



ХРИСТОС ВОСКРЕС!



Воскресіння – свято радості і перемоги. У цей нелегкий час випробування, коли весь світ змагається із лихоліттям 21-го століття – коронавірусом – ми всі єднаємося, щоб подолати це підступне жажіття. Ми віримо, що Воскреслий Господь нам дасть силу вистояти і перемогти.

Сьогодні як ніколи від нас усіх вимагається бути достойними і відповідальними громадянами, не тільки щодо свого здоров'я і життя, але і життя тих, хто полягає на нас – наших рідних старших. Це наш найбільший на сьогодні обов'язок і найважливіше завдання – вберегти наших батьків, старших членів суспільства і тих, чия імунна система заслаба, щоб боротися з коронавірусом.

Дотримуймо дистанції, залишаймося вдома, ізолюймося, якщо потрібно. Будьмо чесними перед собою і перед тими, хто нас оточує. І нехай допоможе нам Воскреслий Господь, щоб з радісним серцем ми могли привітати один одного:

Христос Воскрес! Воістину Воскрес!

PRAYER FOR A PANDEMIC

May we who are merely inconvenienced
Remember those whose lives are at stake.
May we who have no risk factors
Remember those most vulnerable.
May we who have the luxury of working from home
Remember those who must choose between
Preserving their health or making their rent.
May we who have the flexibility to care for our
Children when their schools close
Remember those who have no options.
May we who have to cancel our trips
Remember those that have no place to go.
May we who are losing our margin money in the
Tumult of the economic market
Remember those who have no margin at all.
May we who settle in for a quarantine at home
Remember those who have no home.
During this time when we cannot physically wrap
Our arms around each other,
Let us yet find ways to be the loving embrace of
God to our neighbours.
Amen.

Author Unknown



From the Executive Director



First of all, as this issue of our bulletin goes to print, I think it's important to recognize that this is a challenging time around the world and here at home in Canada. Knowing that our readers might have concerns, I would like to reinforce the fact that our residents' health and safety, as well as those of our employees, volunteers and visitors to the

Home, are our top priority and at the heart of everything we do at IFH. Currently, COVID-19 (Novel Coronavirus) poses a relatively low risk to Canadians, however, emerging information suggests that people aged 65 and over and those with underlying health conditions or compromised immune systems are at an increased risk of more severe versions of the illness.

As we continue to learn more about the risks of COVID-19 (Coronavirus), we are working closely with public health agencies and the Ministry of Health and have implemented additional prevention and early detection measures. We have restricted all visitors, including family members and volunteers, from visiting our Homes for the time being; we have started a Screening Tool protocol at entrance, checking each employee's temperature and state of health and ensuring that everyone uses an alcohol-based hand sanitizer upon entering and at exit; all staff members have been educated on Novel Coronavirus symptoms and how to take enhanced precautions as guided by the Ontario Ministry of Health; residents have received several educational sessions on COVID-19, as well as proper hand washing techniques; all surfaces, handrails, and commonly touched areas are wiped twice daily with disinfectant and commonly used items are disinfected before and after each use; we have an Emergency Plan, as well as a Pandemic Preparedness Plan that includes emergency food supplies, various healthcare and personal necessities, and personal protective equipment (such as N-95 masks, gowns, gloves, etc.). As the COVID-19 situation continues to evolve, we'll continue to respond to the latest developments and Ministry of Health directives, while keeping residents and their families informed. We appreciate your understanding and support in this matter.

Secondly, and on a different note, we are proud to announce that our excellent services to seniors have once again been publicly recognized when, on December 10th 2019, Ivan Franko Homes were awarded as **"The Most Outstanding Seniors Care Providers in Canada in 2019"** at an exclusive award presentation representing a celebration of the top performers in the Canadian Over 50s Housing sector in 2019, sponsored by the "Canadian Over 50's Housing News".



Thirdly, many visitors and community members have been asking about our plans to construct a new building on our Mississauga site. I would like to inform you that plans for the construction of a new Long-Term Care Home (to open 2023/24) are unceasingly underway. This will be the first part of our vision of a campus of care and 'aging in place' "Selo" (community) with an intergenerational centre having amenities and services for both young and old. Cost considerations will determine how quickly we add these additional components to our new Long-Term Care Home.

