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Inside *{local}* May '24



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FESTIVAL SEASON

Rory Feek's annual festival is just around the corner

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ON THE COVER: Rory Feek's annual festival dedicated to living a more sustainable life will return to Maury County on June 7th and 8th.

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THE HOMESTEAD FESTIVAL

PAM WINDSOR

Singer/songwriter Rory Fee has a passion for living off the land and building a more sustainable life. He and his late wife, Joey, began by raising chickens and growing their own vegetables, and in recent years, he's expanded efforts on a broader scale with more of his family. To share some of that knowledge with others, Feek hosted the first Homestead Festival on his Columbia farm three years ago.

It came on the heels of the COVID pandemic where food shortages and limited access to things readily available in the past sparked renewed interest in people wanting to learn more about providing for themselves.

"That first year, one of our guest speakers, Joel Salatin, gave

a talk about the homestead tsunami," Feek recalls. "He'd seen the equivalent of a tsunami of interest in people and the impact it had made on them wanting to buy land and rethink their whole way of living. And we've seen that interest continue to grow."

Feek's festival is now an annual event. This year, Joel Salatin returns as one of the many world-class speakers and teachers who will educate festivalgoers on a wide range of topics related to sustainable living. Other high-profile guests include author Michael Pollan and TV reality star Marty Raney of *Homestead Rescue*, who'll share his experience living off-grid in Alaska. There will be numerous demonstrations and more than 100 vendors on-site. It's a one-stop opportunity for people to learn about starting their own farm, raising chickens, gardening, beekeeping, cheese-

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making, goat milking & soap making, herbal medicine, caring for animals, homeschooling, and so much more. Feek says the festival welcomes both experienced homesteaders and those interested in getting started in whatever way they can.

“We know everybody’s at a different place in what they’re interested in, what they might want to learn, or even what they’re able to do. Some people only have a balcony or a windowsill, while others have land. We just want to meet people where they are.”

While sustainable living is the focus, there are other attractions, including music. Bands will play throughout the two-day event, and in the evenings, there will be special performances by country artists John Anderson, the Bellamy Brothers, and others. Feek, a GRAMMY-winning singer/songwriter in his own right, will also participate in a songwriting event Saturday night. His older daughter, Heidi, and her husband will also perform over the weekend.

Many might come for the music or to see one of the well-known guest speakers, and perhaps discover something else along the way.

“We want to make the festival fun even for people who might

not be interested in homesteading,” Feek says. “They may want to come hear music by some of their favorite artists. And if they come for the music, they might discover they’d love to learn to raise baby chicks or grow a garden. Or they might not be thinking of growing their own food, but maybe they’ve read Michael Pollans’ books and want to see him. Or they’re a fan of Marty Raney and want to hear him speak, and doing that might spark something.”

Feek and his wife, Joey, hosted music festivals on the farm before she passed away from cancer (in 2016). While this is a festival of a different sort, it’s nice to have people coming to hear music again. Fans of Rory and Joey who’ve followed Rory through social media have enjoyed watching their daughter grow into a beautiful little girl. Feek says Indiana, who is now 10 years old, is also looking forward to this year’s festival.

“She told me a couple of days ago that since her big sister is singing and Papa’s going to sing, she wants to get up and sing a song with me. So, we’ll see if she does that. But she’s doing great. She’s a wonderful little girl.”

The Homestead Festival is set for June 7th and 8th.

To learn more or buy passes, visit www.hardisonmill.com/thehomesteadfestival.



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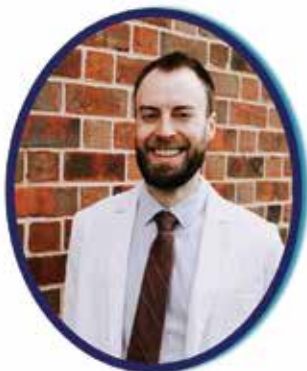
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ROBENSTINE ADDS NEW LIFE AND ENERGY

PAM WINDSOR

Things have been especially busy for Rick Robenstine in recent months. Since starting his company in Tennessee a little over a year and a half ago, Robenstine Construction has steadily increased as people began seeing the results of his work.

