



CONTRIBUTOR PROFILES

# SCIENCE SHORE

exploring the ocean of life  
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Miss. ALEENA R. BRIGHT is a tenth standard student of Chinnamma Memorial Girls High School in Trivandrum. She lives with her parents and grandmother in a farm where she helps her parents to tend to the animals and fowls. Her main hobbies are photography, painting and doodling.



GLADSON MATHEW is a certified Consultant Counsellor, recognized by the Association of National Organisations for Supervision in Europe (ANSE). For over two decades, he has devoted his career to mental health therapy. Holding both an MSc and MPhil in Psychology, Gladson combines his love for writing with his expertise. He finds solace in crafting heartfelt poems that intricately capture human emotions and relationships. His writings reflect a deep understanding of the human psyche, delivering poignant and relatable versions. Through his counselling psychology skills and writing talent his work resonates, offering profound insights into the human experience, aiming to touch lives and offer solace.

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GITA BHARATH has enjoyed five years of teaching middle school before starting on a banking career lasting thirty four years. Now, happily retired, she focuses on reading, writing, crossword puzzles and kolam art. She has lived in Jamshedpur and Bombay before settling in Chennai. She has published four volumes of poetry. Her first book Svara comprises three hundred poems, including narrative, humorous and philosophical verses. Her work has featured in International anthologies and won prizes from Literoma, Asian Literary Society, Story Mirror, etc. She is currently working on a series of children's stories and poems about historical figures.



HEMA RAVI is a poet, reviewer, critic and editor of Efflorescence (published by the Chennai Poets' Circle). She writes metrical verses, haiku, haibun, tanka, and 'verslibre.' Her verses have been featured in several online and international print journals, noteworthy among them being the International Writers Journal and the Amaravati Poetic Prism. A few haiku and form poems have been prize winners. As Secretary of the Chennai Poets' Circle, she encourages novices and young writers to unleash their creativity. Her write-ups have been published in the Hindu, New Indian Express, Femina, Woman's Era, Champak, Gokulam, International Indian and Khaleej Times, among others. Anecdotes featured in the Femina, International Indian and Khaleej Times fetched her gift-hampers as prizes. She is the author of 'Everyday English, 'Write Right Handwriting Series 1, 2, 3' co-author of Sing Along Indian Rhymes' and 'Everyday Hindi.' She scripted, lent voice support for 'Everyday English with Hema', series of English lessons broadcast by the Kalpakkam Community Radio. After a stint in the Central Government, she has been in the field of education for over two decades. Currently, she is a freelance trainer for IELTS and Communicative English. She is known to motivate learners to their fullest potential, facilitates their all-round development, and urges them to be excellent all-rounders.

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JAYALAKSHMI, born into an ancient aristocratic agricultural family, Karindalam in Northern Kerala, graduated from St. Teresa's college, Cochin. An ardent seeker of indescribable lustre of spiritual ecology, her writings have been an adventurous foray into the unknown, yet seductive glimmer of its mystery. An online critic and poet, a soul tormented by the miseries of humans, animals and every ailing element in our Eco system, she has always been with her loved ones, house between the family plantations in the lap of Western Ghats greatly influenced by the traditional moorings, the kavus, theyyams, the rendition of scriptures, she was reading herself for a spiritual quest, a foray into the unknown terrain and writing came naturally, and these spiritual ecological passion and longings radiates in her poems. Married to Dr. C.K Narayanan, a pediatrician, they are blessed with 2 children.



JELLIE N.WYCKELSMA, a retired teacher librarian, was born in The Netherlands in 1935 and came to Australia in 1958. She spent her professional life in Public, Commercial/Special, and School Libraries until her retirement in 1996.

Her Published works: Co-author of three anthologies of poetry: She's Apples (1996), She ate a Bowl of Poetry (1997), Adrift ... (2018).

Poetry: Life's a Bra Strap (2014), Flowers of the Soul (2016), And the Poetess speaks... (2019), Just a Bunch ... (2020), On Butterflies' Wings ...(2021), A Sprinkling of poems and other Revelations (2022)

Novels: Crossing the Bridge at San Remo (2011), The Photograph and the Diary of the Daughter (2012).

