



NIECY'S

WELLNESS & MEDICAL SPA

128 Princeton Rd. Ste. #3
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(423)410-0072
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Lipotropic: (MIC plus B12; Methionine 25mg/mL, Inositol 50mg/mL, Choline 50mg/mL, Cyanocobalamin) Injection consent:

NAME _____ DOB _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE (____) - ____ - ____ EMAIL _____

EMERGENCY CONTACT NAME _____ EMERGENCY CONTACT # _____

REFERRED BY: _____ REASON FOR APPT _____

Medical history? Please list below

Allergies: _____

Lipotropic injections are not intended to treat, cure or prevent any illness or condition. All medical conditions should be treated by a physician competent in treating that particular condition. Clearance from medical primary care doctor is required before receiving Lipotropic injections at Niecy's Wellness and Medical Spa. Niecy's Wellness and Medical Spa assumes no responsibility for customers choosing to treat themselves.

The use of Lipotropic injections is not intended to substitute for medical care or treatment. Do not stop your medication without first consulting with your doctor or medical professional. Lipotropic injections are NOT a substitute for any conventional medication or medical condition. The information contained herein is not intended to cover all possible uses, directions, precautions, warnings, drug interactions, allergic reactions, or adverse



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effects. If you have any questions regarding Lipotropic injection use, or possible contraindications and or side effects, please consult with your physician or health professional.

Description/Benefits:

Lipotropic injections are shots that contain a high dose of essential nutrients. Lipotropic injections contain vitamin B12 and MIC- a combination of methionine, inositol, and choline. They help you to maintain your energy level while on you low calorie weight loss program and support healthy fat burning. Plus, the combination of these nutrients helps promote, encourage, and support the removal of fat from your body. Without these nutrients, bile and fat can build up in your liver causing an array of health problems as well as causing your metabolism to slow, and in severe cases block fat metabolism completely. Most clients find that the injections also help with mental fogginess and improved mood. Vitamin B12 is more effective as an injection than oral form, so you get the maximum benefit of nutrient

Possible side effects and Contraindications:

Like any treatment, lipotropic injections carry some risks and side effects. These specific risks often depend on the ingredients being used. Vitamin B12, B16, and BCAAs, for example, are not harmful in large doses. Your body simply excretes and excessive amounts of these substances through the urine. Other ingredients, especially drugs like phentermine, could potentially lead to side effects such as:

- Anxiety
- Increased heart rate
- Insomnia
- Constipation/Diarrhea
- Incontinence
- Dry mouth
- Numbness in hands and/or feet
- Fatigue
- Hunger pains

Call your doctor if any of these symptoms persist or get worse. They may have you stop the lipotropic injections of switch ingredients used. Its also possible to experience side effects that may be related to your overall weight loss program. When you're' not taking in enough calories you can experience: extreme fatigue, jitteriness, gastrointestinal upset, hunger pains, irritability, light headedness.

BY SIGNING THIS WAIVER I AGREE THAT:

- I understand the Lipotropic plus B12 procedure and I accept the risks, and possible side effects of the treatment.
- I understand that I may experience some redness and swelling at injection site. I understand that rare cases can cause: diarrhea, constipation, anxiety increase heart rate, insomnia, incontinence, dry mouth, numbness in hands and/or feet, fatigue, hunger pains
- I understand that Leber's disease is a contraindication for Lipotropic plus B12 injection
- urticaria, feelings of swelling of the whole body
- I grant Niecy's Wellness and Medical Spa permission to give me a Lipotropic plus B12 injection and I do not hold them responsible for any adverse health reactions



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- I am aware that the results are not guaranteed, and I may require more treatments to achieve my desired results.
- I will make Niecy's Wellness and Medical Spa aware of any changes to my medical history before every subsequent treatment.
- I acknowledge that this consent will cover this treatment as well as subsequent treatments I may have.
- At Niecy's Wellness and Medical Spa, we ask that you obtain primary care physician clearance before any treatment

LIMITATION OF LIABILITY: You agree, acknowledge, and voluntarily assume the risk of injury, accident or death which may arise from the use of a Lipotropic plus B12 Injection. I and any of my heirs, executors, representatives, or assigns hereby release all claims or liabilities for personal injury or property damages of any kind sustained while on the premises, during the use of Lipotropic Injections and from any advice provided by an employee, independent contractor, or any representative. I agree that this disclaimer and consent is in effect for all hot tub/sauna sessions and will not expire unless specifically requested by either party. I understand that if any new health conditions and/or medication changes are made, I will consult with my primary care doctor to be cleared again before further use. I further understand that the employees and practitioners at Niecy's Wellness and Medical Spa are not medical doctors and are not attempting to portray or conduct the activities of a medical doctor. I have carefully read the above safety instructions for using Lipotropic plus B12 Injections I fully understand them and fully agree to comply with instructions. I will consult with the staff of Niecy's Wellness and Medical Spa if I have further questions.

NAME: _____

DATE: _____

SIGNATURE: _____

DATE: _____

If under the age of 18- PARENT GUARDIAN

SIGNATURE: _____

DATE: _____

PRACTITIONER NAME: _____

DATE: _____

SIGNATURE: _____

DATE: _____

MEDICAL DIRECTOR NAME: _____

DATE: _____

SIGNATURE: _____

DATE: _____