“We do kitchens, bathrooms, fences, decks, and basically all interior remodeling,” he explains, then notes some of their more recent projects. “We built a huge deck and pergola this past year, a very sizeable kitchen, a number of bathrooms, and much more.”

Tackling a new project is always exciting because every home (and homeowner) is different. Trends, too, are constantly changing which keeps things interesting.

“A lot of people are redoing kitchens and Shaker cabinets, all white cabinets with granite tops and quartz tops. That’s still a very popular thing right now. Another huge thing is subway tiles (three-by-five white tiles), and people are putting them in kitchens, bathrooms, backsplashes, and just about anywhere you can think of.”

Robenstine has a broad and extensive background that’s prepared him well for starting his own business. He worked for a construction company in Ohio for over a decade, did home inspections, and then worked for an investor who flipped houses. During COVID, he decided to start his own company, first in Ohio, then in Tennessee, after he and his wife, Megan, moved to Spring Hill.

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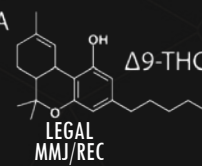
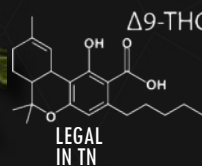
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He's found a strong and supportive team that supports his three guiding principles: character, communication, and integrity.

"That's our vision statement, always doing the right thing, never cutting corners, and communicating with clients whether it's a good thing or bad thing," he says. "Throughout the project, whether you find something when you're doing a complete renovation to where hey, this is going to add to your cost because we found mold behind the wall that wasn't apparent or something like that, we want to communicate that. That's extremely important to me."

He's also dedicated to continuing his education and updating his certifications.

"The industry changes almost every few months, so there are different things coming out that make projects less expensive for clients while keeping the quality of work. So, learning about all that stuff consistently while you're still carrying a workload."

Robenstine says it's important for people seeking a home

improvement contractor to make sure the person or company is insured. And you should always ask to see photos of previous projects.

"Pictures of work definitely speak volumes," he says. "Look for attention to detail. You want to make sure that when you're looking at photos, they're not missing small pieces of anything in the background. Make sure it looks like a complete project. We've gone in after people who've just built homes and ended up having to finish work."

He takes tremendous satisfaction in going into someone's home, adding new life and energy, and making their dreams come true.

"We're transforming people's homes into something they never imagined. It's very rewarding to me, and I've distilled that in my team, we really take pride in our work."

To see more of Robenstine Construction's past projects, visit their Facebook page: www.facebook.com/2020remodel. To learn more see their ad on page 29

1 IN 5 AMERICANS WILL DEVELOP SKIN CANCER IN THEIR LIFETIME.

Skin cancer represents the most common type of cancer in the United States. The two most prevalent are basal cell cancer and squamous cell cancer. Melanoma represents a less common but more aggressive and deadly form of skin cancer. Nearly 70,000 Americans are diagnosed with melanoma each year and it causes 8,700 deaths. Five or more sunburns more than doubles your risk of developing potentially deadly melanoma.

One way to protect yourself from skin cancer is by protecting your skin from getting too much of the sun's ultraviolet light. It's especially important to avoid getting sunburned as this increases the risk of melanoma. Using sunscreen (at least SPF 30) and

wearing UPF protective clothing, including a hat with a brim, are good ways to do this.

While sun protection is important for adults, it's even more important for children. The average American experiences most of their sun exposure before the age of 18. Even one blistering sunburn in childhood or adolescence more than doubles your chances of developing melanoma later in life.

