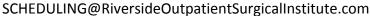
#### **PATIENT INFORMATION PACKET:**

TO BE FILLED OUT AND PLACED IN DROPBOX OR FAXED IN AS SOON AS POSSIBLE AND/OR BROUGHT WITH YOU ON DAY OF SURGERY. PLEASE CALL THE DAY BEFORE YOUR SURGERY FOR ARRIVAL TIME IF NOT CONTACTED BY THE FACILITY.

# RIVERSIDE OUTPATIENT SURGICAL INSTITUTE (ROSI)

4500 Brockton Ave., Suite 105 | Riverside, CA 92501 951.784.4088 | fax: 951.784.4089



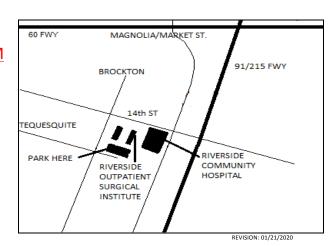


Dear Patient,											
Name: We are excited that your physician and you have chosen Rive	erside (	Dutp	atient	Sur	gical Ins	titut	te for yo	ur p	roced	lure	:
Date:	Mon		Tue	1	Wed	ı	Thurs	1	Fri	1	Sat
Our clinical staff will be contacting you regarding your arrival time, pre-operative/procedure needs and our business office will be contacting you regarding your insurance obligations. Listed below are documents included in this packet that require to be filled out and acknowledgement prior to your arrival to our facility.											
Please sign and date these papers prior to your surgery/propostponement/cancellation of your procedure.)	cedure	dat	e. (Fa	ilure	to com	ply	could re	sult	in		
Please bring the completed documents with you to expedit List of documents (check when you complete):	e your	adm	itting	pro	cess.						
** <u>DOCTOR'S OFFICE</u> TO DROPBOX OR FAX ALL <u>WHI</u> SURGERY**	ITE PA	GES	S, ANI	D PA	ATIENT	TC	) BRING	G Al	LL D	4 <i>Y</i> (	OF .
□ Patient Information Form ** □ Pl	nysici	an I	Disclo	osu	re of C	)w	nershi <sub>l</sub>	p *	*		
□ Driver's license & Insurance card ** □ Co	onditi	ons	of C	ove	erage 8	& P	atient	At	testa	atio	n **
☐ History & Physical **											
<ul> <li>Past Medical History Questionnaire **</li> </ul>											
<ul> <li>Caprini Thrombosis Risk Assessment **</li> </ul>											
<ul> <li>Medication Reconciliation List **</li> </ul>											
<ul><li>State of California Survey**</li></ul>											
All colored sheets informational: Mission State	ment	, No	otice	of I	Privac	y P	olicies	2 p	gs,		
Patient Rights and Responsibilities, Advance D	irectiv	ve i	nforr	nat	ion, P	atie	ent Ge	ner	al P	re-c	o <b>p</b>
Instructions, Reduce Your Risk of Infection											

Before your surgery, please visit our website: WWW.RIVERSIDEOUTPATIENTSURGICALINSTITUTE.COM

We are located on the first floor of the Evans Park Medical Arts Building directly adjacent to The Cancer Center at Riverside Community Hospital. Look for the awning with 4500 printed on it. See address above. We look forward to seeing you!

The staff at Riverside Outpatient Surgical Institute



PATIENT INFORMATION					
Patient's Legal Name:				SS#	
Address:			City:	State:	Zip:
Driver License #:		State:	Gender:	Male Fer	male
E-Mail Address:					
Date of Birth:	Age:	Marital Status:	H	lome Phone: (	)
Allergies/Drug Hypersensitivities	s:		C	Cell Phone: (	)
Employer:			Business Phone:	( )	
Business Address			City:	State:	Zip:
Name of Spouse/Parent:					SS#
Spouse/Parent Address:			City:		State: Zip:
Spouse/Parent Home Phone: (	)	(if patie	nt is minor) Parent	t Driver Licens	e# State
Spouse/Parent Employer:			Business Phone:	( )	
	EMI	ERGENCY C	ONTACT		
Contact Telephone #: ( ) INSURANCE/PAYMENT INFORMA	ATION:	Name		Relation	nship:
Type of Payment: Insurance (	attach photocopy of	information)	Cash	Lien <i>(attach Li</i>	ien document)
Primary Insurance		Policy #:	P	olicy Holder:	
Secondary Insurance		Policy #:	Р	olicy Holder:	
Patient/Responsible Adult Signa	ature <mark>: X</mark>				Date:
Patient/Responsible Adult Print	Name:		*Relation	ship to Patient	
					her than patient
Interpreter (If required) Signatur			Print Nan	ne	
Interpreter relationship to patien	· · · · · · · · · · · · · · · · · · ·		ha nationt for wha	var. barra NG	Namel manuscribility
I, the undersigned person, hereby certify that I have accepted total financial responsibility for the above patient, for the care/treatments rendered to the patient by the Center and all their providers including but not limited to: surgeons, anesthesiologists, radiology, laboratories, and clinical care workers. I understand that I do not currently have any legal responsibility to provide financial support for this patient. I also understand that, by signing below, I agree to personally accept full responsibility for all financial costs associated with the care/treatments/services provided to the patient by Center. Furthermore, I certify that I have had the opportunity to ask all questions related to this matter and was given adequate answers. Please fill in all sections below and sign where indicated.					
Last Name:		First		И.I.	SS#:
Relationship to Patient:		Home p	hone:		Date of Birth:
Address:		<u> </u>	City	State	Zip
Driver License OR other photo I	D: #		Type of ID:		State issued:
Occupation:		Employer:		Bus Ph	one:
Signature of Responsible Party			Print Nam	ne:	

