibility for customers choosing to treat themselves.
- . All products and services provided by Niecy's Wellness and Medical Spa, including written information, labels, brochures and flyers, as well as information provided orally or in any other medium of communication, have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease. For all your health concerns, please consult an appropriately licensed healthcare practitioner.

Please take all personal items with you. This establishment will not be held liable for lost or stolen items or electronics. Please do not take personal items (electronics) into salt room as this establishment will not be held liable for any type of damage.

**No shoes are to be worn in salt room. Feet covers are required during entire length of session and will be provided.**

BY SIGNING THIS WAIVER I AGREE THAT:

- I understand dry salt therapy and I accept the risks, and possible side effects of the treatment.
- I grant Niecy's Wellness and Medical Spa permission to provide dry salt therapy and I do not hold them responsible for any adverse health reactions.
- I am aware that the results are not guaranteed and I may require more treatments to achieve my desired results.
- I will make Niecy's Wellness and Medical Spa aware of any changes to my medical history before every subsequent treatment.
- I acknowledge that this consent will cover this treatment as well as subsequent treatments I may have.
- At Niecy's Wellness and Medical Spa, we ask that you obtain primary care physician clearance before any treatment



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**LIMITATION OF LIABILITY:** You agree, acknowledge, and voluntarily assume the risk of injury, accident or death which may arise from the use of dry salt room therapy. I and any of my heirs, executors, representatives, or assigns hereby release all claims or liabilities for personal injury or property damages of any kind sustained while on the premises, during the use of dry salt room therapy and from any advice provided by an employee, independent contractor, or any representative. I agree that this disclaimer and consent is in effect for all dry salt room therapy sessions and will not expire unless specifically requested by either party. I understand that if any new health conditions and/or medication changes are made, I will consult with my primary care doctor to be cleared again before further use. I further understand that the employees and practitioners at Niecy's Wellness and Medical Spa are not medical doctors and are not attempting to portray or conduct the activities of a medical doctor. I have carefully read the above safety instructions for dry salt room therapy. I fully understand them and fully agree to comply with instructions. I will consult with the staff of Niecy's Wellness and Medical Spa if I have further questions.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

If under the age of 18- PARENT GUARDIAN

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

PRACTITIONER NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

MEDICAL DIRECTOR NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_