



NIECY'S

WELLNESS & MEDICAL SPA

SkinPen Microneedling Considerations & Pre/Post Care Instructions:

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- The treated area may be pink and mildly inflamed (similar to the appearance of a mild sunburn) for 24-48 hours following your SkinPen procedure.
- It is advised that you to keep your skin clean of cosmetics or sunscreen for the remainder of your day post-procedure.
- If you are prone to herpes simplex infections, such as cold sores, ask your primary care provider whether prophylaxis therapy is appropriate prior to the procedure.
- If you have been overexposed to the sun (sunburn) the day preceding your appointment, please call our office to reschedule your appointment
- This procedure may not be performed on active breakouts or open lesions. Please consult your Niecy's team prior to your SkinPen procedure to address any such issues.
- Wait at least six months post isotretinoin use before your SkinPen procedure, as isotretinoin use may impair wound healing and increase risk of scar tissue formation
- Allow 48 hours after spray or self-tanning lotions before your SkinPen procedure.
- Avoid sun exposure for 24 hours prior to the procedure.
- Discontinue the use of topical products containing Retinol or Vitamin A for 24 hours prior to your SkinPen procedure
- If you are on autoimmune therapy, ask your primary care provider if you should refrain from taking any medications prior to your SkinPen procedure

THE DAY OF PROCEDURE

- Avoid strenuous exercise or excessive perspiration, as excess blood flow and sweat can cause discomfort and irritation to compromised skin
- Avoid use of any topical products not provided by your skincare professional for specific use with this procedure. This includes but is not limited to cosmetics, cleansers, sunscreens, moisturizers, etc
 - Use only the Skinfuse topical products, RESCUE and LIFT, provided in your SkinPen Treatment Kit
- Strictly avoid sun exposure as you will not be wearing sunscreen. You may return to sunscreen use the day following the procedure. Continue to minimize sun exposure for one week following the procedure.
- Follow the specific skincare regimen provided with your Skinfuse Post-Procedure Protoco