In preparation for construction of the new building, we have completed topographical surveys, hydro-geological testing, archaeological studies, preliminary architectural design and renderings, as well as costing, programming and land use studies. We have just submitted our application for new Long-Term Care bed licenses to the Ministry of Long-Term Care. Funding for the project will be arranged through a combination of Province of Ontario subsidies, mortgage loans, sale of our Royal York property and donations from our community.

We would like to remind our readers that Ivan Franko Homes' "Our Future Together" campaign, as well as our "Tree of Love" campaign, are still in progress. The "Tree of Love" fund was designed to provide starting capital for the planning of our new construction. As of March 1st, over \$1.8 million have been raised by our community (including over \$420,000 for the "Tree of Love"). But these amounts are still far short of the \$40+ million that we still need for construction of a new 128-bed LTC Home.

As a not-for-profit charity, the only way to extend or enhance our services and programs is with the community's generous financial support. With the ever-increasing numbers of seniors in Canada, and in our Ukrainian-Canadian community in particular, there is an urgent need to expand our capability to accommodate more of our community's present and future retirees. We ask you to keep Ivan Franko Homes in mind during this Easter season or when writing out cheques. Please consider making a tax-deductible donation to Ivan Franko Homes which you can designate to our proposed 'Selo', a compelling, exciting, and indispensable community undertaking.

Terenya Tonkovich

Donations to Ivan Franko Homes for 2019

The Board of Directors and Administration of Ivan Franko Homes are grateful to the following donors for their support:

