

Jesus Walks on Water – Mark 6:45-52

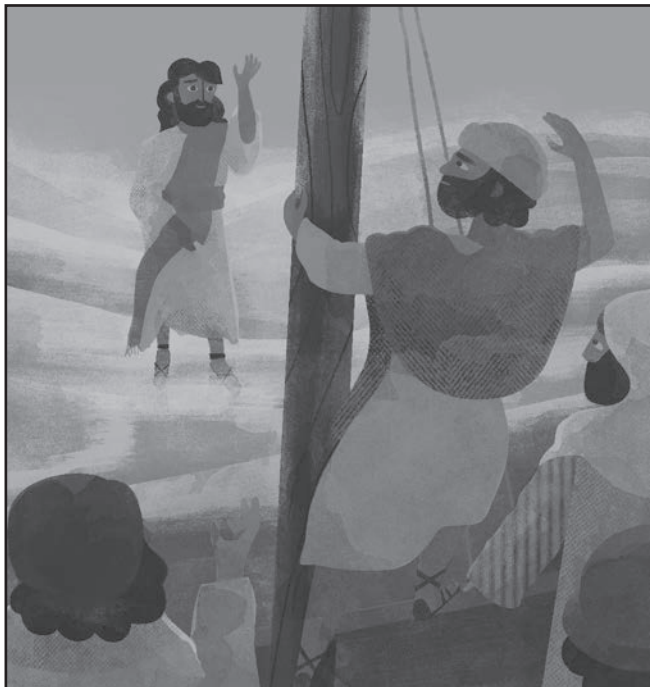
After a long day of preaching to crowds of people, Jesus was tired. He needed time to rest and spend time with God.

He sent the disciples on a boat across the lake while he said goodbye to the crowd. Then, Jesus went to pray.

After praying, Jesus saw the disciples in the middle of the lake. There was a storm coming, so the lake had big waves and big winds.

Jesus knew he had to help the disciples, so he decided to go to them. Jesus walked across the water towards the disciples, but the disciples did not recognize Jesus. They thought he was a ghost and screamed!

But Jesus told them to not be afraid. Jesus climbed into the boat and winds stopped blowing. The disciples were stunned! How could Jesus do this? They did not understand this miracle.



Family Spiritual Practice

Read the story of Jesus walking on water together. Find a place in your home where you can reenact the story. Have members of your family play Jesus, the disciples, and the storm.

Wonder: Have you ever been afraid? What did it feel like? Is it easy to hear or recognize God's voice when you are scared?

Do: As a family, take a walk or hike near a body of water. Imagine what it would have been like to be in a boat and see Jesus walking towards you. As you walk, pray for Jesus to be with you.

Pray: Dear Jesus, thank you for calming the storms in our lives. Help us not to be afraid. Amen.