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## Inside {local} June 23







## **12**RATTLE AND SNAP

Once won in a game of chance, this home is a jewel in Middle Tennessee's crown.

### 16 LOCAL COLORS FLY

Thanks to the determination of a few folks, the community now has an official flag.

**12** 

SEAFOOD & PASTA

This one will become a family favorite.

## **LOCAL FOCUS**

SNAP SHOTS 8, 10 SERVICE DIRECTORY 20, 21 RECIPE 22

Visit our website muletownlocal.com

**ON THE COVER:** The majestic home known as Rattle and Snap sits on a hilltop seven miles west of Columbia. Completed in 1845, it's considered one of the best examples of Greek Revival residential architecture in the country. Photo by Michael Tedesco.

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# 1 IN 5 AMERICANS WILL DEVELOP SKIN CANCER IN THEIR LIFETIME.

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One way to protect yourself from skin cancer is by protecting your skin from getting too much of the sun's ultraviolet light. It's especially important to avoid getting sunburned as this increases the risk of melanoma. Using sunscreen (at least SPF 30) and

wearing UPF protective clothing, including a hat with a brim, are good ways to do this.

While sun protection is important for adults, it's even more important for children. The average American experiences most of their sun exposure before the age of 18. Even one blistering sunburn in childhood or adolescence more than doubles your chances of developing melanoma later in life.

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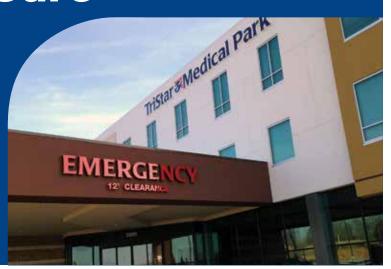
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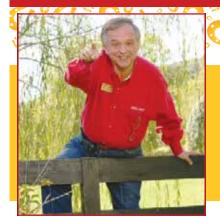
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#### **EXPERIENCE SPRING HILL**

The Spring Hill Chamber of Commerce is hosting its popular annual community event, Experience Spring Hill, The Event presented by Liberty Federal Credit Union at Summit High School on Saturday, June 24, from 10:00 a.m. until 2:00 p.m. The event promises to showcase some of the best that Spring Hill has to offer in one place, without the hassle of traffic–perfect for new and long-standing residents, as well as visitors to the city.







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## BUILT IN 1845, HISTORIC HOME IS LABOR OF LOVE

#### BY PAM WINDSOR

The majestic home known as Rattle and Snap sits on a hilltop seven miles west of Columbia. Completed in 1845, it's considered one of the best examples of Greek Revival residential architecture in the country. This designated National Historic Landmark is home to retired Dr. Michael Kaslow and his wife, Bobbi.

The two lived in California when they bought the property 20 years ago, but Michael had deep ties to Maury County.

"I was born here, just outside Columbia," he explains. "My mother and grandmother lived here, and my great-grandfather fought in the Civil War. He was in the Bigby Greys."

A statue and marker in Mt. Pleasant tell the story of the Bigby Greys, a hundred local men sworn into Confederate service on

April 20th, 1861.

While Michael had roots here, it was Bobbi who had the idea to buy Rattle and Snap after first seeing the outside of the house during a visit with her mother-in-law. Then, a couple of years later, she returned and was able to go inside.

"We came on a tour," Bobbi recalls, "and once you see this place, it gets into your very soul. You never forget it. So, I went back to California, and told my husband we really ought to buy Rattle and Snap."

At the time, it wasn't for sale, but when it went on the market in 2003, they bought it.

"When we first came here, the house was basically falling apart," Bobbi explains. "There were 35 leaks in the roof, the col-

**PAGE 14 >** 



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#### < FROM PAGE 12

umns were rotting, the upstairs ceilings were cracked and coming down, and the inside walls were bubbling. We thought, what have we gotten ourselves into? But we just focused on one problem at a time, fixed it, and went on to the next."

Rebuilding, then furnishing the home, has been a labor of love, especially for Bobbi, who has extensive knowledge of antiques.

"I grew up in Greenwich, Connecticut, so I was used to big houses and fine furniture. And I've always been partial to the Victorian era, which is, of course, the period during which Rattle and Snap was built. So, we just did research, read books, and we started going to auctions."

