## **ACTIVE FITNESS SWIM SCHEDULE**

## \*Updated March 2024

| MONDAY        | TUESDAY   | WEDNESDAY   | THURSDAY    | FRIDAY    | SATURDAY      | SUNDAY    |
|---------------|-----------|-------------|-------------|-----------|---------------|-----------|
| Open Swim     | Open Swim | Open Swim   | Open Swim   | Open Swim | Open Swim     | Open Swim |
| 5:00am-7:00pm | 5:00am-   | 5:00am-     | 5:00am-     | 5:00am-   | 7:00am-       | 8:00am    |
|               | 5:00pm    | 5:00pm      | 4:30pm      | 5:00pm    | 11:00am       | 9:00am    |
| SWIM TEAM     | SWIM TEAM | SWIM TEAM   | SWIM TEAM   | SWIM TEAM | SWIM TEAM     | SWIM TEAM |
| 7:00pm-9:00pm | 5:00pm-   | 5:00-9:30pm | 4:30-5:30pm | 5:00pm-   | 11:00am       | 9:00am-   |
|               | 9:30pm    |             |             | 9:30pm    | 3:00pm        | 2:30pm    |
| Open Swim     | Open Swim | Open Swim   | Open Swim   | Open Swim | Open Swim     | Open Swim |
| 9:30pm-       | 9:30pm-   | 9:30pm-     | 5:30pm-     | 9:30pm-   | 3:00pm-7:00pm | 2:30pm-   |
| 10:00pm       | 10:00pm   | 10:00pm     | 7:00pm      | 10:00pm   |               | 5:00pm    |
|               |           |             |             |           |               |           |
|               |           |             | SWIM TEAM   |           |               |           |
|               |           |             | 7:00pm-     |           |               |           |
|               |           |             | 9:00pm      |           |               |           |
|               |           |             | Open Swim   |           |               |           |
|               |           |             | 9:00pm      |           |               |           |
|               |           |             | 10:00pm     |           |               |           |

## **AQUA FITNESS SCHEDULE**

| MONDAY        | TUESDAY  | WEDNESDAY | THURSDAY | FRIDAY   | SATURDAY | SUNDAY |
|---------------|----------|-----------|----------|----------|----------|--------|
| 8:00am-8:55am | 10:00am- | 9:00am-   | 10:00am- | 10:00am- | None     | None   |
| Connie        | 10:55    | 9:55am    | 10:55am  | 10:55am  |          |        |
|               | Mary     | Kevin     | Mary     | Mary     |          |        |
| 5:45pm-6:40pm |          | 10:00am-  | 5:45pm-  |          | None     | None   |
| Mary          |          | 10:55am   | 6:40pm   |          |          |        |
|               |          | Kevin     | Mary     |          |          |        |