GMS Lunch Menu - April 2024

Indications: ***: Vegetarian Option Available, >GF: Gluten Free Option Available, >DF: Dairy Free Option Available

Milk Served Daily

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
		Chicken Alfredo	Hamburger	Grilled Cheese
No School	No School	Steamed Carrots	French Fries	Tomato Soup
Inservice Day	Inservice Day	Caesar Salad	Green Salad	Mixed Salad
		Fruit	Fruit	Fruit
		*** >GF >DF	*** >GF >DF	*** >GF >DF
8	9	10	11	12
Ham & Cheese Sandwich	Pulled Pork Tacos	Chicken Parmesan	Egg Rolls	Beef Tacos
Roasted Potatoes	Pinto Beans	Buttered Noodles	Stir Fry Vegetables	Spanish Rice
Chef's Salad	Shredded Veggie Salad	Caesar Salad	Rice	Mixed Salad
Fruit	Fruit	Fruit	Fruit	Fruit
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF
15	16	17	18	19
BBQ Pulled Pork Sandwich	Chicken Fajitas	Italian Sausages w/ Marinara	Chili	Chicken Salad & Pita
French Fries	Pinto Beans	Buttered Noodles	Cornbread Muffin	Roasted Potatoes
Coleslaw	Mixed Garden Salad	Caesar Salad	Simple Salad	Chef's Salad
Fruit	Fruit	Fruit	Fruit	Fruit
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF
	23	24	25	26
Turkey & Cheese Sandwich	Meatballs & Rice	Shredded Pork & Rice Bowl	Pasta Bolognese	Bean & Cheese Tostadas
French Fries	Roasted Broccoli	Pinto Beans	Roasted Carrots	Calabacitas
Chef's Salad	Caesar Salad	Shredded Veggie Salad	Caesar Salad	Mixed Salad
Fruit	Fruit	Fruit	Fruit	Fruit
*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF	*** >GF >DF
	30			
Hot Dog	Chicken Tacos			
9	Black Beans			
	Shredded Veggie Salad			
	Fruit			
Fruit				
*** >GF >DF	*** >GF >DF			

This institution is an equal opportunity provider.