\$ 500,000					
Temerty Foundation					
\$ 50,000					
Huculak Foundation					
\$25,000 - \$49,999					
Kateryniak W., Estate	\$30,000	Cichowlas W.	\$2,000	Chmilenko, V.	\$200
Healing Source Pharmacy	\$25,000	Ciupka, J.	\$2,200	Dacko, S.	\$300
Tonkovich, T.	\$25,600	Hanych, C.	\$3,455	Derewlany, J.	\$300
		Holubizkyj, J.	\$2,250	Diakowsky, M. & D.	\$210
\$10,000 - \$24,999		Kowalik, G., in his memory	\$2,200	Haras, I.	\$200
Maleckyj, A. & M.	\$10,000	(Arsenault, K. \$2,000, Holubizkyj, J. \$100, Zyla, N. \$100)		Hukowich, A.	\$300
Maleckyj, C.	\$10,100	Opolko Family	\$2,237	Ivasiv, N.	\$320
Maleckyj, C.- in honour		Picnic cash donations	\$2,504	Iwachiw, I. 1st anniversary of passing	\$150
of her 100th birthday	\$26,860			(Jaremko-Dzus, L. \$100, Rodak, W. \$50)	
(Antonyshyn, O. & A. \$100, Burij, A. \$100, Fedash, A. \$100,		\$500 - \$999		Jaremko-Dzus, L.	\$250
Fedash, A. \$100, Gamlin P. \$50, Griffin, D. & T. \$10,543,		Andrijiw, N.	\$900	Kiyko, H.	\$270
Gula, A. \$100, Gula, N. & L. \$200, Gula, T. & I. \$117,		City of Mississauga	\$500	Kluchko, H.	\$200
Harapa, N. \$100, Komorowsky, L. \$50, Ladwig, O. \$100,		Cholkan E. & O.	\$500	Kopiak M.	\$250
Maleckyj, A. & M. \$10,000, Maleckyj, C. \$5,000, Travel, A.		Dickison, H. & R.	\$500	Kraus, Z. & R.	\$300
\$100, Turczyn, O. \$100)		Dolban, B. & M.	\$500	Kulyk, R.	\$150
Radicevic R., Estate	\$10,000	Doubas, A., in mem. of M. Dubas	\$500	Lebed, A.	\$325
UCU Ltd.	\$14,000	Dub, V. & V.	\$700	Leschuk, N., in his memory	\$186
		Flower Fantasy	\$500	(Resnick, A. \$36, Schuster, C. \$50, Gagnon, A. \$100)	
\$5000 - \$9999		Froliak, L.	\$500	Magalhaes, J	\$150
Ciupka, W. & L.	\$5,000	Hamiwka, A.	\$500	Maksimishin, O. & H.	\$300
Masnyk B. & M.-in honour		Hankewych, O.	\$500	Markewych, I., in mem. of mother	\$350
of their wedding	\$8,650	Holubiec, S., in his memory	\$930	Melnyk, M., in her memory	\$200
(Antonyshyn, O. & A. \$400, Ciupka, G. & L. \$1,000,		(Holubiec, I. \$500, Shiels, O. & P. \$30, Pacific Arm		(Dejneka, A. \$50, Kotowych, H. \$50, Shust, A. \$50,	
Darewych, J. & D. \$200, Dozorsky, J. & O. \$2,000,		Investment \$100, Bylinsky, E. \$100, Karaim, O. \$100,		Stanko J. & E. \$50)	
Gadacz, I. & I. \$2,000, Gula, T. \$100,		Bragas, C. \$100)		Mendzak, W. & J.	\$400
Korol, O. & W. \$300, Lopushanski, K. \$100,		Lopushanski, A. & K.	\$700	Mushka O.	\$220
Pastuszok, A. \$100, Patten, I. \$400,		Marhin, P.	\$500	Ostapchuk, N. & P.	\$100
Semotiuk, A. & A. \$1,000, Stasiw, A. \$100,		Meridian Credit Union	\$850	PayPal Giving Fund Canada	\$400
Tonkovich, T. \$500, Turkewych, C. \$200, Vahey, A. \$250)		Mychalczyk, O.	\$1,000	Pidzamecky, O., in her memory	\$150
Petrosoniak , J.	\$5,000	Regional Municipality of Peel	\$500	(Carella, C. \$50, Kohut, K. \$50, Pidzamecky, L. \$50,	
Petrosoniak , P.	\$5,000	Sipco Oil Ltd.	\$500	Pidzamecky, R. \$50, Pidzamecky, T. \$50)	
Savaryn, M.	\$6,000	Stetsyk, I.	\$500	Pelech, Y.	\$255
World Council of Ukr.Social Services	\$5,000	Suchozak, B.	\$500	Pers, M.	\$280
		Ursic, K.	\$500	Pylypiak, O.	\$200
\$2000 - \$4999		Wolowec, K.	\$600	Replansky, M.	\$200
Chabursky, O., in his memory	\$3,820	Zalucky, L. & V.	\$500	Rodak, W.	\$370
(Anonymous \$20, Archer, D. \$200, Babiy, G. & J. \$100,		\$101 - \$499		Romach, M., in his memory	\$350
Baluta, A. \$50, Barrett, A. \$100, Bej, M. & M. \$100,		Brosko, J.	\$210	(Krywonos, O. \$100, Rodak, W. \$50,	
Botiuk, Y. & M. \$1,000, Brown, A., \$100,		Burij, A.	\$220	Romach, O. \$200)	
Chabursky, N. & D. \$100, Ciupka, W. & L. \$100,		Camilleri, J.	\$300	Szczur, A.	\$440
Craig, N. \$50, Cusinato, A. \$25, Dubczak, R. \$100,		Chemij, N.	\$120	Terek A.	\$200
Dzulynsky, M. \$50, Dzulynsky, M. & L. \$100,				Tinkham & Associates LLP	\$350
Dzulynsky, O. & T. \$100, Huculak, G. \$100,				Tkachenko, L.	\$200
Karpowicz, E. \$50, Klein, D. \$50, Kolos, B. & C. \$125,				Towarnycky, E.	\$200
Lavasova, O. \$50, Leskiv, V. \$50, McInnes, K. \$75,				Tryl, V.	\$250
Palamarchuk, O. \$50, Petruck, W. \$100,				Tonkovich, S.	\$250
Rubashewsky, B. \$300, Russell, C. \$25, Shevciw, Z. \$100,				Veryha, O.	\$220
Shved, N. \$100, Stetsyk, N. \$50, Tonkovich, T. \$150,				Vovnysh, O.	\$350
Valadka, D. \$50, Waschuk, M. & Z. \$50, Wise, S. \$50)				Werhun, M.	\$200
				Wintoniak, C.	\$300
				Women's Bandura Ensemble of N. A.	\$200
				Wysochanskyj, D.	\$250
				Yachimec, J.	\$400
				Zmiyiwsky, B. & Z.	\$300
				Total Donations of \$100 & less:	\$5,617
				Total All Donations for 2019: \$795,599	

Our Volunteers: New Focus, Fresh Ideas and New Programs



Ivan Franko Homes offers many volunteer opportunities for pupils, students and kind-hearted people who would like to donate their time for the benefit of others.