LEFT SIDE OF CHART



If H&P not co	mnleted with			& PHYSIC		s helow.	
Date:	inproced with	Time:		Referring Physician		, below.	
Chief Comple	aint:						
History of Pr	esent Illness/I	Reason for Visi	t:				
Current Medi	ications:					- See attached she	ets
Allergies:						- See attached she	ets
Previous Surg	gical History:					- See attached she	ets
Asthma, Bronchitis, COPD, Dyspnea, Orthopnea, Pneumonia, Chronic Cough, SOB, Recent URI, Tuberculosis, Hx of DVT, PE in family or self  Y N Hepato/Gastrointestinal  Bowel Obstruction, Cirrhosis, Jaundice/Hepatitis, Hiatal, Hernia/Reflux, Chronic Nausea/Vomiting, Ulcers, UTI  Y N Renal/Endocrine:  Diabetes, Renal failure, Thyroid disease, Urinary retention, Significant Weight Loss/Gain  Smoking/Vaping/Cannabis: Y N # packs per day/week Alcohol Use: Y N Frequency: Drug Use: Y N Freq: Is there any history of the following medical conditions in your family? High Blood Pressure Heart Disease  Y N Cardiovascular:  Abnormal EKG, Angina, ASHD, CHF, Exercise Intolerance, CVA/S TIA, Hypertension, MI, Murmur, Pacemaker, Valvular Disease Rheumatic Fever  Y N Neuro/Musculoskeletal:  Arthritis, Back problems, CVA/Stroke/TIA, Headaches, Ulcers Muscle Weakness, Syncope, Seizures, Paralysis, Paresthesia  Y N Other:  Anemia, Bleeding tendencies, Cancer, Chemotherapy, Sickle Cell, Immunosuppressed, Pregnancy, Recent steroid use, Blood Transfusion Stroke Stroke  Stroke					sion		
Previous surgica	l/anesthesia con	nplications (patier	nt or family)				
PE: Ht:	Wt:	BMI:	B.P.:	Pulse:	Temp:	Pain Level:	/10
General Head & Nec Heart/Lungs Breast Abdomen Extremities Neurologica	3	- WNL	3				
Impression/Ass	sessment						
Consent:  I have determined that this patient is a suitable candidate for the planned procedure at this facility. I have explained the procedure/surgery, including appropriate alternatives, benefits, side effects and risks. I have answered all the patient's/guardian's questions. The patient/guardian accepts the proposed procedural/surgical plan.							
Physician Signatu	ire:			Da	nte/Time:		
	History ar	nd Physical Up	date: (please	e sign/date/time if H	& P done within	30 days)	



No change in patient condition noted after patient examination & review of patient is a suitable candidate for the planned procedure at this facility tod	1 2	ave determined that this
Change in patient condition noted after patient examination & review of F	I&P and admission patient history:	
Describe:		
Signature of Physician	Date/Time	PRE-OPERATIVE





