

All students are now entitled to one free breakfast and one free lunch daily.

**A meal MUST be complete to be FREE**

- All grain products are whole grain rich
- There are no pork products on this menu
- Meals are lean and cheeses are low fat
- All products contain Zero Trans Fats., No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

**Breakfast Milk Choices**

- 1% Milk
- Skim Milk

**PLEASE NOTE**

- If you have food allergy please speak to your school nurse
- Menu is subject to change

Adult—\$2.95

Food Provided by:  
Whitson's Culinary Group

Mon	Tue	Wed	Thu	Fri
		1 Banana Muffin Diced Peaches 100% Grape Juice Milk	2 Reduced Sugar Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	3 Cinnamon Crisp Bar Fresh Banana 100% Very Berry Juice Milk
6 Cherry Cocoa Bar Raisins 100% Fruit Juice Milk	7 Raspberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	8 Apple Jacks Graham Crackers Diced Peaches 100% Grape Juice Milk	9 Plain Bagel Cream Cheese Applesauce 100% Orange Juice Milk	10 Cinnamon Flakes Cereal Graham Crackers Fresh Banana 100% Very Berry Juice Milk
13 Apple Jacks Graham Crackers Raisins 100% Fruit Juice Milk	14 Raspberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	15 Cinnamon Raisin Bagel Butter Diced Peaches 100% Grape Juice Milk	16 Honey Cheerios Graham Crackers Applesauce 100% Orange Juice Milk	17 Cherry Cocoa Bar Fresh Banana 100% Very Berry Juice Milk
20 Cinnamon Crisp Bar Raisins 100% Fruit Juice Milk	21 Strawberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	22 Cinnamon Flakes Cereal Graham Crackers Diced Peaches 100% Grape Juice Milk	23 Plain Bagel Cream Cheese Applesauce 100% Orange Juice Milk	24 Blueberry Muffin Fresh Banana 100% Very Berry Juice Milk
27 MEMORIAL DAY  SCHOOL CLOSED	28 Strawberry Yogurt Graham Crackers Diced Pineapple 100% Apple Juice Milk	29 Banana Muffin Diced Peaches 100% Grape Juice Milk	30 Reduced Sugar Cinnamon Toast Crunch Graham Crackers Applesauce 100% Orange Juice Milk	31 Cinnamon Crisp Bar Fresh Banana 100% Very Berry Juice Milk