Novellas: Once upon ... a Night (2013), Veering off course (2014), Life's better with a Book (2014), Wild Waves (2015), The Dog Walker (2017), Wild fire (2020), The Man in the Flamboyant Hat (2020), Elisa's Paradise (2020), The Man behind the Sunglasses (2021), Ambling along (2022), Eye Contact (2022).

Short Stories: Diving in at the Deep End (2016).

Non-Fiction: Probus Club of Anderson's Inlet Inc.: 1995-2015; twenty years in a nutshell (2015).

Other works, poems and short stories, have been published in various periodicals and anthologies in Australia, India and in The Netherlands.



JUAN LENJU is now a third standard student of Dawn International School, Kochi.

JULIAN LENJU is now a fifth standard student of Dawn International School, Kochi.

Ms. KAMAR SULTANA SHEIK is a poet, writing mostly on themes of spirituality, mysticism and nature with a focus in Sufi Poetry. A post-graduate in Botany, she was educated at St. Aloysius Anglo-Indian School ( Presentation Convent, Vepery) and completed her degree from SIET Womens' college, Chennai. Her professional career spanning 18 years has been in various organizations and Institutions including the IT sector. She is a self-styled life coach and has currently taken a break to focus on her writing full-time. Sultana has contributed to various anthologies and won several prizes in poetry contests. A green enthusiast, blogger and content-writer, Sultana calls herself a wordsmith. Her debut work (a CovidTimes release), "The Golden Dawn" won the prestigious Poet of the Year Award from Galaxy Foundation.

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Rtd. Prof. LATHA PREM SAKHYA was born in 1959 to Tamil parents. After 30 years of teaching, she retired as Head of the Dept of English from Marthoma College for Women, Perumbavoor. While in service, she entered the world of writing by publishing her poems –“Memory Rain” in 2008, “Nature at the Doorstep”(2011) a blend of her musings, paintings and poems and a collection of poems titled “Vernal Strokes”(2015). Her poems are published now in reputed journals and anthologies. Her stories for children and her reflections are published in e- magazines and anthologies. She contributes stories and poems regularly for “Little Hands” a children's monthly print magazine and to “Literary Vibes”, a prominent weekly e journal. She has co-edited several poetry print Magazines, poetry anthologies and e- magazines. She is a member of three prominent writers' groups - Poetry Chain based in Thiruvananthapuram, Kerala; Aksharasthree - the Literary Woman, based in Kottayam, Kerala; and India Poetic Circle, based in Chennai, Tamilnadu , besides many other online poetry and painting groups. She has a passion for painting. Though untutored, she works with oil, acrylic and watercolor and has done more than 50 paintings and has participated in three exhibitions.



Mrs. LATHA SHANKARI. K pursued her graduation in Chemistry from Quadi-E-Milleth College, Chennai and completed her B.Ed. Degree from Madras University. She is presently working as a teacher in Prince Matriculation Higher Secondary School- Chennai. She believes in William.G. Spady’s saying, “All Students can learn and succeed, but not in the same way and not in the same day”. Besides teaching the art of drawing bring joy and immense peace of mind to her. According to her, Mandala art requires lot of concentration and patience and thus diverts the mind from all types of stress and is certainly a stress buster apart from being a hobby.



LEETHIYAL MARGARET is a young, enthusiastic and an aesthetically funny lad. She's pursuing her plot as a student right now. Her aim is to be able to make her feelings and characters resonate with your soul, dear reader. Throughout her life, she has developed a versatile writing style that allows her to adapt to various genres, tones, and target audiences. Whether it's crafting persuasive marketing copy, conducting in-depth research for informative articles, or creating captivating narratives for fictional works, she thrives on the challenge of bringing words to life. Her attention to detail, creativity, and ability to meet deadlines have consistently resulted in high-quality content. Leethiyal developed a deep appreciation for literature from an early age, thanks to the classic kings and queens like Shakespeare and Virginia Woolf. Her passion for words and storytelling led her to pursue a career as a writer.