# PAST MEDICAL HISTORY/REVIEW OF SYSTEMS QUESTIONNAIRE

(CIRCLE ALL THAT APPLY)
T M E D I C A L H I S T

PAST MEDICAL HISTOR	Y	COMMENTS
Respiratory:	- NONE	
Asthma, Bronchitis, Chronic Obstructive Pulmonary Disease, Difficulty Breathing,		
Shortness of Breath, Recent Upper Respiratory Infection, Tuberculosis, History of I	Deep Vein Thrombosis, Pulmonary	
Embolism in family or self, Sleep Apnea  Liver/Gastrointestinal:	- NONE	
Bowel Obstruction, Cirrhosis, Jaundice/Hepatitis, Hiatal Hernia/Reflux, Chronic Na		
Infection, Ulcers	ausea/ vointing, Olcers, Ormary Tract	
Renal/Endocrine:	- NONE	
Diabetes, Renal failure, Thyroid disease, Urinary retention, Significant Weight Loss	s/Gain.	
Cardiovascular:	- NONE	
Abnormal EKG, Irregular Heart Beat, Angina, Heart Attack, Arteriosclerosis Heart		
Exercise Intolerance, Hypertension, Murmur, Pacemaker, Valvular Disease, Rheun Neuro/Musculoskeletal:	natic Fever NONE	
Difficulty Opening Mouth for Dentist, Arthritis, Back problems, Cerebrovascular A		
Attack, Headaches, Muscle Weakness, Syncope, Seizures, Epilepsy, Paralysis, Pare		
Other:	- NONE	
Anemia, Sickle Cell Anemia, Bleeding tendencies, Cancer, Chemotherapy, Immuno	osuppressed, Pregnancy, Recent	
steroid use, Blood Transfusion, HIV, Loose/Damaged Teeth, Caps, Crowns, Bridge	s, Dentures, Piercings, Metal Implants	
Do you smoke? How many packs per day? Smokeless Tobacco	- NO or Describe in comments	
Do you drink alcohol? How frequent?	- NO or Describe in comments	
Do you use recreation drugs? What and how frequent?	- NO or Describe in comments	
IS THERE ANY FAMILY HISTORY OF:		
Do you, or is there a family history of anesthesia problems following General Anes	thesia but not limited to the following:	
High fever after receiving General Anesthesia, A family or personal history of Mali		
neuromuscular disorder, high temperature following exercise; a personal history of		
colored urine, or unanticipated fever immediately following anesthesia or serious ex	kercise.	
	- NO or Describe in comments	
High Blood pressure?	- NO or Describe in comments	
Heart Disease	- NO or Describe in comments	
Stroke	- NO or Describe in comments	
Lung Disease	- NO or Describe in comments	
Diabetes	- NO or Describe in comments	
Bleeding Disorder	- NO or Describe in comments	
Cancer	- NO or Describe in comments	
Previous Surgery and date(s): - None or Please describe:	110 of Describe in comments	
Sungery and anti-(s). Hone of Fichie describer		
A Process No. 10 August 19		
Any complications? - None or Please describe:		
Is there anything we should be aware of that is not listed here? - None or Please	describe:	
Allergies/Medication Sensitivities with Reaction:		
Do you take any Prescription, Over the counter, or Herbal Medications? - N	one or Please list Name, Dose, and Free	quency.
Patient's Signature and Date		
rationt's Signature and Date		
Anesthesiologist Signature and Date	Physician's Signatur	e and Date
		PRE-OPERATIVE



# CAPRINI THROMBOSIS RISK FACTOR ASSESSMENT TOOL

Mark all the following statements that apply no	ow or within the past month:
Add 1 point for each of the following statements that	Add 2 points for each of the following statements that
apply:	apply:
☐ Age 41- 60	
☐ Minor surgery (less than 45 minutes) is planned	☐ Current or past malignancies
☐ Past major surgery (more than 45 minutes) within	(excluding skin cancer, but not melanoma)
the last month.	☐ Planned major surgery lasting longer than 45 minutes
☐ Visible varicose veins	☐ Laparoscopic and arthroscopic lasting longer
☐ A history of Inflammatory Bowel Disease (IBD)	than 45 minutes
(i.e., Crohn's disease or ulcerative colitis)	☐ Non-removal plaster cast or mold that has kept you
☐ Swollen legs (current)	from moving your leg within the last month.
☐ Overweight or obese (Body Mass Index above 25)	☐ Tube in blood vessel in neck or chest that delivers
☐ Heart attack	blood or medicine directly to heart – within the last month
☐ Congestive heart failure	(also called central venous access, PICC line, or port)
☐ Serious infection (i.e., Sepsis)	☐ Confined to a bed for 72 hours or more.
☐ Lung disease (i.e., Emphysema, COPD, including	Add 2 Deinte for each of the following statements that apply
Pneumonia)	Add 3 Points for each of the following statements that apply
☐ On bed rest or restricted mobility, including a	☐ Age 75 or older
removable leg brace for less than 72 hours.	☐ History of blood clots, either Deep Vein Thrombosis
☐ Smoking (Tobacco, Cannabis, E-Cig/Vaping, etc)	(DVT) or Pulmonary Embolism (PE)
☐ Diabetes requiring insulin	☐ Family history of blood clots (thrombosis)
☐ Chemotherapy	☐ Personal or family history of positive blood test
☐ Blood transfusions	indicating as increased risk of blood clotting.
☐ Other risk factors (1 point each)	Add 5 Delate Connection Cities Called Land and the control of the Called
	Add 5 Points for each of the following statements that apply
For women only:	☐ Elective hip or knee joint replacement surgery.
	☐ Broken hip, pelvis, or leg.
☐ Current use of birth control or Hormone	☐ Serious trauma (i.e., multiple broken bones due
Replacement Therapy	to a fall or car accident)
☐ Pregnant or had a baby within the last month	☐ Spinal cord injury resulting in paralysis
☐ History of unexplained stillborn infant recurrent	☐ Experienced a stroke.
spontaneous abortion (more than 3), premature birth	
with toxemia, or growth restricted infant.	Add up all points to get total
	Caprini DVT Risk Score
	Risk scores may indicate odds of Level
	developing a DVT during major surgery. 0-2 Low
Commente	3-8 Increasing
Comments:	> 8 18.3%
Patient Signature/Guardian with Relationship	Date
-	PRE-OPERATIVE



