



SENIOR FARMER'S MARKET VOUCHERS



ELIGIBLE FOODS LIST

The Kentucky-grown foods listed here are eligible for purchase with SFMNP coupons. Fruits and vegetables must be fresh and in their raw form.

Fresh cut cooking herbs: Basil, Borage, Chives, Cilantro, Dill, Epazote, Fennel, Garlic, Marjoram, Mint, Oregano, Parsley, Rosemary, Sage, Savory, Shiso, Sorrel, Tarragon, and Thyme.

- Now Eligible:**
- Honey
 - Apples
 - Asparagus
 - Beans
 - Beets
 - Blackberries
 - Blueberries
 - Broccoli
 - Brussels Sprouts
 - Cabbage
 - Carrots
 - Cauliflower
 - Cherries
 - Cucumbers
 - Edamame Soybeans
 - Eggplant
 - Grapes
 - Greens
 - Green Onions
 - Honey
 - Kohlrabi
 - Lettuce
 - Melons
 - Mushrooms
 - Okra
 - Onions
 - Parsnips
 - Pawpaws
 - Peaches
 - Pears
 - Peas
 - Peppers
 - Plums
 - Potatoes
 - Pumpkins
 - Radishes
 - Raspberries
 - Rhubarb
 - Strawberries
 - Sweet Corn
 - Summer Squash
 - Sweet Potatoes
 - Tomatoes
 - Turnips
 - Watermelons
 - Winter
 - Squash

Eligible foods means fresh, nutritious, unprepared, locally grown fruits, vegetables, and herbs for human consumption. Eligible foods may not be processed or prepared beyond their natural state except for usual harvesting and cleaning processes. Only fresh, unprocessed fruits, vegetables, and fresh-cut herbs may be provided under this program.

Foods not eligible:

Non-local, non-Kentucky-grown products are not eligible for purchase with FMNP coupons. Examples include citrus products such as oranges, mangoes, lemons, and limes; bananas, and pineapples. Medicinal Herbs and others such as aloe, lamb's ear, catnip, rue, white sage, lavender, echinacea, bee balm, chamomile, St Johnswort are not eligible for purchase with coupons. Meats, eggs, cheese, and home-processed goods are not allowed. Dried fruits or vegetables, such as prunes (dried plums), raisins (dried grapes), sun-dried tomatoes or dried chili peppers are not considered eligible foods. Potted fruit or vegetable plants, potted or dried herbs, wild rice, nuts of any kind (even raw), maple syrup, cider, and molasses are also not allowed.