T.S MANOHAR is a small time freelance writer contributing to The Hindu, Bhavan's journal and a few online magazines. He firmly believes in highlighting social issues for the well being of the society and humanity. Precisely why, he keeps his narration simple and direct to rub positivism on the readers. He has graduation in Economics and Law from Madras University. Playing cricket and other team games empowered him to be part of a group for a common cause. Growing up in a joint family taught him the values of caring and sharing. Employed with airline for over three decades and more has taken him across the country and beyond. This enabled him to interact with a cross section of society and a great learning experience. Volunteering as an administrator for an NGO gave him an opportunity to serve and realize the purpose of life. He makes constant affirmations to better himself and make this world a better place to live in.



K. MONIKA is a 12th grade student passionate about writing, poetry in particular. She is also a good English orator. She has penned more than 60 poems on various topics. Two of her poems were also published in Efflorescence 2020 (anthology of poems). A top contestant of Kings of comedy juniors, she has participated in various shows in Vijay TV. She has written her poetry book, Thoughts that rhyme. She has also written about 70 plus thoughts and quotes on diverse topics about life.



D.M. MUKUNDHAN is a fifth standard student studying in Velammal Vidyalaya, Poonamallee. He is interested in all cultural activities and talented in oration which makes him as the inevitable person in almost all of his school activities and school prayer sessions. He won considerable number of prizes in story narration and sports activities. He is very much interested in playing outdoor games and play in picture puzzle and hidden pictures. He loves to watch stories, cartoon, animation and comedy movies. Likes to draw vehicles in Microsoft paint, loves music and learning keyboard and silambam. He is very eager to know new things by asking many repeated questions till he understands. He shows more interest in Tamil and doing Mathematics. He has a YouTube channel to display his interest and activities which contains more than 140 videos in different aspects including music, speech, drawing and solving puzzles. Link to his YouTube channel – [bit.ly/DMMuTube](https://bit.ly/DMMuTube)



Dr. (MAJOR) NALINI JANARDHANAN is a Family Medicine Specialist who served in Indian Army Medical Corps as an Army Medical Officer in the rank of Major. She is a popular writer of Kerala who got Katha Award and a writer of many medical books for which she got IMA Sahithya Award. She is an Akashvani (All India Radio) and Doordarshan approved artist of Ghazals and Bhajans [Light Music]. She is felicitated with many Awards for her contributions towards society as a Doctor, Singer, Writer, Army Officer and for her Social service.



NEHA S CHAKRAVARTHI, Taking inspiration from everyday events, Neha S Chakravarthi developed an interest in writing during her early teens. From penning poems during her leisure time to becoming a recognized author on Amazon India, she walked up the ladder of exploring words in a way of her own! She'd like to thank Science Shore sincerely for consistently being a motivation.

Her first poetry book, 'When I breathe words...' is available for sale in India on online shopping platforms like Amazon and Flipkart and on the website of BookLeaf Publishing. When I breathe words...

[https://www.amazon.in/dp/1005158878/ref=cm\\_swrapangltiZNT3YJAWY2C3D183Y9QE](https://www.amazon.in/dp/1005158878/ref=cm_swrapangltiZNT3YJAWY2C3D183Y9QE) is a collection of poems of varied themes.

There couldn't be a more powerful tool than words to enclose the world within. Words woven into poetry have interested readers for a long time. The aesthetics of life are best expressed through poems. Poetry adds detail to little things that might go unnoticed. Of breathtaking play of words, metaphors and hyperbole, memories of living and dead, definiteness in truth are what poems are about. Neha S Chakravarthi believes that poems are the visage of her heart, adds dimension to unrealistic visions, and emotions unstated. Poems strike the right chords of her heart and she likes to celebrate big-little things with poems and lavishly feast on words.



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ORBINDU GANGA is a post-graduate in Science and the first recipient of Dr Mitra Augustine gold medal for academic excellence. He worked in financial, banking, and publishing domains. He proved his finesse as a soft skills trainer and client relationship manager. He is a consultant, publisher, author, editor, certified life coach, creator of Subconscious Observation Belief System (SOBS), mindset coach (SOBS), spiritual mentor, content writer, poet, sketch artist, and researcher. He has published poetry, articles, short stories, research papers, science articles, photography, and paintings.