At present, we are working closely with St. Clair College, George Brown College and Sheridan College. Students of different backgrounds and from different educational programs have one goal: to make a difference to seniors in our community. In order to achieve this goal, co-op students design and run their own programs that positively impact our residents' health and wellness, especially those whose physical functions have declined.



With this in mind, we have created a series of new programs at our Mississauga Homes, including "Knitting and Beading", an "Arts and Crafts corner", a mini-"Beauty Salon" and others.

The "Arts and Crafts corner," under the supervision of very talented Ivan Franko Home volunteer Kyle Morin, assisted by students, is an art workshop where the participants make artificial flowers, flower pots, valentine cards, various ornaments, as well as Easter decorations. The focus of this arts and crafts program is



to elevate mood and increase the overall wellbeing of residents. Seniors who suffer from arthritis gain a number of therapeutic benefits from participating in our crafts program, reduced pain and stiffness and a build up of strength in muscles and joints.

If you would like to join our volunteer team and make a positive change in someone's life, please email Natalia at nguliak91@gmail.com



IVAN FRANKO HOMES
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Caring for Seniors Since 1964

**Пансіони ім. Івана Франка
у Торонто і Міссісага**

широ вітають з Великоднем
Українську Громаду,
Добродіїв-Жертводавців і
всіх відповідальних громадян,
котрі спільно і кожен зокрема
чесно борються,
щоб подолати COVID-19.

Нехай допоможе нам Господь
радісно привітати один одного:
**Христос Воскрес!
Воістину Воскрес!**

IVANFRANKOHOMES.COM

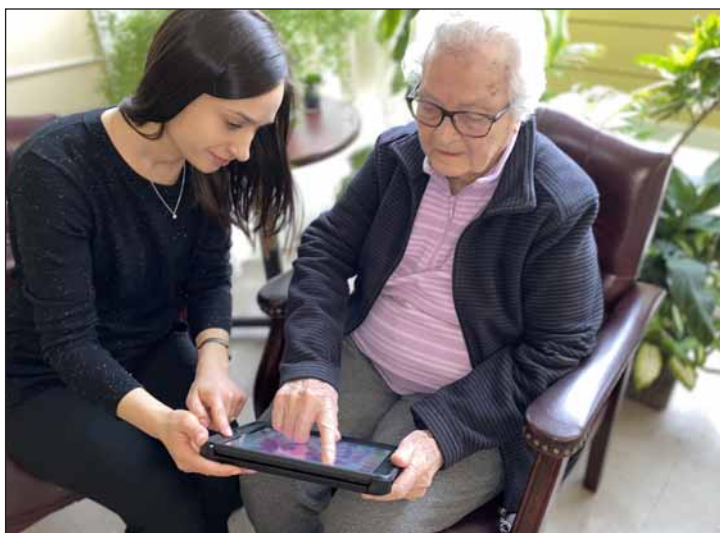
Please note that all photos in this Bulletin depict activities held prior to the COVID-19 Pandemic.

ЗІ ЩОДЕННОГО ЖИТТЯ ПАНСІОНУ У ТОРОНТО, РОЯЛ ЙОРК

Using technology in our Home

Recently, Ivan Franko Home (Royal York) began using iPads during one-on-one interactions with residents. Using iPads helps our residents, especially those with dementia, improve their cognitive function by interacting with art programs and memory games. As our Home advances, we will continue to integrate technology into our everyday programs.

We are excited to announce that we have just rolled out a program that will provide a channel of communication for residents and family members who are unable to come in and visit. Using Facetime and Skype, family members will be able to see, hear and speak to their loved ones.



Staff member O. Tomchuk with resident J. Vidakovic



Activity Department Supervisor I. Markewycz with resident M. Dumyn

Please note that all photos in this Bulletin depict activities held prior to the COVID-19 Pandemic.