## MEDICATION RECONCILIATION LIST

ALLERGIES / MEDICATION SENSI	TIVITIES WITH	REACTION:

MEDICATION, DOSE, & FREQUENCY	USE	LAST TAKEN	MAY RESUME
- N O N E			Yes No
			Yes No

# \*\*MAY RESUME ALL MEDICATIONS UNLESS OTHERWISE NOTED\*\*

Pre – Op Nurse Signature	Date	Time	<del>_</del>
Physician Signature	 Date	Time	- COPY GIVEN TO PATIENT -OR-
Recovery Nurse Signature	 Date	Time	- N/A PRE-OPERATIVE



#### STATE OF CALIFORNIA SURVEY

#### Dear Patient:

As of January 1, 2019, the State of California, Office of Statewide Health Planning and Development (OSHPD) are required by law that ambulatory surgery centers collect and report individual encounter data (California Health and Safety Code, Division 107 Part 5 – Health Data, Section 128735, 128736, and 128737). The data will be used for health projects, including diagnostic research, identification and correction of disparities in healthcare access and outcomes, management of healthcare delivery and public health programs, quality of care, healthcare trends, and supporting informed decisions. Individually identifiable patient information is protected and encrypted within the State system.

Each patient's **self-reportin**g of their Ethnicity and Race supports integrity and quality of demographics data. A family member or guardian shall complete this information when the patient is not capable.

RACE	ETHNICITY				
Marl all that apply	Mark only one				
☐ - American Indian or Alaska Native	□ - Hispanic or Latino				
☐ - Asian	☐ - Non Hispanic or Non-Latino				
☐ - Black or African American					
☐ - Native Hawaiian or Other Pacific Islander					
☐ - Filipino					
☐ - Caucasian					
□ - Other Race:					
GENI	DER:				
☐ - Male ☐ - Female ☐ - Trans Male/Trans Man ☐ -	□ - Male □ - Female □ - Trans Male/Trans Man □ - Trans Female/Trans Woman				
☐ - Genderqueer/Gender Nonconforming ☐ - Other Ide	ntity:				
□ - Prefer not to disclose					
Primary Lang	uage Spoken:				
☐ - English ☐ - Spanish ☐ - Other:					
If you have any questions, please contact the Patient Data Section of OSHPD at 916/323-7679.  Additional information is available on the internet at <a href="https://www.oshpd.ca.gov/mircal">www.oshpd.ca.gov/mircal</a>					
Thank you very much.					
Signature:	Date:				
	LEFT SIDE OF CHART				





#### RIVERSIDE OUTPATIENT SURGICAL INSTITUTE

## **Physician Disclosure of Ownership Statement**

#### Dear Prospective Patient:

We are delighted that you have chosen Riverside Outpatient Surgical Institute, a fully accredited surgical center ("Center") for your elective surgery.

Your treating Physician, and/or Podiatrist ("Physician") has or may have a financial interest in the Center and thus may gain financially by performing your procedure at the Center. You, the patient, have the right to choose where your procedure is performed. By your Physician having a financial interest in this facility it enables them to have a voice in the administration and medical policy of this healthcare institution. This involvement helps to ensure the finest quality of care for our patients. If you have a preference about where your ambulatory procedure is performed other than this Center, please let us know and we will assist you in scheduling such procedure if you wish. Please note that special emphasis is placed on patient feedback so that we can treat you professionally and courteously at all times. Addresses are available upon request.

Due to physician investment in this Center, it is required by law that we notify you of such investment and provide you with alternative facilities available to you.

Parkview Hospital	Riverside Community Hospital	Loma Linda University Medical Center
3865 Jackson Street	4445 Magnolia Avenue	11234 Anderson Street
Riverside, CA 92503	Riverside, CA 92501	Loma Linda, CA 92354
(951) 688-2211	(951) 788-3000	(909) 558-4000

Your signature below will also confirm that you have been made aware of your physician's ownership interest in this Center, and that you have been provided names and address of alternative facilities should you choose to use them.

