

LITURGY BYTES

Helps for Lent



As Lent has begun, we now look to use this time to grow in our Faith, deepen our prayer life, make a concerted effort to reach out to those who are in need. How will you accomplish this? If you are able, daily Mass is always a good place to start. Or perhaps you prefer to “give something up” for the 40 days or as some people I know do, keep off of social media. Each one of us approaches Lent differently. Below are some ideas, some opportunities that are available to us that you might find interesting.

Web Sites:

Dynamic Catholic: <https://www.dynamiccatholic.com>

Creighton University: <https://onlineministries.creighton.edu>

My Daily Visitor: <https://www.mydailyvisitor.com/>

Join Fr. Patrick Mary Briscoe, OP, as we pray and reflect with free daily video reflections this Lent.

Loyola Press: <https://www.loyolapress.com/3-minute-retreats-daily-online-prayer/>

USCCB – United States Catholic Conference of Bishops website -
<https://www.usccb.org> – daily Mass readings

Apps: <https://pray-as-you-go.org/>

Hallow Free download (<https://hallow.com>) with access to a bunch of exquisite content. Subscription necessary to open access to full content—monthly \$8.99.

Along with our Lenten calendar that the parish will have available for you, the above information will hopefully be helpful for a beautiful Lenten experience!

Have a blessed, prayerful, and healthy week ahead! ~ *Michele Hall*