



Bear Den Meeting Plans

HELPFUL HINTS FOR THOSE LEADING A DEN MEETING:

- É Your first den meeting will likely be each child's first Scouting experience.
- É In each den meeting plan in this booklet, you will see a section titled "Preparation and Materials Needed." Far in advance of each meeting, review this section and complete the preparation.
- É Refer to each adventure in the Wolf Handbook for important information about the advancement activities in each meeting.
- É Arrive early at each den meeting to prepare and set up. The tone you set at the first meeting will determine, to a large extent, the success of your year. Be completely organized prior to the start of the meeting.
- É Wear your adult uniform.
- É Explain clearly to the Scouts what the behavioral expectations are and what the consequences will be. Be friendly but firm with the Scouts.
- É Ask your co-leader or parent helper to arrive at least 15 minutes before the meeting's start time. He or she can help you with final preparations before the Scouts arrive.
- É Having a snack at a den meeting is optional. If you choose to have a snack, plan the time for it so the meeting does not extend past the scheduled ending time. Be sure to ask parents and guardians about any food allergies their Scout has.
- É You may wish to email or distribute a parent information letter at the conclusion of each meeting. The letter informs parents what was completed at each meeting and provides information on upcoming den and pack meetings and activities. Parents appreciate good communication. Prepare the letter prior to each meeting.
- É Complete Youth Protection training and renew it every two years.

MEETING 1: ADVANCEMENT TO BE COMPLETED

BOBCAT BADGE

PREPARATION AND MATERIALS NEEDED

- É Wolf Handbook for each Scout
- É Poster or handout of the Scout Oath and Scout Law if not everyone has a handbook
- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Brief icebreaker game, since this may be the first time the participants meet
- É First Aid kit for Den
- É Parent information letter (optional; see above)

FLAG CEREMONY

Choose the first Scout alphabetically to be your denner and carry the U.S. flag. The second Scout will be the denner for the next meeting and will carry the den flag today, if you choose to have a den flag. The third and fourth Scouts are the color guards. (At subsequent meetings, rotate through the Scouts alphabetically.) The remaining Scouts in the den and all adults form a reviewing line that the color guard passes on the way to the flag stands. The den leader can call the flag ceremony (see below) at the first few meetings until the Scouts learn how to do so. After the flags are posted, have all recite the Pledge of Allegiance and then read the Scout Oath and Scout Law from the backs of the handbooks.

- É ÷Color guard, advance.÷ Scouts walk in unison with the flag(s) to the front of the room
- É ÷Color guard, post the colors.÷ Scouts place the flag(s) in the flag stand(s)
- É Recite the Pledge of Allegiance
- É Recite the Scout Oath and Scout Law
- É ÷Color guard, dismissed.÷ Scouts leading the flag ceremony join the other meeting participants and the meeting begins

OPENING CEREMONY

Play an icebreaker game, unless all of the meeting participants know one another already. An example of an icebreaker is to have the den gather in a circle. Choose someone to begin the game (perhaps the person with the last name that starts closest to the letter ÷Z÷ and then work through the circle). Have that person say their name and then act out (pantomime) their favorite sport or hobby.

ADVANCEMENT ACTIVITIES

- É Scouts will complete Bobcat requirements 1-6 (see the Wolf Handbook). Remind the Scouts and their parents to complete Bobcat requirement 7 at home if it was not completed in this meeting

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 2: ADVANCEMENT TO BE COMPLETED

ADVENTURES IN COINS

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Wolf Handbook for each Scout
- É Copies of Scout Oath and Scout Law in not everyone has a handbook
- É Coins of any denomination (enough for each Scout to use one)
- É Paper and pencils or colored pencils
- É A game to practice adding and subtracting coins
- É A coin game



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Crossword Puzzle pertaining to coins

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- É Help Scouts identify different parts of a coin (1)
- É Find the mint mark on a coin and identify the mint where the coin was made and the year (2)
- É Coin rubbing (3)
- É Addition/Subtraction Coin Game (4)

CLOSING

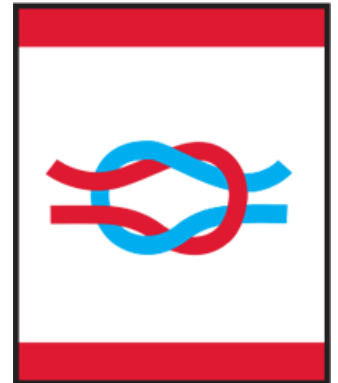
- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 3: ADVANCEMENT TO BE COMPLETED

CALL OF THE WILD

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É Copy of the Outdoor Code
- É Copy of the Leave No Trace Principles
- É 18-inch lengths of rope (enough for two pieces per Scout)
- É Organize a hike/walk where signs of nature can be observed



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Read the Outdoor Code

GATHERING

- Word Search pertaining to the outdoors

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- É Conduct an outdoor activity with the den and list the ways you were careful when complete
- É List possible weather changes and how to prepare for each one
- É Recite the Leave No Trace Principles and how they support the Outdoor Code
- É Demonstrate what to do in a natural disaster
- É Show how to keep from spreading germs
- É Show how to tie and overhand knot and a square knot
- É Identify four different types of animals and evidence of their presence while on a den/family outing