Patient Signature/Parent of minor child	Date
	LEFT SIDE OF CHART

# **Conditions of Coverage and Patient Attestation**

I certify that I have received written documentation	on of the following items, in advance of the date of
y scheduled procedure:	
Patient Information Form	
2. California State Survey	
3. Past Medical History Questionnaire	
4. Medication Reconciliation List	
5. Caprini Risk Assessment	
6. Physician Disclosure of Ownership	
7. Conditions of Coverage and Patient Attestation	n
8. Mission Statement	
9. Patient's Rights and Responsibilities	
10. Advance Directive Information	
11. Privacy Practices	
12. Patient General Pre-op Instructions	
13. Reduce Risk of Infection	
Furthermore, I understand that this information is confidential (HIPAA protected). Should I have any the Biverside Outpetient Surgical Institute for elections	questions regarding its content, I should contact
the Riverside Outpatient Surgical Institute for clari	inication.
Patient Signature/Parent of minor child	 Date





#### RIVERSIDE OUTPATIENT SURGICAL INSTITUTE

#### Mission

Riverside Outpatient Surgical Institute is committed to the care and comfort of our patients and improving the overall health of our community by providing healthcare services with integrity, compassion and excellence.

#### Vision

Riverside Outpatient Surgical Institute will be known for offering comprehensive outpatient surgical services whose cornerstones are quality, safety, compassion and service excellence.

#### Values

#### Passion for Excellence

Strive to consistently exceed patient/customer service expectations.

We value the delivery of compassionate, respectful, high quality of care that promotes optimal outcomes.

#### Integrity

Demonstrate ethical behaviors at all times.

Guide our actions with honesty and confidentiality.

Keep the best in mind for our patients, staff, physicians, and community.

#### Dignity

We believe each patient and employee is worthy of respect, and we share the responsibility to safeguard personal dignity.

We care for our patients by recognizing each unique need and striving to meet those needs by considering all issues that affect services.

We believe personal interactions with patients, visitors, physicians and colleagues should be characterized by fairness, compassion and respect.

#### Teamwork

We will achieve our mission by working together for the health and safety of our patients through the support and use of skills of each team member.

We will maintain timely and effective communication with all team members.

#### **Diversity**

Only by understanding our diversities are we able to create an environment where innovation, individuality, and creativity are maintained.

We will respect each other's thoughts, viewpoints, religions, cultural beliefs and back grounds.

#### Initiative

Build and encourage an environment of trust.

Value and nurture the growth of our most important investment – our people.

We are committed to proactive problem solving.

#### **Community Partner**

Embrace every opportunity to strengthen our commitment to the community

#### Financial Responsibility

Maintain financial integrity to ensure the stability of our Institute.

Ensure a sound financial position through the conscientious management of our Institute.

# RIVERSIDE OUTPATIENT SURGICAL INSTITUTE Notice of Privacy Policies

This notice describes how information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

#### Introduction:

At **Riverside Outpatient Surgical Institute (ROSI)** we are committed to treating and using protected health information about you responsibly. This notice of Health Information Practices describes the personal information we collect and how and when we use or disclose that information. It also describes your rights as they relate to your protected health information. This notice is effective 10/01/2014, and applies to all protected health information as defined by federal regulations.

#### **Understanding Your Health Record Information**

Each time you visit ROSI a record of your visit is made. Typically, the record contains your symptoms, examinations and test results, diagnosis, treatment and a plan for future care or treatment.

This information often referred to as your health or medical record, acts as a:

- Basis for planning your care and treatment.
- Means of communication among the many health professionals who contribute to your care.
- Legal document describing the care you received.
- Means by which you or a third-party payer can verify that services billed were actually provided.
- A tool in educating health professionals.
- A source of data for medical research.
- A source of information for public health officials charged with improving the health of this state and the nation.
- A source of data for our planning and marketing.
- A tool with which we can asses and continually work to improve the care we render and the outcomes
  we achieve.

Understanding what is in your record and how your health information is used helps you to: ensure its accuracy, better understand who, what, when, where and why others may access your health information, and make more informed decisions when authorizing disclosure to others.

- Obtain a paper copy of this notice of information practices upon request.
- Inspect and copy your health record as provided for in 45 CFR 164.524.
- Amend your health record as provided in 45 CFR 164.528.
- Obtain an accounting of disclosures of your health information as provided in 45 CFR 164.528
- Request communications of your health information by alternate means.
- Request a restriction on certain uses and disclosures of your information a provided by 45 CFR 164.522
- Revoke your authorization to use or disclose health information except to the extent that action has already been taken.