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SECOND LOCATION OPENS

The Well Outreach has opened their second location at 700 N. Main Street in Mt. Pleasant. Hours are Monday, Wednesday, and Friday from 9:30-2:00. For more information go to thewelloutreach.org



MULE DAY SUCCESS

Mandy Mills and County Music entertainer Clay Walker celebrate the successful 2024 Mule Day parade. Walker was the grand marshal of this year's event. Photo credit: Cindy Odle, Dixie Pix Event Photography



FOUNDERS' DAY CELEBRATION IN SPRING HILL

The city of Spring Hill is unique in its history and culture, from its roots in agriculture with patented feed grinders and Jersey cows to the advent of battery-powered automobiles. Spring Hill was also noted for its many institutes of learning, from the Female Academy to the Branham & Hughes Military Academy. Join the Founders' Day Weekend, May 2nd through 5th, as we honor the history and traditions of the influential leaders who created this special place we call home, together as descendants, long-time residents and newcomers. Check back here for the itinerary for this exciting event. www.springhilltn.org/941/Founders-Day-2024



RHETT DUPREE

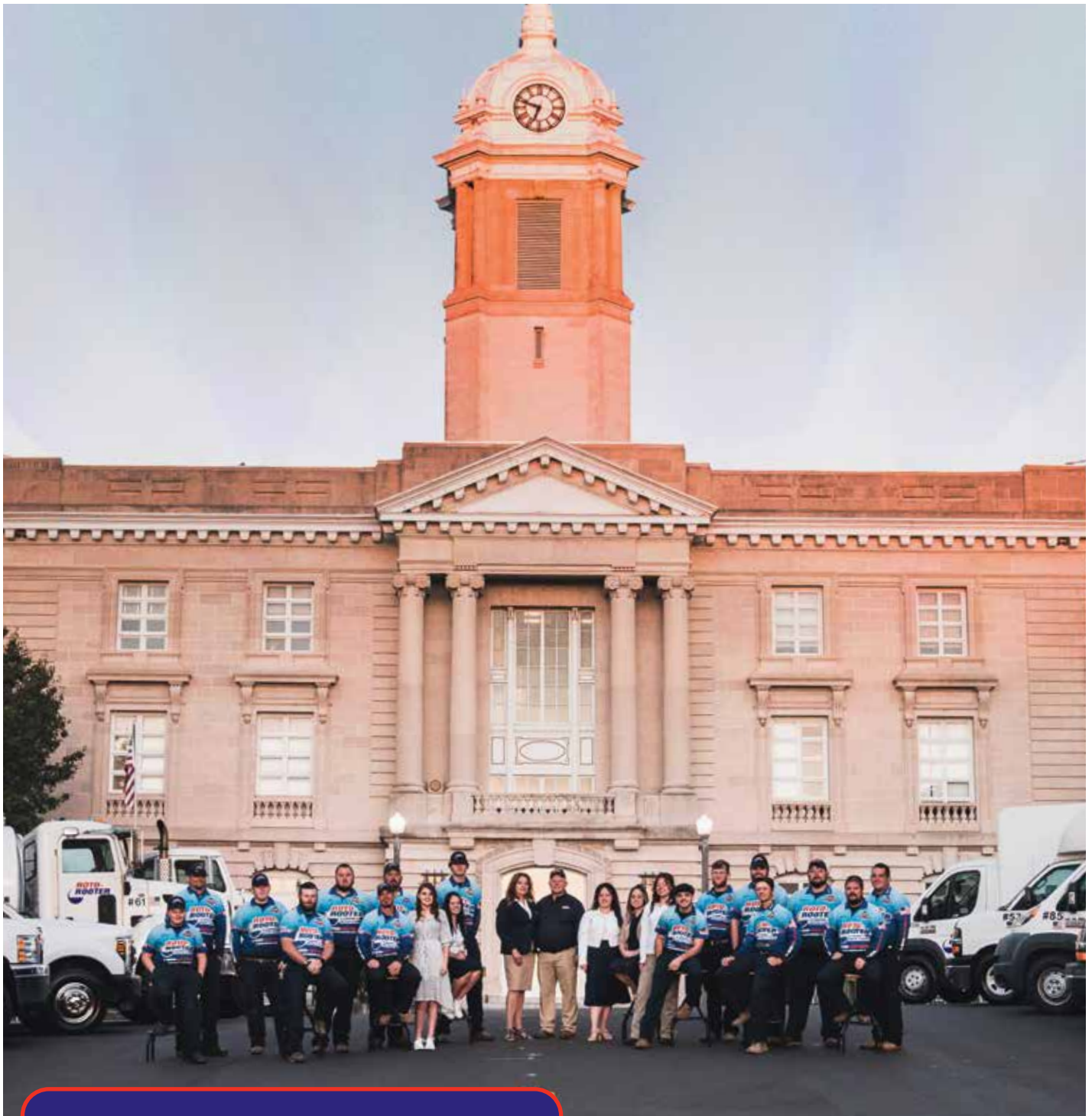


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TWO STUDENTS HONORED AS DISTINGUISHED TENNESSEAN SCHOLARSHIP RECIPIENTS

Columbia Academy is honored to have two graduating seniors receiving the prestigious Distinguished Tennessean Scholarship from the University of Tennessee Knoxville. Congratulations to seniors Rhett Dupree, the Giles County recipient, and Knox Love, the Maury County Recipient, on this achievement.





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Classic Apple Lattice Tart *Servings: 8-10*

INGREDIENTS

- 2-3 SHEETS PUFF PASTRY DOUGH
- 5 ENVY APPLES
- 2 TABLESPOONS SUGAR
- 1 TEASPOON FINELY GRATED LEMON ZEST