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 4: ADVANCEMENT TO BE COMPLETED COUNCIL FIRE (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É List of community service project ideas
- É Five metal washers per Scout and a wide mouth container
- É Whiteboard or easel pad and marker
- É One of each of the three knives from the Wolf Handbook
- É Whittling Chip cards
- É Blank cards and pencils for ballot voting
- É Printed copy of the weekly den duty chart
- É Water balloons



OPENING CEREMONY

- Participate in the Flag Ceremony (see Meeting 1) (1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Recite the Outdoor Code

GATHERING

- Washer toss game

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- É Learn how to care for and fold the flag (2)
- É Community Service Project - discuss ideas, vote and decide what the den's project will be (2)
- É Prepare presentation on community service project for the committee and practice
- É Water Field
- É Den duty chart (6)

CLOSING

- Clean up
- Hand out the parent information letter (optional) reminding families to bring recycled items for the art project and aluminum cans
- Invite the parents and guardians to participate in the next meeting

MEETING 5: ADVANCEMENT TO BE COMPLETED COUNCIL FIRE

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É Miscellaneous craft items
- É Scissors, glue, string, etc.
- É Aluminum cans, large trash bag and hand sanitizer
- É Invite a community service member to present
- É Pie tin

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Monster Stomp

ADVANCEMENT ACTIVITIES

- É Community Service Member visit (3)
- É Recycled Art Project
- É Perpetual Motion
- É Community Service Proposal Presentation

CLOSING

- Clean up
- Invite the parents and guardians to participate in the next meeting

MEETING 6: ADVANCEMENT TO BE COMPLETED ***DUTY TO GOD FOOTSTEPS***

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É Printed copies of wolf prints
- É Make parents aware that this adventure is mostly a Do-at-Home project but can be worked on as a den



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Wolf prints game

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- É Discuss what it means to do your duty to God and how you do your duty to God in your daily life (1)
- É Religious freedom story (4)
- É Offer a prayer, meditation, or reflection with your family (3)

CLOSING

- Clean up
- Hand out the parent information letter (optional) invite parents to participate in the next meeting

MEETING 7: ADVANCEMENT TO BE COMPLETED ***HOWLING AT THE MOON***

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É Binoculars
- É Pictures of local animals, birds and plants
- É Live plant or leaves
- É Magnifying glass (enough for 1 per two Scouts)
- É Seeds or compostable material, cups, soil and water



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

GATHERING

- Telephone game

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- É Ask Scouts to show they can communicate in at least two different ways (1)
- É Work with your den to create an original skit and practice (2)
- É Plan, prepare and rehearse a campfire program
- É Schedule time at an upcoming camp out or Pack meeting to present the campfire program

CLOSING

- Clean up
- Hand out the parent information letter (optional)

MEETING 8: ADVANCEMENT TO BE COMPLETED

PAWS ON THE PATH

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É Essential Six for each Scout
- É Trail food
- É Spoons or scoops
- É Zippered storage bag for each Scout and adult partner
- É Binoculars
- É Magnifying glasses (enough for 1 per two Scouts)
- É Paper and pencil for each Scout



OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Recite the Outdoor Code (4)
- Recite the principles of Leave No Trace (4)

GATHERING

- Create own trail mix

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- É Discuss and put together the Cub Scout Six Essentials (1)
- Prepare the Scouts for and take a one mile hike, discuss the buddy system (2 & 5)
- Choose the appropriate clothing to wear on the hike based on the expected weather (3)
- Find two interesting things on your one mile hike that you have never seen before (5)

CLOSING

- Clean up
- Invite Parents and guardians to participate in the next meeting and hand out information letter (optional)

MEETING 9: ADVANCEMENT TO BE COMPLETED RUNNING WITH THE PACK (Partial)

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout
- É Balls for playing catch
- É One broomstick
- É Books to build two stacks



GATHERING

- Play catch (1)

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

ADVANCEMENT ACTIVITIES

- É Introduce the adventure and explain the goals
- Practice balancing and flexibility (2 & 3)
- Do at least two of the following: frog leap, inchworm walk, kangaroo hop, or crab walk (5)

CLOSING

- Clean up
- Hand out the parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 10: ADVANCEMENT TO BE COMPLETED RUNNING WITH THE PACK

PREPARATION AND MATERIALS NEEDED

- É U.S. flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Den first aid kit
- É Wolf Handbook for each Scout

GATHERING

- Skin the Snake

OPENING CEREMONY

- Flag Ceremony (see Meeting 1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law

ADVANCEMENT ACTIVITIES

- Play a sport or game with your den and show good sportsmanship (4)
- Planning a nutritious meal (6)

CLOSING

- Clean up
- Hand out parent information letter (optional)
- Invite the parents and guardians to participate in the next meeting

MEETING 11: CELEBRATION OF COMPLETING THE WOLF BADGE

PREPARATION AND MATERIALS NEEDED

- É Invite parents and guardians to attend this meeting
- É Consider the need for a larger room for this meeting with appropriate seating for adults.
- É Prepare an appropriate ceremony for presenting the Wolf badge to each Scout
- É U.S. Flag
- É Flag stand (optional)
- É Den flag and stand (optional)
- É Refreshments to be served to the parents and guardians after the program (optional)

OPENING CEREMONY

- Flag Ceremony (see Meeting1)
- Recite the Pledge
- Recite the Scout Oath and Scout Law
- Thank all guests for attending

ACTIVITIES

- Conduct a ceremony for awarding the Wolf badge to each Scout