#### **Our Responsibilities**

#### **ROSI** is required to:

- Maintain the privacy of your health information.
- Provide you with this notice as to our legal duties and privacy practices with respect to information we collect and maintain about you.
- Abide by the terms of this notice
- Notify you if we are unable to agree to a requested restriction.
- Accommodate reasonable requests you may have to communicate health information by alternative means or at alternate locations.

We reserve the right to change our practices and to make the new provisions effective for all protected health information we maintain. Should our information practices change, we will mail a revised notice to address you've supplied us, or if you agree, we will email the revised notice to you.

We will not disclose your health information without your authorization, except as described in this notice. We will also discontinue using or disclosing your health information after we have received a written revocation of the authorization according to the procedures included in the authorization.

For more information or to report a problem

If you have questions and would like additional information, you may contact the Facility's Privacy Officer at (951) 784-4088.

If you believe your privacy rights have been violated, you can file a complaint with the practice's Privacy Officer, or with the Office of Civil Rights, U.S. Department of Health and Human Services. There will be no retaliation for filing a complaint with either the Privacy Officer or the Office for Civil Rights. The address for the OCR is listed below:

Office for Civil Rights U.S. Department of Health and Human Services 200 Independence Ave, S.W. Room 509F, HHH Building Washington, DC 20201

#### **Examples of Disclosures for Treatment, Payment and Health Operations**

#### We will use your health information for treatment.

For example: information obtained by a nurse, physician, or other member of your health care team will be recorded in your record and used to determine the course of treatment that should work best for you. Your physician will document in your record his/her expectations of the members of your health care team. Members of your health care team will then record the actions they took and their observations. In that way, the physician will know how you are responding to treatment.

We will also provide your physician or a subsequent health care provider with copies of various reports that should assist him or her in treating you once you're discharged from this facility.

#### We will use your health information for payment.

For example: A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include information that identifies you, as well as your diagnosis, procedures and supplies used.

#### We will use your health information for regular health operations.

For example: Members of the medical staff, the risk or quality improvement team may use information in your health record to assess the care and outcomes in your case and others like it. This information will then be used in an effort to continually improve the quality and effectiveness of the healthcare and service we provide.

**Business associates:** There are some services provided in our organization through contacts with business associates. For example: physician services for radiology and certain laboratory tests, or a transcription service we use when dictating your health record and medical billing company. When these services are contracted, we may disclose your health information to our business associates so that they can perform the job we've asked them to do and bill you or your third-party payer for services rendered. To protect your health information, however, we require the business associate to appropriately safeguard your information.

**Notification:** We may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care, your location and general condition.

**Communication with family:** Health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any other person you identify, health information relevant to that person's involvement in your care or payment related to your care.

**Marketing:** We may contact you to provide appointment reminders or information about treatment alternatives or other health related benefits and services that may be of interest to you

**Workers compensation:** We may disclose health information to the extent authorized by and to the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.

**Public health:** As required by law, we may disclose your health information to public health or legal authorities charged with preventing or controlling disease, injury, or disability.

**Law enforcement:** We may disclose health information for law enforcement purposes as required by law or in response to a valid subpoena.

Federal law makes, provision for your health information to be released to an appropriate health oversight agency, public health authority or attorney, provided that a work force member or business associate believes in good faith that we have engaged in unlawful conduct or have otherwise violated professional or clinical standards and are potentially endangering one or more patients, workers, or the public.

# The American Association for Accreditation of Ambulatory Surgery Facilities, Inc.

# PATIENT RIGHTS & RESPONSIBILITIES

This accredited facility presents these Patient Rights and Patient Responsibilities to reflect the commitment to providing quality patient care, facilitating dialogue between patients, their physicians, and the facility management, and promoting satisfaction among the patients and their designated support person(s), physicians, and health professionals who collaborate in the provision of care. This facility recognizes that a personal relationship between the physician and the patient is an essential component for the provision of proper medical care. When the medical care is rendered within an organizational structure, the facility itself has a responsibility to the patient to advocate for expanded personal relationships and open communications between patients and their designated support persons, physicians and the organization's staff members. This facility has many functions to perform, including but not limited to, preventing and treating medical conditions, providing education to health professionals and patients, and conducting clinical research. All these activities must be conducted with an overriding concern for the patient and above all the recognition of his or her dignity as a human being. Although no catalogue of rights can provide a guarantee that the patient will receive the kind of treatment he or she has a right to expect, these patient rights are affirmed and actively incorporated into the care provided in this facility.