Volunteers

Ivan Franko Home (Royal York) appreciates its volunteers. We are most fortunate to have volunteers who dedicate their time to brightening up the day of our residents. We would like to highlight a few individuals who have shown great commitment to our Home: Father Roman Galadza, Gloria Marcel, Sonya Grant, Lilia Froliak, Dana Boratto, and Sofiya Kysil.

THANK YOU all for your continued dedication to improving the lives of our residents.

Interested?

Come join us!



Насолоджуємося сонячними днями!

Коли дозволяє погода, наші мешканці разом з працівниками активної програми та студентами (St. Clair's College), ідуть на свіже повітря насолоджуватись теплими промінчиками сонця!



Activity Assistant L. Campbell (right) with St. Clair College Student (left) and residents H. Rypan & R. Chabursky

"...Thank you so much to everyone for the patience and care that you gave my mother during her stay at Ivan Franko Home. To each and everyone who spoke a kind word to her or touched her hand with compassion, thank you from the bottom of my heart..."

Ms. Vera Chmilenko

"...A great big thank you to you and your staff for working so tirelessly to make the Christmas holidays so successful. Bravo!

The stimulating musical programs, adherence to our familiar cultural traditions and delicious freshly prepared meals continue to brighten the days of the residents at Ivan Franko Home..."

Mrs. Dana Borrato

Концерт українського садочку "Сонечко"

Пансіон ім. Івана Франка був радий вітати маленьких артистів з українського садочку "Сонечко". Своїми чарівними голосами вони звеселили серця та душі наших мешканців.



Готуємося до Великодня

Мешканці Пансіону ім. Івана Франка почали готуватися до світлого дня Воскресіння Господнього. Спільними зусиллями ми створюємо великодні писанки для прикраси нашого дому.



St. Clair College Student with residents M. Merza and N. Jakubowsky

"Happy or Not"



We at Ivan Franko Homes are committed to providing the very best, most professional and dedicated care for our residents. To ensure that we are doing just that, we have introduced a "Happy-or-Not" touchpad that easily allows family members, visitors and Ivan Franko Home's staff to leave feedback upon exiting our Home (Royal York). We want to hear from you! Your feedback is important to us as it helps us understand what we are doing well and what

opportunities we have for improvement. The next time you are visiting, we would appreciate if you would take a minute to give us your honest observations.

Bingo

Bingo continues to be a favourite program among our residents and family members. As per our residents' requests, we have implemented it twice a week. This program would not be successful without our volunteers, who continue to donate new and exciting prizes for our residents to win. A special thank you goes to Nella Attridge and Gloria Marcel who contribute items for this program. Thank you!

We invite everyone to join us for Bingo every Monday and Saturday at 2pm in our main dining room.

Прикрашаємо наш Пансіон разом

Ми завжди шукаємо шляхи для привнесення краси до Пансіону ім. Івана Франка. Наші мешканці взяли активну участь у створенні нової декорації, яку ми будемо вживати для наших святкувань.



"My Side of the Story" Solo Art Exhibition by Danylo Glyntchak



We cordially invite all art lovers to visit Ivan Franko Home's "Legacy" Art Gallery where Danylo Glyntchak's "My Side of the Story" solo exhibition is currently on display.

A talented artist, Danylo Glyntchak studied painting at the Ivan Trush Art College in Lviv. Mr. Glyntchak furthered his studies of art at the Lviv Academy of Art. Danylo also studied Multimedia design at the International Academy of Design and Technology in Toronto, where he became interested in photography and computer-generated art.

He is a member of the Ukrainian Association of Visual Artists of Canada. He has actively participated in numerous group exhibits in Canada and Ukraine, exhibiting both his paintings and his photography. Currently, Danylo works as a multimedia designer.

"My Side of the Story" is the third exhibition that has taken place at the gallery. Our first exhibition, called "Legacy of Will", displayed paintings made by

Ivan Franko Home's residents in art therapy classes at the Home. A total of 12 paintings were sold. Our second exhibition, "Mosaic of Colours", combined over 25 artists from the Ukrainian Association of Visual Artists, Toronto, who demonstrated different art techniques, visions and styles. The following paintings were sold: "Colorful Umbrellas" by O. Savytsky, "Bride Preparing for a Hutsul Wedding" by A. Chemicos, and "Bread and Salt" by C. Kudryk.