RAJA MARTIN. B is currently a Government servant. Agriculture is his first passion .Others are reading, painting, craft work with cement, for creating objects for decking homes, gardens, etc. He believes people have enough time to pursue their passion and it is only a matter of time management. His magic mantra for everyone is, "Make your passion for creativity a routine".

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ROOPA SUBRAMANI, the author of this work is a work in progress. She is a homemaker and an ordinary mom to two extraordinary kids whose lives she feels specially blessed to be a part of. She writes to express her heart's joy and feels utterly grateful to be a simple conduit for conscious awareness. She essentially believes that everyone has a unique passion within them that yearns to find an expression and when it finds the appropriate channel, it comes out as artistic endeavors and scientific discoveries that benefits humanity as a whole. And she truly feels that a simple and curious mind to know things is the basis for all understanding. Although spirituality is her primary intended goal towards living her everyday life, she can't help but see that it is in the small everyday things that she is best able to actually live the goal to it's ultimate fruition.



RUPPESHWARI D is studying in class 9, VelammalVidyashram, Surapet, Chennai. Her areas of interest include Mandala Art, drawing Anime (Japanese art), Nature painting, dancing, singing, home decor, yoga, and compeering. She is an outstanding student as far as academics is concerned and also excelled in co-curricular activities. In various art and craft forms, her curiosity has no bounds. She has won prizes in Poster making on various themes, Diya decoration, clay modeling, and 'Best out of Waste' handicraft competitions. She has won prizes in Spell Bee competitions, and Olympiad National and International exams. She has won an award from the prestigious Pondicherry Art Academy. She makes intelligent moves in chess too. She has exhibited her passion for baking cakes, bread, and Japanese cuisine. She is a nature lover, interested in gardening, and has a very pleasant behavior.



**Dr. SANGITA KALARICKAL** lives at the corner of Science and Literature. An exhilarating encounter with a fast soliton on a beach in Mumbai, inspired her to change her life path from that of a successful college Mathematics lecturer to a Physicist. She went on to pursue a second Master's in Physics and continue to a PhD and other academic endeavors.

Sangita's creative side always simmered along, however. Her poems and stories have been published in various poetry, haiku and fiction magazines and anthologies based in the US and India. Currently she is working on her chapbook of poems. In her day job, she is now at Seagate Technology working at the cutting edge of technology. Dr. Kalarickal lives in Minnesota, USA, with her husband, kid, and the several fantasy characters she writes about.



Dr.T.SELVANKUMAR, Professor & Head, PG & Research Department of Biotechnology, Mahendra Arts & Science College. He obtained his PhD in Environmental Biotechnology, Bharathidasan University, Tiruchirappalli, Tamil Nadu, India. He has been honoured with several awards including the Best Teacher Award -2019 of Periyar University and Nature Science Foundation, Coimbatore. He is serving as President of Institution Innovation Cell, Nodal officer of NIRF, AISHE and B.Voc. programmes. He is serving as chief editor, editor, associate editor and reviewer of National and International Journals. He has 24 years of teaching and research experience and specialized in Microbial Technology, Immunology, Nanoparticle and nanocarbon synthesis, Drug development Greenhouse gas emissions, Carbon sequestration, and Drug delivery, Stress Biology and Bioenergetics. He is also serving as an Adjunct professor at Texila American University. He is the founder and president of the Biological Science Forum and a member of various scientific organizations. His current research work is concentrated on the Identification of peptide drugs, Nanoparticle-based drug delivery and metagenomics. To his credit, he has published 118 research articles in National and International Journals, 8 book chapters and submitted 48 microbial nucleotide sequence data banks submitted in NCBI. Now acting as Co-ordinator of the Fund for Improvement of S&T Infrastructure in Higher Educational Institutions (DST-FIST) supported by the Department of Science & Technology with 30 lakhs (2014-2018) and the DBT-STAR program. He is also received financial assistance from UGC, MSME and TNSCST for various projects.