- 1. The patient has the right to receive considerate and respectful care in a safe setting.
- **2.** The patient has the right to know the name of the physician responsible for coordinating his/her care.
- **3.** The patient has the right to obtain information from his or her physician in terms that can be reasonably understood. Information may include, but is not limited to his or her diagnosis, treatment, prognosis, and medically significant alternatives for care or treatment that may be available. When it is not medically advisable to share specific information with the patient, the information should be made available to an appropriate person in his or her behalf. When medical alternatives are to be incorporated into the plan of care, the patient has the right to know the name of the person(s) responsible for the procedures and/or treatments.
- **4.** The patient has the right to obtain the necessary information from his or her physician to give informed consent before the start of any procedure and/or treatment. Necessary information includes, but is not limited to, the specific procedure and/or treatment, the probable duration of incapacitation, the medically significant risks involved, and provisions for emergency care.
- 5. The patient has the right to expect this accredited ambulatory surgery facility will provide evaluation, services and/or referrals as indicated for urgent situations. When medically permissible, the patient or designated support person(s) will receive complete information and explanation about the need for and alternatives to transferring to another facility. The facility to which the patient is to be transferred must first have accepted the patient for transfer.
- **6.** The patient has the right to refuse treatment to the extent permitted by law, and to be informed of the medical consequences of his or her action.
- 7. The patient has the right to obtain information about any financial and/or professional relationship that exists between this facility and other health care and educational institutions insofar as his or her care is concerned. The patient has the right to obtain information about any professional relationships that exist among individuals who are involved in his or her procedure or treatment

- **8.** The patient has a right to be advised if this accredited ambulatory surgery facility proposes to engage in or perform human experimentation affecting his or her care or treatment. The patient has the right to refuse to participate in research projects.
- 9. The patient has the right to every consideration for privacy throughout his or her medical care experience, including but not limited to, the following. Confidentiality and discreet conduct during case discussions, consultations, examinations, and treatments. Those not directly involved in his or her care must have the permission of the patient to be present. All communications and records pertaining to the patient's care will be treated as confidential.
- 10. The patient has the right to expect reasonable continuity of care, including, but not limited to the following. The right to know in advance what appointment times and physicians are available and where. The right to have access to information from his or her physician regarding continuing health care requirements following discharge. The number to call for questions or emergency care
- 11. The patient has the right to access and examine an explanation of his or her bill regardless of the source of payment.
- 12. The patient and designated support person(s) have the right to know what facility rules and regulations apply to their conduct as a patient and guest during all phases of treatment.
- 13. The patient has the right to be free from all forms of abuse, neglect, or harassment.
- **14**. The patient has the right to exercise his or her rights without being subjected to discrimination or reprisal.

#### **Patient Responsibilities**

It is the patient's responsibility to participate fully in decisions involving his or her own health care and to accept the consequences of these decisions if complications occur.

It is the patient's responsibility to follow up on his or her physician's instructions, take medications when prescribed, and ask questions that immerge concerning his or her own health care.

It is the patient's responsibility to provide name of support person in case of emergency, and have this support person available when advised to do so.

Direct any care concerns or complaints to:

The Facility Director: Robert Hardesty, MD

Phone: (951) 784-4088

Director of Clinical Compliance of AAAASF: Ilana Wolff

Phone: (888) 545-5222 Email: info@aaaasf.org

Department of Health: San Bernardino Office

Phone: (909) 388-7170

Office of the Medicare Beneficiary Ombudsman

Phone: (800) 633-4227

Website: <a href="http://www.medicare.gov/claims-and-appeals/medicare-rights/get-help/ombudsman.html">http://www.medicare.gov/claims-and-appeals/medicare-rights/get-help/ombudsman.html</a>

#### **Advance Directives**

On July 1, 2000, the California Health Care Decisions Law went into effect [A.B. 891, 1999 Stat. ch. 658]. The law made extensive changes in the rules governing "advance health care directives," which allow persons to designate how they will be cared for in the event that they later become incompetent. The law revoked existing rules dealing with the designation of surrogates to make health care decision on behalf of incompetent patients, and replaced them with a new set of standards. Thus, the old durable power of attorney for health care statute and the Natural Death Act were repealed. However, documents created under the old laws prior to July 1, 2000 continue to be valid under the same terms on which they were drafted [Cal. Probate Code §4665]. Documents created after July 1, 2000 must conform to the requirements of the California Health Care Decisions Law. In addition, advance directives created in other states under the laws of those states are valid in California [Cal. Probate Code §4676(a)].

The California Health Care Decisions Law identifies two types of advance directives that a competent adult may sign to deal with future situations where he or she may be incompetent. The first is an "individual health care instruction," by which a person states his or her wishes concerning treatment or non-treatment in particular named circumstances, including, possibly, end-of-life situations. The second is a "power of attorney," by which an individual designates an "agent" to make decisions on his or her behalf in the event of incompetency. The California Health Care Decisions Law presents a model form entitled "Advance Health Care Directive" that serves as both a power of attorney and an individual health care instruction [Cal. Probate Code §4701].

