

LITURGY BYTES

Did you ever hear anyone say, “The Mass is boring. I don’t get anything out of it”? Some might say their children have echoed those sentiments on occasion, and others might have admitted they themselves uttered those words too. Since we are experiencing the beautiful 50 days of the Easter season, I thought a reflection of discovery, pointing out four points about Mass, might be helpful.



Did you ever hear that much of the “boredom” stems from ignorance? Many do not know what Church is all about. At least, that has been my experience. My husband always said the more he learned about Church, the less boring it became.

Back in the **second century**, the Christians had a distinct form of worship, much like what we are familiar with today. Those Christians listened to readings from some of the writings of the Apostles, followed by the presider’s instruction (homily). Then the bread and wine were presented and shared; prayers and thanksgivings were also offered. Isn’t it amazing to know that the basic structure of the Mass has been maintained for over 1900 years! Wherever the Christian faith spread, Sunday worship would ultimately be anchored in two parts: the Liturgy of the Word and the Liturgy of the Eucharist. Sound familiar???

Please come back next week for the next installment in helping to “get more out of the Mass” and/or for a few tips to guide family and friends to a better understanding of the most important hour of our lives.

Have a safe, healthy, and blessed week~~~~*Michele Hahn*