Despite its size and many antiques, Rattle and Snap has a welcoming feel to it.

"It's 16,000 square feet, but in spite of that, it has a homey feel," says Bobbi." We do tours, and when people come here to visit, they always comment on how warm and comfortable it is."

During her tours, Bobbi shares the home's history, such as where it got its name. The house was built for George Polk, whose father, William Polk, was a land surveyor and won the tract of land during a game of chance called "rattle and snap."

She also delves into fascinating aspects of the home itself.

"I share what's original to the home, when it was built, what Greek Revival architecture is, and I talk about the columns. They're 28 feet tall, and they're Corinthian columns which are the most ornate. They were made in Cincinnati, Ohio, shipped down the Cumberland River to Nashville, and brought here by oxcart. When you think about that being done in the 1840s, it's amazing."

It's also interesting to note that Rattle and Snap has ten columns, while the White House in Washington, DC, only has eight.

"See how special that is," she says with a laugh.

Michael dedicates a lot of his time to overseeing the landscaping. Even though they've called this place home for nearly two decades, they're still in awe of it.

"When Michael drives up the driveway, he says he still can't believe we actually own this house," Bobbi says. "We feel more like caretakers than owners because it's so magnificent."

Tours of the home are available for \$25 per person with a four-person minimum, and reservations are required a week in advance. For more information, visit:

rattleandsnapplantation.com/



## RATTLE & SNAP WHISKEY

There's also a Rattle & Snap Whiskey, although it's not associated with the Maury County plantation.

The whiskey, which hit shelves last September, is produced by the Log Still Distillery in Gethsemane, Kentucky. Wally Dant, president, and distiller, explains how he decided on the name.

"I wanted to have a Kentucky brand, but I also wanted to pay tribute to Tennessee, which had been my home for the past 22 years," he says. "Kentucky and Tennessee both make great bourbons and whiskeys, so I thought we could have a great Tennessee brand and call it Rattle & Snap after the game of chance."

He says the name was also a way to have a little fun with it. The whiskey's side label refers to "making your own luck," which works well since getting into the bourbon and whiskey business can often be a bit of a gamble.

Dant describes the whiskey as having "a little sweeter profile with a bit of back-end spice you get from the rye grain that's in there."





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## COLUMBIA ADOPTS OFFICIAL FLAG

The City of Columbia is proud to announce the adoption of an official Columbia flag. The winning flag was designed by local resident and business owner Bryson Leach. It was the top vote-getter selected by the community in an online flag design competition completed in April.

In January, city leaders began the process of adopting a flag for Columbia, something Mayor Molder has shown an interest in since his first term in office. It wasn't until recently, when a local high school student contacted the Mayor about the flag, that it sparked a conversation about a design competition that would turn the flag idea into a reality.

"It is appropriate that the city is adopting an official Columbia flag," said Columbia Mayor Chaz Molder. "It all started with an email from Nathaniel Bliss, an Eagle Scout candidate. I am grateful he initiated the conversation about the need for a Columbia flag. Without his initiative, and the research he put in on the front end, this project would not have happened,"

Bliss has followed the flag competition process closely and even helped spread the word with the help of his fellow scouts. "I was inspired to have this flag contest as my Eagle Scout project because of my fascination with Vexillology (the study of flags). I have always found it interesting how a simple piece of fabric can have such powerful symbolism, drawing on the history, culture, and people of city," commented Bliss. "Another reason I chose this as my project is because it will have a lasting impact on Columbia and will be a part of Columbia's history.

There were 41 qualifying designs submitted, which were reviewed by the Columbia Arts Council. They narrowed the field to three finalists: Bryson Leach, Amanda Byrd, and George Vrailas. Then those three designs were shared online, and the community was asked to vote for their favorite, with Bryson Leach's design garnering the most votes.

"I am honored that my design was selected as the new city flag," said Leach. "As a lifelong resident of Columbia, it's an absolute joy that I'm able to contribute something that will be a lasting legacy and symbol of the true spirit of our citizens and this place we love."