- 1 TABLESPOON CORNSTARCH
- 1 EGG
- 1 TABLESPOON MILK
- 1 TABLESPOON CINNAMON SUGAR
- ICE CREAM, CUSTARD OR CREAM, FOR SERVING (OPTIONAL)

DIRECTIONS:

Preheat oven to 365 F.

- Use two sheets semi-thawed pastry to line fluted tart pan approximately 10 inches, pressing and trimming neatly to fit; chill 15 minutes.
- Peel, core and thinly slice apples into large bowl; sprinkle with sugar, lemon zest and cornstarch then toss well to evenly coat.
- Arrange apple slices in pastry-lined tart pan, laying flat.
- Beat egg with milk. Brush egg wash around pastry rim.
- Cut 1/2-inch strips from remaining pastry sheet and make lattice pattern over apples, crimping edges once lattice is completed.
- Brush tart with egg wash and sprinkle with cinnamon sugar.
- Bake 35-40 minutes, or until pastry is golden. Allow to cool at least 15 minutes before slicing. Serve with ice cream, custard or cream, if desired.





2024 Season Schedule

April 13: Season Opener

April 27: Weekly Racing

May 4: Weekly Racing

May 11: Weekly Racing

May 26: "Memorial Day"
Super Late Models

June 8: "Factory Stock Showdown"
\$5,000 to win Factory Stocks
\$500 to start

June 15: Weekly Racing
Mid Season Championship

July 7: "Independence Day"
Super Late Models

July 20: "Woods/Marlin Memorial"

Aug 2-3: "Deep Fried 75"
Super Late Models

Aug 17: Weekly Racing

Aug 24: Weekly Racing

Aug 31: "Sam Pugh Memorial"
Super Late Models

Sept 28-29: "The Big Deal"
\$10,000 to win 602
Final points race

Oct 19: "Rumble on the River"
Kids bike race (helmets required)

Nov 2: 1st Annual Fall Festival

Nov 16: "The Gobbler"
Super Late Models

Open Practice Dates: 4/5, 4/25, 5/24, 6/7, 7/6, 8/1, 8/15, 8/30, 9/27, 10/17, 11/15, 12/28

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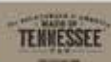
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