

## Job Title: Assistant Non-Clinical Therapeutic Art Facilitator

Company: The Joyful Life: A Wellness Boutique LLC

Location: Downtown/North Loop/Minneapolis, MN 55401

**About the Company and Founder:** The Joyful Life: A Wellness Boutique LLC, a BIPOC, woman-owned business, was founded in 2003 by LeJoy Nichols. The company got its earliest beginnings under the name Gentle Illumination LLC, with Reiki and Aromatherapy as the main focus until adding massage and (no longer) esthetics in 2011. Over the past 21 years, LeJoy has attained certifications in many other alternative wellness-focused modalities, adding even more value for her clients. The core ethics, skill, and reputation of the company have made it one of the leading providers of holistic wellness services in the Twin Cities. The company tagline: Replenishing the Whole YOU!

My new, ongoing, non-clinical, therapeutic arts and crafts program is designed to enhance emotional well-being, foster creativity, and promote personal growth. Studies conducted by reputable research facilities have well-documented, compelling evidence that consistent creativity through arts and/or crafts can help people feel more inspired, help with healing on many levels, can transform people's lives in positive ways, and can lower the stress hormone, cortisol. With the lessening of stress, people have better mental, emotional, and physical health. As an artist, crafting aficionado, and therapeutic wellness practitioner, I wholeheartedly believe in the holistic power of art. With the launch of this arts and crafts workshop series, I'm dedicated to creating a supportive environment where individuals can explore their creativity and express themselves freely through art.

**Job Description:** At this time, I am seeking dedicated and compassionate Assistant Non-Clinical Therapeutic Art Facilitators to join me in this health-focused effort. In this role, you will work closely with owner LeJoy, lead or assist in workshops, and assist in the implementation and delivery of a well-rounded therapeutic arts and crafts program. The ideal candidates will have experience and a passion for some form of art as well as a desire to make a positive impact on the lives of others.

The Art Facilitator role is a part-time, independent contractor position. This means the full amount earned per hour, with no taxes removed, will be paid by check or direct deposit. I will also provide gross earnings documentation for proper tax filing. To be assistive only, if you'd prefer, I can hold back a requested dollar amount from your earnings to be released when it's time to file your taxes. This courtesy will only be provided upon request as taxes and other traditional employer benefits are not automatically provided by The Joyful Life: A Wellness Boutique LLC.

I require that all people be treated with kindness and respect and that all belongings within my office and the greater building be treated and handled with care. Intolerance and/or disrespectful behavior of any kind will result in verbal discipline and there is a risk of termination if no change occurs.

**Compensation:** The hourly rate of pay for this creative and fun, part-time, low-stress, independent contractor position is \$15, which leaves room to grow over time. As a part of your compensation, you will receive a 50% discount on all wellness services offered at The Joyful Life that are provided by LeJoy Nichols. You'll also get \$20 off all arts and crafts workshops you would like to participate in as a customer. Each contractor can also use the workshop as a place to create their personal, creative projects. (Just clean up after yourself.) Another benefit is the use of the workshop space during both pre-scheduled Open Arts & Crafts Time or any other time the workshop is free with no additional cost for the use of the space. The supplies used must be purchased at rates provided upon request.

### Responsibilities:

- Assist in the planning of therapeutic art workshops by making suggestions.  
Provide guidance and support to participants during art projects; offering encouragement and guidance as needed.

- Help create an environment where participants feel safe to express artistic creativity. Assist with set up, clean up, and organization of supplies and materials.
- Be willing to teach or facilitate a workshop on your own when occasionally needed. You will never be given a theme you aren't comfortable with to guide on your own.
- Collaborate with and assist fellow facilitators; making constructive suggestions to adjust activities as needed. I expect the proper candidate to be flexible and to accept change if it helps make things run better. I also expect the proper candidate to suggest changes to the logic of the workshop space as it's revealed with use.
- Adhere to logical safety protocols and procedures to ensure the well-being of participants and staff.
- Provide administrative support as needed, such as (but not limited to) taking workshop pictures, adding information and images to the website, keeping records of art/crafts supplies, rewards program data entry for workshop participants, and assistance with social media posts to encourage active client interaction, referrals, and the attraction of additional clients.

### **Qualifications:**

- A degree of any kind is not required, but a reasonable and basic knowledge of and experience with arts and crafts skills is important. A love of arts and/or crafts is a must.
- A willingness and ability to help prepare for and clean up before and after workshops.
- Strong understanding of at least one art technique, familiarity with basic art materials, and the ability to suggest, adapt to, and learn new creative activities.
- Excellent interpersonal and communication skills, with the ability to establish rapport and trust with workshop participants and peers.
- A compassionate nature with a genuine desire to facilitate creativity through arts and crafts projects.
- Ability to work effectively as part of a small team and a willingness to collaborate with colleagues from diverse backgrounds, ethnicities, sexual orientations, etc.
- The proper candidate will need to be willing to help with program planning, social media promotion, and communication with clients who ask questions or concerns by phone, through the website, GoDaddy Conversations, Facebook Messenger, Gmail, etc.

\*Certification or training in art therapy or related fields is, of course, a plus, but is NOT required for this non-clinical position.

By joining the "creativity team" at The Joyful Life: A Wellness Boutique LLC, you become a part of a rewarding opportunity to have fun and help make a difference in the lives of people who seek us. Help me make this program a wonderful addition to the amazingly talented, intelligent, and fun-seeking people in the Twin Cities.

To apply, please submit your resume, if available. If not, a simple email or document with your artistic and/or craft experience, why you're interested in the position, your creative interests, why you think you would be a good candidate and a little bit about yourself/life. There is no need for a cover letter unless you've already got one.

I look forward to hearing from you!

Visit [www.thejoyfullifenorthloop.com](http://www.thejoyfullifenorthloop.com) · Email [thejoyfullifenorthloop@gmail.com](mailto:thejoyfullifenorthloop@gmail.com)

612.735.5955 (voice or text) and 612.345.7190 (work)