According to Leach, his flag design was created to symbolize Columbia's interwoven history, diversity, and leadership, among its citizens and its place in the world. It features a two-toned field of blue over red, representing Columbia's presidential history while paying homage to the state of Tennessee and its flag. A horizontal wave of blue and red stripes across the middle represents the Duck River, with the weaving of red and blue representing Columbia's diversity and its place in Civil Rights history (starting in 1946). Finally, a white star in the upper left corner represents Columbia as the county seat and its place in technological, industrial, civic, and community leadership.

The public will be invited to attend a flag-raising ceremony in June. In addition, the new Columbia flag will be flown at all city facilities.



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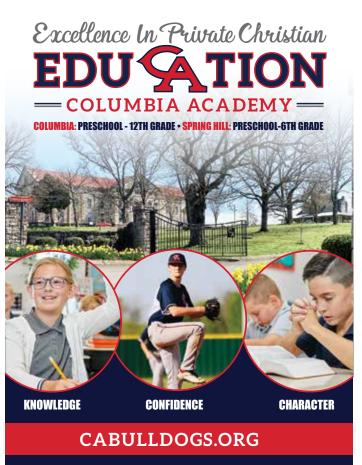
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From the Kitchen of Jewell Wilder

## Red Snapper with Veggies and Creamy Pasta

**INGREDIENTS: SERVES: 2 PERSONS** 

**PROTEIN:** 

RED SNAPPER FILET- 2 FILETS

JUMBO SHRIMP-1LB

VEGETABLES: CORN ON THE COB- 1 UN-SHUCKED CORN (CUT

CORN OFF THE COB RAW)

WHOLE RED PEPPER- 1 (FINE DICE)

ASPARAGUS- 3 SKINNY STALKS (CUT OFF TOP AND BOTTOM ENDS,

CUT INTO 1/2 INCH PIECES)

GREEN ONION- 3 STRANDS FOR GARNISH (CHOP AND SET ASIDE)

LEMON-1 WHOLE (CUT OFF ENDS AND CUT THE LEMON INTO 4

QUARTERS)

PASTA: SMALL SHELL PASTA- 2 CUPS

**SAUCE:** WHITE RUE- 2 OZ (MAKE IN A MEDIUM SIZED POT, KEEP IN POT ONCE FINISHED FOR LATER USE. TAKE OFF THE HEAT SOURCE.)

2% MILK- 2 CUPS

SPICES:

OLIVE OIL- 7 OZ RED PEPPER- 5 OZ SALT AND PEPPER- TO TASTE ROSEMARY- 2 TBSP

ALL SPICE- ½ TSP CAJUN- 8 OZ

**DIRECTIONS:** Once one item is started, begin the next one if you have the space. Note: All of these components take up 5 eyes on a stove.

- **Sauteed Shrimp** In a small sauté pan on medium heat put 2 oz of olive oil in the pan. Once the pan is ready add the shrimp. Add both ends of the lemon and 1 of the 4 wedges. Squeeze the juice in the shrimp and leave the peel in the shrimp too.
- Pan seared Snapper- In a large sized sauté pan on medium heat, put 4 oz of the olive oil in the pan and allow to heat up. In the meantime, salt and pepper the fish to taste and add 2 oz of Cajun seasoning to one side of filets, then 2 oz more of Cajun to the other side. Cook the fish till the layers of the fish separate with ease and become opaque.
- **Sauteed Veggies** In a small sauté pan on medium heat, put 1 Tbsp of olive oil in the pan and allow to heat up. Once the pan is ready, combine the asparagus, corn, and red pepper in the pan. Allow veggies to get some color.
- **Cream Sauce** Begin to heat up the white rue on medium heat, once up to temperature, pour in the milk and reduce heat to low. Stir constantly until thickened. Season to taste and add rosemary, 1 lemon wedge squeezed and its peel, and all spice.
- **Pasta** In a smaller pot, begin boiling the water and add a pinch of salt. Once the water boils, cook the pasta till tender, strain and set aside.
- **Layer** from bottom to top (1 cup of pasta, half of the sauce, 1 fish for each plate or bowl, half veggie mix on top of 1 fish, split shrimp, make a ring around the center with shrimp, sprinkle with green onion, lemon on top.)



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Carson D. Strickland, MD

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