Our current exhibition is ongoing. So don't miss this opportunity to acquire one of the unique art pieces created by Danylo Glyntchak between 2000-2019.

"Legacy" Art Gallery invites artists who would like to exhibit with us at Ivan Franko Homes, Mississauga. Please contact us at nguliak91@gmail.com or phone 905-820-0573.



З відкриття галереї "Спадщина" ("Legacy" Art Gallery) 9 листопада 2019. Зліва направо: Ш. Сабаві (МРР Mississauga Erindale), М. і Б. Масник (члени родини), К. Лопушанська (адміністратор) та Т. Тонкович (екзекутивний директор)

Де є любов, там є життя

День усіх закоханих або День Св. Валентина — одне з улюблених і довгоочікуваних свят у Пансіоні ім. Івана Франка. Цього року ми відзначали це романтичне свято на збірковій акції "Valentine Bingo", де мешканці та гості мали шанс виграти цікаві призи та взяти участь у валентинській вікторині. Родзинкою свята став "приліт" прекрасного Амура, котрий не тільки запалював любов'ю серця всіх присутніх, але й щедро роздавав смачні цукерки та "валентинки", дбайливо приготовлені нашими добровольцями і студентами під час мистецьких майстерень. Щиро дякуємо всім учасникам за пожертви, які призначені на розвиток розважових програм. Любові усім вам на цілий рік!



Зліва направо: В. Безубко (доброволець), К. Лопушанська (адміністратор), Н. Гуляк ("Амур – ангел любови")

НАШІ ЮВІЛЯРИ

Якщо ви прожили сто літ чи близько того, святкування дня уродин є завжди величавим і небуденним святом. Ми особливо зворушені, що стали свідками і учасниками дня уродин наших мешканців: п. Богдана Рожка - Золотого Ювіляра (100 років виповнилось вкінці грудня), п. Петра Параняка (99 років у листопаді), о. мітр. Петра Івахіва, капеляна Пансіону (95-ті уродини у січні) та п-і Еви Товарницької (95-ті уродини у березні).

Дорогі наші Ювіляри, ми вдячні Милосердному Богові за ваше довге і яскраве життя, мудрість і силу духа. Ви є чудовим прикладом людей, відданих не тільки своїм родинам, але й суспільній праці для Української Громади і Церкви. Гратулюємо ВАМ і Вашим Родинам та бажаємо дальшого кріпкого здоров'я на многі ще і благі літа!



П. Червоняк (менеджер, VCU Financial) вітає Б. Рожка (ювіляр, 100 років)



Е. Товарницька (ювілярка, 95 років) та П. Домерецька (товаришка, мешканка Пансіону)



П. Параняк (ювіляр, 99 років) та Н. Разак (координатор програм)



Капелян Пансіону о. мітр. П. Івахів (ювіляр, 95 років) та Т. Тонкович (донька та екзекутивний директор Пансіонів)

Ensemble ‘Kalyna’ – the Voice and Pride of Ivan Franko Home, Mississauga

As mentioned in earlier issues of our Bulletin, Ivan Franko Home’s musical residents have formed a women’s vocal group to promote traditional Ukrainian folk songs. The “Kalyna” ensemble first performed for Ivan Franko Home’s residents in June of 2018 during a presentation entitled “Ukrainian Song – The Soul of the Nation”. Currently this talented group consists of seven ladies – Iraida Cherniak, a renowned pianist and the leader of the ensemble, Antonina Hamiwka, Maria Makohin, Olga Romach, Olga Pylypiak, and Alexandra Foty-Toke. Adriana Ozymtchak, a young soprano and talented vocalist, often joins the residents during their performances. “Kalyna” has hosted at least five concerts, performing Ukrainian folk songs and causing a flurry of applause and enthusiastic responses from listeners. Tearful members of the audience often join in the singing with feelings of nostalgia for songs that bring to mind memories of their homeland.

LEGACY
ART GALLERY
IFH Museum of Ukrainian Folk Art



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при Музеї Українського Народного Мистецтва

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This Bulletin is published by Ivan Franko Homes,
Toronto and Mississauga

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Design & Production:

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