Mrs. SETALURI PADMAVATHI, a postgraduate in English Literature with a B.Ed., has over three decades of experience in the field of education. She held various positions like the Head of the Department of English, Academic Coordinator, Principal and Teacher during her professional career. Writing has always been her passion that translates itself into poems of different genres, short stories and articles on a variety of themes and topics. She is a bilingual poet and writes poems in Telugu and English. Her poems were published in many international anthologies and can be read on her blog [setaluripadma.wordpress.com](http://setaluripadma.wordpress.com). Padmavathi's poems and other writings regularly appear on Muse India.com, Boloji.com, Science Shore, Setu, Inner Child Press Anthologies and Poemhunter.com.



SHINY VIKAS is a poet, blogger, and a free thinker. She has been recently part of a beautiful anthology, 'The Land of Unfree Labourers', by Dr. Ujjwala Kakarla, depicting the struggle and challenges of the farmers and street vendors. She considers it as a broad experience to write the real-life stories personally narrated and shared with the street vendors. A graduate in the Bachelor of Arts, she holds her certification in Media, Journalism, from the Ashutosh College, Kolkata. She worked as the Passenger Service Executive in the Sharjah International Airport with Sharjah Aviation Service. She has taken a short break from work and shifted to her hometown Kerala. She loves to explore varied movements of life and feels our true nature is to be connected to the earth. We are at peace when we realize that nature and the laws of nature play a major role in world peace. A strong believer in the Law of karma. She loves to explore life as a beautiful and learning experience. She believes in the therapy of writing that creates a perfect balance with the universal law of peace and humanity.



SUJATHA SAIRAM from Chennai is a teacher of English. She holds a Masters degree in English and psychology. She has great flair for writing poetry. She is the winner of many online contests and her poems are a part of more than fifteen anthologies. Her family and friends are a great support to her. She aspires to publish an individual anthology of poems. She has encouraged many of her students to improve their writing skills.



Dr. THIRUPURASUNDARI C J (DAZZLE), a cheerful Biochemist and Molecular Biologist, owns a University rank and Gold medal in her Bachelors and Masters respectively. She fetched her state and national level fellowships for Doctoral studies. She started her research and teaching experience at a Diabetes Research Hospital. She is recognised as someone who teaches with passion. She took this ethos to a school, also excelled as Assistant Professor in a reputed University, Chennai and then as a Senior researcher at the Vector Control Research Centre and Indian Institute of Horticultural Research. She has PG diplomas in Bioinformatics, Clinical Research and Patent Rights. She has participated in national and international scientific conferences and has published her research findings in peer-reviewed journals. Cancer, Diabetes and Horticulture are the fields, she has traversed. Her passion for writing has opened an avenue to be a freelancer for a UK based company. Her other passions include yoga, sudoku, poetry, sketching, gardening and experimenting new cuisines. Besides a Science content writer, an Editor for "Science Shore" e-zine, she has published her oeuvres in Bangalore Poetry Circle (Antargata), Adisakrit (Green Awakenings), Positive vibes, Chennai Poets' Circle (Efflorescence), Indian Periodicals, International Writers Journal, Inner Child Press International, INNSAEI and other anthology groups. Her oeuvres are also available on literary platforms like Muse India-Your Space, Story mirror, Pratilipi and others. She draws inspiration from others!



VARNIKA SASI MAGESH is based in Chennai and is currently pursuing her Bachelor's degree in Computer Science and Engineering from Coimbatore Institute of Technology. She's always had eyes for impactful write-ups and delved into her elation at words that drove her to put her thoughts together using words. She draws most of her inspiration from the film, "Dead Poets' Society" which has influenced her a lot to romanticise things in her life.

Persuasive is the art of writing, and the best rendezvous to a heart in solitude are vocables. True that parables knitted in candour couldn't exclude variants of wallflowers. Words bring together minds that think alike and souls impractically wound o'er common interests. Words define the beauty in swires and the inexplicable sentiments that surround.

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