An Advance Health Care Directive is the best way to make sure that your health care wishes are known and considered if for any reason you are unable to speak for yourself. By completing a form called an "Advance Health Care Directive" California law allows you to do either or both of two things:

First, you may appoint another person to be your health care "agent." This person (who may also be known as your "attorney-in-fact") will have legal authority to make decisions about your medical care if you become unable to make these decisions for yourself. Second, you may write down your health care wishes in the Advance Health Care Directive form-for example, a desire not to receive treatment that only prolongs the dying process if you are terminally ill.

The Advance Health Care Directive is now the legally recognized format for a living will in California. It replaces the Natural Death Act Declaration. The Advance Health Care Directive allows you to do more than the tradition living will, which only states your desire not to receive life-sustaining treatment if you are terminally ill or permanently unconscious. An Advance Health Care Directive allows you to state your wishes about refusing or accepting life-sustaining treatment in any situation.

Unlike a living will, an Advance Health Care Directive also can be used to state your desires about your health care in any situation in which you are unable to make your own decisions, not just when you are in a coma or are terminally ill. In addition, an Advance Health Care Directive allows you to appoint someone you trust to speak for you when you are incapacitated. You do not need a separate living will if you have already stated your wishes about life-sustaining treatment in an Advance Health Care Directive.

The Advance Health Care Directive has replaced the Durable Power of Attorney for Health Care (or "DPAHC") as the legally recognized document for appointing a health care agent in California. The Advance Health Care Directive allows you to do more than a DPAHC. An Advance Health Care Directive permits you not only to appoint an agent, but to give instructions about your own health care. You can now do either or both of these things.

<u>Our Policy:</u> While all of these documents play a very important role as to how health care decision are made on your behalf, it is the policy of <u>RIVERSIDE OUTPATIENT SURGICAL INSTITUTE</u> that we <u>DO NOT</u> honor Advance Directives during your episode of care at the facility. If you have an Advance Directive, please bring it with you for your visit to <u>RIVERSIDE OUTPATIENT SURGICAL INSTITUTE</u> and we will place it in your medical record for reference in the unlikely event you are transferred to the hospital.

Addition information and resources, including sample forms, are available from the website of the Office of the Attorney General: http:ag.ca.gov/consumers/general/adv\_hc\_dir.htm. We can also provide you with a sample Advance Health Care Directive form upon your request.

#### PATIENT GENERAL PRE-OP INSTRUCTIONS

- Nothing to eat or drink 8 hours prior to your surgery (Medications, only take your high blood pressure, cardiac or thyroid meds with a very small sip of water in the morning.)
- 2. Leave all valuables at home (you will be provided a locker).
- 3. Wear loose fitting comfortable clothes (button up or zipper shirt/blouse).
- 4. No makeup, lotion, moisturizers, deodorant, or false eyelashes.
- 5. Remove all external rings or piercings if possible.
- 6. Make out a list of any questions you may have for the nurse, doctor or anesthesia.
- 7. If you are a diabetic and you take insulin do not take in the morning, please bring your insulin with you just in case you need to be medicated after surgery.
- 8. You will be called a few days up to the day before surgery to confirm your exact time of arrival. If you don't receive a call from us, please call us at (951) 784-4088.
- 9. Your anesthesia provider will also contact you usually the night before just to go over any health or anesthesia concerns.
- 10. The evening before and the morning of, shower and use an antimicrobial soap such as Dial over all surgical areas.
- 11. You will need an adult caregiver to pick up, transport you to your home and be with you for twenty four (24) hrs. Uber and taxis are not acceptable.



# REDUCE YOUR RISK OF INFECTION



#### **Site Preparation**

Follow your doctor's instructions to shower or cleanse your surgical site before arriving for your surgery to remove bacteria from your skin. If there are no instructions, please bathe or shower before coming. You should not shave the area where you are having surgery.



#### Warmth

Studies have shown that keeping warm during and after your surgery may improve outcomes. Please let your nurse know if you are cold so that we can perform warming measures.



#### **Hand Hygiene**

Hand hygiene is the most effective way of preventing the spread of infection. Please ask a healthcare staff if they have washed their hands or used an alcohol hand rub. As a patient you should also practice good hand washing after using the bathroom, before eating, after blowing your nose and before and after touching the bandage or your incision.



#### **Smoking Cessation**

If you are a smoker, consider quitting. This will reduce your chances of developing an infection after surgery.

Please let your doctor and anesthesiologist know if you are a diabetic so that we can manage your blood sugar during your stay at ROSI.