**Morning Set Ups 9:35AM to Noon**

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| **Stock**  **07/31//**23 | **Long**  **Short** | **#**  **Shares**  **Options** | **Option strike**  **Next week 40/50 delta**  **Stop 50% opt** | **Insert**  **Target** | **SOLD**  **COVERED** | **Profit**  **Loss** | **Profit**  **Loss** |
| META | **325.48** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
| **NFLX** | **425.78** | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |
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|  |  | **400** |  |  |  |  |  |
|  |  | **8** |  |  |  |  |  |

**Winning Trades: $ Losing Trades: $All trades use 400 shares or 4 options. If I DO NOT call out the trigger, it is NOT a trade.**

**Today’s Signals 1 Profits$380.00 Losses $000.00 Net$380.00**

**Month to date 24 Profits$6436.00 Losses $100.00 NET$6336.00**

**Profit/loss explanation:**

**1st Column is Name of Stock**

**2nd Column is Price Trigger. If a long, it must come up to trigger, if above must drop .10 below trigger, reverse and come to entry.**

**If short, it must come down to trigger, if below must go above by .10 above trigger, reverse and come to entry. If the stock goes .20 above the short price, exit the trade.**

**3rd Column is number of shares or options that I buy per trade. I will announce which strike to purchase prior to trigger.**

**4th Column is Option strike with Delta.**

**5th Column is the Target. ½ of 1% of stock price. . Example AAPL @ 196.00 x ½ of 1 % = .98 This is to be filled in after taking the trade.**

**6th Column is the stop. Stop is 1.00 below the low for a long or .25 above the short price trigger. Stop for options is 50% of option entry. This is to be filled in after purchase.**

**7th Column is the profit or loss.**

**8th Column is the dollar and cents profit or loss.**

**Once you have .20 profit on stock, .10 on options 50% (.10 stock, .05 options) of profit is your stop.**

**MORNING SET UPS:**

        **I take each stock on my morning set up and create an order entry ticket on my trading platform using a stop limit with my trigger price.**

        **I use the high/low of the stock from the first half hour of trading (10:00am E.S.T.) to create my stop.**

        **If I am long, the stop is set at $1.00 below the low at the time of entry.**

        **If I am short, the stop is $1.00 above high @ 10AM**

        **When I enter the trade, I place a sell stop (based on my 1.00 stop price) until I reach a .20 profit in the trade. At that time, I use a 50% of my profit as a stop unless I announce in the room a different stop. If I see the market selling off or the stock quit moving in my direction I will sell. I take what the stock will give me.**

**HOW TO ENTER A TRADE LONG:**

1. If a stock is trading below the buy trigger

* Go long .01 over the buy trigger

1. If a stock is trading above the buy trigger

* What constitutes a strong buy trigger? Wait for the stock to go below the trigger ask by number posted next to stock reverse and then go long .01 over the buy trigger.
* The stock is highlighted in green print
* There is a U next to the name of the stock
* There is a + next to the buy trigger price
* The strongest trigger is the LONG trigger.
* Stop is $1.00 below the low of the day

HOW TO ENTER A TRADE SHORT:

1. If a stock is trading above the sell trigger

* Go short .01 below the sell trigger

1. If a stock is trading below the sell trigger

Wait for the stock to go above the trigger bid by number posted next to stock reverse and then go short .01 below the sell trigger.

1. If the stock reverses and goes .25 above the entry, exit the trade.
2. What constitutes a strong sell trigger?

* The stock is highlighted in red print
* There is a D next to the name of the stock
* There is a - next to the sell trigger price

ALT triggers can be a long or a short depending on the chart and market conditions at that time of entry

A buy trigger is always a LONG. A sell trigger is always a SHORT

THESE ARE MY (Thomas Carson) TRADING RULES ONCE A STOCK SIGNAL TRIGGERS:

**MORNING SET UPS AND STOCK SIGNAL TRIGGERS:**

* **I take each stock on my morning set up and create an order entry ticket on my trading platform using a stop limit with my trigger price.**
* **I use the high/low of the stock from the first half hour of trading (9:30am to 10:00am E.S.T.) to create my stop.**
* **If I am long, the stop is set 1.00 below low of day**
* **If I am short, the stop is set 1.00 above high of day**
* **When I enter the trade, I place a sell stop (based on my 1.00 stop price) until I reach a .15 profit in the trade. At that time, I use a 50% of my profit as a stop unless I announce in the room a different stop.**

**I never lose more than 2% of my trading account on any trade. The number of shares or options you trade could/will be different than my trades.**

**WE REALIZE THAT NOT EVERY TRADER HAS A LARGE ENOUGH TRADING ACCOUNT TO TRADE EACH SIGNAL EACH DAY. THERE IS NO WAY OF TRADING EVERY SIGNAL TRIGGERED.**

**THESE RETURNS ARE HYPOTHETICAL ONLY BUT BASED ON SIGNALS TRIGGERED**

**FULL DISCLOSURE: Nora and I trade with our own funds. We trade off the daily chart software and Nora's private chart system that she posts in the room at the time of her trade. We DO NOT take every trade signal.**

**The charts provided above are for informational purposes only, does not constitute advice or guidance, and is not an endorsement or recommendation for any particular security or trading strategy. This is not an investment advisory service, nor a registered investment advisor or broker-dealer and does not purport to tell or suggest which securities or currencies customers should buy or sell for themselves. The stocks/options are traded by Thomas H. Carson after 10AM each day and Nora Thomas for their individual accounts. We call out the signal trades when they occur between 9:35AM to noon and 3:15PM to 3:45PM for overnights or swing trades. Trades between 9:35AM to 10AM are for aggressive traders only and for moderate traders after 10AM. Trades should be paper traded until each trader can verify for themselves any profits or losses. It should not be assumed that this method or techniques will be profitable or that they will not result in losses, nor should it be assumed that future trades will be profitable or will equal past performance.**

**Each day after 4PM all signals both winners and losers will be posted showing a green (winners) or red (losers) highlighted over the stock signal. It is up to each trader if they trade the signal to exit based on their own targets. The high or low for that stock is then posted under profit/loss column nightly.**

**The signals/triggers posted in our charts are made available from a combination of paid software and charts that over time have been tweaked to give us a 97.4% winning trade average if our rules are followed. Our swing trades are from our own private charts and posted which stocks we are buying or shorting for our own use at the time of posting. Members with <$25K accounts, after a fourth DAY TRADE (not overnights) in five running days will have their accounts locked (as in frozen) for 90 Days by SEC PDT rules, make sure you do not do more than 3-day trades in any 5 running day period**”

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